



# ***JSTAR***

2011

1st wave

Respondent Self-Completed Questionnaire  
(Chofu, Hiroshima, and Tondabayashi)

Research Institute of Economy, Trade and Industry  
The University of Tokyo  
and  
Hitotsubashi University

| District | Location | Applicable |
|----------|----------|------------|
|          |          |            |

Survey of Lifestyle and Health  
 “In support of better health care and pension policy”

Respondent Self-Completed Questionnaire

Introduction:

In this questionnaire, we ask about the topics that we were unable to cover in the interview, or that are more effectively answered on paper than in an interview. These questions are equally as important to the survey research as those asked in the interview. Please answer them to the best of your ability.

When you have completed filling out this form, please seal it in the envelope provided and hand it to the interviewer when (s)he visits, or mail it to us within 10 days (postage is paid).

We have also asked you to fill out a separate questionnaire about your diet. After analyzing your responses to this questionnaire, we will send you an analysis of the balance of your diet.

We strictly respect the confidentiality of your answers. They will not be used for any purpose other than research (including tax inquiries, commercial purposes, etc.). Even for research purposes, no individual identification will be possible.

2012

Organizations conducting this survey:

The University of Tokyo (national university)

Hitotsubashi University (national university)

Research Institute of Economy, Trade and Industry (incorporated administrative agency)

Key points for filling out this form

1. In general, the respondent should fill out the form on his or her own. If it is difficult for the respondent to fill out the form, a family member or caregiver may do so based on the respondent's answers. In that case, please make sure to enter the opinions of the respondent.
2. Most of the questions in the questionnaire beginning on the next page can be answered by circling the number of the best choice or by entering a number. Please mark clearly, using a pencil or ballpoint pen.
3. Please answer the questions in order. Unless instructed to skip, please try to answer every question. Thank you for your cooperation.

Please begin with Question 1 on the next page.

**First, we would like to ask about your health condition, health consciousness, and lifestyle habits.**

1. Which of the following statements most accurately describes the current status of your overall health condition? (Circle only one.)

1. Very good
2. Good
3. Relatively good
4. Poor
5. Very poor
6. Don't know

2. Are you able to perform the following everyday activities without difficulty? Circle 1 to indicate "yes" if you have no difficulty, and 2 to indicate "no" if any difficulty. If an activity is not part of your daily activities, please respond based on whether or not you would be able to perform it regardless.

| Activity   | Yes | No |
|--|-----|----|
| 1. Going out alone using public transportation such as buses or trains             | 1   | 2  |
| 2. Shopping for daily necessities  | 1   | 2  |
| 3. Boiling water in a kettle   | 1   | 2  |
| 4. Paying bills  | 1   | 2  |
| 5. Making deposits in and withdrawals from your bank or postal account             | 1   | 2  |
| 6. Filling out documentation such as pension forms                                 | 1   | 2  |
| 7. Reading newspapers  | 1   | 2  |
| 8. Reading books and magazines   | 1   | 2  |
| 9. Taking interest in newspaper/magazine articles and TV programs featuring health | 1   | 2  |
| 10. Visiting friends' homes  | 1   | 2  |
| 11. Giving advice to family members, friends, etc.                                 | 1   | 2  |
| 12. Visiting sick family members, friends, etc.                                    | 1   | 2  |
| 13. Talking to young people  | 1   | 2  |
| 14. Making phone calls without help  | 1   | 2  |
| 15. Taking medicine without help   | 1   | 2  |

3. How much do you walk per day? Please include not only the time spent on walking for leisure or exercise but also that spent on walking for shopping, commuting to work, and running errands. (Circle only one.)

1. Hardly walk at all
2. Less than 30 minutes
3. 30 minutes or more but less than 60 minutes
4. 60 minutes or more but less than 90 minutes
5. 90 minutes or more
6. Unable to walk

4. Do you regularly smoke or did you do so in the past? (Circle only one.)

1. I smoke regularly now (Go to question 4-1)
2. I used to smoke regularly in the past, but I have quit (Go to question 4-1)
3. I have never smoked regularly (Go to question 5)

4-1. At about what age did you begin smoking regularly?

At about \_\_\_\_ years old

4-2. How much do you smoke (or did you used to smoke) per day?

(Answer in the number of cigarette(s) or pack(s).)

1. Approximately \_\_\_\_ cigarette(s)
2. Approximately \_\_\_\_ pack(s)

4-3. At about what age did you quit smoking?

At about \_\_\_\_ years old

**5.** How often did you drink alcoholic beverages (beer, whiskey, shochu, sake, wine, etc.) in the past six months?

1. Everyday
2. 5-6 times a week
3. 3-4 times a week
4. 1-2 times a week
5. A few times a month
6. Hardly or never

**5-1.** (Please answer this question if your answer in question 5 was any of the first four.)

What did you usually drink and how much per occasion? If you drank more than one kind, please indicate the total quantity per day.

1. Beer: (\_\_\_\_) can(s) (350ml/can)
2. Shochu: (\_\_\_\_) cup(s) (180ml/cup) with 25% alcohol content
3. Sake: (\_\_\_\_) cup(s) (180ml/cup)
4. Whiskey: (\_\_\_\_) double(s)
5. Wine: (\_\_\_\_) glass(es)
6. Shochu-based cocktails: (\_\_\_\_) ml
7. Other: (specify): \_\_\_\_\_(\_\_\_\_) ml

**6.** Are you currently concerned about your health?

1. Yes
2. No
3. Not sure

**7.** Are you confident that you will be healthy three years from now?

1. Yes
2. No
3. Not sure

**8.** This question asks about your physical and emotional conditions. Did you experience the following symptoms in the past week, and if you did, how long did the symptom last? For each symptom, circle the number corresponding to the answer that best applies to you. If a symptom occurred but did not last one day, select 1 (Not at all).

|   | Not at all | 1-2 days | 3-4 days | 5 days or more |
|---|------------|----------|----------|----------------|
| 1. Feeling uneasy about things you would usually not be concerned about                           | 1          | 2        | 3        | 4              |
| 2. Poor appetite  | 1          | 2        | 3        | 4              |
| 3. Feeling depressed and unable to dispel the gloom despite encouragement from family and friends | 1          | 2        | 3        | 4              |
| 4. Feeling capable of doing what an average person can do   | 1          | 2        | 3        | 4              |
| 5. Unable to concentrate on what you are doing  | 1          | 2        | 3        | 4              |
| 6. Feeling depressed  | 1          | 2        | 3        | 4              |
| 7. Feeling troublesome to do something you would usually do effortlessly                          | 1          | 2        | 3        | 4              |
| 8. Feeling optimistic about the future  | 1          | 2        | 3        | 4              |
| 9. Feeling that your life has been a failure  | 1          | 2        | 3        | 4              |
| 10. Feeling fearful   | 1          | 2        | 3        | 4              |
| 11. Poor sleep  | 1          | 2        | 3        | 4              |
| 12. Feeling happy   | 1          | 2        | 3        | 4              |
| 13. Talking less than usual   | 1          | 2        | 3        | 4              |

|   |   |   |   |   |
|---|---|---|---|---|
| 14. Feeling lonely  | 1 | 2 | 3 | 4 |
| 15. Feeling that people are unfriendly                        | 1 | 2 | 3 | 4 |
| 16. Feeling fun   | 1 | 2 | 3 | 4 |
| 17. Crying or feeling like crying                             | 1 | 2 | 3 | 4 |
| 18. Feeling sad   | 1 | 2 | 3 | 4 |
| 19. Feeling that people dislike you                           | 1 | 2 | 3 | 4 |
| 20. Feeling low on energy and finding everything takes effort | 1 | 2 | 3 | 4 |

**9. Are you satisfied or unsatisfied with your current life? (Circle only one.)**

1. Satisfied
2. Relatively satisfied
3. Somewhat unsatisfied
4. Unsatisfied

**We would now like to ask about your relationships with your family and other people around you.**

**10.** Do you think your family, relatives, friends, etc. would sympathize and care for you if you have concerns or worries? For each category, circle the number corresponding to the answer that best describes your thoughts.

|   | Yes,<br>certainly | Yes,<br>probably | No,<br>probably not | No,<br>certainly not | No family,<br>relatives,<br>etc. |
|---|-------------------|------------------|---------------------|----------------------|----------------------------------|
| 1. Spouse (or common-law spouse)                        | 1                 | 2                | 3                   | 4                    | 5                                |
| 2. Family member(s) living together (except for spouse) | 1                 | 2                | 3                   | 4                    | 5                                |
| 3. Son(s)/daughter(s) living separately or relatives    | 1                 | 2                | 3                   | 4                    | 5                                |
| 3. Friends, acquaintances, neighbors, etc.              | 1                 | 2                | 3                   | 4                    | 5                                |

**11.** Do you think your family, relatives, friends, etc. would take care of you and run errands for you if you get sick and become bedridden? For each category, circle the number corresponding to the answer that best describes your thoughts.

|   | Yes,<br>certainly | Yes,<br>probably | No,<br>probably not | No,<br>certainly not | No family,<br>relatives,<br>etc. |
|---|-------------------|------------------|---------------------|----------------------|----------------------------------|
| 1. Spouse (or common-law spouse)                        | 1                 | 2                | 3                   | 4                    | 5                                |
| 2. Family member(s) living together (except for spouse) | 1                 | 2                | 3                   | 4                    | 5                                |
| 3. Son(s)/daughter(s) living separately or relatives    | 1                 | 2                | 3                   | 4                    | 5                                |
| 3. Friends, acquaintances, neighbors, etc.              | 1                 | 2                | 3                   | 4                    | 5                                |

**12.** Would you sympathize and care for your family, relatives, friends, etc. if they have concerns or worries? For each category, circle the number corresponding to the answer that best describes your thoughts.

|   | Yes,<br>certainly | Yes,<br>probably | No,<br>probably not | No,<br>certainly not | No family,<br>relatives,<br>etc. |
|---|-------------------|------------------|---------------------|----------------------|----------------------------------|
| 1. Spouse (or common-law spouse)                        | 1                 | 2                | 3                   | 4                    | 5                                |
| 2. Family member(s) living together (except for spouse) | 1                 | 2                | 3                   | 4                    | 5                                |
| 3. Son(s)/daughter(s) living separately or relatives    | 1                 | 2                | 3                   | 4                    | 5                                |
| 3. Friends, acquaintances, neighbors, etc.              | 1                 | 2                | 3                   | 4                    | 5                                |

**13.** Would you take care of your family, relatives, friends, etc. or be asked to run errands for them if they get sick and become bedridden? For each category, circle the number corresponding to the answer that best describes your thoughts.

|                                  | Yes,<br>certainly | Yes,<br>probably | No,<br>probably not | No,<br>certainly not | No family,<br>relatives,<br>etc. |
|----------------------------------|-------------------|------------------|---------------------|----------------------|----------------------------------|
| 1. Spouse (or common-law spouse) | 1                 | 2                | 3                   | 4                    | 5                                |

|   |   |   |   |   |   |
|---|---|---|---|---|---|
| 2. Family member(s) living together (except for spouse) | 1 | 2 | 3 | 4 | 5 |
| 3. Son(s)/daughter(s) living separately or relatives    | 1 | 2 | 3 | 4 | 5 |
| 3. Friends, acquaintances, neighbors, etc.              | 1 | 2 | 3 | 4 | 5 |

**14.** Who is or was primarily responsible for the following tasks? Circle the number corresponding to the most appropriate answer for each item. If the item is not applicable to you, select "Not applicable."

|   | Only you | Primarily you | You and your spouse | Primarily your spouse | Only your spouse | Not applicable |
|---|----------|---------------|---------------------|-----------------------|------------------|----------------|
| 1. Taking care of children                            | 1        | 2             | 3                   | 4                     | 5                | 6              |
| 2. Earning income                                     | 1        | 2             | 3                   | 4                     | 5                | 6              |
| 3. Preparing meals, cleaning house, and doing laundry | 1        | 2             | 3                   | 4                     | 5                | 6              |
| 4. Providing care for elderly family member(s)        | 1        | 2             | 3                   | 4                     | 5                | 6              |
| 5. Managing household budgets                         | 1        | 2             | 3                   | 4                     | 5                | 6              |
| 6. Making decisions on major purchases                | 1        | 2             | 3                   | 4                     | 5                | 6              |

**15.** (Please answer this question if you are married or have a common-law spouse.)

How satisfied are you overall with your relationship with your spouse (or common law spouse)? Select only one answer.

1. Very satisfied
2. Generally satisfied
3. Somewhat dissatisfied
4. Quite dissatisfied
5. Don't know

**16.** To what extent do you agree or disagree with the following statements about gender roles? (Circle only one for each.)

|   | Strongly agree | Moderately agree | Moderately disagree | Strongly disagree | Don't know |
|---|----------------|------------------|---------------------|-------------------|------------|
| 1. Men should work outside and women should run the household | 1              | 2                | 3                   | 4                 | 5          |
| 2. Boys and girls should be raised differently                | 1              | 2                | 3                   | 4                 | 5          |
| 3. Women are more suited for housework and childcare than men | 1              | 2                | 3                   | 4                 | 5          |

**17.** Who do you think should be responsible for assuring the livelihood of or providing medical and nursing care for the elderly? Should such responsibility be borne by individuals and families or rest with the national and/or relevant local government(s)? Circle the number corresponding to the answer that best describes your thoughts.

|                             | Definitely, individuals and families | Probably, individuals and families | Probably, the national/local government(s) | Definitely, the national/ local government(s) | Don't know |
|-----------------------------|--------------------------------------|------------------------------------|--|---|------------|
| 1. Livelihood               | 1                                    | 2                                  | 3  | 4   | 5          |
| 2. Medical and nursing care | 1                                    | 2                                  | 3  | 4   | 5          |



**17-2. (ONLY FOR HIRISHIMA STUDY)** Do you have an Atomic Bomb Survivor's Certificate?

1. Yes
2. No
3. Not sure

**18.** Are the following statements true about your neighborhood? Select one answer for each.

|  | Yes | No | Don't know |
|--|-----|----|------------|
| 1. Both the pharmacy store(s) and clinic(s)/hospital(s) are located nearby         | 1   | 2  | 3          |
| 2. Stores selling groceries and daily necessities are located nearby               | 1   | 2  | 3          |
| 3. A park where you feel safe walking and exercising is located nearby             | 1   | 2  | 3          |
| 4. No train stations or bus stops are located nearby                               | 1   | 2  | 3          |
| 5. Having pollution, noise, or other environmental problems                        | 1   | 2  | 3          |
| 6. Having neighborhood safety concerns such as a rise in crime and violence        | 1   | 2  | 3          |
| 7. An appropriate place for gathering and meeting with friends is available nearby | 1   | 2  | 3          |

**19.** What do you think of the people living in your area? Please indicate whether you agree or disagree with each of the following statements.

|   | Yes | No | Don't know |
|---|-----|----|------------|
| 1. Most people can be trusted   | 1   | 2  | 3          |
| 2. Other people (except your family) would take advantage of you if given the opportunity | 1   | 2  | 3          |
| 3. Most people try to be helpful to others  | 1   | 2  | 3          |

**20.** When you read the term "your area" in the previous question, which of the following came to mind? (Circle only one.)

1. Immediate neighborhood
2. Areas having the same district code, within the same school district, or served by the same public health center, etc.
3. Your city or town
4. Your prefecture
5. Other (specify)
6. No specific area

**21.** This question asks about how you spent your time on your average work days and non-work days during the past month. Approximately how much time did you spend on each of the following activities per day? Please answer in ten-minute units. If you are not working and if you are not a fulltime homemaker, fill in only for non-work days. If you are a fulltime homemaker, fill in for both work days and non-work days based on those of the primary working family member. In the case where you perform multiple tasks at the same time, please answer about the primary task.

|   | Work days             | Non-work days         |
|---|-----------------------|-----------------------|
| Commuting   | __ hour(s) __ minutes | --                    |
| Working   | __ hour(s) __ minutes | --                    |
| Housework, shopping for daily necessities                               | __ hour(s) __ minutes | __ hour(s) __ minutes |
| Taking caring of son(s)/daughter(s) or grandchildren                    | __ hour(s) __ minutes | __ hour(s) __ minutes |
| Providing care for parent(s), spouse, or other family member(s) in need | __ hour(s) __ minutes | __ hour(s) __ minutes |
| Sports, walking, or other exercise activities                           | __ hour(s) __ minutes | __ hour(s) __ minutes |
| Studying, learning, etc.  | __ hour(s) __ minutes | __ hour(s) __ minutes |
| Community, religious, or political activities                           | __ hour(s) __ minutes | __ hour(s) __ minutes |
| Hobbies, leisure activities, socializing                                | __ hour(s) __ minutes | __ hour(s) __ minutes |
| Resting or relaxing (except for sleeping)                               | __ hour(s) __ minutes | __ hour(s) __ minutes |

|          |                       |                       |
|----------|-----------------------|-----------------------|
| Sleeping | __ hour(s) __ minutes | __ hour(s) __ minutes |
|----------|-----------------------|-----------------------|

**22.** We would now like to ask about your friendships. How many friends do you have today and how closely are you connected with them? Please indicate the number of friends and its breakdown by the type of context in which you met them.

“Friends” referred to here are those with whom you personally associate. Although you might meet and do something together with many people at community meetings and other local activities or through hobbies, do not include them unless you meet with, talk to, or socialize with them on a personal basis.

If the context in which you met a friend fits into more than one type listed below, include him/her in the number for the primary context.

| Context in which you met                                     | Male friends       |  |   |
|--|--------------------|--|---|
|  | How many in total? | How many of them would you share your concerns and worries with? | How many of them would help you in trouble (e.g., if you become sick or injured)? |
| From childhood or school days together                       |                    |  |   |
| Worked together  |                    |  |   |
| Participated in the same hobbies, volunteer activities, etc. |                    |  |   |
| Through spouse, son(s)/daughter(s), etc.                     |                    |  |   |
| Through friend(s) after graduating from school               |                    |  |   |
| Living in the same neighborhood                              |                    |  |   |
| Other (specify)  |                    |  |   |

| Context in which you met                                     | Female friends     |   |   |
|--|--------------------|---|---|
|  | How many in total? | How many of them would you share concerns and worries with? | How many of them would help you in trouble (e.g., if you become sick or injured)? |
| From childhood or school days together                       |                    |   |   |
| Worked together  |                    |   |   |
| Participated in the same hobbies, volunteer activities, etc. |                    |   |   |
| Through spouse, son(s)/daughter(s), etc.                     |                    |   |   |
| Through friend(s) after graduating from school               |                    |   |   |
| Living in the same neighborhood                              |                    |   |   |
| Other (specify)  |                    |   |   |

**23.** Overall, are you satisfied with your current friendships? (Circle only one.)

1. Very satisfied
2. Relatively satisfied
3. Somewhat dissatisfied
4. Very dissatisfied
5. Not applicable (no friends)

**24.** In the past month, did you engage in any non-work activities with someone other than your family and friends? (Circle only one.)

1. Yes (Go to supplementary questions 24-1~24-3)
2. No (Go to question 25)
3. Don't know (Go to question 25)

**24-1.** (Please answer this and subsequent supplementary questions if you selected answer 1 in question 24. Otherwise please proceed to question 25.)

What kinds of activities did you engage in? Please select all that apply.

1. Community activity (including senior club events and festivals)
2. Helping neighbors (in a personal capacity)
3. Volunteer or charitable activity
4. Religious activity
5. Political activity
6. Hobbies, travel, leisure activities, etc.
7. Study, learning, etc.
8. Sports or other exercise activities (including gateball [like croquet], jogging, etc.)
9. Other (specify)

**24-2.** Which of the activities selected above did you engage in most frequently? Enter the number corresponding to the activity.

( \_\_\_\_ )

**24-3.** How often did you engage in the activity selected in question 24-2? (Circle only one.)

1. Almost every day
2. Almost every week
3. A few times
4. Don't know
5. Refused to answer

**25.** Did you give any donations to charities during the past year? If so, how much did you donate? A rough estimate is fine.

1. Yes
2. No
3. Don't know
4. Refused to answer

Amount of donation:

1. Approximately (\_\_\_\_) yen
2. Don't know
3. Refused to answer

**In the subsequent sections, we would like to ask about your household income and assets.**

We understand that these questions are very personal. However, the information obtained from these questions is indispensable to statistically analyze how your household's economic situation relates to your health condition. Your response will not be disclosed to the interviewers and will be statistically processed so that individuals cannot be identified. We will strictly preserve the confidentiality of your answers, and they will not be used for any purpose other than research (such as for tax or commercial purposes). We appreciate your cooperation.

If you have your tax withholding certificate or tax return available, please consult such documents as you answer these questions to ensure the accuracy of the information. Thank you.

**26.** Do you and your spouse (or common-law spouse) manage household finances together or separately?

1. Together
2. Separately
3. No spouse
4. Don't know
5. Refused to answer

First, we would like to ask about your individual income.

**27.** What was your approximate income last year after taxes and social insurance deductions? Please include all income you received, i.e., income from work, pension benefits, as well as interest and returns on financial assets (time deposits, government bonds, etc.) and investments in real estate held in your name. If you are receiving any financial support for living expenses from anyone other than your spouse (son(s), daughter(s), parents, etc.), please include the amount you received last year as well. In the case you received such support in non-cash form such as meals, include its estimated value. If you had no individual income, please enter 0.

1. Approximately \_\_\_\_\_ yen
2. Don't know

**28.** We would now like to ask about any taxes or social insurance premiums paid in your name. Did you pay any tax (national/local income taxes, local business tax, real estate tax, automobile tax, inheritance tax, etc.) or social insurance premiums (public pension, health, and long-term care insurance premiums) out of your income last year?

1. Yes
2. No
3. Don't know

**28-1.** (Please answer this question only if you answered "Yes" to question 28.)

In the past year, approximately how much did you pay altogether in taxes and social insurance premiums? If possible, please provide breakdown figures for taxes and social insurance premiums. Circle the applicable number and indicate the amount(s) as appropriate.

1. I paid something but don't know how much
2. I paid approximately (\_\_\_\_) yen in total but do not know the breakdown
3. I paid the following amounts in taxes and social insurance premiums:  
Taxes (national/local income taxes, local business tax, real estate tax, automobile tax, inheritance tax, etc.): (\_\_\_\_) yen  
Social insurance premiums (public pension, health, and long-term care insurance premiums);  
(\_\_\_\_) yen

Please answer the following questions only if you have a spouse (or common-law spouse) and you selected answer 1 in question 26 (i.e., you and your spouse manage household finances together). If not, please proceed to question 31.

**29.** We would now like to ask about your spouse's (or common-law spouse's) income. What was his/her approximate income last year after taxes and social insurance deductions? Please include all income he/she received (i.e., income from work, pension benefits, as well as interest and returns on financial assets (time deposits, government bonds, etc.) and investments in real estate held in his/her name. If he/she had no individual income, please enter 0.

1. Approximately \_\_\_\_\_ yen
2. Don't know

**30.** We would now like to ask about any taxes or social insurance premiums paid in your spouse's (or common-law spouse's) name. Did he/she pay any tax (national/local income taxes, local business tax, real estate tax, automobile tax, inheritance tax, etc.) or social insurance premiums (public pensions, health, and long-term care insurance premiums) out of your income last year?

1. Yes
2. No
3. Don't know

**30-1.** (Please answer this question only if you answered "Yes" to question 30.)

In the past year, approximately how much did your spouse (or common-law spouse) pay altogether in taxes and social insurance premiums? If possible, please provide breakdown figures for taxes and social insurance premiums. Circle the appropriate number and indicate the amount(s) as appropriate.

1. He/she paid something but I don't know how much
2. He/she paid approximately (\_\_\_\_\_) yen in total but I do not know the breakdown
3. He/she paid the following amounts in taxes and social insurance premiums:  
Taxes (national/local income taxes, local business tax, real estate tax, automobile tax, inheritance tax, etc.): \_\_\_\_\_ yen  
Social insurance premiums (public pension, health, and long-term care insurance premiums):  
\_\_\_\_\_ yen

Next, we would like to ask about your assets.

**31.** Do you and your spouse (or common-law spouse) manage assets together or separately?

1. Together
2. Separately
3. No spouse
4. Don't know
5. Refused to answer

First, we would like to ask about your individual assets.

**32.** Do you have any deposits held in your name with any bank or similar financial institution (including the Japan Post Bank, credit banks and unions, agricultural cooperatives, and trust banks) whether in the form of savings or time deposits?

1. Yes
2. No
3. Don't know

**32-1.** (Please answer this question only if you answered "Yes" to question 32.)

How much do you have in total in those accounts?

1. Approximately \_\_\_\_\_ yen
2. Don't know

**33.** Do you held any fixed income securities in your name? Fixed securities include: investment trusts (money market funds, medium-term government bond funds, foreign investment trusts, etc.), discount bank debentures, coupon bank debentures, government bonds, corporate bonds, etc.

1. Yes
2. No

3. Don't know

**33-1.** (Please answer this question only if you answered "Yes" to question 33.)

How much do you have in your account?

1. Approximately \_\_\_\_\_ yen
2. Don't know

**34.** Do you hold any equity securities that can be sold through brokers in your name?

1. Yes
2. No
3. Don't know

**34-1.** (Please answer this question only if you answered "Yes" to question 34.)

If you are to sell all of those securities today, how much would you expect to receive?

1. Approximately \_\_\_\_\_ yen
2. Don't know

Please answer the following questions only if you have a spouse (or common-law spouse) and you selected answer 1 in question 31 (i.e., you and your spouse manage assets together). If not, please proceed to question 38.

**35.** Does your spouse (or common-law spouse) have any deposits in his/her name with any bank or similar financial institution (including the Japan Post Bank, credit banks and unions, agricultural cooperatives, and trust banks) whether in the form of savings or time deposits?

1. Yes
2. No
3. Don't know

**35-1.** (Please answer this question only if you answered "Yes" to question 35.)

How much does your spouse have in his/her account?

1. Approximately \_\_\_\_\_ yen
2. Don't know

**36.** Does your spouse (or common-law spouse) hold any fixed income securities in his/her name? Fixed income securities include: investment trusts (money market funds, medium-term government bond funds, foreign investment trusts, etc.), discount bank debentures, coupon bank debentures, government bonds, corporate bonds, etc.

1. Yes
2. No
3. Don't know

**36-1.** (Please answer this question only if you answered "Yes" to question 36.)

How much does your spouse have in his/her account?

1. Approximately \_\_\_\_\_ yen
2. Don't know

**37.** Does your spouse (or common-law spouse) hold any equity securities that can be sold through brokers in his/her name?

1. Yes
2. No
3. Don't know

**37-1.** (Please answer this question only if you answered "Yes" to question 37.)

If your spouse (or common-law spouse) is to sell all of those securities today, how much do you expect he/she would receive?

1. Approximately \_\_\_\_\_ yen

2. Don't know

**38.** This concludes the questionnaire. Did you answer this questionnaire by yourself or did anyone (family member, caregiver, etc.) help you? (Circle only one.)

1. By myself
2. With the help of a family member, caregiver, etc.

From whom did you have help?

1. Spouse
2. Son/daughter
3. Other family member
4. Other (specify)

Thank you very much for your cooperation with this survey. Please seal this form in the envelope provided and hand it to the interviewer when (s)he visits or mail it, together with the completed Diet Questionnaire, to us within 10 days. Please take care not to fold or bend the Diet Questionnaire. Thank you.



***JSTAR***

2011 Computer-Assisted Personal  
Interviewing Questionnaire

1st wave (Chofu, Tondabayshi and Hiroshima)

Research Institute of Economy, Trade and Industry  
The University of Tokyo  
Hitotsubashi University

Ver. April 2nd, 2014



## A. Individual and Family Information

A-000:

In what month and year were you born?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_
2. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
3. Don't know
4. Refused to answer

If the answer to A-000 is 1 or 2, go to A-002; otherwise, go to A-001-1.

A-001-1:

This question is necessary in order to confirm your identity. Could you please provide an answer?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_
2. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
3. Don't know
4. Refused to answer

Regardless of the answer, go to A-002.

A-002:

[To the interviewer: Show Card A-002 to the respondent in asking the following questions.]

What is your highest level of education? Did you graduate from that school?

|   | 1. Graduated | 2. Dropped out | 3. Still enrolled |
|---|--------------|----------------|-------------------|
| 1. Elementary/middle school   |              |                |                   |
| 2. High school (including boys' middle school, girls' high school, trade school, and normal school under the prewar education system) |              |                |                   |

|   |  |  |  |
|---|--|--|--|
| 3. Junior college (including technical high school, etc.)   |  |  |  |
| 4. Vocational school  |  |  |  |
| 5. University (including boys' high school and technical college under the prewar education system) |  |  |  |
| 6. Graduate school (Master's)   |  |  |  |
| 7. Graduate school (Ph.D.)  |  |  |  |
| 8. Other (Specify: _____)   |  |  |  |
| 9. Don't know   |  |  |  |
| 10. Refused to answer   |  |  |  |

Regardless of the answer, go to A-003.

A-003:

Before moving to questions about your work experience, let me ask about your family. Do you have a spouse or common-law spouse?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to A-003 is 1, go to A-004; otherwise, go to A-007.

A-004:

When did you get married or start living with your common-law spouse?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_
2. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
3. Don't know
4. Refused to answer

Regardless of the answer, go to A-005.

A-005:

When was your spouse or common-law spouse born?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_
2. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
3. Don't know
4. Refused to answer

Regardless of the answer, go to A-006.

A-006:

[To the interviewer: Show Card A-006 to the respondent in asking the following questions.]

What is the highest level of education of your spouse or common-law spouse? Did he/she graduate from that school?

|   | 1. Graduated | 2. Dropped out | 3. Still enrolled |
|---|--------------|----------------|-------------------|
| 1. Elementary/middle school   |              |                |                   |
| 2. High school (including boys' middle school, girls' high school, trade school, normal school under the prewar education system) |              |                |                   |
| 3. Junior college (including technical high school, etc.)   |              |                |                   |
| 4. Vocational school  |              |                |                   |
| 5. University (including boys' high school and technical college under the prewar education system)                               |              |                |                   |
| 6. Graduate school (Master's)   |              |                |                   |
| 7. Graduate school (Ph.D.)  |              |                |                   |
| 8. Other (Specify: _____)   |              |                |                   |
| 9. Don't know   |              |                |                   |

|                       |  |  |  |
|-----------------------|--|--|--|
| 10. Refused to answer |  |  |  |
|-----------------------|--|--|--|

Regardless of the answer, go to A-010-0-1.

A-007:

[To the interviewer: Show Card A-007 to the respondent in asking the following question.]

Which of the following statements describes your marital status most accurately? If you have married more than once, please answer about the last marriage.

1. I have never been married
2. My spouse is deceased
3. I am divorced
4. Don't know
5. Refused to answer

If the answer to A-007 is 2, go to A-008; if 3, go to A-009; otherwise, go to A-010-0-1.

A-008:

May I ask when your spouse passed away? If you have married more than once, please answer about the last marriage.

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_
2. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
3. Don't know
4. Refused to answer

Regardless of the answer, go to A-010-0-1.

A-009:

May I ask when you filed your divorce? If you have married more than once, please answer about the last marriage.

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_
2. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
3. Don't know
4. Refused to answer

Regardless of the answer, go to A-010-0-1.

A-010-0-1:

How many family members do you live with including yourself? Family members you “live with” refer to those who “live within the same premises” as you.

1. \_\_\_\_\_
2. Don't know
3. Refused to answer

If the answer to A-010-0-1 is 1, go to A-010-0-2; otherwise, go to A-010.

A-010-0-2:

What is the composition of the family members living with you? Please indicate the number for each.

- (a) Spouse: \_\_\_\_\_
- (b) Son(s): \_\_\_\_\_
- (c) Daughter(s): \_\_\_\_\_
- (d) Grandson(s)/great-grandson(s): \_\_\_\_\_
- (e) Granddaughter(s)/great-granddaughter(s): \_\_\_\_\_
- (f) Son(s)-in-law/daughter(s)-in-law/grandson(s)-in-law/granddaughter(s)-in-law, etc.:  
\_\_\_\_\_
- (g) Father: \_\_\_\_\_
- (h) Mother: \_\_\_\_\_
- (i) Father-in-law: \_\_\_\_\_
- (j) Mother-in-law: \_\_\_\_\_
- (k) Sibling(s): \_\_\_\_\_
- (l) Sibling(s)-in-law: \_\_\_\_\_
- (m) Others: \_\_\_\_\_

If the sum of the values in (a) through (m) plus 1 (yourself) does not correspond with the total number given in the answer to A-010-0-1b, go back to the question.

A-010:

I would like to ask this again. Do you have any son(s) or daughter(s) regardless of whether they live with you or not?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to A-010 is 1, go to A-011; otherwise, go to A-013.

A-011:

How many son(s) and daughter(s) do you have in total?

1. \_\_\_\_
2. Don't know
3. Refused to answer

If the answer to A-011 is 1, go to A-012-@; otherwise, go to A-013.

A-012-@-1:

Let me ask about your @st/nd/rd/th-born offspring. Is it a son or a daughter?

1. Son
2. Daughter
3. Don't know
4. Refused to answer

Regardless of the answer, go to A-012-@-2.

A-012-@-2:

How old is he/she? Or you may tell me the month and year of his/her birth.

1. \_\_\_\_ years old
2. Month and year of birth in the Japanese calendar: \_\_\_\_\_
3. Month and year of birth in the Western calendar: \_\_\_\_\_
4. Don't know

5. Refused to answer

Regardless of the answer, go to A-012-@-3.

A-012-@-3:

Does he/she have a spouse?

1. Yes
2. No
3. Don't know
4. Refused to answer

[To the interviewer: If the respondent provided the month and year of birth in answer to A-012-@-2, calculate the son's/daughter's age based on the answer.]

If his/her age > 16, go to A-012-@-3-2; otherwise, go to A-012-@-4.

A-012-@-3-2:

Does the son/daughter have any children (Do you have any grandchildren)?

1. Yes (How many: \_\_\_\_)
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to A-012-@-4.

A-012-@-4:

[To the interviewer: Show Card A-012-@-4 in asking the following question.]

Where does the son/daughter live? Please choose the answer that best describes the location as seen from your residence.

1. Same house
2. Separate unit in the same building or premises
3. Same municipality (town, village, etc.)
4. Same prefecture
5. Other prefecture in Japan

6. Abroad
7. Don't know
8. Refused to answer

Regardless of the answer, go to A-012-@-5.

A-012-@-5:

[To the interviewer: Show Card A-012-@-5 in asking the following question.]

Is the son/daughter financially independent? (If he/she is married and is a full-time homemaker, please answer about the situation of the couple.)

1. He/she pays for his/her own food and housing
2. He/she pays for his/her own food
3. He/she pays for his/her own housing
4. He/she pays neither for food nor for housing
5. Don't know
6. Refused to answer

Regardless of the answer, go to A-012-@-6.

A-012-@-6.

[To the interviewer: Show Card A-012-@-6 in asking the following question.]

Which of the following most accurately describes the current status of the son's/daughter's situation?

1. In school (including studying for university entrance examinations)
2. Working full time on a permanent basis
3. Working on a non-full time and/or non-permanent basis (part-timer, contract worker, etc.)
4. On leave from work (because of illness, child care, caring for family member, etc.)
5. Self-employed
6. Not seeking employment
7. Unemployed (seeking employment)
8. Full-time homemaker
9. Retired



10. Others (Specify: \_\_\_\_\_) )
11. Don't know
12. Refused to answer

Regardless of the answer, go to A-012-@-7.

A-012-@-7:

[To the interviewer: Show Card A-012-@-7 in asking the following question.]

During the past 12-month period, how often did you get in touch with the son/daughter on average by whatever means (including telephone, letters, e-mail, text messages, etc.)?

1. We live together
2. Daily
3. Several times a week
4. Approximately once a week
5. Approximately once every two weeks
6. Approximately once a month
7. Less than once a month
8. Not in contact
9. Don't know
10. Refused to answer

Regardless of the answer, go to A-012-@-8.

A-012-@-8.

[To the interviewer: Show Card A-012-@-8 in asking the following question.]

What is the highest level of education of your son/daughter? Did he/she graduate from that school? (If he/she is still in school, select the level of school he/she is attending now. If he/she is still at preschool age, select 8 (Others) even if he/she is attending kindergarten or nursery school.)

|                                 | 1. Graduated | 2. Dropped out | 3. Still enrolled |
|---------------------------------|--------------|----------------|-------------------|
| 1. Elementary/middle school     |              |                |                   |
| 2. High school (including boys' |              |                |                   |

|   |  |  |  |
|---|--|--|--|
| middle school, girls' high school, trade school, and normal school under the prewar education system) |  |  |  |
| 3. Junior college (including technical high school, etc.)   |  |  |  |
| 4. Vocational school  |  |  |  |
| 5. University (including boys' high school and technical college under the prewar education system)   |  |  |  |
| 6. Graduate school (Master's)   |  |  |  |
| 7. Graduate school (Ph.D.)  |  |  |  |

8. Others (Specify: \_\_\_\_\_)

9. Don't know

10. Refused to answer.

After repeating the same question for each of the son(s)/daughter(s) (i.e., repeat @ times if the respondent has a total of @ son(s) and daughter(s)), go to A-012-@-9.

A-012-@-9:

You have answered about a total of @ son(s) and daughter(s). Did we cover all of your son(s) and daughter(s)?

1. Yes

2. No

3. Don't know

4. Refused to answer

If the answer to A-012-@-9 is 1, 3 or 4, go to A-013; if 2, @ = @ + 1, and repeat from A-012-@-1 through A-012-@-9.

A-013:

Are your parents alive?

1. Both parents are alive
2. Only father is alive
3. Only mother is alive
4. Both parents are deceased
5. Don't know
6. Refused to answer

If the answer to A-013 is 1 or 2, go to A-014-1; if 3, go to A-015-1; otherwise, go to A-018 if the answer to A-003 is 1, and go to A-022 if the answer to A-003 is other than 1.

A-014-1:

How old is your father?

1. \_\_\_\_ years old
2. Don't know
3. Refused to answer

Regardless of the answer, go to A-014-2.

A-014-2:

[To the interviewer: Show Card A-014-2 in asking the following question.]

During the past 12-month period, how often did you get in touch with your father on average by whatever means (including telephone, letters, e-mail, text messages, etc.)? If you got in touch with him several times a year, please select 7 (Less than once a month). If he is hospitalized or institutionalized, please answer based on how often you visited him. For instance, if you visit on a daily basis, select 2 (Daily).

1. We live together
2. Daily
3. Several times a week
4. Approximately once a week
5. Approximately once every two weeks
6. Approximately once a month
7. Less than once a month
8. Not in contact

9. Don't know
10. Refused to answer

Regardless of the answer, go to A-014-3.

A-014-3:

Does your father require any care and, if he does, how many hour(s) per day? Please include the time required to provide care at home as well as that spent at outside day care facilities, but exclude the traveling time to and from such facilities. If your father is institutionalized, please answer so.

1. Requires care at home (Approximately \_\_\_\_ time(s) per week and \_\_\_\_ hour(s) per day)
2. Institutionalized
3. Does not require care
4. Don't know
5. Refused to answer

If the answer to A-014-3 is 1 or 2, go to A-014-4; otherwise, go to A-015-1 if the answer to A-013 is 1, and go to A-016-1 if the answer to A-013 is other than 1.

A-014-4:

Is your father certified as requiring any assistance or care under the Long-term Care Insurance Program? If so, for which level of assistance or care is he certified? Please answer to the best of your ability.

1. Level 1 assistance
2. Level 2 assistance
3. Level 1 care
4. Level 2 care
5. Level 3 care
6. Level 4 care
7. Level 5 care
8. Not certified as requiring any assistance or care but found to be at risk of health deterioration (Eligible to preventive care programs designed to help maintain independence)

9. Considered as being self-reliant
10. Don't know
11. Refused to answer

Regardless of the answer to A-014-4, go to A-015-1 if the answer to A-013 is 1 and go to A-016-1 if the answer to A-013 is otherwise.

A-015-1:

I would now like to ask about your mother. How old is she?

1. \_\_\_\_ years old
2. Don't know
3. Refused to answer

Regardless of the answer, go to A-015-2.

A-015-2:

[To the interviewer: Show Card A-015-2 in asking the following question.]

During the past 12-month period, how often did you get in touch with your mother on average by whatever means (including telephone, letters, e-mail, text messages, etc.)? If you got in touch with her several times a year, please select 7 (Less than once a month). If she is hospitalized or institutionalized, please answer based on how often you visited her. For instance, if you visited her on a daily basis, select 2 (Daily).

1. We live together
2. Daily
3. Several times a week
4. Approximately once a week
5. Approximately once every two weeks
6. Approximately once a month
7. Less than once a month
8. Not in contact
9. Don't know
10. Refused to answer

Regardless of the answer, go to A-015-3.

A-015-3:

Does your mother require any care and, if she does, how many hour(s) per day? Please include the time required to provide care at home as well as that spent at outside day care facilities, but exclude the traveling time to and from such facilities. If your mother is institutionalized, please answer so.

1. Requires care at home (Approximately \_\_\_\_ time(s) per week and \_\_\_\_ hour(s) per day)
2. Institutionalized
3. Does not require care
4. Don't know
5. Refused to answer

If the answer to A-015-3 is 1 or 2, go to A-015-4; otherwise, go to A-016-1.

A-015-4:

Is your mother certified as requiring any assistance or care under the Long-term Care Insurance Program? If so, for which level of assistance or care is she certified? Please answer to the best of your ability.

1. Level 1 assistance
2. Level 2 assistance
3. Level 1 care
4. Level 2 care
5. Level 3 care
6. Level 4 care
7. Level 5 care
8. Not certified as requiring any assistance or care but found to be at risk of health deterioration (Eligible to preventive care programs designed to help maintain independence)
9. Considered as being self-reliant
10. Don't know
11. Refused to answer

Regardless of the answer, go to A-016-1.

A-016-1:

Are you currently, or likely to be in the future, involved in the care of your father and/or mother? (Making regular visits to an institutionalized parent is a form of involvement.)

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to A-016-2.

A-016-2:

Is your spouse currently, or likely to be in the future, involved in the care of your father and/or mother? (Making regular visits to an institutionalized parent is a form of involvement.)

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to A-016-3.

A-016-3:

[To the interviewer: Show Card A-016-3 in asking the following question.]

Besides you and your spouse, who is/are currently, or likely to be in the future, involved in the care of your father and/or mother? Please indicate up to three individuals and enter the number corresponding to their relationship to your parent(s). Please do not include those providing care for fees, such as home helpers and care facility staff.

1. Son
2. Daughter
3. Son-in-law
4. Daughter-in-law
5. Spouse

6. Others (Specify: \_\_\_\_\_)
7. None except for the respondent and his/her spouse

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Regardless of the answer, go to A-017.

A-017:

(Conditional branch)

If the answer to A-003 is 1, go to A-018; otherwise, go to A-022.

A-018:

Are your parents-in-law alive?

1. Both parents-in-law are alive
2. Only father-in-law is alive
3. Only mother-in-law is alive
4. Both parents-in-law are deceased
5. Don't know
6. Refused to answer

If the answer to A-018 is 1 or 2, go to A-019-1; if 3, go to A-020-1; otherwise, go to A-022.

A-019-1:

How old is your father-in-law?

1. \_\_\_\_\_ years old
2. Don't know
3. Refused to answer

Regardless of the answer, go to A-019-2.

A-019-2:

[To the interviewer: Show Card A-019-2 in asking the following question.]



During the past 12-month period, how often did you get in touch with your father-in-law on average by whatever means (including telephone, letters, email, text messages, etc.)? If you got in touch with him several times a year, please select 7 (Less than once a month). If he is hospitalized or institutionalized, please answer based on how often you visited him. For instance, if you visited on a daily basis, select 2 (Daily).

1. We live together
2. Daily
3. Several times a week
4. Approximately once a week
5. Approximately once every two weeks
6. Approximately once a month
7. Less than once a month
8. Not in contact
9. Don't know
10. Refused to answer

Regardless of the answer, go to A-019-3.

A-019-3:

Does your father-in-law require any care and, if he does, how many hour(s) per day? Please include the time required to provide care at home as well as that spent at outside day care facilities, but exclude the travelling time to and from such facilities.

1. Requires care at home (Approximately \_\_\_\_ time(s) per week and \_\_\_\_ hour(s) per day)
2. Institutionalized
3. Does not require care
4. Don't know
5. Refused to answer

If the answer to A-019-3 is 1 or 2, go to A-019-4; otherwise, go to A-020-1 if the answer to A-018 is 1, and go to A-021-1 if the answer to A-018 is other than 1.

A-019-4:

Is your father-in-law certified as requiring any assistance or care under the Long-term Care Insurance Program? If so, for which level of assistance or care is he certified? Please answer to the best of your ability.

1. Level 1 assistance
2. Level 2 assistance
3. Level 1 care
4. Level 2 care
5. Level 3 care
6. Level 4 care
7. Level 5 care
8. Not certified as requiring any assistance or care but found to be at risk of health deterioration (Eligible to preventive care programs designed to help maintain independence)
9. Considered as being self-reliant
10. Don't know
11. Refused to answer

Regardless of the answer to A-019-4, go to A-020-1 if the answer to A-018 is 1, and go to A-021-1 if the answer to A-018 is other than 1.

A-020-1:

I would now like to ask about your mother-in-law. How old is she?

1. \_\_\_\_\_ years old
2. Don't know
3. Refused to answer

Regardless of the answer, go to A-020-2.

A-020-2:

[To the interviewer: Show Card A-019-2 in asking the following question.]

During the past 12-month period, how often did you get in touch with your mother-in-law on average by whatever means (including telephone, letters, email, text messages, etc.)? If you got in touch with her several times a year, please select 7 (Less than once a month). If she is

hospitalized or institutionalized, please answer based on how often you visited her. For instance, if you visited her on a daily basis, select 2 (Daily).

1. We live together
2. Daily
3. Several times a week
4. Approximately once a week
5. Approximately once every two weeks
6. Approximately once a month
7. Less than once a month
8. Not in contact
9. Don't know
10. Refused to answer

Regardless of the answer, go to A-020-3.

A-020-3:

Does your mother-in-law require any care and, if she does, how many hour(s) per day? Please include the time required to provide care at home as well as that spent at outside day care facilities, but exclude the traveling time to and from such facilities.

1. Requires care at home (Approximately \_\_\_\_ time(s) per week and \_\_\_\_ hour(s) per day)
2. Institutionalized
3. Does not require care
4. Don't know
5. Refused to answer

If the answer to A-020-3 is 1 or 2, go to A-020-4; otherwise, go to A-021-1.

A-020-4:

Is your mother-in-law certified as requiring any assistance or care under the Long-term Care Insurance Program? If so, for which level of assistance or care is she certified? Please answer to the best of your ability.

1. Level 1 assistance

2. Level 2 assistance
3. Level 1 care
4. Level 2 care
5. Level 3 care
6. Level 4 care
7. Level 5 care
8. Not certified as requiring any support or care but found to be at risk of health deterioration  
(Eligible to preventive care programs designed to help maintain independence)
9. Considered as being self-reliant
10. Don't know
11. Refused to answer

Regardless of the answer, go to A-021-1.

A-021-1:

Are you currently, or likely to be in the future, involved in the care of your mother-in-law and/or father-in-law? (Making regular visits to an institutionalized parent-in-law is a form of involvement.)

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to A-021-2.

A-021-2:

Is your spouse currently, or likely to be in the future, involved in the care of his/her mother and/or father? (Making regular visits to an institutionalized parent is a form of involvement.)

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to A-021-3.

A-021-3:

[To the interviewer: Show Card A-021-3 in asking the following question.]

Besides you and your spouse, who is/are currently, or likely to be in the future, involved in the care of your father-in-law and/or mother-in-law? Please indicate up to three individuals and enter the number corresponding to their relationship to your parent(s)-in-law. Please do not include those providing care for fees, such as home helpers and care facility staff.

1. Son
2. Daughter
3. Son-in-law
4. Daughter-in-law
5. Spouse
6. Other (Specify: \_\_\_\_\_)
7. None except for the respondent and his/her spouse

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Regardless of the answer, go to A-022.

A-022:

[To the interviewer: Read out the following statement and select the appropriate option below to indicate who answered the questions in this section. "Proxy" here refers to the respondent's son/daughter or caregiver.]

[Interviewer read-out: This concludes this section. Thank you for your cooperation.]

1. Respondent only
2. Respondent and his/her spouse
3. Respondent's spouse only
4. Respondent and his/her proxy (not including spouse)
5. Respondent's spouse and proxy
6. Respondent's proxy (not including spouse)

Regardless of the choice, go to B-000.

## **B. Memory, Cognitive Ability and Hypothetical Questions**

B-000:

[To the interviewer: Please determine whether the respondent has difficulty taking the following test due to visual, hearing, speech, or other disabilities. Do you think he/she is capable of taking the test?]

1. Yes
2. No

If the answer to B-000 is 1, go to B-001; if 2, go to C-000 (Employment).

B-001:

Let me give you a test to assess your ability to remember and calculate. We will start with very easy questions. I apologize beforehand in case you find them too easy and feel offended. Now, may I start asking questions? You may stop answering the questions at any time.

1. Yes.
2. Refused to take the test.

If the answer to B-001 is 1, go to B-002; if 2, go to C-000 (Employment).

B-002:

[To the interviewer: In the case that anyone other than the respondent is present, ask that person to leave or refrain from speaking while the respondent takes the test by reading out the following statement. Indicate below whether anyone besides the respondent was present during the test.]

[Interviewer read-out: I will now ask the respondent some questions designed to test his/her memory and cognitive ability. May I ask you to leave for a while so that I can speak to the respondent alone? (If the person refuses to leave, ask him/her to refrain from helping the respondent with the answers.) Thank you for your cooperation.]

1. Other person is present
2. No one other than the respondent is present

Regardless of the choice, go to B-003-1.

B-003-1:

First, I would like to ask about today's date. What year are we in currently? Either the Japanese or Western calendar year is acceptable.

1. Answered correctly
2. Answered incorrectly or did not know
3. Refused to answer

Regardless of the choice, go to B-003-2.

B-003-2:

What month are we in currently?

1. Answered correctly
2. Answered incorrectly or did not know
3. Refused to answer

Regardless of the choice, go to B-003-3.

B-003-3:

What is the date today?

1. Answered correctly
2. Answered incorrectly or did not know
3. Refused to answer

Regardless of the choice, go to B-003-4.

B-003-4:

What day of the week is it today?

1. Answered correctly
2. Answered incorrectly or did not know
3. Refused to answer

Regardless of the choice, go to B-003-5.

B-003-5:

What prefecture are we in?

1. Answered correctly
2. Answered incorrectly or did not know
3. Refused to answer

Regardless of the choice, go to B-003-6.

B-003-6:

What city/ward/town/village are we in?

1. Answered correctly
2. Answered incorrectly or did not know
3. Refused to answer

Regardless of the choice, go to B-004.

B-004:

Next, let me test your ability to memorize words. I will read out a series of words slowly just once. Since there are so many, most people would not be able to memorize all of them at once. When I have finished reading out all of them, I will let you know. Then, please try to recall as many as possible of these words. You do not have to do this in the same order as they were read out. Please try your best to listen and memorize them. Now, do you have a clear idea about how to proceed with this question?

1. Yes
2. Refused to answer this question
3. Did not understand the instructions

If the answer to B-004 is 1, go to B-005; if 2, go to B-007; if 3, read out the instructions again.

B-005:

[To the interviewer: Read the following words one by one slowly and clearly, pausing after each word. As a rule, read them out only once. However, if the respondent had trouble hearing the



words, you may repeat just once. The order in which the respondent recalls the words does not matter. Even if the respondent is unable to recall immediately, allow about a minute for him/her to remember. If he/she remains stuck on the answers for more than one minute, say “Thank you,” and proceed to the next question. In the table below, enter a checkmark in the cell immediately below each word recalled. If the respondent is unable to remember any more words in the middle of the test, place a checkmark in the cell below “Stuck on the answers” as well.]

[Interviewer read-out: I will now read out the words, just once for each: dog – knife – train – baseball – cat – pot – airplane – horse – swimming – bicycle. Are you ready? Now, please recall and say as many as possible of the words I have just read out.]

| Dog | Knife    | Train | Baseball | Cat     | Refused to continue | Stuck on the answers |
|-----|----------|-------|----------|---------|---------------------|----------------------|
|     |          |       |          |         |                     |                      |
| Pot | Airplane | Horse | Swimming | Bicycle |                     |                      |
|     |          |       |          |         |                     |                      |

Regardless of the answer, go to B-006.

B-006:

[To the interviewer: Select all that apply based on your observation during the test.]

1. The respondent had difficulty in hearing the words
2. Interrupted by telephone calls, etc., while reading out the words
3. Other problems occurred (Specify: \_\_\_\_\_)
4. No problem

Regardless of the choice(s), go to B-007.

B-007:

Thank you. Next, I will ask you to perform some simple calculations. May I continue?

1. Yes
2. Refused to answer

If the answer to B-007 is 1, go to B-008-1; if 2, go to B-009.

B-008-1:

[To the interviewer: Do not give examples or hints. Even if the respondent gives an incorrect answer, continue without correcting or stopping the respondent. Try not to indicate if the answer is right or wrong with your facial expression, etc. After the respondent has answered this and the subsequent four questions, regardless of whether the answers are right or wrong, say, "Thank you," and conclude the test. Or if the respondent refuses to answer in the middle of the test, end at that point. Enter the respondent's answer in the space provided in choice 1 below or select other choices as appropriate.]

Please subtract 7 from 100.

1. Answer: \_\_\_\_\_
2. Don't know
3. Refused to answer

If the choice in B-008-1 is 1, go to B-008-2; otherwise, go to B-009.

B-008-2:

Please subtract 7 from that number.

1. Answer: \_\_\_\_\_
2. Don't know
3. Refused to answer

If the choice in B-008-2 is 1, go to B-008-3; otherwise, go to B-009.

B-008-3:

Please subtract 7 from that number.

1. Answer: \_\_\_\_\_
2. Don't know
3. Refused to answer

If the choice in B-008-3 is 1, go to B-008-4; otherwise, go to B-009.

B-008-4:

Please subtract 7 from that number.

1. Answer: \_\_\_\_\_
2. Don't know
3. Refused to answer

If the choice in B-008-4 is 1, go to B-008-5; otherwise, go to B-009.

B-008-5:

Please subtract 7 from that number.

1. Answer: \_\_\_\_\_
2. Don't know
3. Refused to answer

Regardless of the choice, go to B-009.

B-009:

Thank you. Next, I will ask you to calculate some percentages. May I begin?

1. Yes
2. Refused to answer

If the answer to B-009 is 1, go to B-010-1; if 2, go to B-011.

B-010-1:

I would like you to calculate mentally, so please listen to the question carefully. Suppose that 10% of people catch a certain disease. If there are 1,000 people, how many of them catch the disease?

[To the interviewer: Do not read out the answer options provided below. Instead, select the appropriate one according to the respondent's answer.]

1. 100
2. 10
3. 90
4. 900
5. Other answer
6. Don't know

7. Refused to answer

If the choice in B-010-1 is 1, go to B-010-3; if any of 2 through 6, go to B-010-2; if 7, go to B-011.

B-010-2:

[To the interviewer: Do not read out the answer options provided below. Instead, select the appropriate one according to the respondent's answer.]

Next, suppose that a store is planning to sell everything at half price and there is a product being sold for 300 yen. How much will it be sold for during the half-price sale?

1. 150 yen
2. 600 yen
3. Other answer
4. Don't know
5. Refused to answer

If the choice in B-010-2 was 1, go to B-010-3; otherwise, go to B-011.

B-010-3:

[To the interviewer: Do not read out the answer options provided below. Instead, select the appropriate one according to the respondent's answer.]

Next, suppose that a bookstore is offering a used dictionary for sale at 6,000 yen. The store says this price is  $\frac{2}{3}$  of what it costs to buy a new one. What is the price of a new dictionary?

1. 9,000 yen
2. 4,000 yen
3. 8,000 yen
4. 12,000 yen
5. 18,000 yen
6. Other answer
7. Don't know
8. Refused to answer

If the choice in B-010-3 was 1, go to B-010-4; otherwise, go to B-011.

B-010-4:

[To the interviewer: Do not read out the answer options provided below. Instead, select the appropriate one according to the respondent's answer. If the respondent asks what compound interest is or whether the interest accrued in the first year accrues interest in the second year, explain as follows: "Compound interest means that the interest accrued in the first year accrues interest in the second year."]

This is the last question in the calculation test. Suppose you have 2,000 yen in your bank account. This bank account pays compound interest at the rate of 10% every year. How much will you have after 2 years?

1. 2,420 yen
2. 2,020 yen
3. 2,100 yen
4. 2,200 yen
5. 2,400 yen
6. Other answer
7. Don't know
8. Refused to answer

Regardless of the answer, go to B-011.

B-011:

[To the interviewer: The order in which the respondent recall the words does not matter. Even if the respondent is unable to recall immediately, allow about one minute for him/her to remember. If he/she remains stuck on the answers for more than one minute, say "Thank you," and proceed to the next question. In the table below, enter a checkmark in the cell immediately below each word recalled. If the respondent is unable to remember any more words in the middle of the test, place a checkmark in the cell below "Stuck on the answers for more than one minute" as well.]

Thank you. Now, let me remind you that I had asked you to memorize the items I read out prior to the calculation test. Once again, please recall as many of them as possible.

|     |       |       |          |     |                        |                         |
|-----|-------|-------|----------|-----|------------------------|-------------------------|
| Dog | Knife | Train | Baseball | Cat | Refused to<br>continue | Stuck on the<br>answers |
|-----|-------|-------|----------|-----|------------------------|-------------------------|

|     |          |       |          |         |  |  |
|-----|----------|-------|----------|---------|--|--|
|     |          |       |          |         |  |  |
| Pot | Airplane | Horse | Swimming | Bicycle |  |  |
|     |          |       |          |         |  |  |

Regardless of the answer, go to B-012.

B-012:

[To the interviewer: Was there any problem that prevented the respondent from answering during the test?]

1. Yes
2. No

Regardless of the answer, go to B-013.

B-013:

Thank you very much. Next, I would like for you to play four brain games. Can we begin?

1. Yes
2. No

If the answer to B-013 is 1, go to B-014-1; if 2, go to B-018.

B-014-1:

[To the interviewer: Show Card B-014-1. If the respondent says that he/she cannot answer because he/she is not working or that his/her employer would not make such an offer, ask him/her to cooperate by reading out the statement shown below. Show each set of options one by one—not all at once—in the designated order. If the respondent refuses to answer in the middle of the game session, take note of the question number and select 2 as the choice for that question, and move on to the next question.]

[Interviewer read-out: This is just a hypothetical question and not related to your real life. So, it does not matter whether you are actually working, or whether your employer would actually make such an offer. Could you please try to answer this just as if you were answering quiz questions?]

The first game is about choosing the way you receive your salary. Suppose you are offered two options from which to choose. Assuming that whichever option selected is effective only for the following month and that whether the proposed pay increase will be actually made is not affected by your performance, which of the following options would you prefer?

1. There is a 100% probability that your pay will increase by 50%
2. There is a 100% probability that your pay will increase by 10%

If the choice in B-014 is 1, go to B-014-2; if 2, go to B-015-1.

B-014-2:

[To the interviewer: Show Card B-014-2 in asking the following question.]

What if the options are as follows?

1. There are a 90% probability that your pay will increase by 50%, and a 10% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 10%

If the choice in B-014-2 is 1, go to B-014-3; if 2, go to B-015-1.

B-014-3:

[To the interviewer: Show Card B-014-3 in asking the following question.]

What if the options are as follows?

1. There are an 80% probability that your pay will increase by 50%, and a 20% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 10%

If the choice in B-014-3 is 1, go to B-014-4; if 2, go to B-015-1.

B-014-4:

[To the interviewer: Show Card B-014-4 in asking the following question.]

What if the options are as follows?

1. There are a 70% probability that your pay will increase by 50%, and a 30% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 10%

If the choice in B-014-4 is 1, go to B-014-5; if 2, go to B-015-1.

B-014-5:

[To the interviewer: Show Card B-014-5 in asking the following question.]

What if the options are as follows?

1. There are a 60% probability that your pay will increase by 50%, and a 40% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 10%

If the choice in B-014-5 is 1, go to B-014-6; if 2, go to B-015-1.

B-014-6:

[To the interviewer: Show Card B-014-6 in asking the following question.]

What if the options are as follows?

1. There are a 50% probability that your pay will increase by 50%, and a 50% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 10%

If the choice in B-014-6 is 1, go to B-014-7; if 2, go to B-015-1.

B-014-7:

[To the interviewer: Show Card B-014-7 in asking the following question.]

What if the options are as follows?

1. There are a 40% probability that your pay will increase by 50%, and a 60% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 10%

If the choice in B-014-7 is 1, go to B-014-8; if 2, go to B-015-1.

B-014-8:

[To the interviewer: Show Card B-014-8 in asking the following question.]

What if the options are as follows?



1. There are a 30% probability that your pay will increase by 50%, and a 70% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 10%

If the choice in B-014-8 is 1, go to B-014-9; if 2, go to B-015-1.

B-014-9:

[To the interviewer: Show Card B-014-9 in asking the following question.]

What if the options are as follows?

1. There are a 20% probability that your pay will increase by 50%, and an 80% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 10%

If the choice in B-014-9 is 1, go to B-014-10; if 2, go to B-015-1.

B-014-10:

[To the interviewer: Show Card B-014-10 in asking the following question.]

What if the options are as follows?

1. There are a 10% probability that your pay will increase by 50%, and a 90% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 10%

If the choice in B-014-10 is 1, go to B-014-11; if 2, go to B-015-1.

B-014-11:

[To the interviewer: Show Card B-014-11 in asking the following question.]

What if the options are as follows?

1. There is a 100% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 10%

Regardless of the choice, go to B-015-1.

B-015-1:

[To the interviewer: Show Card B-015-1. Show each set of options one by one—not all at once—in the designated order. If the respondent refuses to answer in the middle of the game session, take note of the question number and select 2 as the choice for that question, and move on to the next question.]

Next, I would like you to play another session of the game with slightly different figures. Again, suppose you are offered two options from which to choose. Assuming that whichever option selected is effective only for the following month and that whether the proposed pay increases will be actually made is not affected by your performance, which of the following options would you prefer?

1. There is a 100% probability that your pay will increase by 50%
2. There is a 100% probability that your pay will increase by 20%

If the choice in B-015-1 is 1, go to B-015-2; if 2, go to B-016-0.

B-015-2:

[To the interviewer: Show Card B-015-2 in asking the following question.]

What if the options are as follows?

1. There are a 90% probability that your pay will increase by 50%, and a 10% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 20%

If the choice in B-015-2 is 1, go to B-015-3; if 2, go to B-016-0.

B-015-3:

[To the interviewer: Show Card B-015-3 in asking the following question.]

What if the options are as follows?

1. There are an 80% probability that your pay will increase by 50%, and a 20% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 20%

If the choice in B-015-3 is 1, go to B-015-4; if 2, go to B-016-0.

B-015-4:

[To the interviewer: Show Card B-015-4 in asking the following question.]

What if the options are as follows?

1. There are a 70% probability that your pay will increase by 50%, and a 30% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 20%

If the choice in B-015-4 is 1, go to B-015-5; if 2, go to B-016-0.

B-015-5:

[To the interviewer: Show Card B-015-5 in asking the following question.]

What if the options are as follows?

1. There are a 60% probability that your pay will increase by 50%, and a 40% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 20%

If the choice in B-015-5 is 1, go to B-015-6; if 2, go to B-016-0.

B-015-6:

[To the interviewer: Show Card B-015-6 in asking the following question.]

What if the options are as follows?

1. There are a 50% probability that your pay will increase by 50%, and a 50% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 20%

If the choice in B-015-6 is 1, go to B-015-7; if 2, go to B-016-0.

B-015-7:

[To the interviewer: Show Card B-015-7 in asking the following question.]

What if the options are as follows?

1. There are a 40% probability that your pay will increase by 50%, and a 60% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 20%

If the choice in B-015-7 is 1, go to B-015-8; if 2, go to B-016-0.

B-015-8:

[To the interviewer: Show Card B-015-8 in asking the following question.]

What if the options are as follows?

1. There are a 30% probability that your pay will increase by 50%, and a 70% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 20%

If the choice in B-015-8 is 1, go to B-015-9; if 2, go to B-016-0.

B-015-9:

[To the interviewer: Showing Card B-015-9 in asking the following question.]

What if the options are as follows?

1. There are a 20% probability that your pay will increase by 50%, and an 80% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 20%

If the choice in B-015-9 is 1, go to B-015-10; if 2, go to B-016-0.

B-015-10:

[To the interviewer: Show Card B-015-10 in asking the following question.]

What if the options are as follows?

1. There are a 10% probability that your pay will increase by 50%, and a 90% probability that your pay will increase by 5%
2. There is a 100% probability that your pay will increase by 20%

If the choice in B-015-10 is 1, go to B-015-11; if 2, go to B-016-0.

B-015-11:

[To the interviewer: Show Card B-015-11 in asking the following question.]

What if the options are as follows?

1. There is a 100% probability that your pay will increase by 5%

2. There is a 100% probability that your pay will increase by 20%

Regardless of the choice, go to B-016-0.

B-016-0

(Conditional branch)

Generate a random number and start from B-016-0a or B-016-0b (keep record of the order generated as B-016-0).

B-016-0a:

Proceed to B-016-2a.

B-016-2a:

[To the interviewer: Show Card B-016-2a. Show each set of options one by one—not all at once—in the designated order. If the respondent refuses to answer in the middle of the game session, take note of the question number and select 2 as the choice for that question, and move on to the next question.]

Thank you. Now, let's move onto the next game. Suppose you are asked to choose between two options: receiving 1 million yen one month from today, or receiving it or a greater sum 13 months from today depending on the options offered. Assuming that there is no risk of failing to receive whichever sum chosen, which of the following options would you prefer?

1. Receive 1 million yen one month from today
2. Receive 1 million yen 13 months from today (Difference being equivalent to interest at the rate of 0%)

If the choice in B-016-2a is 1, go to B-016-3a; if 2, go to B-016-2b or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-3a:

[To the interviewer: Show Card B-016-3a in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen one month from today

2. Receive 1.001 million yen 13 months from today (Difference being equivalent to interest at the rate of 0.1%)

If the choice in B-016-3a is 1, go to B-016-4a; if 2, go to B-016-2b or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-4a:

[To the interviewer: Show Card B-016-4a in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen one month from today
2. Receive 1.005 million yen 13 months from today (Difference being equivalent to interest at the rate of 0.5%)

If the choice in B-016-4a is 1, go to B-016-5a; if 2, go to B-016-2b or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-5a:

[To the interviewer: Show Card B-016-5a in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen one month from today
2. Receive 1.01 million yen 13 months from today (Difference being equivalent to interest at the rate of 1%)

If the choice in B-016-5a is 1, go to B-016-6a; if 2, go to B-016-2b or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-6a:

[To the interviewer: Show Card B-016-6a in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen one month from today
2. Receive 1.02 million yen 13 months from today (Difference being equivalent to interest at the rate of 2%)

If the choice in B-016-6a is 1, go to B-016-7a; if 2, go to B-016-2b or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-7a:

[To the interviewer: Show Card B-016-7a in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen one month from today
2. Receive 1.06 million yen 13 months from today (Difference being equivalent to interest at the rate of 6%)

If the choice in B-016-7a is 1, go to B-016-8a; if 2, go to B-016-2b or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-8a:

[To the interviewer: Show Card B-016-8a in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen one month from today
2. Receive 1.1 million yen 13 months from today (Difference being equivalent to interest at the rate of 10%)

If the choice in B-016-8a is 1, go to B-016-9a; if 2, go to B-016-2b or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-9a:

[To the interviewer: Show Card B-016-9a in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen one month from today
2. Receive 1.2 million yen 13 months from today (Difference being equivalent to interest at the rate of 20%)

If the choice in B-016-9a is 1, go to B-016-10a; if 2, go to B-016-2b or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-10a:

[To the interviewer: Show Card B-016-10a in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen one month from today
2. Receive 1.3 million yen 13 months from today (Difference being equivalent to interest at the rate of 30%)

If the choice in B-016-10a is 1, go to B-016-11a; if 2, go to B-016-2b or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-11a:

[To the interviewer: Show Card B-016-11a in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen one month from today
2. Receive 1.4 million yen 13 months from today (Difference being equivalent to interest at the rate of 40%)

Regardless of the choice, go to B-016-2b or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-2b:

[To the interviewer: Show Card B-016-2b. Show each set of options one by one—not all at once—in the designated order. If the respondent refuses to answer in the middle of the game session, take note of the question number and select 2 as the choice for that question, and move on to the next question.]

Thank you. Now, let's move onto the next game. Suppose you are asked to choose between two options: receiving 1 million yen 13 months from today, or receiving it or a greater sum 25 months from today depending on the options offered. Assuming that there is no risk of failing to receive whichever sum chosen, which of the following options would you prefer?

1. Receive 1 million yen 13 months from today
2. Receive 1 million 25 months from today. (Difference being equivalent to interest at the rate of 0%)



If the choice in B-016-2b is 1, go to B-016-3b; if 2, go to B-016-2a or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-3b:

[To the interviewer: Show Card B-016-3b in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen 13 months from today
2. Receive 1.001 million yen 25 months from today (Difference being equivalent to interest at the rate of 0.1%)

If the choice in B-016-3b is 1, go to B-016-4b; if 2, go to B-016-2a or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-4b:

[To the interviewer: Show Card B-016-4b in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen 13 months from today
2. Receive 1.005 million yen 25 months from today (Difference being equivalent to interest at the rate of 0.5%)

If the choice in B-016-4b is 1, go to B-016-5b; if 2, go to B-016-2a or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-5b:

[To the interviewer: Show Card B-016-5b in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen 13 months from today
2. Receive 1.01 million yen 25 months from today (Difference being equivalent to interest at the rate of 1%)

If the choice in B-016-5b is 1, go to B-016-6b; if 2, go to B-016-2a or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-6b:

[To the interviewer: Show Card B-016-6b in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen 13 months from today
2. Receive 1.02 million yen 25 months from today (Difference being equivalent to interest at the rate of 2%)

If the choice in B-016-6b is 1, go to B-016-7b; if 2, go to B-016-2a or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-7b:

[To the interviewer: Show Card B-016-7b in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen 13 months from today
2. Receive 1.06 million yen 25 months from today (Difference being equivalent to interest at the rate of 6%)

If the choice in B-016-7b is 1, go to B-016-8b; if 2, go to B-016-2a or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-8b:

[To the interviewer: Show Card B-016-8b in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen 13 months from today
2. Receive 1.1 million yen 25 months from today (Difference being equivalent to interest at the rate of 10%)

If the choice in B-016-8b is 1, go to B-016-9b; if 2, go to B-016-2a or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-9b:

[To the interviewer: Show Card B-016-9b in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen 13 months from today
2. Receive 1.2 million yen 25 months from today (Difference being equivalent to interest at the rate of 20%)

If the choice in B-016-9b is 1, go to B-016-10b; if 2, go to B-016-2a or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-10b:

[To the interviewer: Show Card B-016-10b in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen 13 months from today
2. Receive 1.3 million yen 25 months from today (Difference being equivalent to interest at the rate of 30%)

If the choice in B-016-10b is 1, go to B-016-11b; if 2, go to B-016-2a or B-017-1 as appropriate depending on the order generated in B-016-0.

B-016-11b:

[To the interviewer: Show Card B-016-11b in asking the following question.]

What if the options are as follows?

1. Receive 1 million yen 13 months from today
2. Receive 1.4 million yen 25 months from today (Difference being equivalent to interest at the rate of 40%)

Regardless of the choice, go to B-016-2a or B-017-1 as appropriate depending on the order generated in B-016-0.

B-017-1:

[To the interviewer: Show Card B-017-1. Show each set of options one by one—not all at once—in the designated order. If the respondent refuses to answer in the middle of the game session, take note of the question number and select 2 as the choice for that question, and move on to the next question.]

Now I would like to ask you to play just one more game. Suppose you won a lottery and you are offered a choice between two prize options. The first option is a lump sum reward of 100,000 yen in gift cards valid for the next six months. The gift cards can be used for purchases or payments at any store in Japan but cannot be redeemed for cash. The other option is to receive gift cards worth a certain amount of money every year for life. Unlike those to be given in the first option, these gift cards have no expiry date. All of the other terms and conditions are same, i.e., usable for purchases or payments at any store in Japan but not redeemable for cash.

Assuming that there is no risk of failing to receive whichever reward selected, which of the following options would you prefer?

1. A lump sum reward of 100,000 yen in gift cards good for six months starting today
2. 50,000 yen in gift cards every year for life

If the choice in B-017-1 is 2, go to B-017-2; if 1, go to B-018.

B-017-2:

[To the interviewer: Show Card B-017-2 in asking the following question.]

What if the options are as follows?

1. A lump sum reward of 100,000 yen in gift cards good for six months starting today
2. 30,000 yen in gift cards every year for life

If the choice in B-017-2 is 2, go to B-017-3; if 1, go to B-018.

B-017-3:

[To the interviewer: Show Card B-017-3 in asking the following question.]

What if the options are as follows?

1. A lump sum reward of 100,000 yen in gift card good for six months starting today
2. 10,000 yen in gift cards every year for life

If the choice in B-017-3 is 2, go to B-017-4; if 1, go to B-018.

B-017-4:

What if the options are as follows?

1. A lump sum reward of 100,000 yen in gift cards good for six months starting today
2. 5,000 yen in gift cards every year for life

Regardless of the choice, go to B-018.

B-018:

[To the interviewer: Read out the following statement and select the appropriate option below to indicate who answered the questions in this section. “Proxy” here refers to the respondent’s

son/daughter or caregiver.]

[Interviewer read-out: This concludes the memory and mental game section. Thank you for your cooperation.]

1. Respondent only
2. Respondent and his/her spouse
3. Respondent's spouse only
4. Respondent and his/her proxy (not including spouse)
5. Respondent's spouse and proxy
6. Respondent's proxy (not including spouse)

Regardless of the choice, go to C-000.

## **C. Work and Employment**

C-000:

I would now like to ask about your work. May I continue?

1. Yes
2. Refused to answer

If the answer to C-000 is 1, go to C-001; if 2, go to D-000 (Health of Respondent and Spouse).

C-001:

Are you currently working? Please answer yes if you work at all, even though you receive no pay. If you are temporarily not working due to illness, etc., please select 2 as the answer to this question, and answer the subsequent questions as you would have prior to your time off.

1. Yes
2. Temporarily not working
3. No
4. Don't know
5. Refused to answer

If the answer to C-001 is 1 or 2, go to C-002; otherwise, go to C-031-1.

C-002:

[To the interviewer: Show Card C-002 in asking the following question. If the respondent is a writer and making a living as such, 3 should be chosen as the answer. In the case that the respondent is a taxi driver, 3 should be chosen only if he/she is independent.]

I would now like to ask what you do. If you have more than one job, please answer this and the subsequent questions about your main job, the one in which you earned the most in the past 12-month period.

Which of the following best describes your current situation?

1. Working as an employee at a company, organization, public agency, etc.
2. Serving as an executive of a company, organization, etc.
3. Running own business
4. Helping run family business

5. Working from home
6. Performing tasks upon request from the senior human resource center at which the respondent is registered.
7. Performing tasks on an as-needed basis when requested by neighbors, companies, etc.
8. Don't know
9. Refused to answer

If the answer to C-002 is 1 or 2, go to C-003; otherwise, go to C-004.

C-003:

[To the interviewer: Show Card C-003 in asking the following question.]

Which of the following best describes your employment type?

1. Full-time employee
2. Part-time or casual employee
3. Agency worker
4. Contract worker
5. Other (Specify: \_\_\_\_\_)
6. Don't know
7. Refused to answer

Regardless of the answer, go to C-004.

C-004:

When did you start working at your current job? If you are self-employed, when did you start your current business?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Showa
2. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Heisei
3. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-005.

C-005:

[To the interviewer: Show Card C-005 in asking the following question.]

Which of the following best describes your working time arrangement?

1. I generally work the same number of hour(s) every week, year-round
2. I work year-round, but the number of working hour(s) varies weekly.
3. I work only during specific seasons and not year-round.
4. Don't know
5. Refused to answer

If the answer to C-005 is 1, go to C-006; if 2, go to C-007; if 3, go to C-009; otherwise, go to C-011.

C-006:

How many hours per week do you work at this job, including overtime hours regardless of whether you are paid or not for such hours?

1. Approximately \_\_\_\_ hour(s) per week
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-008-0a.

C-007:

In the past 12-month period, how many hours did you work per week on average, including overtime hours regardless of whether you are paid or not for such hours?

1. Approximately \_\_\_\_ hour(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-008-0a.

C-008-0a:

Does your employer offer any paid holidays? "Paid holidays" refer to any holiday or vacation day for which you get paid apart from weekends and national holidays.



1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-008-0a is 1, go to C-008-0b; otherwise, go to C-008-0c.

C-008-0b:

At this job, how many paid days off do you receive per year, excluding weekends and national holidays?

1. \_\_\_\_\_ day(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-008-0c.

C-008-0c:

At this job, how many days of sick leave are you entitled to per year?

1. \_\_\_\_\_ day(s)
2. There is no specific limit
3. None
4. Don't know
5. Refused to answer.

Regardless of the answer, go to C-008-0d.

C-008-0d:

Does your employer offer family care leave? "Family care leave" is a leave system that enables employees to take a leave of absence from work to take care of their family members in need.

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-008-0d is 1, go to C-008-0e; otherwise, go to C-008-0f.

C-008-0e

At this job, how many days of family care leave are you entitled to per year?

1. \_\_\_\_\_ day(s)
2. There is no specific limit
3. Don't know
4. Refused to answer.

Regardless of the answer, go to C-008-0f.

C-008-0f:

Did you take any days off to take care of your family member(s) during the past 12-month period? If you did, how many days off did you take?

1. None
2. Approximately \_\_\_\_\_ day(s)
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-008.

C-008:

At this job, did you take any days off due to sickness during the past 12-month period? If you did, how many did you take?

1. None
2. Approximately \_\_\_\_\_ day(s)
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-0010.

C-009:

At this job, how many hours per week do you work on average, including overtime hours regardless of whether you are paid or not for such hours?

1. Approximately \_\_\_\_ hour(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-010.

C-010:

How many weeks per year do you work at this job?

1. Approximately \_\_\_\_ week(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-011.

C-011:

What kind of job is it? Please describe it as specifically as possible (e.g., elementary school teacher, private tutor, bus driver, car repairman, semiconductor assembler, supermarket cashier, accounting supervisor at a bank, computer programmer).

1. \_\_\_\_\_
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-012.

C-012:

In what business is your company involved? Or, if you are self-employed, what is your business? Please describe it as specifically as possible (e.g., automobile manufacturing, restaurant).

1. \_\_\_\_\_
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-013.

C-013:

How many people work in your company? Or, if you are self-employed, how many people work for your business? Please count all types of workers, including part-timers, casual workers, and family employees, regardless if they work in the same workplace or in different ones such as branch offices and factories.

1. Approximately \_\_\_\_\_
2. Don't know
3. Refused to answer

If the answer to C-013 is 1, go to C-014; otherwise, go to C-013-a.

C-013-a:

Let me ask again about the total number of people working in your company or for your business. Which of the following is the closest?

1. 1
2. 2-4
3. 5-9
4. 10-19
5. 20-29
6. 30-49
7. 50-99
8. 100-299
9. 300-499
10. 500-999
11. 1,000 and over
12. Not applicable (Respondent works for a government or other public office)
13. Don't know
14. Refused to answer

Regardless of the answer, go to C-014.

[Interviewer read-out: I would now like to ask about your feelings about your current work. I will read out some of the feelings that people may have about their work. As you listen to each statement, please think about your own job and whether and to what extent you agree with the statement.]

C-014:

“Overall, I am satisfied with my current job.” To what extent do you agree or disagree with the statement?

1. Strongly agree
2. Moderately agree
3. Moderately disagree
4. Strongly disagree
5. Don’t know
6. Refused to answer

Regardless of the answer, go to C-015.

C-015:

“My job requires physical labor.” To what extent do you agree or disagree with the statement?

1. Strongly agree
2. Moderately agree
3. Moderately disagree
4. Strongly disagree
5. Don’t know
6. Refused to answer

Regardless of the answer, go to C-016.

C-016:

“I have so much work to do that I always feel pressed for time.” To what extent do you agree or disagree with the statement?

1. Strongly agree

2. Moderately agree
3. Moderately disagree
4. Strongly disagree
5. Don't know
6. Refused to answer

Regardless of the answer, go to C-017.

C-017:

"At my current job, I have little discretion over how to proceed with my tasks. In other words, I can't decide about anything on my own." To what extent do you agree or disagree with the statement?

1. Strongly agree
2. Moderately agree
3. Moderately disagree
4. Strongly disagree
5. Don't know
6. Refused to answer

Regardless of the answer, go to C-017-1.

C-017-1:

"My current job offers me opportunities to gain new skills." To what extent do you agree or disagree with the statement?

1. Strongly agree
2. Moderately agree
3. Moderately disagree
4. Strongly disagree
5. Don't know
6. Refused to answer

Regardless of the answer, go to C-018.

C-018:

“When I have difficulty performing tasks, my colleagues offer advice and help me.” To what extent do you agree or disagree with the statement?

1. Strongly agree
2. Moderately agree
3. Moderately disagree
4. Strongly disagree
5. Don't know
6. Refused to answer

Regardless of the answer, go to C-019.

C-019:

“I think that my work performance is evaluated fairly by my co-workers.” To what extent do you agree or disagree with the statement?

1. Strongly agree
2. Moderately agree
3. Moderately disagree
4. Strongly disagree
5. Don't know
6. Refused to answer

Regardless of the answer, go to C-020.

C-020:

“Taking all factors into consideration, including my efforts and dedication as well as the business performance of the company, I am satisfied with my current pay.” To what extent do you agree or disagree with the statement?

1. Strongly agree
2. Moderately agree
3. Moderately disagree
4. Strongly disagree
5. Don't know

6. Refused to answer

Regardless of the answer, go to C-020-1.

C-020-1:

“I have poor prospects for promotion at the current job” (if the respondent is a company employee) or “My business has poor prospects for growth” (if the respondent is self-employed).

To what extent do you agree or disagree with the statement?

1. Strongly agree
2. Moderately agree
3. Moderately disagree
4. Strongly disagree
5. Don't know
6. Refused to answer

Regardless of the answer, go to C-021.

C-021:

What do you think is the likelihood of losing your current job for a reason other than reaching your retirement age?

1. Very likely
2. Fairly likely
3. Fairly unlikely
4. Very unlikely
5. Don't know
6. Refused to answer

Regardless of the answer, go to C-022.

C-022:

Is there a retirement age for your job? If there is, what is it?

1. \_\_\_\_\_ years old
2. There is no fixed retirement age



3. I am self-employed, and there is no retirement age
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-023-0a.

C-023-0a:

At your current job, do you think you can reduce the number of paid hours you work, disregarding overtime hours if any?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-023-0a is 1, go to C-023-0d; otherwise, go to C-023-0b.

.

C-023-0b:

If you have a choice, and if your hourly wage rate is to remain unchanged, would you want to reduce your working hours even at the cost of lower income?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-023-0b is 1, go to C-023-0c; otherwise, go to C-023-0d.

C-023-0c:

If you could reduce and determine the number of hours you work, how many hours would you want to work per week?

1. \_\_\_\_ hour(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-023-0d.

C-023-0d:

At your current job, can you increase the number of paid hours you work?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-023-0d is 1, go to C-023-0g; otherwise, go to C-023-0e.

C-023-0e:

If your hourly wage rate is to remain unchanged, would you want to work more hours to earn a higher income?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-023-0e is 1, go to C-023-0f; otherwise, go to C-023-0g.

C-023-0f:

If you could increase and determine the number of hours you work, how many hours would you want to work per week?

1. \_\_\_\_ hour(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-023-0g.

C-023-0g

Do you have any earnings at your current job?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-023-3.

C-023-3:

Let me ask you about your retirement plan. Do you plan to retire completely sometime?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-023-3 is 1 or 3, go to C-023; otherwise, go to C-024.

C-023:

At what age do you plan to retire? Even if you have yet to decide the age at which to retire, if you have any idea about the timing of your retirement, such as having no intention to retire before reaching a certain age, intending to retire before reaching or between certain age(s), select the appropriate option and indicate the age(s). If you have no plan at all, select "undecided." Please note that this question concerns your entire working life, not just your current job.

1. Plan to retire at age \_\_\_\_\_
2. Have no intention to retire before age \_\_\_\_\_
3. Intend to retire before age \_\_\_\_\_
4. Intend to retire between ages \_\_\_\_ and \_\_\_\_
5. Undecided
6. Other (Specify: \_\_\_\_\_)
7. Don't know
8. Refused to answer

Regardless of the answer, go to C-023-a.

C-023-a:

Which of the following best describes your retirement status?

1. Completely retired
2. Partially retired
3. Not retired
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-024.

C-024:

[To the interviewer: Before asking the questions related to salaries and wages, read out the explanatory statement below to make the respondent feel comfortable giving honest responses so as to obtain accurate information.]

[Interviewer read-out: I would now like to ask about the income you receive from your job. Please excuse me for asking personal questions. However, the information obtained from such questions is crucially important to understand your economic situation and will be used only for our statistical analysis of the relation between economic status and health status. Please answer frankly.]

How is your salary or wage calculated?

1. On an hourly basis
2. On a daily basis
3. On a monthly basis
4. On a yearly basis
5. On a percentage commission or piece rate basis (Specify: \_\_\_\_\_)
6. Other calculation method (Specify: \_\_\_\_\_)
7. Self-employed and receiving no wages
8. Don't know
9. Refused to answer

If the answer to C-024 is 1, go to C-025; if 2, go to C-026; if 3, go to C-028; if 4, go to C-028-a; if 7 go to C-30, if 5,6, or 8, go to C-028-b; if 9, go to C-028-c.

C-025:

[To the interviewer: Enter the amount. If the response is “Don't know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

What is your hourly wage? Please state the total amount before taxes, social insurance, savings deductions, etc.

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-029.

C-026:

[To the interviewer: Enter the amount. If the response is “Don't know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

What is your daily wage? Please state the total amount before taxes, social insurance, savings deductions, etc.

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-027.

C-027:

How many hours do you work to receive that daily wage?

1. \_\_\_\_\_ hour(s)

2. Don't know
3. Refused to answer

Regardless of the answer, go to C-029.

C-028:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

What is your monthly wage? Please state the total amount before taxes, social insurance, savings deductions, etc. Please include the overtime pay but exclude any bonuses.

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-029.

C-028-a:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

What is your annual pay? Please state the total amount before taxes, social insurance, savings deductions, etc. Please include the overtime pay but exclude any bonuses.

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-028-c.

C-028-b:

[To the interviewer: Enter the amount. If the response is “Don't know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much do you earn per hour, month, year, or any other unit of time? Please state the total amount before taxes, social insurance, savings deductions, etc. Please include the overtime pay but exclude any bonuses.

1. \_\_\_\_\_ yen per hour
2. \_\_\_\_\_ yen per month
3. \_\_\_\_\_ yen per year
4. Other (Specify: \_\_\_\_\_)
5. Don't know
6. Refused to answer

Regardless of the answer, go to C-028-c.

C-028-c:

Does your company have a bonus system applicable to your job?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-028-c is 1, go to C-029; otherwise, go to C-030-1.

C-029:

How much did you receive in bonuses last year? Please state the total amount before taxes, social insurance, savings deductions, etc.

[To the interviewer: Enter the amount. If the response is “Don't know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate. If the respondent received no bonuses, select 1 and enter 0 as the amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-030-1.

C-030:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much business income did you earn last year? Please answer the amount net of business expenses such as employee salaries (including those paid to family employees) but before taxes and social security. If you had no business income, please say so.

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-030-1.

C-030-1:

Do you have any other paid work, such as running your own business, doing a side job at home, working temporarily or at night, and helping out neighbors?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-030-1 is 1, go to C-030-2; otherwise, go to C-041.



C-030-2:

[To the interviewer: Show Card C-030-2 in asking the following question. If the respondent is a writer and making a living as such, 3 should be chosen as the answer. In the case that the respondent is a taxi driver, 3 should be chosen only if he/she is independent.]

Are you employed by someone else to do this work, or is it your own business? Which of the following best describes your situation?

1. Working as an employee at a company, organization, public agency, etc.
2. Serving as an executive of a company, organization, etc.
3. Running own business
4. Helping run family business
5. Working from home
6. Performing tasks upon request from the senior human resource center at which the respondent is registered.
7. Performing tasks on an as-needed basis when requested by neighbors, companies, etc.
8. Don't know
9. Refused to answer

If the answer to C-030-2 is 1 or 2, go to C-030-3; otherwise, go to C-030-4.

C-030-3:

Which of the following best describes your employment type?

1. Full-time employee
2. Part-time or casual employee
3. Agency worker
4. Contract worker
5. Other (Specify: \_\_\_\_\_)
6. Don't know
7. Refused to answer

Regardless of the answer, go to C-030-4.

C-030-4:

At this job, how many hours per week do you work on average, including overtime hours regardless of whether you are paid or not for such hours?

1. Approximately \_\_\_\_\_ hour(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-030-5.

C-030-5:

How many weeks per year do you work at this job?

1. Approximately \_\_\_\_\_ week(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-030-6.

C-030-6:

How much do you earn from this job? You may indicate the amount per hour, month, year, or any other unit of time.

1. Approximately \_\_\_\_\_ yen per hour
2. Approximately \_\_\_\_\_ yen per day
3. Approximately \_\_\_\_\_ yen per week
4. Approximately \_\_\_\_\_ yen per month
5. Approximately \_\_\_\_\_ yen per year
6. Other (Specify: \_\_\_\_\_)
7. Don't know
8. Refused to answer

Regardless of the answer, go to C-041.

C-031-1:

[To the interviewer: Show Card C-031-1 in asking the following question.]

Are you looking for a job, or do you plan to look for one in the future?

1. Looking for a full-time job
2. Looking for a part-time job
3. Looking for a job whether full-time or part-time
4. Planning to look for a job in the future
5. Neither looking for a job now nor planning to do so in the future
6. Don't know
7. Refused to answer

If the answer to C-031-1 is 1, 2, or 3, go to C-032-1; otherwise, go to C-034.

C-032-1:

How long have you been looking for a job?

1. Approximately \_\_\_ month(s) and \_\_\_ week(s)
2. Since \_\_\_\_\_ / \_\_\_st/nd/rd/th year of Heisei (month/year in the Japanese calendar)
3. Since \_\_\_\_\_ / \_\_\_\_\_ (month/year in the Western calendar)
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-032-1-a.

C-032-1-a:

Why are you looking for a job or planning to do so in the future? Please select all that apply.

1. Because I want to earn money
2. Because I am unemployed
3. Because I want to use my knowledge and/or skills
4. Because I want to get out into society
5. Because I have time to spare
6. Because I want to maintain my health
7. Because there are better job offers than before
8. Other (Specify: \_\_\_\_\_)
9. Don't know

10. Refused to answer

Regardless of the answer, go to C-033-1.

C-033-1:

[To the interviewer: Show Card C-033-1 in asking the following question.]

Why did you quit your previous job? Or, if you had been running your own business, why did you quit the business? Please select all that apply.

1. The office in which I had been working was closed, or the company for which I had been working or the business I had been running went bankrupt
2. I was fired
3. I was offered incentives for early retirement
4. I reached the retirement age
5. My employment period ended
6. The terms and conditions of my employment were changed (e.g., post-retirement reemployment on new terms and conditions, changes in the number of working hours, lower wages)
7. There were better job offers
8. I found it physically and/or mentally difficult to continue with the job or business
9. I started receiving pension benefits
10. In order to take care of my family (e.g., child(ren), grandchild(ren), elderly or sick family member(s))
11. In order to enjoy life
12. Other (Specify: \_\_\_\_\_)
13. Don't know
14. Refused to answer

Regardless of the answer, go to C-041.

C-034:

Which of the following best describes your current situation?

1. Retired
2. Homemaker

3. Taking a rest due to illness, injuries, etc.
4. Other (Specify: \_\_\_\_\_)
5. Don't know
6. Refused to answer

If the answer to C-034 is 1, go to C-035; if 2, go to C-037; if 3, go to C-039; otherwise, go to C-041.

C-035:

When did you retire?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_st/nd/rd/th year of Showa
2. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_st/nd/rd/th year of Heisei
3. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-036-0a.

C-036-0a:

At the time of retirement, were you physically fit to continue with the work you had been doing?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-036-0b.

C-036-0b:

Which of the following best describes your situation immediately before retiring?

1. Although I wanted to continue working and looked for a job, I could not find any with acceptable terms and conditions
2. I did not want to continue working

3. Don't know
4. Refused to answer

Regardless of the answer, go to C-036-1.

C-036-1:

[To the interviewer: Show Card C-036-1 in asking the following question.]

Why did you retire? Please select all that apply.

1. The office in which I had been working was closed, or the company for which I had been working or the business I had been running went bankrupt
2. I was fired
3. I was offered incentives for early retirement
4. I reached the retirement age
5. My employment period ended
6. The terms and conditions of my employment were changed (e.g., post-retirement reemployment on new terms and conditions, changes in the number of working hours, lower wages)
7. I found it physically and/or mentally difficult to continue with the job or business
8. I started receiving pension benefits
9. In order to take care of my family (e.g., child(ren), grandchild(ren), elderly or sick family member(s))
10. In order to enjoy life
11. Other (Specify: \_\_\_\_\_)
12. Don't know
13. Refused to answer

Regardless of the answer, go to C-041.

C-037:

When did you become a full-time homemaker?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Heisei
2. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
3. Don't know

4. Refused to answer

Regardless of the answer, go to C-038-0a.

C-038-0a:

At the time you became a full-time homemaker, were you physically fit to continue with the work you had been doing?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-038-0b.

C-038-0b:

Which of the following best describes your situation at the time of becoming a full-time homemaker?

1. Although I wanted to continue working and looked for a job, I could not find any with acceptable terms and conditions
2. I did not want to work or continue working
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-038-1.

C-038-1:

[To the interviewer: Show Card B-038-1 in asking the following question.]

Why did you become a full-time homemaker? Select all that apply.

1. The office in which I had been working was closed, or the company for which I had been working or the business I had been running went bankrupt
2. I was fired
3. I was offered incentives for early retirement
4. I reached the retirement age

5. My employment period ended
6. The terms and conditions of my employment were changed (e.g., post-retirement reemployment on new terms and conditions, changes in the number of working hours, lower wages)
7. I found it physically and/or mentally difficult to continue with the job or business
8. I started receiving pension benefits
9. In order to take care of my family (e.g., child(ren), grandchild(ren), elderly or sick family member(s))
10. In order to enjoy life
11. Other (Specify: \_\_\_\_\_)
12. Don't know
13. Refused to answer

Regardless of the answer, go to C-041.

C-039:

When did it become necessary for you to concentrate on resting and healing?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Showa
2. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Heisei
3. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-040.

C-040:

[To the interviewer: This question is meant to ask whether or not the illness or disability has been actually caused by work, regardless of whether it is certified and subject to compensation as such.]

Was your illness or disability caused by your last job?

1. Yes
2. No
3. Don't know



4. Refused to answer

Regardless of the answer, go to C-041.

C-041:

Up to this point, I have asked you about your current work situation. Now I would like to ask about your past work experience. Since age 15, have you ever worked as a company employee or public employee? If so, how many years have you worked as such in total? If you have worked both as a company employee and as a public employee, please give the total number of years of services in both.

1. Yes (\_\_\_\_\_ year(s))
2. No
3. Don't know
4. Refused to answer

If the answer to C-041 is 1, the answer to C-002 is 1 or 2, and the respondent is 54 years old or younger, go to C-041b; if the answer to C-041 is 1, the answer to C-002 is 1 or 2, and the respondent is above 54, go to C-041c; otherwise, go to C-042.

C-041b:

Are all of your previous job(s) of the same type as your current job?

1. Yes
2. I used to have a different type of job(s)
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-042.

C-041c:

Are all of your previous job(s) of the same type as the one you had when you were 54 years old?

1. Yes
2. I used to have a different type of job(s)

3. Don't know
4. Refused to answer

Regardless of the answer, go to C-042.

C-042:

Since age 15, have you ever been self-employed, and if so, for how many year(s) in total?

1. Yes (Approximately \_\_\_\_\_ year(s))
2. No
3. Don't know
4. Refused to answer

If the answer to C-042 is 1, the answer to C-002 is 3 or 4, and the respondent is 54 years old or younger, go to C-042b; if the answer to C-042 is 1, the answer to C-002 is 3 or 4, and the respondent is above 54, go to C-042c; otherwise, go to C-043.

C-042b:

Is all of the work you had been doing in your business of the same type as your current work?

1. Yes
2. I used to do a different type of work
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-043.

C-042c:

Is all of the work you had been doing in your business of the same type as the one you were doing when you were 54 years old?

1. Yes
2. I used to do a different type of work
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-043.

C-043:

Since age 15, have you ever been unemployed, and if so, for how many years in total? (Do not include the time you were in school.)

1. Yes (Approximately \_\_\_\_\_ year(s))
2. No
3. Don't know
4. Refused to answer

If the answer to C-043 is 1, go to C-044; otherwise, go to C-050.

C-044:

At any point of time during your unemployment, was your spouse working, and if so, for how many years?

1. Yes (Approximately \_\_\_\_\_ year(s))
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-050.

C-050:

(Conditional branch)

If the respondent is 55 years old or older, go to C-051; otherwise, go to C-100.

C-051:

I would now like to ask you about the work you were doing when you were 54 years old. Were you working when you were 54 years old?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-051 is 1, go to C-052; otherwise, go to C-100.

C-052:

Are you still working for the same employer as you were when you were 54 years old? Or, if you were self-employed when you were 54 years old, are you still in the same business?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-052 is 1, go to C-053; otherwise, go to C-064.

C-053:

(Conditional branch)

If the answer to C-002 is 1 or 2, go to C-054; otherwise, go to C-100.

C-054:

[To the interviewer: Show Card C-054 in asking the following question.]

Which of the following best describes the type of employment you had at the age of were 54 years old?

1. Full-time employee
2. Part-time or casual employee
3. Agency worker
4. Contract worker
5. Other (Specify: \_\_\_\_\_)
6. Don't know
7. Refused to answer

If the answer to C-054 is 1, go to C-055; otherwise, go to C-100.

C-055:

What kind of job was it? Please describe it as specifically as possible (e.g., elementary school teacher, private tutor, bus driver, car repairman, semiconductor assembler, supermarket cashier, accounting supervisor at a bank, computer programmer). If it is the same as what you do today, please say so.

1. \_\_\_\_\_
2. Same job as the one held today
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-056.

C-056:

What was the business of the company for which you were working when you were 54 years old? Please describe it as specifically as possible (e.g., automobile manufacturing, restaurant). If it is the same as today, please say so.

1. \_\_\_\_\_
2. Same as today
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-057.

C-057:

How many people were working in the company for which you worked, or for your business, when you were 54 years old? Please count all types of workers, including part-timers, casual workers, and family employees, regardless of whether they work in the same workplace as you or in different workplaces, including branch offices and factories.. If it is the same as today, please say so.

1. Approximately \_\_\_\_\_
2. Same as today
3. Don't know
4. Refused to answer

If the answer to C-057 is 1 or 2, go to C-058; otherwise, go to C-057-1.

C-057-1:

Let me ask again about the total number of people working in the company for which you worked or for your business. Which of the following is the closest?

1. 1
2. 2-4
3. 5-9
4. 10-19
5. 20-29
6. 30-49
7. 50-99
8. 100-299
9. 300-499
10. 500-999
11. 1,000 and over
12. Not applicable (Respondent works for a government or other public office)
13. Don't know
14. Refused to answer

Regardless of the answer, go to C-058.

C-058:

What was your annual income including bonuses when you were 54 years old? Please state the total amount before taxes, social insurance, savings deductions, etc.

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-059.

C-059:

(Conditional branch)

If the answer to C-002 is 1 or 2, go to C-060; if any of 3 through 7, go to C-100.

C-060:

Have you subsequently reached the age limit and retired from the job held when you were 54 years old?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-060 is 1, go to C-061; otherwise, go to C-100.

C-061:

When did you retire?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Showa
2. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Heisei
3. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-062-1.

C-062-1:

Upon your retirement, did you receive or were you entitled to receive any retirement benefit, whether in a lump sum, installments, or else?

1. Yes
2. No
3. There was no retirement benefit system applicable
4. Don't know

5. Refused to answer

If the answer to C-062-1 is 1, go to C-062-1a; otherwise, go to C-062.

C-062-1a:

How much in total did you receive and/or are entitled to receive as your retirement benefit?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-062-1b.

C-062-1b:

[To the interviewer: Show Card C-062-1b in asking the following question.]

How did you receive, or plan to receive, your retirement benefit?

1. The entire amount received or to be received in a single lump-sum payment
2. A fixed lump-sum amount received and/or to be received in installments
3. As a pension received and/or to be received in installments
4. Combination of a lump-sum payment and installments
5. Other (Specify: \_\_\_\_\_)
6. Don't know
7. Refused to answer

If the answer to C-062-1b is 1, 5, 6, or 7, go to C-062; if 2, go to C-062-1c; if 3, go to C-062-1d; if 4, go to C-062-1e.

C-062-1c:

In how many installments did you receive, or plan to receive, your retirement benefit?

1. \_\_\_\_ installments over \_\_\_\_ year(s)
2. Other (Specify: \_\_\_\_\_)
3. Don't know
4. Refused to answer



Regardless to the answer, go to C-062.

C-062-1d:

[To the interviewer: Show Card C-062-1d in asking the following question.]

How long do you expect to continue to receive your retirement pension?

1. For \_\_\_\_ year(s)
2. Until age \_\_\_\_
3. Until year \_\_\_\_ in the Western calendar
4. Until the \_\_\_\_st/nd/rd/th year of Heisei in the Japanese calendar year
5. For life
6. Other (Specify: \_\_\_\_\_)
7. Don't know
8. Refused to answer

Regardless of the answer, go to C-062.

C-062-1e:

[To the interviewer: Show Card C-062-1e in asking the following question.]

How did you combine, or plan to combine, them?

1. \_\_\_\_ percent of the total retirement benefit received or to be received in a lump sum and the remainder in installments over \_\_\_\_ year(s)
2. \_\_\_\_ percent of the total retirement benefit received or to be received in a lump sum and the remainder in installments until the age of \_\_\_\_
3. \_\_\_\_ percent of the total amount expected to be received in retirement benefits over the life in a lump sum and the remainder in installments as a pension for life.
4. Other (Specify: \_\_\_\_\_)
5. Don't know
6. Refused to answer

Regardless of the answer, go to C-062.

C-062:

After retiring from the job, were you reemployed by the same company or its affiliate?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-062 was 1, go to C-063; otherwise, go to C-100.

C-063:

How did your annual salary, including bonuses, changed from what you had been earning before retirement?

1. Decreased
2. No change
3. Increased
4. Don't know
5. Refused to answer

If the answer to C-063 is 1, go to C-063-a; if 3, go to C-063-b; otherwise, go to C-064.

C-063-a:

By what percentage did your annual salary, including bonuses, decrease?

1. Approximately \_\_\_\_ percent
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-064.

C-063-b:

By what percentage did your annual salary, including bonuses, increase?

1. Approximately \_\_\_\_ percent
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-064.

C-064:

[To the interviewer: Show Card C-064 in asking the following question. If the respondent had been a writer and making a living as such, 3 should be chosen as the answer. In the case that the respondent had been a taxi driver, 3 should be chosen only if he/she had been independent.]

Which of the following best describes your engagement in the job or work from which you retired?

1. Working as an employee at a company, organization, public agency, etc.
2. Serving as an executive of a company, organization, etc.
3. Running own business
4. Helping run family business
5. Working from home
6. Performing tasks upon request from the senior human resource center at which the respondent is registered.
7. Performing tasks on an as-needed basis when requested by neighbors, companies, etc.
8. Don't know
9. Refused to answer

If the answer to C-064 is 1, go to C-065; if 2, go to C-066; otherwise, go to C-100.

C-065:

[To the interviewer: Show Card C-065 in asking the following question.]

Which of the following best describes your employment type?

1. Full-time employee
2. Part-time or casual employee
3. Agency worker
4. Contract worker
5. Other (Specify: \_\_\_\_\_)
6. Don't know
7. Refused to answer

If the answer to C-065 is 1, go to C-066; otherwise, go to C-100.

C-066:

What kind of job was it? Please describe it as specifically as possible (e.g., elementary school teacher, private tutor, bus driver, car repairman, semiconductor assembler, supermarket cashier, accounting supervisor at a bank, computer programmer). If it is the same as what you do today, please say so.

1. \_\_\_\_\_
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-067.

C-067:

What was the business of the company? Please describe it as specifically as possible (e.g., automobile manufacturing, restaurant).

1. \_\_\_\_\_
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-068.

C-068:

How many people were working in the company for which you worked, or for your business if you were self-employed? Please count all types of workers, including part-timers, casual workers, and family employees regardless of whether they work in the same workplace as you or in different ones such as branch offices and factories.

1. Approximately \_\_\_\_\_
2. Don't know
3. Refused to answer

If the answer to C-068 is 1, go to C-069; otherwise, go to C-068-1.

C-068-1:

Let me ask again about the total number of people who were working in the company for which you worked or for your business. Which of the following is the closest?

1. 1
2. 2-4
3. 5-9
4. 10-19
5. 20-29
6. 30-49
7. 50-99
8. 100-299
9. 300-499
10. 500-999
11. 1,000 and over
12. Not applicable (Respondent works for a government or other public office)
13. Don't know
14. Refused to answer

Regardless of the answer, go to C-069.

C-069:

When did you start working in the company for which you were working when you were 54 years old? Or, if you were self-employed, when did you start doing the business in which you were engaged when you were 54 years old?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Showa
2. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Heisei
3. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-070.

C-070:

What was your annual income including bonuses when you were 54 years old? Please state the

total amount before taxes, social insurance, savings deductions, etc.

[To the interviewer: Enter the amount. If the response is “Don't know,” please prompt by reading the statement below, and if you obtain an answer, enter the amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-070-1.

C-070-1:

When did you quit that job? Or, if you had been running your own business, when did you quit the business?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Showa
2. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Heisei
3. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-071b.

C-071b:

Had you been offered incentives for early retirement?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-072b.

C-072b:

Was there a mandatory retirement age for that job? If there was, what was it?

1. Yes (\_\_\_\_ years old)
2. No
3. I had been self-employed and there was no fixed retirement age
4. Don't know
5. Refused to answer

If the answer to C-072b is 1, go to C-074; otherwise, go to C-077-1.

C-074:

Did your employer offer to reemploy you after retirement?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-074 was 1, go to C-075; otherwise, go to C-076.

C-075:

How did the annual salary offered, including bonuses, compare to what you had been earning before retirement?

1. Lower
2. Same
3. Higher
4. Don't know
5. Refused to answer

If the answer to C-075 is 1, go to C-075-a; if 3, go to C-075-b; otherwise, go to C-076.

C-075-a:

By what percentage was your annual salary, including bonuses, to decrease?

1. Approximately \_\_\_\_ percent
2. Don't know

3. Refused to answer

Regardless of the answer, go to C-076.

C-075-b:

By what percentage was your annual salary, including bonuses, to increase?

1. Approximately \_\_\_\_ percent
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-076.

C-076:

Did your employer offer you an option to be employed by a different employer after retirement?

1. Yes, but I did not accept the offer
2. Yes, and I was employed by the new employer
3. No
4. Don't know
5. Refused to answer

If the answer to C-076 was 1 or 2, go to C-077; otherwise, go to C-077-1.

C-077:

How did the annual salary offered, including bonuses, compare to what you had been earning before retirement?

1. Lower
2. Same
3. Higher
4. Don't know
5. Refused to answer

If the answer to C-077 is 1, go to C-077-a; if 3, go to C-077-b; otherwise, go to C-077-1.



C-077-a:

By what percentage was your annual salary, including bonuses, to decrease?

1. Approximately \_\_\_\_ percent
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-077-1.

C-077-b:

By what percentage was your annual salary, including bonuses, to increase?

1. Approximately \_\_\_\_ percent
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-077-1.

C-077-1:

[To the interviewer: Show Card C-077-1 in asking the following question.]

Why did you quit the job you had when you were 54 years old? Or, if you had been running your own business, why did you quit the business? Please select all that apply.

1. The office in which I had been working was closed, or the company for which I had been working or the business I had been running went bankrupt
2. I was fired
3. I was offered incentives for early retirement
4. I reached the retirement age
5. My employment period ended
6. The terms and conditions of my employment were changed (e.g., post-retirement reemployment on new terms and conditions, changes in the number of working hours, lower wages)
7. There were better job offers
8. I found it physically and/or mentally difficult to continue with the job or business
9. I started receiving pension benefits
10. In order to take care of my family (e.g., child(ren), grandchild(ren), elderly or sick family

member(s))

11. In order to enjoy life
12. Other (Specify: \_\_\_\_\_)
13. I am still continuing with the job or business
14. Don't know
15. Refused to answer

Regardless of the answer, go to C-100.

C-100:

(Conditional branch)

If the respondent's answer to A-003 is 1, ask the following question; otherwise, go to D-000.

I would now like to ask about your spouse's work. May I continue?

1. Yes
2. Refused to answer

If the answer to C-100 is 1, go to C-101; if 2, go to D-000.

C-101:

I would now like to ask about your spouse's work. Is your spouse currently working? Please answer yes if he/she works at all. If your spouse is temporarily not working due to illness, etc., please select 2 as the answer to this question, and answer the subsequent questions as you would have prior to his/her time off.

1. Yes
2. Temporarily not working
3. No
4. Don't know
5. Refused to answer

If the answer to C-101 is 1 or 2, go to C-102; otherwise, go to C-131-1.

C-102:

[To the interviewer: Show Card C-102 in asking the following question. If the respondent's spouse is a writer and making a living as such, 3 should be chosen as the answer. In the case that the respondent's spouse is a taxi driver, 3 should be chosen only if he/she is independent.]

I would now like to ask what your spouse does. If your spouse has more than one job, please answer this and the subsequent questions about his/her main job, the one in which he/she earned the most in the past 12-month period.

Which of the following best describes his/her current situation?

1. Working as an employee at a company, organization, public agency, etc.
2. Serving as an executive of a company, organization, etc.
3. Running own business
4. Helping run family business
5. Working from home
6. Performing tasks upon request from the senior human resource center at which the respondent's spouse is registered.
7. Performing tasks on an as-needed basis when requested by neighbors, companies, etc.
8. Don't know
9. Refused to answer

If the answer to C-102 is 1 or 2, go to C-103; otherwise, go to C-104.

C-103:

[To the interviewer: Show Card C-103 in asking the following question.]

Which of the following best describes the type of your spouse's employment?

1. Full-time employee
2. Part-time or casual employee
3. Agency worker
4. Contract worker
5. Other (Specify: \_\_\_\_\_)
6. Don't know
7. Refused to answer

Regardless of the answer, go to C-104.

C-104:

When did your spouse start working at his/her current job? If he/she is self-employed, when did he/she start his/her current business?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Showa
2. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Heisei
3. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-105.

C-105:

[To the interviewer: Show Card C-105 in asking the following question.]

Which of the following best describes your spouse's working time arrangement?

1. He/she generally works the same number of hour(s) every week, year-round
2. He/she works year-round, but the number of hour(s) varies weekly
3. He/she works only during specific seasons and not year-round
4. Don't know
5. Refused to answer

If the answer to C-105 is 1, go to C-106; if 2, go to C-107; if 3, go to C-109; otherwise, go to C-111.

C-106:

How many hours per week does your spouse work at this job, including overtime hours regardless of whether you are paid or not for such hours?

1. Approximately \_\_\_\_\_ hour(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-108-0a.

C-107:

In the past 12-month period, how many hours did your spouse work per week on average, including overtime hours regardless of whether you are paid or not for such hours?

1. Approximately \_\_\_\_ hour(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-108-0a.

C-108-0a:

Does the employer of your spouse offer any paid holidays? "Paid holidays" refer to any holiday or vacation day for which your spouse gets paid apart from weekends and national holidays.

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-108-0a is 1, go to C-108-0b; otherwise, go to C-108-0c.

C-108-0b:

At this job, how many paid days off does your spouse receive per year, excluding weekends and national holidays?

1. \_\_\_\_ day(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-108-0c

C-108-0c:

At this job, how many days of sick leave is your spouse entitled to per year?

1. \_\_\_\_ day(s)
2. There is no specific limit
3. None
4. Don't know

5. Refused to answer.

Regardless of the answer, go to C-108-0d.

C-108-0d:

Does the employer of your spouse offer family care leave? “Family care leave” is a leave system that enables employees to take a leave of absence from work to take care of their family members in need.

1. Yes
2. No
3. Don’t know
4. Refused to answer

If the answer to C-108-0d is 1, go to C-108-0e; otherwise, go to C-108-0f.

C-108-0e:

At this job, how many days of family care leave is your spouse entitled to per year?

1. \_\_\_\_\_ day(s)
2. There is no specific limit
3. Don’t know
4. Refused to answer

Regardless of the answer, go to C-108-0f.

C-108-0f:

Did your spouse take any days off to take care of family member(s) during the past 12-month period? If he/she did, how many did he/she take?

1. None
2. Approximately \_\_\_\_\_ day(s)
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-108.

C-108:

At this job, did your spouse take any days off due to sickness during the past 12-month period?

If he/she did, how many did he/she take?

1. None
2. Approximately \_\_\_\_\_ day(s)
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-110.

C-109:

At this job, how many hours per week does your spouse work on average, including overtime hours regardless of whether he/she is paid or not for such hours.

1. Approximately \_\_\_\_\_ hour(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-110.

C-110:

How many weeks per year does your spouse work at this job?

1. Approximately \_\_\_\_\_ week(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-111.

C-111:

What kind of job it? Please describe it as specifically as possible (e.g., elementary school teacher, private tutor, bus driver, car repairman, semiconductor assembler, supermarket cashier, accounting supervisor at a bank, computer programmer).

1. \_\_\_\_\_

2. Don't know
3. Refused to answer

Regardless of the answer, go to C-112.

C-112:

In what business is the company your spouse works for involved? Or, if he/she is self-employed, what is his/her business? Please describe it as specifically as possible (e.g., automobile manufacturing, restaurant).

1. \_\_\_\_\_
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-113.

C-113:

How many people work in the company for which your spouse works? Or, if he/she is self-employed, how many people work for his/her business? Please count all types of workers, including part-timers, casual workers, and family employees, regardless if they work in the same workplace or in different ones, including branch offices and factories.

1. Approximately \_\_\_\_\_
2. Don't know
3. Refused to answer

If the answer to C-113 is 1, go to C-114; otherwise, go to C-113-a.

C-113-a:

Let me ask again about the total number of people working in your spouse's company or for his/her business. Which of the following is the closest?

1. 1
2. 2-4
3. 5-9
4. 10-19



5. 20-29
6. 30-49
7. 50-99
8. 100-299
9. 300-499
10. 500-999
11. 1,000 and over
12. Not applicable (Respondent works for a government or other public office)
13. Don't know
14. Refused to answer

Regardless of the answer, go to C-122.

C-122:

Is there a retirement age for your spouse's job? If there is, what is it?

1. \_\_\_\_ years old
2. There is no fixed retirement age
3. He/she is self-employed, and there is no retirement age
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-123-0a.

C-123-0a:

At his/her current job, do you think your spouse can reduce the number of paid hours he/she works, disregarding overtime hours if any?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-123-0a is 1, go to C-123-0d; otherwise, go to C-123-0b.

C-123-0b:

If he/she has a choice, and if his/her hourly wage rate is to remain unchanged, do you think that your spouse would want to reduce his/her working hours even at the cost of lower income?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-123-0b is 1, go to C-123-0c; otherwise, go to C-123-0d.

C-123-0c:

If he/she could reduce and determine the number of hours he/she works, how many hours do you think your spouse would want to work per week?

1. \_\_\_\_ hour(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-123-0d.

C-123-0d:

At his/her current job, do you think your spouse can increase the number of paid hours he/she works?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-123-0d is 1, go to C-123-0g; otherwise, go to C-123-0e.

C-123-0e:

If his/her hourly wage rate is to remain unchanged, do you think that your spouse would want to work more hours to earn a higher income?

1. Yes

2. No
3. Don't know
4. Refused to answer

If the answer to C-123-0e is 1, go to C-123-0f; otherwise, go to C-123-0g.

C-123-0f:

If he/she could increase and determine the number of hours he/she works, how many hours do you think your spouse would want to work per week?

1. \_\_\_\_ hour(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-123-0g.

C-123-0g:

Does your spouse have any earnings at his/her current job?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-123-3.

C-123-3:

Let me ask you about your spouse's retirement plan. Does he/she plan to retire completely sometime?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-123-3 is 1 or 3, go to C-123; otherwise, go to C-124.

C-123:

At what age does your spouse plan to retire? Even if he/she has yet to decide the age at which to retire, if he/she has any idea about the timing of his/her retirement, such as having no intention to retire before reaching a certain age, intending to retire before reaching or between certain age(s), select the appropriate option and indicate the age(s). If he/she has no plan at all, select “undecided.” Please note that this question concerns your spouse’s entire working life, not just his/her current job.

1. Plans to retire at age \_\_\_\_\_
2. Has no intention to retire before age \_\_\_\_\_
3. Intends to retire before age \_\_\_\_\_
4. Intends to retire between ages \_\_\_\_\_ and \_\_\_\_\_
5. Undecided
6. Other (Specify: \_\_\_\_\_)
7. Don’t know
8. Refused to answer

Regardless of the answer, go to C-123-a.

C-123-a:

Which of the following best describes your spouse’s retirement status?

1. Completely retired
2. Partially retired
3. Not retired
4. Don’t know
5. Refused to answer

Regardless of the answer, go to C-124.

C-124:

[To the interviewer: Before beginning the questions related to salaries and wages, read out the explanatory statement below to make the respondent feel comfortable giving honest responses so as to obtain accurate information.]

[Interviewer read-out: I would now like to ask about the income your spouse receives from his/her job. Please excuse me for asking personal questions. However, the information obtained from such questions is crucially important to understand your spouse's economic situation and will be used only for our statistical analysis of the relation between economic status and health status. Please answer frankly.]

How is your spouse's salary or wage calculated?

1. On an hourly basis
2. On a daily basis
3. On a monthly basis
4. On a yearly basis
5. On a percentage commission or piece rate basis (Specify: \_\_\_\_\_)
6. Other calculation method (Specify: \_\_\_\_\_)
7. Self-employed and receiving no wages
8. Don't know
9. Refused to answer

If the answer to C-124 is 1, go to C-125; if 2, go to C-126; if 3, go to C-128; if 4, go to C-128-a; if 7, go to C-130; if 5, 6, or 8, go to C-128-b; if 9, go to C-128-c.

C-125:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

What is your spouse's hourly wage? Please state the total amount before taxes, social insurance, savings deductions, etc.

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-129.

C-126:

[To the interviewer: Enter the amount. If the response is “Don't know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

What is your spouse's daily wage? Please state the total amount before taxes, social insurance, savings deductions, etc.

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-127.

C-127:

How many hours does your spouse work to receive that daily wage?

1. \_\_\_\_\_ hour(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-129.

C-128:

[To the interviewer: Enter the amount. If the response is “Don't know,” please prompt by reading the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

What is your spouse's monthly wage? Please state the total amount before taxes, social insurance, savings deductions, etc. Please include the overtime pay but exclude any bonuses.

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-129.

C-128-a:

[To the interviewer: Enter the amount. If the response is “Don't know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

What is your spouse's annual pay? Please state the total amount before taxes, social insurance, savings deductions, etc. Please include overtime pay but exclude any bonuses.

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-128-c.

C-128-b:

[To the interviewer: Enter the amount. If the response is “Don't know,” please prompt by reading out the statement below, if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much does your spouse earn per hour, month, year, or any other unit of time? Please state the total amount before taxes, social insurance, savings deductions, etc. Please include the overtime pay but exclude any bonuses.

1. \_\_\_\_\_ yen per hour
2. \_\_\_\_\_ yen per month
3. \_\_\_\_\_ yen per year
4. Other (Specify: \_\_\_\_\_)
5. Don't know
6. Refused to answer

Regardless of the answer, go to C-128-c.

C-128-c:

Does your spouse's company have a bonus system applicable to his/her job?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-128-c is 1, go to C-129; otherwise, go to C-130-1.

C-129:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate. If the respondent's spouse received no bonuses, select 1 and enter 0 as the amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much did your spouse receive in bonuses last year? Please state the total amount before taxes, social insurance, savings deductions, etc.

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-130-1.

C-130:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much business income did your spouse earn last year? Please answer the amount net of business expenses such as employee salaries (including those paid to family employees) but before taxes and social security. If your spouse had no business income, please say so.



1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-130-1.

C-130-1:

Does your spouse have any other paid work, such as running his/her own business, doing a side job at home, working temporarily or at night, and helping out neighbors?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-130-1 is 1, go to C-130-2; otherwise, go to C-141.

C-130-2:

[To the interviewer: Show Card C-130-2 in asking the following question. If the respondent's spouse is a writer and making a living as such, 3 should be chosen as the answer. In the case that the respondent's spouse is a taxi driver, 3 should be chosen only if he/she is independent.]

Is your spouse employed by someone else to do this work, or is it his/her own business? Which of the following best describe his/her situation?

1. Working as an employee at a company, organization, public agency, etc.
2. Serving as an executive of a company, organization, etc.
3. Running own business
4. Helping run family business
5. Working from home
6. Performing tasks upon request from the senior human resource center at which the respondent's spouse is registered.
7. Performing tasks on an as-needed basis when requested by neighbors, companies, etc.
8. Don't know
9. Refused to answer

If the answer to C-130-2 is 1 or 2, go to C-130-3; otherwise, go to C-130-4.

C-130-3:

Which of the following best describes the type of your spouse's employment?

1. Full-time employee
2. Part-time or casual employee
3. Agency worker
4. Contract worker
5. Other (Specify: \_\_\_\_\_)
6. Don't know
7. Refused to answer

Regardless of the answer, go to C-130-4.

C-130-4:

At this job, how many hours per week does your spouse work on average, including overtime hours regardless of whether he/she is paid or not for such hours?

1. Approximately \_\_\_\_\_ hour(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-130-5.

C-130-5:

How many weeks per year does your spouse work at this job?

1. Approximately \_\_\_\_\_ week(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-130-6.

C-130-6:

How much does your spouse earn from this job? You may indicate the amount per hour, month, year, or any other unit of time.

1. Approximately \_\_\_\_\_ yen per hour
2. Approximately \_\_\_\_\_ yen per day
3. Approximately \_\_\_\_\_ yen per week
4. Approximately \_\_\_\_\_ yen per month
5. Approximately \_\_\_\_\_ yen per year
6. Other (Specify: \_\_\_\_\_)
7. Don't know
8. Refused to answer

Regardless of the answer, go to C-141.

C-131-1:

[To the interviewer: Show Card C-131-1 in asking the following question.]

Is your spouse looking for a job, or does she/he plan to look for one in the future?

1. Looking for a full-time job
2. Looking for a part-time job
3. Looking for a job whether full-time or part-time
4. Planning to look for a job in the future
5. Neither looking for a job now nor planning to do so in the future
6. Don't know
7. Refused to answer

If the answer to C-131-1 is 1, 2, or 3, go to C-132-1; otherwise, go to C-134.

C-132-1:

How long has your spouse been looking for a job?

1. Approximately \_\_\_\_ month(s) and \_\_\_\_ week(s)
2. Since \_\_\_\_\_ / \_\_\_\_st/nd/rd/th year of Heisei (month/year in the Japanese calendar)
3. Since \_\_\_\_\_ / \_\_\_\_ (month / year in the Western calendar)
4. Don't know

5. Refused to answer

Regardless of the answer, go to C-132-1-a.

C-132-1-a:

Why is your spouse looking for a job or planning to do so in the future? Please select all that apply.

1. Because he/she wants to earn money
2. Because he/she is unemployed
3. Because he/she wants to use his/her knowledge or skills
4. Because he/she wants to get out into society
5. Because she/he has time to spare
6. Because she/he wants to maintain his/her health
7. Because there are better job offers than before
8. Other (Specify: \_\_\_\_\_)
9. Don't know
10. Refused to answer

Regardless of the answer, go to C-133-1.

C-133-1:

[To the interviewer: Show Card C-133-1 in asking the following question.]

Why did your spouse quit his/her previous job? Or, if your spouse had been running his/her own business, why did he/she quit the business? Please select all that apply.

1. The office in which he/she had been working was closed, or the company for which he/she had been working or the business he/she had been running went bankrupt
2. He/she was fired
3. He/she was offered incentives for early retirement
4. He/she reached the retirement age
5. His/her employment period ended
6. The terms and conditions of his/her employment were changed (e.g., post-retirement reemployment on new terms and conditions, changes in the number of working hours, lower wages)

7. There were better job offers
8. He/she found it physically and/or mentally difficult to continue with the job or business
9. He/she started receiving pension benefits
10. In order to take care of his/her family (e.g., child(ren), grandchild(ren), elderly or sick family member(s))
11. In order to enjoy life
12. Other (Specify: \_\_\_\_\_)
13. Don't know
14. Refused to answer

Regardless of the answer, go to C-141.

C-134:

Which of the following best describes your spouse's current situation?

1. Retired
2. Homemaker
3. Taking a rest due to illness, injuries, etc.
4. Other (Specify: \_\_\_\_\_)
5. Don't know
6. Refused to answer

If the answer to C-134 is 1, go to C-135; if 2, go to C-137; if 3, go to C-139; otherwise, go to C-141.

C-135:

When did your spouse retire?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_st/nd/rd/th year of Showa
2. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_st/nd/rd/th year of Heisei
3. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-136-0a.

C-136-0a:

At the time of retirement, was your spouse physically fit to continue with the work he/she had been doing?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-136-0b.

C-136-0b:

Which of the following best describes your spouse's situation immediately before retiring?

1. Although he/she wanted to continue working and looked for a job, he/she could not find any with acceptable terms and conditions
2. He/she did not want to continue working
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-136-1.

C-136-1:

[To the interviewer: Show Card C-036-1 in asking the following question.]

Why did your spouse retire? Please select all that apply.

1. The office in which he/she had been working was closed, or the company for which he/she had been working or the business he/she had been running went bankrupt
2. He/she was fired
3. He/she was offered incentives for early retirement
4. He/she reached the retirement age
5. His/her employment period ended
6. The terms and conditions of his/her employment were changed (e.g., post-retirement reemployment on new terms and conditions, changes in the number of working hours, lower wages)

7. He/she found it physically and/or mentally difficult to continue with the job or business
8. He/she started receiving pension benefits
9. In order to take care of his/her family (e.g., child(ren), grandchild(ren), elderly or sick family member(s))
10. In order to enjoy life
11. Other (Specify: \_\_\_\_\_)
12. Don't know
13. Refused to answer

Regardless of the answer, go to C-141.

C-137:

When did he/she become a full-time homemaker?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Heisei
2. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-138-0a.

C-138-0a:

At the time your spouse became a full-time homemaker, was he/she physically fit to continue with the work he/she had been doing?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-138-0b.

C-138-0b:

Which of the following best describes your spouse's situation at the time of his/her becoming a full-time homemaker?

1. Although he/she wanted to continue working and looked for a job, he/she could not find any with acceptable terms and conditions
2. He/she did not want to work or continue working
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-138-1.

C-138-1:

[To the interviewer: Show Card C-138-1 in asking the following question.]

Why did your spouse become a full-time homemaker? Select all that apply.

1. The office in which he/she had been working was closed, or the company for which he/she had been working or the business he/she had been running went bankrupt
2. He/she was fired
3. He/she was offered incentives for early retirement
4. He/she reached the retirement age
5. His/her employment period ended
6. The terms and conditions of his/her employment were changed (e.g., post-retirement reemployment on new terms and conditions, changes in the number of working hours, lower wages)
7. He/she found it physically and/or mentally difficult to continue with the job or business
8. He/she started receiving pension benefits
9. In order to take care of his/her family (e.g., child(ren), grandchild(ren), elderly or sick family member(s))
10. In order to enjoy life
11. Other (Specify: \_\_\_\_\_)
12. Don't know
13. Refused to answer

Regardless of the answer, go to C-141.

C-139:

When did it become necessary for your spouse to concentrate on resting and healing?



1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Showa
2. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Heisei
3. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-140.

C-140:

[To the interviewer: This question is meant to ask whether or not the illness or disability has been actually caused by work, regardless of whether it is certified and subject to compensation as such.]

Was your spouse's illness or disability caused by his/her last job?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-141.

C-141:

Up to this point, I have asked you about your spouse's current work situation. Now I would like to ask about his/her past work experience. Since age 15, has he/she ever worked as a company employee or public employee? If so, how many years has he/she worked as such in total? If he/she has worked both as a company employee and as a public employee, please give the total number of years of services in both.

1. Yes (Approximately \_\_\_\_\_ year(s))
2. No
3. Don't know
4. Refused to answer

If the answer to C-141 is 1, the answer to C-102 is 1 or 2, and the respondent's spouse is 54 years old or younger, go to C-141b; if the answer to C-141 is 1, the answer to C-102 is 1 or 2,

and the respondent's spouse is above 54, go to C-141c; otherwise, go to C-142.

C-141b:

Are all of your spouse's previous job(s) of the same type as his/her current job?

1. Yes
2. He/she used to have a different type of job(s)
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-142.

C-141c:

Are all of your spouse's previous job(s) of the same type as the one he/she had when he/she was 54 years old?

1. Yes
2. He/she used to have a different type of job(s)
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-142.

C-142:

Since age 15, has your spouse ever been self-employed, and if so, for how many years in total?

1. Yes (Approximately \_\_\_\_\_ year(s))
2. No
3. Don't know
4. Refused to answer

If the answer to C-142 is 1, the answer to C-102 is 3 or 4, and the respondent's spouse is 54 years old or younger, go to C-142b; if the answer to C-142 is 1, the answer to C-102 is 3 or 4, and the respondent's spouse is above 54, go to C-142c; otherwise, go to C-143.

C-142b:

Is all of the work your spouse had been doing in his/her business of the same type as his/her current work?

1. Yes
2. He/she used to do a different type of work
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-143.

C-142c:

Is all of the work your spouse had been doing in his/her business of the same type as the one he/she was doing when he/she was 54 years old?

1. Yes
2. He/she used to do a different type of work
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-143.

C-143:

Since age 15, has your spouse ever been unemployed, and if so, for how many years in total? (Do not include the time your spouse was in school.)

1. Yes (Approximately \_\_\_\_\_ year(s))
2. No
3. Don't know
4. Refused to answer

If the answer to C-143 is 1, go to C-144; otherwise, go to C-150.

C-144:

At any point of time during your spouse's unemployment, were you working, and if so, for how many years?

1. Yes (Approximately \_\_\_\_\_ year(s))

2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-150.

C-150:

(Conditional branch)

If the respondent's spouse is 55 years old or younger, go to C-151; otherwise, go to D-000.

C-151:

I would now like to ask you about the work your spouse was doing when he/she was 54 years old. Was he/she working when he/she was 54 years old?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-151 is 1, go to C-152; otherwise, go to D-000.

C-152:

Is your spouse still working for the same employer as he/she was when he/she was 54 years old? Or, if your spouse was self-employed when he/she was 54 years old, is he/she still in the same business?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-152 is 1, go to C-153; otherwise, go to C-164.

C-153:

(Conditional branch)

If the answer to C-102 is 1 or 2, go to C-154; otherwise, go to D-000.

C-154:

[To the interviewer: Show Card C-054 in asking the following question.]

Which of the following best describes the type of your spouse's employment when he/she was 54 years old?

1. Full-time employee
2. Part-time or casual employee
3. Agency worker
4. Contract worker
5. Other (Specify: \_\_\_\_\_)
6. Don't know
7. Refused to answer

If the answer to C-154 is 1, go to C-155; otherwise, go to D-000.

C-155:

What kind of job was it? Please describe as specifically as possible (e.g., elementary school teacher, private tutor, bus driver, car repairman, semiconductor assembler, supermarket cashier, accounting supervisor at a bank, computer programmer). If it is the same as what your spouse does today, please say so.

1. \_\_\_\_\_
2. Same job as the one held today
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-156.

C-156:

What was the business of the company for which your spouse was working when he/she was 54 years old? Please describe it as specifically as possible (e.g., automobile manufacturing, restaurant). If it is the same as today, please say so.

1. \_\_\_\_\_

2. Same as today
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-157.

C-157:

How many people were working in the company for which your spouse worked, or for his/her business, when he/she was 54 years old? Please count all types of workers, including part-timers, casual workers, and family employees, regardless of whether they work in the same workplace as your spouse or in different ones, including branch offices and factories. If it is the same as today, please say so.

1. Approximately \_\_\_\_\_
2. Same as today
3. Don't know
4. Refused to answer

If the answer to C-157 is 1 or 2, go to C-158; otherwise, go to C-157-1.

C-157-1:

Let me ask again about the total number of people working in the company for which your spouse worked or for his/her business. Which of the following is the closest?

1. 1
2. 2-4
3. 5-9
4. 10-19
5. 20-29
6. 30-49
7. 50-99
8. 100-299
9. 300-499
10. 500-999
11. 1,000 and over

12. Not applicable (Respondent works for a government or other public office)
13. Don't know
14. Refused to answer

Regardless of the answer, go to C-158.

C-158:

What was your spouse's annual income including bonuses when he/she was 54 years old?

Please state the total amount before taxes, social insurance, savings deductions, etc.

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-159.

C-159:

(Conditional branch)

If the answer to C-102 is 1 or 2, go to C-160; if any of 3 through 7, go to D-000.

C-160:

Has your spouse subsequently reached the age limit and retired from the job held when he/she was 54 years old?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-160 is 1, go to C-161; otherwise, go to D-000.

C-161:

When did your spouse retire?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Showa
2. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Heisei
3. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-162-1.

C-162-1:

Upon his/her retirement, did your spouse receive or was he/she entitled to receive any retirement benefits, whether in a lump sum, installments, or else?

1. Yes
2. No
3. There was no retirement benefit system applicable
4. Don't know
5. Refused to answer

If the answer to C-162-1 is 1, go to C-162-1a; otherwise, go to C-162.

C-162-1a:

How much in total did your spouse receive and/or is entitled to receive as his/her retirement benefit?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-162-1b.

C-162-1b:

[To the interviewer: Show Card C-162-1b in asking the following question.]



How did your spouse receive, or plans to receive, his/her retirement benefit?

1. The entire amount received or to be received in a single lump-sum payment
2. A fixed lump-sum amount received and/or to be received in installments
3. As a pension received and/or to be received in installments
4. Combination of a lump-sum payment and installments
5. Other (Specify: \_\_\_\_\_)
6. Don't know
7. Refused to answer

If the answer to C-162-1b is 1, 5, 6, or 7, go to C-162; if 2, go to C-162-1c; if 3, go to C-162-1d; if 4, go to C-162-1e.

C-162-1c:

In how many installments did your spouse receive, or plans to receive, his/her retirement benefit?

1. \_\_\_\_ installments over \_\_\_\_ year(s)
2. Other (Specify: \_\_\_\_\_)
3. Don't know
4. Refused to answer

Regardless to the answer, go to C-162.

C-162-1d:

[To the interviewer: Show Card C-162-1d in asking the following question.]

How long does your spouse expect to continue to receive his/her retirement pension?

1. For \_\_\_\_ year(s)
2. Until age \_\_\_\_
3. Until year \_\_\_\_\_ in the Western calendar
4. Until the \_\_\_\_st/nd/rd/th year of Heisei in the Japanese calendar
5. For life
6. Other (Specify: \_\_\_\_\_)
7. Don't know
8. Refused to answer

Regardless of the answer, go to C-162.

C-162-1e;

[To the interviewer: Show Card C-162-1e in asking the following question.]

How did your spouse combine, or plans to combine, them?

1. \_\_\_\_ percent of the total retirement benefit received or to be received in a lump sum and the remainder in installments over \_\_\_\_ year(s)
2. \_\_\_\_ percent of the total retirement benefit received or to be received in a lump sum and the remainder in installments until age \_\_\_\_
3. \_\_\_\_ percent of the total amount expected to be received in retirement benefits over the life in a lump sum and the remainder in installments as a pension for life.
4. Other (Specify: \_\_\_\_\_)
5. Don't know
6. Refused to answer

Regardless of the answer, go to C-162.

C-162:

After retiring from the job, was your spouse reemployed by the same company or its affiliate?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to C-162 is 1, go to C-163; otherwise, go to D-000.

C-163:

How did his/her annual salary, including bonuses, change from what he/she had been earning before retirement?

1. Decreased
2. No change
3. Increased

4. Don't know
5. Refused to answer

If the answer to C-163 is 1, go to C-163-a; if 3, go to C-163-b; otherwise, go to C-164.

C-163-a:

By what percentage did your spouse's annual salary, including bonuses, decrease?

1. Approximately \_\_\_\_ percent
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-164.

C-163-b:

By what percentage did your spouse's annual salary, including bonuses, increase?

1. Approximately \_\_\_\_ percent
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-164.

C-164:

[To the interviewer: Show Card C-164 in asking the following question. If the respondent's spouse had been a writer and making a living as such, 3 should be chosen as the answer. In the case that the respondent's spouse had been a taxi driver, 3 should be chosen only if he/she had been independent.]

Which of the following best describes your spouse's engagement in the job or work from which he/she retired?

1. Working as an employee at a company, organization, public agency, etc.
2. Serving as an executive of a company, organization, etc.
3. Running own business
4. Helping run family business
5. Working from home

6. Performing tasks upon request from the senior human resource center at which the respondent's spouse is registered.
7. Performing tasks on an as-needed basis when requested by neighbors, companies, etc.
8. Don't know
9. Refused to answer

If the answer to C-164 is 1, go to C-165; if 2, go to C-166; otherwise, go to D-000.

C-165:

[To the interviewer: Show Card C-165 in asking the following question.]

Which of the following best describes the type of your spouse's employment?

1. Full-time employee
2. Part-time or casual employee
3. Agency worker
4. Contract worker
5. Other (Specify: \_\_\_\_\_)
6. Don't know
7. Refused to answer

If the answer to C-165 is 1, go to C-166; otherwise, go to D-000.

C-166:

What kind of job was it? Please describe it as specifically as possible (e.g., elementary school teacher, private tutor, bus driver, car repairman, semiconductor assembler, supermarket cashier, accounting supervisor at a bank, computer programmer). If it is the same as what your spouse does today, please say so.

1. \_\_\_\_\_
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-167.

C-167:

What was the business of the company? Please describe it as specifically as possible (e.g., automobile manufacturing, restaurant).

1. \_\_\_\_\_
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-168.

C-168:

How many people were working in the company for which your spouse worked or for your spouse's business if he/she was self-employed? Please count all types of workers, including part-timers, casual workers, and family employees, regardless of whether they work in the same workplace as your spouse or in different ones, including branch offices and factories.

1. Approximately \_\_\_\_\_
2. Don't know
3. Refused to answer

If the answer to C-168 is 1, go to C-169; otherwise, go to C-168-1.

C-168-1:

Let me ask again about the total number of people who were working in the company for which your spouse worked or for your spouse's business. Which of the following is the closest?

1. 1
2. 2-4
3. 5-9
4. 10-19
5. 20-29
6. 30-49
7. 50-99
8. 100-299
9. 300-499
10. 500-999
11. 1,000 and over

12. Not applicable (Respondent works for a government or other public office)
13. Don't know
14. Refused to answer

Regardless of the answer, go to C-169.

C-169:

When did your spouse start working in the company for which he/she was working when he/she was 54 years old? Or, if your spouse was self-employed, when did he/she start doing the business in which he/she was engaged when he/she was 54 years old?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_st/nd/rd/th year of Showa
2. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_st/nd/rd/th year of Heisei
3. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-170.

C-170:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

What was your spouse's annual income including bonuses when he/she was 54 years old?

Please state the total amount before taxes, social insurance, savings deductions, etc.

1. \_\_\_\_\_ yen
2. Approximately \_\_\_\_\_ yen
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-170-1.

C-170-1:

When did your spouse quit that job? Or, if your spouse had been running his/her own business, when did he/she quit the business?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Showa
2. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_\_ st/nd/rd/th year of Heisei
3. Month/year in the Western calendar: \_\_\_\_\_ / \_\_\_\_\_
4. Don't know
5. Refused to answer

Regardless of the answer, go to C-171b.

C-171b:

Had your spouse been offered incentives for early retirement?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to C-172b.

C-172b:

Was there a mandatory retirement age for that job? If there was, what was it?

1. Yes (\_\_\_\_ years old)
2. No
3. He/she had been self-employed and there was no fixed retirement age
4. Don't know
5. Refused to answer

If the answer to C-172b is 1, go to C-174; otherwise, go to C-177-1.

C-174:

Did your spouse's employer offer to reemploy him/her after retirement?

1. Yes
2. No

3. Don't know
4. Refused to answer

If the answer to C-174 was 1, go to C-175; otherwise, go to C-176.

C-175:

How did the annual salary offered, including bonuses, compare to what your spouse had been earning before retirement?

1. Lower
2. Same
3. Higher
4. Don't know
5. Refused to answer

If the answer to C-175 is 1, go to C-175-a; if 3, go to C-175-b; otherwise, go to C-176.

C-175-a:

By what percentage was your spouse's annual salary, including bonuses, to decrease?

1. Approximately \_\_\_\_ percent
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-176.

C-175-b:

By what percentage was your spouse's annual salary, including bonuses, to increase?

1. Approximately \_\_\_\_ percent
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-176.

C-176:



Did your spouse's employer offer him/her an option to be employed by a different employer after retirement?

1. Yes, but he/she did not accept the offer
2. Yes, and he/she was employed by the new employer
3. No
4. Don't know
5. Refused to answer

If the answer to C-176 was 1 or 2, go to C-177; otherwise, go to C-177-1.

C-177:

How did the annual salary offered, including bonuses, compare to what your spouse had been earning before retirement?

1. Lower
2. Same
3. Higher
4. Don't know
5. Refused to answer

If the answer to C-177 is 1, go to C-177-a; if 3, go to C-177-b; otherwise, go to C-177-1.

C-177-a:

By what percentage was your spouse's annual salary, including bonuses, to decrease?

1. Approximately \_\_\_\_ percent
2. Don't know
3. Refused to answer

Regardless of the answer, go to C-177-1.

C-177-b:

By what percentage was your spouse's annual salary, including bonuses, to increase?

1. Approximately \_\_\_\_ percent
2. Don't know

3. Refused to answer

Regardless of the answer, go to C-177-1.

C-177-1:

[To the interviewer: Show Card B-077-1 in asking the following question.]

Why did your spouse quit the job he/she had when he/she was 54 years old? Or, if your spouse had been running his/her own business, why did he/she quit the business? Select all that apply.

1. The office in which he/she had been working was closed, or the company for which he/she had been working or the business he/she had been running went bankrupt
2. He/she was fired
3. He/she was offered incentives for early retirement
4. He/she reached the retirement age
5. His/her employment period ended
6. The terms and conditions of his/her employment were changed (e.g., post-retirement reemployment on new terms and conditions, changes in the number of working hours, lower wages)
7. There were better job offers
8. He/she found it physically and/or mentally difficult to continue with the job or business
9. He/she started receiving pension benefits
10. In order to take care of my family (e.g., child(ren), grandchild(ren), elderly or sick family member(s))
11. In order to enjoy life
12. Other (Specify: \_\_\_\_\_)
13. He/she is still continuing with the job or business
14. Don't know
15. Refused to answer

Regardless of the answer, go to D-000.

## **D. Health Status—Respondent and Spouse**

D-000:

Conditional branch: If the answer to A-003 is 1 (the respondent has a spouse), go to D-001-1; otherwise, go to D-001-2.

D-001-1:

I would now like to ask you about the current health status of you and your spouse. May I continue?

1. Yes
2. Refused to answer

If the answer to D-001-1 is 1, go to D-002; if 2, go to E-000-1(Income and Consumption).

D-001-2:

I would now like to ask you about your current health status. May I continue?

1. Yes
2. Refused to answer

If the answer to D-001-2 is 1, go to D-002; if 2, go to E-001 (Income and Consumption).

D-002:

[To the interviewer: Read out the following response options slowly.]

Which of the following best describes your current health status?

1. Good
2. Fairly good
3. Average
4. Rather poor
5. Poor
6. Refused to answer

Regardless of the answer, go to D-003.

D-003:

[To the interviewer: Read out the following response options slowly.]

How is your current health compared to it a year ago? Please select the response that best describes your answer.

1. Much better
2. Better
3. About the same
4. Worse
5. Much worse
6. Don't know

Regardless of the answer, go to D-004.

D-004:

[To the interviewer: Read out the following response options slowly.]

In the past 12-month period, how much did your physical and/or mental condition(s) interfere with your daily life? Please select the response that best describes your answer.

1. Greatly
2. Moderately
3. Hardly
4. Not at all
5. Don't know

Regardless of the answer, go to D-005.

D-005:

[To the interviewer: If the respondent refuses to answer, prompt just once by reading out the statement below. If the respondent still refuses, do not press further.]

[Interviewer read-out: There is a separate questionnaire asking about your diet, and, after analyzing your responses to the questionnaire, we will be providing you with an analysis of the balance of your diet. In order to make an accurate analysis, we need to know your weight. Could you tell us your weight?]

What is your current weight?

1. \_\_\_\_ kg
2. Don't know
3. Refused to answer

Regardless of the answer, go to D-006.

D-006:

[To the interviewer: If the respondent refuses to answer, prompt just once by reading out the statement below. If the respondent still refuses, do not press further.]

[Interviewer read-out: There is a separate questionnaire asking about your diet, and, after analyzing your responses to the questionnaire, we will be providing you with an analysis of the balance of your diet. In order to make an accurate analysis, we need to know your height. Could you tell us your height?]

What is your current height?

1. \_\_\_\_ cm
2. Don't know
3. Refused to answer

Regardless of the answer, go to D-007.

D-007:

Do you usually wear glasses, contacts, or other optical aids?

1. Yes
2. No

Regardless of the answer, go to D-008-1.

D-008-1:

How good is your eyesight with glasses, contacts, or other optical aids if you usually use them?

Please select the response that best describes your answer.

1. Excellent
2. Very good
3. Good

4. Fair
5. Poor
6. Blind or visually impaired

If the answer to D-008-1 is 6, go to D-009; otherwise, go to D-008-2.

D-008-2:

How good is your eyesight, with glasses, contacts, or other optical aids if you usually wear them, in seeing distant objects such as recognizing faces across the street?

1. Excellent
2. Very good
3. Good
4. Fair
5. Poor

Regardless of the answer, go to D-008-3.

D-008-3:

How good is your eyesight, with glasses, contacts, or other optical aids if you usually wear them, in seeing close objects such as reading newspapers?

1. Excellent
2. Very good
3. Good
4. Fair
5. Poor

Regardless of the answer, go to D-009.

D-009:

Do you usually wear a hearing aid?

1. Yes
2. No

Regardless of the answer, go to D-010-1.

D-010-1:

How good is your hearing with hearing aid(s) if you usually use it/them? Please select the response that best describes your answer.

1.       Excellent
2.       Very good
3.       Good
4.       Fair
5.       Poor
6.       Deaf or hearing impaired

If the answer to D-010-1 is 6, go to D-011; otherwise, go to D-010-2.

D-010-2:

How good is your hearing, with hearing aid(s) if you usually use it/them, when listening to conversations on TV, radio, etc. in a noisy environment?

1.       Excellent
2.       Very good
3.       Good
4.       Fair
5.       Poor

Regardless of the answer, go to D-010-3.

D-010-3:

How good is your hearing, with hearing aid(s) if you usually use it/them, in group conversations involving several people?

1.       Excellent
2.       Very good
3.       Good
4.       Fair
5.       Poor

Regardless of the answer, go to D-010-4.

D-010-4:

How good is your hearing, with hearing aid(s) if you use it/them, in one-to-one conversations?

1.       Excellent
2.       Very good
3.       Good
4.       Fair
5.       Poor

Regardless of the answer, go to D-011.

D-011:

Do you usually wear dentures including partial dentures and implants?

1.       Yes
2.       No

Regardless of the answer, go to D-012.

D-012:

How well can you chew with dentures or implants if you usually use them?

1.       I can chew very well and eat anything I want
2.       Although I have difficulty chewing certain foods, I can eat almost anything I want
3.       I have difficulty chewing, and the variety of foods I can eat is limited
4.       I can hardly chew
5.       I can't chew at all and am on a liquid diet

Regardless of the answer, go to D-013.

D-013:

I will now read out a series of daily activities. I would like you to tell me whether or not you have difficulty in performing each activity. If you have any difficulty for whatever reason, for



instance, being physically, mentally, or emotionally exhausted, please say yes. However, if the difficulty is temporary, for instance, caused by a sickness or an injury, and is not expected to last for more than three months, please say no. Now, let me begin.

| [Interviewer read-out]  | Yes | No |
|---|-----|----|
| D-013-1: Taking on and off socks and shoes  | 1   | 0  |
| D-013-2: Walking around in the room   | 1   | 0  |
| D-013-3: Bathing alone  | 1   | 0  |
| D-013-4: Eating without help  | 1   | 0  |
| D-013-5: Getting into and out of bed  | 1   | 0  |
| D-013-6: Using a Western-style toilet (If you only use a Japanese-style toilet, imagine whether you would be able to use a Western-style toilet.) | 1   | 0  |

If the answer to all of the above (D-013-1 through D-013-6) is 0, go to D-014; otherwise, complete the following question (D-013-X-Y) for the item(s) for which 1 is chosen as the answer before going to D-014.

D-013-X-Y:

(“X” represents the last digit of the item code(s), e.g., “6” in D-013-6, for which 0 was chosen as the answer above, whereas “Y” is the number representing each of the six items provided in the table below, e.g., “1” representing “family member(s) living together”)

You said you have difficulty in performing [xxxxx] (description of activity as described in D-013-1 through D-013-6 as appropriate). Who helps you with this activity? Now I will read out a list of different types of persons. For each type, please say yes if you receive help and no if you do not.

| [Interviewer read-out]                         | Yes | No |
|--|-----|----|
| 1. Family member(s) living together            | 1   | 0  |
| 2. Family member(s) living separately          | 1   | 0  |
| 3. Relative(s) other than family member(s)     | 1   | 0  |
| 4. Friend(s), acquaintance(s), etc.            | 1   | 0  |
| 5. Volunteer helper(s)                         | 1   | 0  |
| 6. Public caregiver, private housekeeper, etc. | 1   | 0  |

Regardless of the answers, go to D-013-(X+1), D-013-(X+2), etc. as appropriate, until completing D-013-X-Y for all of the activities for which the respondent has difficulty in performing. After that, go to D-014.

D-014:

Let me ask about other daily activities. Again, I will read out a series of activities. For each, please tell me whether or not you have any difficulty in performing it. If you have any difficulty for whatever reason, for instance, being physically, mentally, or emotionally exhausted, please say yes. However, if the difficulty is temporary, for instance, caused by a sickness or an injury, and not expected to last for more than three months, please say no. Now let me begin.

| [Interviewer read-out]  | Yes | No |
|---|-----|----|
| D-014-1: Walking 100 meters   | 1   | 0  |
| D-014-2: Sitting in a chair for two hours continuously                                      | 1   | 0  |
| D-014-3: Getting up from a chair after sitting continuously for a long time                 | 1   | 0  |
| D-014-4: Walking several steps up the stairs without using the handrail                     | 1   | 0  |
| D-014-5: Taking one step up the stairs without using the handrail                           | 1   | 0  |
| D-014-6: Squatting or kneeling  | 1   | 0  |
| D-014-7: Raising your arms above your shoulders   | 1   | 0  |
| D-014-8: Pushing or pulling a large object such as a chair or sofa                          | 1   | 0  |
| D-014-9: Lifting or carrying an object weighing 5kg or more, such as a bag of rice          | 1   | 0  |
| D-014-10: Picking up a small object such as a one-yen coin from a desktop with your fingers | 1   | 0  |

Regardless of the answer, go to D-015.

D-015:

Conditional branch: If the answer to A-003 is 1 (the respondent has a spouse), go to D-016; otherwise, go to D-018.

D-016:

[To the interviewer: If the spouse is present, ask him/her directly.]

I would now like to ask about the current health status of your spouse. Which of the following best describes your spouse's current health status?

1. Good
2. Fairly good
3. Average
4. Rather poor
5. Poor
6. Refused to answer

Regardless of the answer, go to D-017.

D-017:

[To the interviewer: If the spouse is present, ask him/her directly.]

I will read out a series of daily activities. I would like you to tell me whether your spouse has difficulty in performing each activity. If he/she has any difficulty for whatever reason, for instance, being physically, mentally, or emotionally exhausted, please say yes. However, if the difficulty is temporary, for instance, caused by a sickness or an injury, and not expected to last for more than three months, please say no.

| [Interviewer read-out]  | Yes | No | Don't know |
|---|-----|----|------------|
| D-017-1: Taking on and off socks and shoes  | 1   | 2  | 3          |
| D-017-2: Walking around in the room   | 1   | 2  | 3          |
| D-017-3: Bathing alone  | 1   | 2  | 3          |
| D-017-4: Eating without help  | 1   | 2  | 3          |
| D-017-5: Getting into and out of bed  | 1   | 2  | 3          |
| D-017-6: Using a Western-style toilet (If your spouse only uses a Japanese-style toilet, imagine whether he/she would be able to use a Western-style toilet.) | 1   | 2  | 3          |
| D-017-7: Walking 100 meters   | 1   | 2  | 3          |

|  |   |   |   |
|--|---|---|---|
| D-017-8: Sitting in a chair for two hours continuously   | 1 | 2 | 3 |
| D-017-9: Getting up from a chair after sitting continuously for a long time                    | 1 | 2 | 3 |
| D-017-10: Walking several steps up the stairs without using the handrail                       | 1 | 2 | 3 |
| D-017-11: Taking one step up the stairs without using the handrail                             | 1 | 2 | 3 |
| D-017-12: Squatting or kneeling  | 1 | 2 | 3 |
| D-017-13: Raising his/her arms above his/her shoulders   | 1 | 2 | 3 |
| D-017-14: Pushing or pulling a large object such as a chair or sofa                            | 1 | 2 | 3 |
| D-017-15: Lifting or carrying an object weighing 5kg or more, such as a bag of rice            | 1 | 2 | 3 |
| D-017-16: Picking up a small object such as a one-yen coin from a desktop with his/her fingers | 1 | 2 | 3 |

Regardless of the answer, go to D-018.

D-018:

[To the interviewer: Read out the following statement and select the appropriate option below to indicate who answered the questions in this section. “Proxy” here refers to the respondent’s son/daughter or caregiver.]

[Interviewer read-out: This concludes this section. Thank you for your cooperation.]

1. Respondent only
2. Respondent and his/her spouse
3. Respondent’s spouse only
4. Respondent and his/her proxy (not including spouse)
5. Respondent’s spouse and proxy
6. Respondent’s proxy (not including spouse)

Regardless of the choice, go to E-000-1.

## **E. Income and Consumption**

E-000-1:

[To the interviewer: Before beginning Section E, read out the explanatory statement below to make the respondent feel comfortable in giving honest responses so as to obtain accurate information.]

[Interviewer read-out: I would now like to ask about your financial situation and financial support provided to and/or received from your family members. First I will ask about financial support you might receive and/or provide, and then about the type(s) of pension benefits you receive or are entitled to receive. I have already asked about your income from work and/or business in the previous section. In this section, I would like to ask about your income from other sources and your tax and social security payments. I apologize for asking personal questions. However, by acquiring an accurate picture of your income, we can better understand how a change in the tax system has affected peoples' lives, thereby providing a useful input for policy evaluation. So, I would like to ask for your kind cooperation. May I now begin?]

1. Yes
2. Refused to answer

If the answer to E-000-1 is 1, go to E-000-2; if 2, go to F-000 (Grip Strength).

E-000-2:

(Conditional branch)

If the answer to A-003 is 1(the respondent has a spouse), go to E-001; otherwise, go to E-002.

E-001:

Do you and your spouse manage household finances together or separately?

1. Together
2. Separately
3. Don't know
4. Refused to answer

[To the interviewer: If the answer to E-001 is 1, read out the statement below.]

[Interviewer read-out: Please answer the following questions on a combined basis for your portion and that of your spouse together.]

If the answer to E-001 is 1, go to E-001-3; otherwise, go to E-002.

E-001-3:

[To the interviewer: Show Card E-001-3 in asking the following question.]

Which of the following best describes the way in which you and your spouse manage your finances?

1. We pool together and manage a certain amount of money in our joint account and pay household bills from that account
2. We split expenses 50/50 as they incur
3. We have no particular rules
4. Don't know
5. Refused to answer

If the answer to E-001-3 is 1 or 2, go to E-001-4; otherwise, go to E-002-0.

E-001-4:

What percentage of your household expenses does your spouse pay?

1. Approximately \_\_\_\_ %
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-002-0.

E-002-0:

Who in your household decide(s) how much to spend on food and other living expenses?

1. You
2. Spouse
3. Son(s)/daughter(s) living together
4. Parent(s)/parent(s)-in-law living together
5. Other (Specify: \_\_\_\_\_)
6. Don't know

7. Refused to answer

Regardless of the answer, go to E-002.

E-002:

In the past 12-month period, did you on your (and/or your spouse's) income or did you receive financial support from someone else for food and other living expenses?

1. Lived solely on your (and/or your spouse's) income
2. Received support from someone else
3. Don't know
4. Refused to answer

If the answer to E-002 is 2, go to E-003; otherwise, go to E-007.

E-003:

<The list of family member(s) based on the respondent's answers in Section A is shown on the PC screen>

[To the interviewer: Ask the respondent to identify each person from whom he/she received financial support in terms of the person's relationship to him/her, select the appropriate item(s) below, and enter the corresponding ID number(s) from the list, or, if not found on the list, describe the relationship in the space provided. If there are two or more persons falling in the same category, use a comma to separate them.]

From whom did you receive financial support? Please identify each person in terms of his/her relationship to you.

1. Spouse
2. Parent(s) (Specify: \_\_\_\_\_)
3. Spouse's parent(s) (Specify: \_\_\_\_\_)
4. Sibling(s) (Specify: \_\_\_\_\_)
5. Son(s)/daughter(s), son's/daughter's spouse, grandchild(ren) (Specify: \_\_\_\_\_)
6. Other relative(s) (Specify: \_\_\_\_\_)
7. Friend(s)
8. Neighbor(s)
9. Others (Specify: \_\_\_\_\_)

10. Don't know
11. Refused to answer

If the answer to E-003 is any of 1 through 9, go to E-004; otherwise, go to E-007.

E-004:

Over the past 12-month period, did you receive roughly the same amount of money each month from the person(s) cited in E-003?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to E-004 is 1, go to E-005; otherwise, go to E-006.

E-005:

<The list of the persons cited in E-003 is shown on the PC screen>

[To the interviewer: Enter the amount of financial support the respondent received from each person listed on the screen. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much financial support did you receive per month?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

If the answer to E-005 is 1, go to E-007; otherwise, go to E-006.

E-006:

<The list of the person(s) cited in E-003 is shown on the PC screen>



[To the interviewer: Enter the amount of financial support the respondent received from each person cited in E-003. If the response is “Don't know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much financial support did you receive in total over the past 12-month period, regardless of whether you received a certain amount on a regular basis or just a one-time payment?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-007.

E-007:

In the past 12-month period, did you (and/or your spouse) pay for food or other living expenses for anyone else, except for your dependent sons and daughters? Please do not include treating such as paying for dinners at family gatherings.

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to E-007 is 1, go to E-008; otherwise, go to E-012.

E-008:

<The list of family member(s) based on the respondent's answers in Section A is shown on the PC screen>

[To the interviewer: Ask the respondent to identify each person to whom he/she and/or his/her spouse provided financial support in terms of the person's relationship to him/her, select the appropriate item(s) below, and enter the corresponding ID number(s) from the list, or, if not found on the list, describe the relationship in the space provided. If there are two or more persons falling in the same category, use a comma to separate them.]

To whom did you give financial support?

1. Spouse
2. Parent(s) (Specify: \_\_\_\_\_)
3. Spouse's parent(s) (Specify: \_\_\_\_\_)
4. Sibling(s) (Specify: \_\_\_\_\_)
5. Son(s)/daughter(s), son's/daughter's spouse, grandchild(ren) (Specify: \_\_\_\_\_)
6. Other relative(s) (Specify: \_\_\_\_\_)
7. Friend(s)
8. Neighbor(s)
9. Others (Specify: \_\_\_\_\_)
10. Don't know
11. Refused to answer

If the answer to E-008 was any of 1 through 9, go to E-009; otherwise, go to E-012.

E-009:

Over the past 12-month period, did you (and your spouse) give roughly the same amount of money each month to each person cited in E-008?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to E-009 is 1, go to E-010; otherwise, go to E-012.

E-010:

<The list of person(s) cited in E-008 is shown on the PC screen>

[To the interviewer: Enter the amount of financial support the respondent (and his/her spouse) provided to each person cited in E-008. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much financial support did you provide per month?

1. Approximately \_\_\_\_\_ yen

2. Don't know
3. Refused to answer

If the answer to E-010 is 1, go to E-012; otherwise, go to E-011.

E-011:

<The list of person(s) cited in E-008 is shown on the PC screen>

[To the interviewer: Enter the amount of financial support the respondent (and his/her spouse) provided to each person cited in E-008. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much financial support did you provide in total over the past 12-month period, regardless of whether you provided a certain amount on a regular basis or just a one-time payment?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-012.

E-012:

[To the interviewer: If the self-completion questionnaire (SCQ) has not been provided to the respondent beforehand, choose 2 and move on to E-013. If it has been provided, allow the respondent to answer and do not look at the SCQ form unless requested to do so by the respondent.]

In the self-completion questionnaire mailed to you earlier, we asked you to provide the amount of your previous year's income after taxes and social insurance deductions and the amounts of taxes and social security premiums paid by referring to the certificate of withholding tax and final tax return form. Did you complete the questionnaire?

1. Yes
2. No

If the answer to E-012 is 1, go to E-017; if 2, go to E-013.

E-013:

I would now like to ask about your income. How much income did you receive this year net of all taxes (national/local income taxes, local business tax, automobile tax, real estate tax, etc.) and social insurance deductions? Please include all income you received, i.e., from work, pension benefits, and any other sources. In the subsequent questions, I will show you a certain amount and ask whether your income from last year was higher or lower than that amount. May I now begin?

1. Yes
2. No

If the answer to E-013 is 1, go to E-013-1/2/3; otherwise, go to E-017.

E-013-1:

(Unfolding bracket)

Was your income from last year higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-013-2:

(Unfolding bracket)

Was it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-013-3:

(Unfolding bracket)

Was it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-013-4.

E-013-4:

Does the amount include any lump-sum retirement benefit received?

1. Yes
2. No

If the answer to E-013-4 is 2, go to E-014-0; if 1, go to E-013-4-1.

E-013-4-1:

How much did you receive in the lump-sum retirement benefit?

1. Approximately \_\_\_\_\_ yen
2. I don't know
3. Refused to answer

Regardless of the answer, go to E-014-0.

E-014-0:

(Conditional branch)

If the answer to E-001 is 1, go to E-014; otherwise, go to E-015.

E-014:

Next I would like to ask about your spouse's income. How much income did your spouse receive last year net of all taxes (national/local income taxes, local business tax, automobile tax, real estate tax, etc.) and social insurance deductions? Please include all income he/she received, i.e., from work, pension benefits, and any other sources. In the subsequent questions, I will

show you a certain amount and ask whether his/her income from last year was above or below that amount. May I now begin?

1. Yes
2. No

If the answer to E014 is 1, go to E-014-1/2/3; if 2, go to E-015.

E-014-1:

(Unfolding bracket)

Was your spouse's income last year higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-014-2:

(Unfolding bracket)

Was it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-014-3:

(Unfolding bracket)

Was it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-015.

E-015:

How much did you pay altogether in taxes (national/local income taxes, local business tax, real estate tax, automobile tax, inheritance tax, etc.) and social insurance premiums last year? In the subsequent questions, I will show you a certain amount and ask whether the amount you paid is higher or lower than that amount. May I now begin?

1. Yes
2. No

If the answer to E-015 is 1, go to E-015-1/2/3; if 2, go to E-016.

E-015-1:

(Unfolding bracket)

Is the total amount that you paid in taxes (national/local income taxes, local business tax, real estate tax, automobile tax, inheritance tax, etc.) and social insurance premiums last year higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-015-2:

(Unfolding bracket)

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-015-3:

(Unfolding bracket)

Is it higher than or equal to / lower than equal to / higher than/ lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-016-0.

E-016-0:

(Conditional branch)

If the answer to E-001 is 1, go to E-016; otherwise, go to E-017.

E-016:

How much did your spouse pay altogether in taxes (national/local income taxes, local business tax, real estate tax, automobile tax, inheritance tax, etc.) and social insurance premiums last year? In the subsequent questions, I will show you a certain amount and ask whether the amount your spouse paid is higher or lower than that amount. May I now begin?

1. Yes
2. No

If the answer to E-016 is 1, go to E-016-1/2/3; if 2, go to E-017.

E-016-1:

(Unfolding bracket)

Is the total amount that your spouse paid in taxes (national/local income taxes, local business tax, real estate tax, automobile tax, inheritance tax, etc.) and social insurance premiums last year higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-016-2:



(Unfolding bracket)

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-016-3:

(Unfolding bracket)

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-017.

E-017:

<The list of family member(s) based on the respondent's answers in Section A is shown on the PC screen>

Are you the head of the household? If not, who is the head of the household?

1. Self
2. Spouse
3. Parent (Specify: \_\_\_\_\_)
4. Spouse's parent (Specify: \_\_\_\_\_)
5. Sibling (Specify: \_\_\_\_\_)
6. Son/daughter, son-in-law/daughter-in-law, grandchild (Specify: \_\_\_\_\_)
7. Other relative (Specify: \_\_\_\_\_)
8. Other (Specify: \_\_\_\_\_)
9. Don't know
10. Refused to answer

Regardless of the answer, go to E-018-1b.

E-018-1b:

<The list of family member(s) based on the respondent's answers in Section A is shown on the PC screen>

[To the interviewer: Ask the respondent to identify each person in terms of his/her relationship to the respondent, select the appropriate item(s) below, and enter the corresponding ID number(s) from the list, or, if not found on the list, describe the relationship in the space provided. If there are two or more persons falling in the same category, use a comma to separate them.]

Who is/are the dependent(s) of the head of the household? Please identify each person in terms of his/her relationship to you.

1. Self
2. Spouse
3. Parent(s) (Specify: \_\_\_\_\_)
4. Spouse's parent(s) (Specify: \_\_\_\_\_)
5. Sibling(s) (Specify: \_\_\_\_\_)
6. Son(s)/daughter(s), son(s)-in-law/daughter(s)-in-law, grandchild(ren) (Specify: \_\_\_\_\_)
7. Other relative(s) (Specify: \_\_\_\_\_)
8. Friend(s)
9. Neighbor(s)
10. Other(s) (Specify: \_\_\_\_\_)
11. Don't know
12. Refused to answer
13. No dependent

Regardless of the answer, go to E-018-2b.

E-018-2b:

<The list of family member(s) based on the respondent's answers in Section A is shown on the PC screen>

[To the interviewer: Ask the respondent to identify each person who has income in terms of the person's relationship to him/her, select the appropriate item(s) below, and enter the

corresponding ID number(s) from the list, or, if not found on the list, describe the relationship in the space provided. If there are two or more persons falling in the same category, use a comma to separate them.]

Other than yourself (and your spouse), does anyone in your household receive any income, including pensions? If any, please identify each person in terms of his/her relationship to you.

1. No one other than (spouse and) I
2. Spouse
3. Parent(s) (Specify: \_\_\_\_\_)
4. Spouse's parent(s) (Specify: \_\_\_\_\_)
5. Sibling(s) (Specify: \_\_\_\_\_)
6. Son(s)/daughter(s), son's/daughter's spouse, grandchild(ren) (Specify: \_\_\_\_\_)
7. Other relative(s) (Specify: \_\_\_\_\_)
8. Friend(s)
9. Neighbor(s)
10. Other (Specify: \_\_\_\_\_)
11. Don't know
12. Refused to answer

Regardless of the answer, go to E-019.

E-019:

[To the interviewer: Before asking the questions about pensions, read out the statement below.]

[Interviewer read-out: I would now like to ask about your pensions. The public pension system has been changed many times in the past and will be changed in the future. I would first like to ask you about pension programs under which you are currently receiving benefits. Regarding those under which you are entitled to receive benefits in the future, I will ask later.]

Are you currently receiving any public pension benefits?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to E-019 is 1, go to E-019-3; otherwise, go to E-019-4.

E-019-3:

Which pension benefits are you receiving currently? Please select all that apply.

1. National Pension (Basic Old-Age Pension) benefits for contributing insured persons
2. National Pension benefits for non-contributing insured persons (i.e., non-working spouses of those insured under employees' pension insurance programs)
3. National Pension Fund (NPF) benefits
4. Employees' pension insurance benefits
5. Mutual aid pension benefits
6. Employer-sponsored private pension fund benefits
7. Survivors' pension benefits
8. Disability pension benefits
9. Personal pension benefits
10. Other (Specify: \_\_\_\_\_)
11. Don't know
12. Refused to answer

Regardless of the answer, go to E-019-3a.

E-019-3a:

[To the interviewer: Show all of the pension benefit types selected from 1 through 9 in E-019-3 in the bottom part of the screen, ask the respondent to indicate when (in what month and year or at what age, whichever is easier for the respondent) he or she started receiving each type of pension benefit, and enter the answer in the space provided as appropriate. If the respondent does not remember which month or the number of month(s) respectively, enter just the year or age.]

When did you start receiving this type of pension benefits?

1. In \_\_\_\_/\_\_\_\_ (month/year in the Japanese or Western calendar) or when I was \_\_\_\_ years and \_\_\_\_ month(s) old
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021.

E-021:

[To the interviewer: This question is to ask the amount of pension benefits the respondent receives under the National Pension (NP) and employees' pension insurance (EPI) programs, i.e., the amount paid into the designated account every two months by the Japan Pension Service (JPS; formerly the Social Insurance Agency). Do not include benefits received under mutual aid pension programs for civil servants or those from employees' pension funds or the National Pension Fund (NPF), which will be asked in separate questions.]

How much in pension benefits do you receive in your bank or postal account every two months from the Japan Pension Service?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

If the answer to E-019-3 includes 3, go to E-021a1; otherwise, go to E-021sel1.

E-021a1:

How many times benefit payments do you receive from the National Pension Fund per year?

1. \_\_\_\_\_ payment(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021a2.

E-021a2:

How much do you receive for each payment?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021sel1.

E-021sel1:

(Conditional branch)

If the answer to E-019-3 includes 5, go to E-021b; otherwise, go to E-021sel2.

E-021b:

Under how many mutual aid pension programs are you receiving benefits?

1. \_\_\_\_\_ program(s)
2. Don't know
3. Refused to answer

If the answer to E-021b is 1, iterate the following set of questions (E-021b1-i and E-021b2-i) for the number of time(s) equal to the number entered in 1 above with “i” representing the number of iteration(s); otherwise, go to E-021sel2.

E-021b1-i:

How many benefit payments do you receive under this pension program per year?

1. \_\_\_\_\_ payment(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021b2-i.

E-021b2-i:

How much do you receive for each payment?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021sel2.

E-021sel2:

(Conditional branch)

If the answer to E-019-3 includes 6, go to E-021c; otherwise, go to E-021sel3.

E-021c:

Under how many employees' pension programs are you receiving benefits?

1. \_\_\_\_\_ program(s)
2. Don't know
3. Refused to answer

If the answer to E-021c is 1, iterate the following set of questions (E-021c1-i and E-021c2-i) for the number of time(s) equal to the number entered in 1 above with “i” representing the number of iteration(s); otherwise, go to E-021sel3.

E-021c1-i:

How many benefit payments do you receive under this pension program per year?

1. \_\_\_\_\_ payment(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021c2-i.

E-021c2-i:

How much do you receive for each payment?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021sel3.

E-021sel3:

(Conditional branch)

If the answer to E-019-3 includes 9, go to E-021d; otherwise, go to E-021sel4.

E-021d:

Under how many private pension programs are you receiving benefits?

1. \_\_\_\_\_ program(s)

2. Don't know
3. Refused to answer

If the answer to E-021d is 1, iterate the following set of questions (E-021d1-i and E-021d2-i) for the number of time(s) entered in 1 above with “i” representing the number of iteration(s); otherwise, go to E-021sel4.

E-021d1-i:

How many benefit payments do you receive under this pension program per year?

1. \_\_\_\_\_ time(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021d2-i.

E-021d2-i:

How much do you receive for each payment?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021sel4.

E-021sel4:

(Conditional branch)

If the answer to E-019-3 includes 10, go to E-021e; otherwise, go to E-022.

E-021e:

Under how many other pension programs are you receiving benefits?

1. \_\_\_\_\_ program(s)
2. Don't know
3. Refused to answer



If the answer to E-021e is 1, iterate the following set of questions (E-021e1-i and E-021e2-i) for the number of time(s) equal to the number entered in 1 above with “i” representing the number of iteration(s); otherwise, go to E-022.

E-021e1-i:

How many benefit payments do you receive under this pension program per year?

1. \_\_\_\_\_ time(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021e2-i.

E-021e2-i:

How much do you receive for each payment?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-022.

E-022:

How does the total amount of pension benefits you currently receive compare to your income before retirement, as a share of the amount of income earned from work at or around age 60? If you were not working at or around that age, please say so. Please exclude lump-sum retirement benefits if any.

1. Approximately \_\_\_\_%
2. Not working at or around age 60
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-019-4.

E-019-4:

Are there any pension programs under which you will start receiving benefits in the future?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to E-019-4 is 1, go to E-019-5; otherwise, go to E-019-2P if the respondent has a spouse, or go to E-024-1 if not.

E-019-5:

Which types of pension benefits will you start receiving in the future? Please select all that apply and indicate at what age you expect to start receiving them

1. National Pension (Basic Old-Age Pension) benefits for contributing insured persons at \_\_\_ years old
2. National Pension benefits for non-contributing insured persons (i.e., non-working spouses of those insured under employees' pension programs) at \_\_\_ years old
3. National Pension Fund (NPF) benefits at \_\_\_ years old
4. Employees' pension insurance benefits at \_\_\_ years old
5. Mutual aid pension benefits at \_\_\_ years old
6. Employer-sponsored private pension fund benefits at \_\_\_ years old
7. Survivors' pension benefits at \_\_\_ years old
8. Disability pension benefits at \_\_\_ years old
9. Personal pension benefits at \_\_\_ years old
10. Other (Specify: \_\_\_\_\_) at \_\_\_ years old
11. Don't know
12. Refused to answer

Regardless of the answer, go to E-032.

E-032:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much do you expect to receive per year under the program(s) from which you will start collecting benefits in the future?

1. Approximately \_\_\_\_\_yen
2. Don't know
3. Refused to answer

If the answer to E-032 is 1, go to E-033; otherwise, go to E-034.

E-033:

How does that amount compare to your income before retirement, as a share of the amount of your annual income immediately before you started receiving any pension benefits? If you have never worked before, please say so.

1. Approximately \_\_\_\_%
2. Never worked before
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-034.

E-034:

Do you think it is likely that the amount you expect to receive could be reduced by 10% or more in the future, and if you do, how likely is it? If you do not, please say so.

1. Yes (Likelihood: Approximately \_\_\_\_ %)
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-034-1.

E-034-1:

Do you think it is likely that the amount you expect to receive could increase by 10% or more in the future, and if you do, how likely is it? If you do not, please say so.

1. Yes (Likelihood: Approximately \_\_\_\_ %)
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-035-1.

E-035-1:

(Conditional branch)

If the answer to A-001 is 2, go to E-019-2P; otherwise, go to E-024-1.

E-019-2P:

Is your spouse currently receiving any public pension benefits?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to E-019-2P is 1, go to E-019-3P; otherwise, go to E-019-4P.

E-019-3P

Which types of pension benefits is your spouse receiving?

1. National Pension (Basic Old-Age Pension) benefits for contributing insured persons
2. National Pension benefits for non-contributing insured persons (i.e., non-working spouses of those insured under employees' pension insurance programs)
3. National Pension Fund (NPF) benefits
4. Employees' pension insurance benefits
5. Mutual aid pension benefits
6. Employer-sponsored private pension fund benefits
7. Survivors' pension benefits
8. Disability pension benefits

9. Personal pension benefits
10. Other (Specify: \_\_\_\_\_)
11. Don't know
12. Refused to answer

Regardless of the answer, go to E-019-3aP.

E-019-3aP:

[To the interviewer: Show all of the pension benefit type(s) selected from 1 through 9 in E-019-3P in the bottom part of the screen, ask the respondent to indicate when (in what month and year or at what age, whichever is easier for the respondent) his/her spouse started receiving each type of pension benefit, and enter the answer in the space provided as appropriate. If the respondent does not remember which month or the number of month(s) respectively, enter just the year or age.]

When did your spouse start receiving this type of pension benefits?

1. In \_\_\_\_\_ / \_\_\_\_\_ (month/year in the Japanese or Western calendar) or when he/she was \_\_\_\_\_ years and \_\_\_\_\_ month(s) old
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021P.

E-021P:

[To the interviewer: This question is to ask the amount of pension benefits the respondent's spouse receives under the National Pension (NP) and employees' pension insurance (EPI) programs, i.e., the amount paid into the designated account every two months by the Japan Pension Service (JPS; formerly the Social Insurance Agency). Do not include benefits received under mutual aid pension programs for civil servants or those from employees' pension funds or the National Pension Fund (NPF), which will be asked in separate questions.]

How much in pension benefits does your spouse receive in his/her bank or postal account every two months from the Japan Pension Service?

1. Approximately \_\_\_\_\_ yen
2. Don't know

3. Refused to answer

If the answer to E-019-3P includes 3, go to E-021a1P; otherwise, go to E-021sel1P.

E-021a1P:

How many benefit payments does your spouse receive under the National Pension Fund per year?

1. \_\_\_\_\_ payment(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021a2P.

E-021a2P:

How much does your spouse receive for each payment?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021sel1P.

E-021sel1P:

(Conditional branch)

If the answer to E-019-3P includes 5, go to E-021bP; otherwise, go to E-021sel2P.

E-021bP:

Under how many mutual aid pension programs is your spouse receiving benefits?

1. \_\_\_\_\_ program(s)
2. Don't know
3. Refused to answer

If the answer to E-021sel1P is 1, iterate the following set of questions (E-021b1iP and E-021b2iP) for the number of time(s) equal to the number entered in 1 above with “i” representing the number of iteration(s); otherwise, go to E-021sel2P.

E-021b1iP:

How many benefit payments does your spouse receive under this pension program per year?

1. \_\_\_\_\_ payment(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021b2iP.

E-021b2iP:

How much does your spouse receive for each payment?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021sel2P.

E-021sel2P:

(Conditional branch)

If the answer to E-019-3P includes 6, go to E-021cP; otherwise, go to E-021sel3P.

E-021cP:

Under how many employees' pension programs is your spouse receiving benefits?

1. \_\_\_\_\_ program(s)
2. Don't know
3. Refused to answer

If the answer to E-021cP is 1, iterate the following set of questions (E-021c1iP and E-021c2iP) with “i” representing the number of iteration(s); otherwise, go to E-021sel3.

E-021c1iP:

How many benefit payments does your spouse receive under this pension program per year?

1. \_\_\_\_\_ payment(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021c2iP.

E-021c2iP:

How much does your spouse receive for each payment?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021sel3P.

E-021sel3P:

(Conditional branch)

If the answer to E-019-3P includes 9, go to E-021dP; otherwise, go to E-021sel4P.

E-021dP:

Under how many private pension programs is your spouse receiving benefits?

1. \_\_\_\_\_ program(s)
2. Don't know
3. Refused to answer

If the answer to E-021dP is 1, iterate the following set of questions (E-021d1iP and E-021d2iP) for the number of time(s) equal to the number entered in 1 above with “i” representing the number of iteration(s); otherwise, go to E-021sel4P.

E-021d1iP:

How many benefit payments does your spouse receive under this pension program per year?

1. \_\_\_\_\_ time(s)



2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021d2iP.

E-021d2iP:

How much does your spouse receive for each payment?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021se14P.

E-021se14P:

(Conditional branch)

If the answer to E-019-3P includes 10, go to E-021eP; otherwise, go to E-022P.

E-021eP:

Under how many other pension programs is your spouse receiving benefits?

1. \_\_\_\_\_ program(s)
2. Don't know
3. Refused to answer

If the answer to E-021eP is 1, iterate the following set of questions (E-021e1iP and E-021e2iP) for the number of time(s) equal to the number entered in 1 above with “i” representing the number of iteration(s); otherwise, go to E-022P.

E-021e1iP:

How many benefit payments does your spouse receive under this pension program per year?

1. \_\_\_\_\_ payment(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-021e2iP.

E-021e2iP:

How much does your spouse receive for each payment?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-022P.

E-022P:

How does the total amount of pension benefits your spouse currently receives compare to his/her income before retirement, as a share of the amount of income earned from work at or around age 60? If he/she was not working at or around that age, please say so. Please exclude lump-sum retirement benefit payments if any.

1. Approximately \_\_\_\_%
2. Not working at or around age 60
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-019-4P.

E-019-4P:

Are there any pension programs under which your spouse will start receiving benefits in the future?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to E-019-4P is 1, go to E-019-5P; otherwise, go to E-024-1.

E-019-5P:

Which types of pension benefits will your spouse start receiving in the future? Please select all that apply and indicate at what age he/she expects to start receiving them.

1. National Pension (Basic Old-Age Pension) benefits for contributing insured persons at \_\_\_ years old
2. National Pension benefits for non-contributing insured persons (i.e., non-working spouses of those insured under employees' pension programs) at \_\_\_ years old
3. National Pension Fund (NPF) benefits at \_\_\_ years old
4. Employees' pension insurance benefits at \_\_\_ years old
5. Mutual aid pension benefits at \_\_\_ years old
6. Employer-sponsored private pension fund benefits at \_\_\_ years old
7. Survivors' pension benefits at \_\_\_ years old
8. Disability pension benefits at \_\_\_ years old
9. Personal pension benefits at \_\_\_ years old
10. Other (Specify: \_\_\_\_\_) at \_\_\_ years old
11. Don't know
12. Refused to answer

Regardless of the answer, go to E-032P.

E-032P:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much does your spouse expect to receive per year under the program(s) from which he/she will start collecting benefits in the future?

1. Approximately \_\_\_\_\_yen
2. Don't know
3. Refused to answer

If the answer to E-032P is 1, go to E-033P; otherwise, go to E-024-1.

E-033P:

How does that amount compare to your spouse's income before retirement, as a share of the amount of his/her income immediately before he/she started receiving any pension benefits? If he/she has never worked before, please say so.

1. Approximately \_\_\_\_%
2. Never worked before
3. Don't know
4. Refused to answer.

Regardless of the answer, go to E-024-1.

E-024-1:

An early pension payout option allows you to start receiving your pension benefits earlier than the standard pensionable age, in which case you would be receiving a smaller amount per year than you would have been entitled to otherwise. Are you aware of this option?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-024-2.

E-024-2:

(Conditional branch)

If the respondent is below 60 years old, go to E-024-3; if 60 years old or above but below 65, go to E-024-4; if above 65, go to E-024-5.

E-024-3:

In the case of opting to start receiving Basic Old-Age Pension benefits at age 60, those born on or before April 1, 1941 would receive 58% of the amount they would have been entitled to per year had they waited until the standard pensionable age of 65, and those born on or after April 2, 1941 would receive 70%. Those who have opted for an early payout may not revert to the standard schedule. Would you want to take this option?

1. Yes

2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-025-1.

E-024-4 : In the case of opting to start receiving Basic Old-Age Pension benefits at age 60, those born on or before April 1, 1941 would receive 58% of the amount they would have been entitled to per year had they waited until the standard pensionable age of 65, and those born on or after April 2, 1941 would receive 70%. Those who have opted for an early payout may not revert to the standard schedule. Did you or do you intend to take this option?

1. I opted for an early payout
2. I intend to opt for an early payout
3. I don't intend to opt for an early payout
4. Don't know
5. Refused to answer

Regardless of the answer, go to E-025-1.

E-024-5:

In the case of opting to start receiving Basic Old-Age Pension benefits at age 60, those born on or before April 1, 1941 would receive 58% of the amount they would have been entitled to per year had they waited until the standard pensionable age of 65, and those born on or after April 2, 1941 would receive 70%. Those who have opted for an early payout may not revert to the standard schedule. Did you take this option?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-025-1.

E-025-1:

A deferred pension payout option allows you to start receiving your pension benefits later than the standard pensionable age, in which case you would be receiving a larger amount per year than you would have been entitled to otherwise. Are you aware of this option?

1. Yes
2. No
3. Refused to answer

Regardless of the answer, go to E-025-2.

E-025-2:

(Conditional branch)

If the respondent is below 60 years old, go to E-025-3; if 60 years old or above but below 65, go to E-025-4; if above 65, go to E-025-5.

E-025-3:

In the case of opting to start receiving Basic Old-Age Pension benefits at age 70, those born on or before April 1, 1941 would receive 1.88 times the amount they would have been entitled to had they started receiving benefits at the standard pensionable age of 65, and those born on or after April 2, 1941 would receive 1.42 times. Those who have opted for a deferred payout may not revert to the standard schedule. Would you want to take this option?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-026-1.

E-025-4:

In the case of opting to start receiving Basic Old-Age Pension benefits at age 70, those born on or before April 1, 1941 would receive 1.88 times the amount they would have been entitled to per year had they started receiving benefits at the standard pensionable age of 65, and those born on or after April 2, 1941 would receive 1.42 times. Those who have opted for a deferred payout may not revert to the standard schedule. Did you or do you intend to take this option?

1. I opted for a deferred payout
2. I intend to opt for a deferred payout
3. I don't intend to opt for a deferred payout
4. Don't know
5. Refused to answer

Regardless of the answer, go to E-026-1.

E-025-5:

In the case of opting to start receiving Basic Old-Age Pension benefits at age 70, those born on or before April 1, 1941 would receive 1.88 times the amount they would have been entitled to per year had they started receiving benefits at the standard pensionable age of 65, and those born on or after April 2, 1941 would receive 1.42 times. Those who have opted for a deferred payout may not revert to the standard schedule. Did you take this option?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-026-1.

E-026-1:

(Conditional branch)

If the answer to E-019-3 includes 2, go to E-026-2; otherwise, go to E-045.

E-026-2:

(Conditional branch)

If the answer to C-001 is 1, go to E-027-1; otherwise, go to E-045.

E-027-1:

This question is for those who are currently receiving benefits under employees' pension insurance (EPI) programs. The amount of benefits paid out under EPI programs is subject to

adjustment when pensioners have employment income above a certain level. Is the amount of your EPI benefits adjusted under this system?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to E-027-1 is 1, go to E-027-2; otherwise, go to E-045.

E-027-2:

By what percentage is the amount of your EPI benefits reduced?

1. Approximately \_\_\_\_%
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-045a.

E-045a:

You must have received special (one-time) and regular statements on your pension status and/or notices of pension benefit payments from the Japan Pension Service (formerly, the Social Insurance Agency). Do you keep any of such documents sent to you? Please select all that apply.

1. Special (one-time) statement on pension status
2. 1st regular statement on pension status
3. 2nd regular statement on pension status
4. 3rd regular statement on pension status
5. Regular statement on pension status (detailed version) for those aged 35, 45, and 58
6. Notice of pension benefit payments
7. Notice of a change to the amount of pension benefits
8. Other (Specify: \_\_\_\_\_)
9. Not at hand now but may be found later
10. Not at hand now and unlikely to be found
11. Discarded



12. Refused to answer

If the respondent has a spouse, go to E-045b; if not and the answer to E-045a includes any of 1 through 7, go to E-045-1; otherwise, go to E-046.

E-045b:

Which of the following pension statements and/or notices sent to your spouse do you keep?

Select all that apply.

1. Special (one-time) statement on pension status
2. 1st regular statement on pension status
3. 2nd regular statement on pension status
4. 3rd regular statement on pension status
5. Regular statement on pension status (detailed version) for those aged 35, 45, and 58
6. Notice of pension benefit payments
7. Notice of a change to the amount of pension benefits
8. Other (Specify: \_\_\_\_\_)
9. Not at hand now but may be found later
10. Not at hand now and unlikely to be found
11. Discarded
12. Refused to answer

If the answer to E-045a includes any of 1 through 7, go to E-045-1; if not and if the answer to E-045b includes any of 1 through 7, go to E-045-2; otherwise, go to E-046.

E-045-1:

Have there been any problems with your pension record?

1. Yes (Specify: \_\_\_\_\_)
2. No
3. Do not remember
4. Refused to answer

Regardless of the answer, go to E-045-2 if the respondent has a spouse, or go to E-045-3 if not.

E-045-2:

Have there been any problems with your spouse's pension record?

1. Yes (Specify: \_\_\_\_\_)
2. No
3. Do not remember
4. Refused to answer

Regardless of the answer, go to E-045-3.

E-045-3:

[To the interviewer: Show the list of the document(s) selected in E-045a and E-045b on the screen and enter the respondent's answer (1 or 2) for each.]

In this survey, we are trying to get an accurate picture of how the amount of pension benefits elderly people receive or expect to receive affects their daily lives. We would like to ask for your permission to make a photographic record of these documents. We will make sure that personally identifiable information, such as your name and pension number, will not be recorded. Would you allow us to scan the documents into our computer?

1. Yes
2. No

Regardless of the answer, go to E-046

E-046:

(Conditional branch)

If the answer to A-003 is 1, go to E-046-1; otherwise, go to E-047.

[To the interviewer: Before asking the following questions about consumption, read out the explanatory statement below to make the respondent feel comfortable in giving honest responses so as to obtain accurate information.]

[Interviewer read-out: I would now like to ask you about how you manage your day-to-day household finances. You may find my questions too detailed and intrusive, but I ask for your cooperation as they are necessary to capture the accurate picture of your expenditures. They are also designed to help analyze the potential effects of applying different tax rates depending on

the type of items, for instance, raising the consumption tax rate for non-food items while keeping that for food items unchanged.]

E-046-1:

Who in your household is/are primarily responsible for managing your household's living expenses?

1. Self
2. Spouse
3. Self and spouse
4. Other (Specify: \_\_\_\_\_)

Regardless of the answer, go to E-046-2.

E-046-2:

Who in your household is/are the primary decision-maker about household expenditures?

1. Self
2. Spouse
3. Self and spouse
4. Other (Specify: \_\_\_\_\_)

Regardless of the answer, go to E-046-3.

E-046-3:

Who in your household is/are the primary decision-maker about spending on food (excluding eating out)?

1. Self
2. Spouse
3. Self and spouse
4. Other (Specify: \_\_\_\_\_)

Regardless of the answer, go to E-046-4.

E-046-4:

Who in your household is/are the primary decision-maker about spending on eating out?

1. Self
2. Spouse
3. Self and spouse
4. Other (Specify: \_\_\_\_\_)

Regardless of the answer, go to E-046-5.

E-046-5:

Who in your household is/are the primary decision-maker about purchases of durable consumer goods (television sets, video/DVD players, computers, refrigerators, microwave ovens, washing machines, dishwashers, etc.)?

1. Self
2. Spouse
3. Self and spouse
4. Other (Specify: \_\_\_\_\_)

Regardless of the answer, go to E-047.

E-047:

[To the interviewer: Enter the amount. If the response is “Don’t know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

In the past 12-month period, how much did you spend on food (excluding eating out) per month on average?

1. Approximately \_\_\_\_\_ yen
2. Don’t know
3. Refused to answer

If the answer to E-047 is 1, go to E-048; otherwise, go to E-047-1/2/3.

E-047-1:

(Unfolding bracket)

Was your typical monthly expenditure on food (excluding eating out) higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-047-2:

(Unfolding bracket)

Was it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-047-3:

(Unfolding bracket)

Was it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-048.

E-048:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

In the past 12-month period, did you often eat out, and if you did, how much did you spend on eating out in a typical month?

1. Approximately \_\_\_\_\_ yen
2. Did not eat out
3. Don't know
4. Refused to answer

If the answer to E-048 is 1, go to E-049; otherwise, go to E-048-1/2/3.

E-048-1:

(Unfolding bracket)

Was your typical monthly expenditure on eating out higher than or equal to / lower than or equal to/ higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-048-2:

(Unfolding bracket)

Was it higher than or equal to / lower than or equal to/ higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-048-3:

(Unfolding bracket)

Was it higher than or equal to / lower than or equal to/ higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No

3. Don't know
4. Refused to answer

Regardless of the answer, go to E-049.

E-049:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interview read-out: The amount does not have to be exact. Could you provide a rough estimate?]

What was the amount of your typical monthly expenditures, excluding housing costs (rent, housing loan payments, etc.) and the purchase of durable goods (television sets, refrigerators, etc.)?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

If the answer to E-049 is 1, go to E-050; otherwise go to E-049-1/2/3.

E-049-1:

(Unfolding bracket)

Was the amount of your typical monthly expenditures, excluding housing costs (rent, housing loan payments, etc.) and the purchase of durable goods (television sets, refrigerators, etc.), higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-049-2:

(Unfolding bracket)

Was it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-049-3:

(Unfolding bracket)

Was it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-050.

E-050:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

In the past 12-month period, how much did your household spend on consumer electronics (television sets, video/DVD players, computers, refrigerators, microwave ovens, washing machines, dishwashers, etc.) and other durable goods, excluding automobiles? Please exclude those for business purposes, such as farm equipment in the case of farmers.

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

If the answer to E-050 is 1, go to E-051-1; otherwise, go to E-050-1/2/3.

E-050-1:

(Unfolding bracket)



Was your household expenditure on consumer electronics (television sets, video/DVD players, computers, refrigerators, microwave ovens, washing machines, dishwashers, etc.) and other durable goods, excluding automobiles, in the past 12-month period higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-050-2:

(Unfolding bracket)

Was it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

E-050-3:

(Unfolding bracket)

Was it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to E-051-1.

E-051-1:

Do you own any cars, and if you do, how many?

1. Yes (\_\_\_\_ car(s))
2. No

3. Don't know
4. Refused to answer

If the answer to E-051-1 is 1, go to E-051-2; otherwise, go to E-052-1.

E-051-2:

How often do you purchase a car?

1. Approximately every \_\_\_\_ year(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-051-3.

E-051-3:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much do you typically pay for a car? Please state the price you typically pay for a new car or a used car, depending on which you usually buy.

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to E-052-1.

E-052-1:

[To the interviewer: Show Card E-052-1 in asking the following question.]

How does the amount of your income this year compare to that last year? Please include all income—i.e., not only income from work but also pension benefits and any other income received—net of all taxes (national/local income taxes, local business tax, real estate tax, automobile tax, inheritance tax, etc.) and social insurance deductions.

1. Increased by 30% or more

2. Increased by 20% or more but less than 30%
3. Increased by 10% or more but less than 20%
4. Increased by less than 10%
5. Did not change significantly
6. Decreased by less than 10%
7. Decreased by 10% or more but less than 20%
8. Decreased by 20% or more but less than 30%
9. Decreased by 30% or more

Regardless of the answer, go to E-052-2.

E-052-2:

[To the interviewer: Show Card E-052-2 in asking the following question.]

How do you expect the amount of your income to change next year compared to that of this year?

1. Increase by 30% or more
2. Increase by 20% or more but less than 30%
3. Increase by 10% or more but less than 20%
4. Increase by less than 10%
5. Will not change significantly
6. Decrease by less than 10%
7. Decrease by 10% or more but less than 20%
8. Decrease by 20% or more but less than 30%
9. Decrease by 30% or more

If the answer to A-003 is 1, go to E-052-3; otherwise, go to E-052-5.

E-052-3:

[To the interviewer: Show Card E-052-3 in asking the following question.]

How does the amount of your spouse's income this year compare to that last year? Include all income—i.e., not only income from work but also pension benefits and any other income received—net of all taxes (national/local income taxes, local business tax, real estate tax, automobile tax, inheritance tax, etc.) and social insurance deductions.

1. Increased by 30% or more
2. Increased by 20% or more but less than 30%
3. Increased by 10% or more but less than 20%
4. Increased by less than 10%
5. Did not change significantly
6. Decreased by less than 10%
7. Decreased by 10% or more but less than 20%
8. Decreased by 20% or more but less than 30%
9. Decreased by 30% or more

Regardless of the answer, go to E-052-4.

E-052-4:

[To the interviewer: Show Card E-052-4 in asking the following question.]

How do you expect the amount of your spouse's income to change next year compared to that of this year?

1. Increase by 30% or more
2. Increase by 20% or more but less than 30%
3. Increase by 10% or more but less than 20%
4. Increase by less than 10%
5. Will not change significantly
6. Decrease by less than 10%
7. Decrease by 10% or more but less than 20%
8. Decrease by 20% or more but less than 30%
9. Decrease by 30% or more

Regardless of the answer, go to E-052-5.

E-052-5:

[To the interviewer: Show Card E-052-5 in asking the following question.]

How does the amount your household living expenses this year compare to that last year? Please exclude housing costs (rent, housing loan payments, etc.) and the purchase of durable goods (television sets, refrigerators, etc.).

1. Increased by 30% or more
2. Increased by 20% or more but less than 30%
3. Increased by 10% or more but less than 20%
4. Increased by less than 10%
5. Did not change significantly
6. Decreased by less than 10%
7. Decreased by 10% or more but less than 20%
8. Decreased by 20% or more but less than 30%
9. Decreased by 30% or more

Regardless of the answer, go to E-052-6.

E-052-6:

[To the interviewer: Show Card E-052-6 in asking the following question.]

How does the amount of your household expenditure on food (excluding eating out) this year compare to that last year?

1. Increased by 30% or more
2. Increased by 20% or more but less than 30%
3. Increased by 10% or more but less than 20%
4. Increased by less than 10%
5. Did not change significantly
6. Decreased by less than 10%
7. Decreased by 10% or more but less than 20%
8. Decreased by 20% or more but less than 30%
9. Decrease by 30% or more

Regardless of the answer, go to E-052-7.

E-052-7:

[To the interviewer: Show Card E-052-7 in asking the following question.]

How does the amount of your household expenditure on eating out this year compare to that last year?

1. Increased by 30% or more

2. Increased by 20% or more but less than 30%
3. Increased by 10% or more but less than 20%
4. Increased by less than 10%
5. Did not change significantly
6. Decreased by less than 10%
7. Decreased by 10% or more but less than 20%
8. Decreased by 20% or more but less than 30%
9. Decreased by 30% or more

Regardless of the answer, go to E-052-8.

E-052-8:

[To the interviewer: Show Card E-052-8 in asking the following question.]

How does the amount of your household expenditure on durable goods (television sets, video/DVD players, computers, refrigerators, microwave ovens, washing machines, dishwashers, etc.) compare to that last year? Please exclude those for business purposes, such as farm equipment in the case of farmers.

1. Increased by 30% or more
2. Increased by 20% or more but less than 30%
3. Increased by 10% or more but less than 20%
4. Increased by less than 10%
5. Did not change significantly
6. Decreased by less than 10%
7. Decreased by 10% or more but less than 20%
8. Decreased by 20% or more but less than 30%
9. Decreased by 30% or more

Regardless of the answer, go to E-053.

E-053:

[To the interviewer: Read out the following statement and select the appropriate option below to indicate who answered the questions in this section. "Proxy" here refers to the respondent's son/daughter or caregiver.]

[Interviewer read-out: This concludes this section. Thank you for your cooperation.]

1. Respondent only
2. Respondent and his/her spouse
3. Respondent's spouse only
4. Respondent and his/her proxy (not including spouse)
5. Respondent's spouse and proxy
6. Respondent's proxy (not including spouse)

Regardless of the choice, go to F-000.

## **F. Grip Strength**

F-000:

[To the interviewer: Encourage the respondent to cooperate with the grip strength test, but do not force if he/she refuses.]

As a way to evaluate your health, I would like to measure your grip strength, which is considered to be an effective prognostic indicator of health conditions a year from now. We appreciate your cooperation. May I continue?

1. Yes
2. No

If the answer to F-000 is 1, go to F-001; otherwise, go to G-000 (Housing and Assets).

F-001:

[To the interviewer: Show the dynamometer as you explain the test.]

In this test, I will ask you to grip the dynamometer in your dominant hand. Please squeeze as hard as possible for just 2 to 3 seconds and let go. If your dominant hand is disabled, use the other hand. I will ask you to do this only once. Would you take this test?

1. Yes
2. No
3. Not fit to take the test
4. Don't know
5. Refused to answer

If the answer to F-001 is 1, go to F-002; otherwise, go to G-000 (Housing and Assets).

F-002:

[To the interviewer: Observe and select the item that best describes the respondent's condition. Do not read out the following items.]

1. Respondent has the use of both hands
2. Respondent is unable to use the right hand
3. Respondent is unable to use the left hand
4. Respondent is unable to use either hand



5. Don't know

If the choice in F-002 is 4, go to F-006; otherwise, go to F-003.

F-003:

Which is your dominant hand?

1. Right
2. Left
3. Don't know
4. Refused to answer

Regardless of the choice, go to F-004-1.

F-004-1:

[To the interviewer: Following the instructions below, have the respondent hold and squeeze the dynamometer to measure his/her grip strength.]

[INSTRUCTIONS ON USE OF GRIP METER OMITTED]

Go to F004-2.

F-004-2:

[To the interviewer: Select the appropriate item below to indicate which hand was measured.]

1. Right
2. Left

Regardless of the choice, go to F-004-3.

F-004-3:

[To the interviewer: Enter the score rounded to the nearest kg.]

1. \_\_\_\_kg
2. Not measurable or measurement failed

If the choice in F-004-3 is 1, go to F-006; otherwise, go to F-005-1.

F-005-1:

[To the interviewer: Ask the respondent to try again only in the case of a failed measurement. Ensure that the respondent fully understands how to take the test. If the respondent appears unsure, explain the steps again and repeat the procedure shown below.]

[INSTRUCTIONS ON USE OF GRIP METER OMITTED]

Go to F-005-2.

F-005-2:

[To the interviewer: Select the appropriate item to indicate which hand was measured.]

1. Right
2. Left

Regardless of the choice, go to F-005-3.

F-005-3:

[To the interviewer: Enter the score rounded to the nearest kg.]

1. \_\_\_\_kg
2. Not measurable or measurement failed

Regardless of the choice, go to F-006.

F-006:

[To the interviewer: Read out the statement below, and select the appropriate option below to indicate who answered the questions in this section. “Proxy” here refers to the respondent’s son/daughter or caregiver.]

[Interviewer read-out: This concludes this section. Thank you for your cooperation.]

1. Respondent only
2. Respondent and his/her spouse
3. Respondent’s spouse only
4. Respondent and his/her proxy (not including spouse)
5. Respondent’s spouse and proxy

6. Respondent's proxy (not including spouse)

Regardless of the choice, go to G-000.

## **G. Housing and Assets**

G-000:

[To the interviewer: Before beginning Section G, read out the explanatory statement below to make the respondent feel comfortable enough to give honest responses so as to obtain accurate information.]

[Interviewer read-out: Life after retirement can be greatly affected by the amount of savings and other assets you have. While housing is a major expense for many households, it is often the greatest asset for those who own one. In this section, I would like to ask you about your home as well as about your financial assets. I know these questions are very personal, but I would like to ask for your cooperation. May I continue?]

1. Yes
2. Refused to answer

If the answer to G-000 is 1, go to G-001; if 2, go to H-000.

G-001:

How old is your home?

1. \_\_\_\_ year(s) old
2. Don't know
3. Refused to answer

Regardless of the answer, go to G-002.

G-002:

[To the interviewer: Show Card G-002 in asking the following question.]

Do you own or rent this home or are you renting it? "Home" refers to any type of dwelling including condos.

1. Own both the home and land
2. Own the home but not the land
3. Rent
4. Don't know
5. Refused to answer

If the answer to G-002 is 1 or 2, go to G-003; if 3, go to G-008; if 4 or 5, go to G-009.

G-003:

[To the interviewer: Show Card G-003 in asking the following question.]

Under whose name is the property registered?

1. Respondent
2. Respondent's spouse
3. Respondent and his/her spouse (or son(s)/daughter(s) or other family member(s))
4. Respondent's family member(s)
5. Don't know
6. Refused to answer

If the answer to G-003 is any of 1 through 3, go to G-004; otherwise, go to G-009.

G-004:

What is the size of the property (or total floor area in the case of condos)? Do not include farmland if any.

1. \_\_\_\_ *tsubo* (1 *tsubo* = 3.306 square meters)
2. \_\_\_\_ square meters
3. Don't know
4. Refused to answer

Regardless of the answer, go to G-005.

G-005:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

If you were to sell this property (including the land if any) today, how much would you expect to receive?

1. Approximately \_\_\_\_\_ yen

2. Don't know
3. Refused to answer

If the answer to G-005 is 1, go to G-006; otherwise, go to G-005-1/2/3.

G-005-1:

(Unfolding bracket)

Is the amount you would expect to receive higher than or equal to / lower than equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

G-005-2:

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

G-005-3:

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to G-006.

G-006:

Do you have any outstanding loan(s) on this property? If you do, how many year(s) remain on the loan(s)? If you own multiple properties, please answer for your most valuable one.

1. Yes (\_\_\_ year(s))

2. No
3. Don't know
4. Refused to answer

If the answer to G-006 is 1, go to G-007; otherwise, go to G-009.

G-007:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

What is the total amount outstanding on the loan(s)?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

If the answer to G-007 is 1, go to G-009; otherwise, go to G-007-1/2/3.

G-007-1:

(Unfolding bracket)

Is the amount outstanding higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

G-007-2:

(Unfolding bracket)

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know

4. Refused to answer

G-007-3:

(Unfolding bracket)

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to G-009.

G-008:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much was your most recent monthly rent?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to G-009.

G-009:

Other than the home you live in, is there any real estate property (e.g., vacation house, land, wooded land) owned either under your name or the name of your spouse, or jointly owned by you and another person(s)?

1. Yes
2. No
3. Don't know
4. Refused to answer



If the answer to G-009 is 1, go to G-010; otherwise, go to G-011.

G-010:

[To the interviewer: Enter the amount. If the response is “Don’t know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

If you were to sell that property (including the land if any) today, how much would you expect to receive?

1. Approximately \_\_\_\_\_ yen
2. Don’t know
3. Refused to answer

If the answer to G-010 is 1, go to G-011; otherwise, go to G-010-1/2/3.

G-010-1:

(Unfolding bracket)

Is the amount you would expect to receive higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don’t know
4. Refused to answer

G-010-2:

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don’t know
4. Refused to answer

G-010-3:

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to G-011.

G-011:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

Other than home mortgage loans, how much debt do you have in total? Please include auto loans, consumer loans for durable goods, and money borrowed from your relative(s) and/or friend(s).

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

If the answer to G-011 is 1, go to G-012; otherwise, go to G-011-1/2/3.

G-011-1:

(Unfolding bracket)

Is the amount of your outstanding debt, excluding home mortgage loans, higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

G-011-2:

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes

2. No
3. Don't know
4. Refused to answer

G-011-3:

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to G-012.

G-012:

In the past 12-month period, did you try to take out any loans?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to G-012 is 1, go to G-013; if 2, go to G-015; otherwise, go to G-016.

G-013:

[To the interviewer: Show Card G-013 in asking the following question.]

From where did you try to borrow? Please select all that apply.

1. Commercial bank or credit union
2. Life or other insurance company
3. Credit card or consumer finance company
4. Government financial institution (Government Housing Loan Corporation, National Life Finance Corporation, Shoko Chukin Bank, Japan Finance Corporation for Small Business, Agriculture, Forestry and Fisheries Finance Corporation, etc.)

\* The Government Housing Loan Corporation is now called the Japan Housing Finance Agency; the National Life Finance Corporation, the Japan Finance Corporation for Small

Business, and the Agriculture, Forestry and Fisheries Finance Corporation have been merged to become the Japan Finance Corporation.

5. Employer
6. Family, relative, or friend
7. Other (Specify: \_\_\_\_\_)
8. Don't know
9. Refused to answer

Regardless of the answer, go to G-014.

G-014:

[To the interviewer: Show Card G-014 in asking the following question.]

Were you able to borrow the full amount needed? Please select the most appropriate answer from the following choices.

1. I was able to borrow the full amount needed
2. I was able to borrow but in an amount less than what I had requested initially
3. I was not able to borrow
4. Don't know
5. Refused to answer

Regardless of the answer, go to G-016.

G-015:

[To the interviewer: Show Card G-015 in asking the following question.]

Why did you not try to borrow money? Please select the most appropriate answer from the following choices.

1. I didn't need to borrow money
2. I didn't think I would be able to borrow
3. Even if I could borrow, I didn't think I would be able to pay it back
4. I didn't understand the procedure for borrowing money
5. Other (Specify: \_\_\_\_\_)
6. Don't know
7. Refused to answer

Regardless of the answer, go to G-016.

[To the interviewer: Before asking the following questions about savings and investments, read out the explanatory statement below to make the respondent feel comfortable enough to give honest responses so as to obtain accurate information.]

[Interviewer read-out: I would now like to ask about your household savings and investments. “Household savings and investments” here refer to those of you and your spouse and do not include those of your son(s)/daughter(s) living together. Information obtained through these questions helps us learn how people prepare for their retirement and unexpected expenses. I would like to ask for your understanding and cooperation.]

G-016:

(Conditional branch)

If the answer to A-003 is 1, go to G-017; otherwise, go to G-018.

G-017:

Do you and your spouse manage your household savings and investments together or separately? In answering the subsequent questions about your savings and investments, please base your responses on the total amounts for you and your spouse in such assets that are managed jointly by you and your spouse. If managed separately, base your responses on the amounts of those under your name.

1. Manage all or most of savings and investments together
2. Manage them separately
3. Don't know
4. Refused to answer

Regardless of the answer, go to G-018.

G-018:

Compared with a year ago, did the total value of your financial assets, such as bank deposits, trust funds, and stocks, increase or decrease?

1. Increased

2. Decreased
3. Did not change
4. Don't know
5. Refused to answer

Regardless of the answer, go to G-019.

G-019:

[To the interviewer: Show Card G-019 in asking the following question.]

For what purpose are you saving? Please select all that apply.

1. For illness or other unforeseen misfortunes
2. For the education of son(s)/daughter(s)
3. For the wedding(s) of son(s)/daughter(s)
4. To buy a new home (and land) or renovate the existing home
5. For old age
6. To purchase durable goods (automobile, furniture, electronics, etc.)
7. For travel or other leisure pursuits
8. For tax payments
9. To leave inheritance to son(s)/daughter(s)/grandchild(ren)
10. For no specific purpose but to feel secure by having some savings
11. Other (Specify: \_\_\_\_\_)
12. Don't know
13. Refused to answer
14. To cover the cost of funeral services

If the answer to G-019 includes any of 1 through 12 and/or 14, go to G-020-1; if 13, go to G-021.

G-020-1:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much do you want to have saved for each purpose a year from now?

1. Approximately \_\_\_\_\_ yen
2. No specific target
3. Don't know
4. Refused to answer

Regardless of the answer, go to G-020-2.

G-020-2:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much do you want to have saved for each purpose five years from now?

1. Approximately \_\_\_\_\_ yen
2. No specific target
3. Don't know
4. Refused to answer

Regardless of the answer, go to G-020-3.

G-020-3:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

What is the total amount you would like to save for all of the purpose(s) you mentioned?

1. Approximately \_\_\_\_\_ yen
2. No specific target
3. Don't know
4. Refused to answer

If the answer to G-020-3 is 1 or 2, go to G-021; otherwise, go to G-020-3-1/2/3.

G-020-3-1:

(Unfolding bracket)

Is the target amount higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

G-020-3-2:

(Unfolding bracket)

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

G-020-3-3:

(Unfolding bracket)

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to G-021.

G-021:

[To the interviewer: If the self-completion questionnaire (SCQ) has not been provided to the respondent beforehand, choose 2 and move on to G-022-1. If it has been provided, ask the following question and wait for the respondent to answer. Do not look at the SCQ form unless requested to do so by the respondent.]



In the self-completion questionnaire delivered to you earlier, we asked you about your financial assets such as bank deposits, bonds, and stocks. Did you answer those questions?

1. Yes
2. No

If the answer to G-021 is 1, go to G-025-1; if 2, go to G-022-1.

G-022-1:

Do you have any savings? Please include demand, time, and fixed-amount deposits in your bank and/or postal accounts, including those at credit unions, agricultural cooperatives, and credit banks.

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to G-022-1 is 1, go to G-022-2; otherwise, go to G-023-1.

G-022-2:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much savings do you have in total?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

If the answer to G-022-2 is 1, go to G-023-1; otherwise, go to G-022-2-1/2/3.

G-022-2-1:

(Unfolding bracket)

Is the amount higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

G-022-2-2:

(Unfolding bracket)

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

G-022-2-3:

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to G-023-1.

G-023-1:

Do you have any fixed income securities? Fixed income securities include: discount bank debentures, coupon bank debentures, government bonds, corporate bonds, as well as trust funds investing in fixed income securities (i.e., money market funds, medium-term government bond funds, foreign investment trusts, etc.).

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to G-023-1 is 1, go to G-023-2; otherwise, go to G-024-1.

G-023-2:

[To the interviewer: Enter the amount. If the response is “Don't know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much do you have in total in your account(s)?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

If the answer to G-023-2 is 1, go to G-024-1; otherwise, go to G-023-2-1/2/3.

G-023-2-1:

(Unfolding bracket)

Is the amount higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

G-023-2-2:

(Unfolding bracket)

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

G-023-2-3:

(Unfolding bracket)

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to G-024-1.

G-024-1:

Do you own any stocks that can be sold through brokers?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to G-024-1 is 1, go to G-024-2; otherwise, go to G-025-1.

G-024-2:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

If you were to sell all of your stocks today, how much would you expect to receive?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

If the answer to G-024-2 is 1, go to G-025-1; otherwise, go to G-024-2-1/2/3.

G-024-2-1:

(Unfolding bracket)

Is the amount higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

G-024-2-2:

(Unfolding bracket)

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

G-024-2-3:

(Unfolding bracket)

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to G-025-1.

G-025-1:

Are you running a company or a business?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to G-025-1 is 1, go to G-025-2; otherwise, go to G-026-1.

G-025-2:

(Conditional branch)

If the answer to A-003 is 1 (married), go to G-025-3; otherwise, go to G-025-4.

G-025-3:

[To the interviewer: If the answer to G-025-3 is 1, read out the statement below after completing this question.]

[Interviewer read-out: In the subsequent questions concerning your company or business, please base your responses on the combined amounts or shares for you and your spouse.]

Are you running the company or the business together with your spouse?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to G-025-4.

G-025-4:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

If you were to sell your company or business, how much money would you have left after paying off your debts, if any? If you would have nothing, please answer "0."

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

If the answer to G-025-4 is 1, go to G-025-5; otherwise, go to G-025-4-1/2/3.

G-025-4-1:

(Unfolding bracket)

Is the amount higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

G-025-4-2:

(Unfolding bracket)

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

G-025-4-3:

(Unfolding bracket)

Is it higher than or equal to / lower than or equal to / higher than / lower than \_\_\_\_\_ yen?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to G-025-5.

G-025-5:

What percentage of shares in the company or business do you own?

1. \_\_\_\_ %
2. Don't know
3. Refused to answer

Regardless of the answer, go to G-026-1.

G-026-1:

[To the interviewer: If the respondent has a spouse or a common-law spouse, ask the respondent to base his/her responses on the combined amount of gifts/inheritance that the respondent and his/her spouse have received if they manage their savings and investments together.]

I would now like to ask about gifts before death and inheritance given or to be given to or from you. People showing similar patterns of saving behavior may differ significantly in the amounts of assets they hold depending on whether or not they have received gifts before death and inheritance. Information obtained by asking the subsequent questions will be used to help understand such differences.

Have you received any gift before death or inheritance from anyone? If you have received such gifts and/or inheritance from more than one person, please answer for the case in which the total value received is the largest in responding to the subsequent questions.

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to G-026-1 is 1, go to G-026-2; otherwise, go to G-027-1.

G-026-2:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much have you received altogether from the largest benefactor, including both gifts before death and inheritance?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to G-026-3.

G-026-3:



<The list of family member(s) based on the respondent's answers in Section A is shown on the screen.>

[To the interviewer: If the respondent has received any gift before death and if the benefactor is one of the family members listed, enter the ID number corresponding to that individual in the space provided in the appropriate item below. Otherwise, ask the respondent to describe the benefactor's relationship to him/her and enter that information.]

From whom did you receive the gift(s) and/or inheritance?

1. Spouse
2. Parent (Specify: \_\_\_\_\_)
3. Parent-in-law (Specify: \_\_\_\_\_)
4. Sibling (Specify: \_\_\_\_\_)
5. Son/daughter, son's/daughter's spouse, grandchild (Specify: \_\_\_\_\_)
6. Other relative (Specify: \_\_\_\_\_)
7. Other (Specify: \_\_\_\_\_)
8. Don't know
9. Refused to answer

Regardless of the answer, go to G-027-1.

G-027-1:

Do you expect to receive any gifts before death or inheritance in the future? If you expect to receive such gifts and/or inheritance from more than one person, please answer for the case in which the total value to be received is expected to be the largest.

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to G-027-1 is 1, go to G-027-2; otherwise, go to G-028-1.

G-027-2:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much do you expect to receive altogether from the largest prospective benefactor, including both gifts before death and inheritance?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to G-027-3.

G-027-3:

<The list of family members based on the respondent's answers in section A is shown on the PC screen>

[To the interviewer: If the respondent expects to receive any gift before death and if the prospective benefactor is one of the family members listed, enter the ID number corresponding to that individual in the space provided in the appropriate item below. Otherwise, ask the respondent to describe the prospective benefactor's relationship to him/her and enter that information.]

From whom do you expect to receive the gift(s) and/or inheritance?

1. Spouse
2. Parent (Specify: \_\_\_\_\_)
3. Spouse's parent (Specify: \_\_\_\_\_)
4. Sibling (Specify: \_\_\_\_\_)
5. Son/daughter, son's/daughter's spouse, grandchild (Specify: \_\_\_\_\_)
6. Other relative (Specify: \_\_\_\_\_)
7. Other (Specify: \_\_\_\_\_)
8. Don't know
9. Refused to answer

Regardless of the answer, go to G-028-1.

G-028-1:

[To the interviewer: If the respondent has a spouse or a common-law spouse, ask the respondent to base his/her responses on the combined amount of gifts/inheritance that the respondent and his/her spouse plan to give and/or leave if they manage their savings and investments together.]

Do you plan to give anyone any gift before death or inheritance?

1. Yes
2. No
3. Have no beneficiary
4. Don't know
5. Refused to answer

If the answer to G-028-1 is 1, go to G-028-2; otherwise, go to G-029.

G-028-2:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much in gifts before death and inheritance do you plan to give or leave in total?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to G-028-3.

G-028-3:

<The list of family members based on the respondent's answers in Section A is shown on the PC screen>

[To the interviewer: If the prospective receiver(s) of the respondent's is/are on the list of family member(s), enter the ID number corresponding to the individual(s) in the space provided in the appropriate item below. Otherwise, ask the respondent to describe each prospective receiver's relationship to him/her and enter that information.]

To whom do you intend to give your gift before death or leave your inheritance?

1. Have no beneficiary

2. Spouse
3. Parent(s) (Specify: \_\_\_\_\_)
4. Parent(s)-in-law (Specify: \_\_\_\_\_)
5. Sibling (Specify: \_\_\_\_\_)
6. Son(s)/daughter(s), son's/daughter's spouse, grandchild(ren) (Specify: \_\_\_\_\_)
7. Other relative(s) (Specify: \_\_\_\_\_)
8. Others (Specify: \_\_\_\_\_)
9. Don't know
10. Refused to answer

If the answer to G-028-3 includes any of 2 through 8, go to G-028-4; otherwise, go to G-029.

G-028-4:

<The list of the person(s) selected in G-028-3 is shown on the PC screen>

Approximately, what percentage of your estate do you intend to give or leave to each person?

Beneficiary's ID number or relationship to the respondent as specified in G-028-3: \_\_\_\_\_

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to G-029.

G-029:

[To the interviewer: Show Card G-029 in asking the following question. If the respondent is at or above the threshold age, enter 100% as his/her likelihood of living to that age. For instance, if the respondent is 78 years old, enter 100% as his/her likelihood of living to age 75. Also, make sure that the higher the threshold age, the lower is the percentage figure. For instance, the likelihood of living to age 90 should be lower than that to age 75.]

This table shows the likelihood that the average Japanese man and woman aged 70 will live to various threshold ages. For example, it shows that 85 out of 100 Japanese men and 93 out of 100 Japanese women are likely to live to age 75.

What do you think is the likelihood you will live to each of the following ages?

G-029-1:

Likelihood of living to age 75: \_\_\_\_%

G-029-2:

Likelihood of living to age 80: \_\_\_\_%

G-029-3:

Likelihood of living to age 85: \_\_\_\_%

G-029-4:

Likelihood of living to age 90: \_\_\_\_%

G-029-5:

Likelihood of living to age 95: \_\_\_\_%

G-029-6:

Likelihood of living to age 100: \_\_\_\_%

G-029-7:

Likelihood of living to age 105: \_\_\_\_%

G-029-8:

Likelihood of living to age 110: \_\_\_\_%

G-029-9:

Likelihood of living to age 115: \_\_\_\_%

G-029-10:

Likelihood of living to age 120: \_\_\_\_%

Regardless of the answer, go to G-030.

G-030:

[To the interviewer: Read out the following statement and select the appropriate option below to indicate who answered the questions in this section. “Proxy” here refers to the respondent’s son/daughter or caregiver.]

[Interviewer read-out: This concludes this section. Thank you for your cooperation.]

1. Respondent only
2. Respondent and his/her spouse
3. Respondent’s spouse only
4. Respondent and his/her proxy (not including spouse)
5. Respondent’s spouse and proxy
6. Respondent’s proxy (not including spouse)

Regardless of the choice, go to H-000.

## H. Medical and Nursing Care Services

H-000:

I would now like to ask about the extent to which you use medical and nursing care services. Along with your responses to the earlier questions about your health condition, information obtained through the subsequent questions will provide useful inputs in determining what kinds of medical and nursing care services are needed. May I continue?

1. Yes
2. Refused to answer

If the answer to H-000 is 1, go to H-001; if 2, go to I-000.

H-001:

[To the interviewer: Read out the names of the illnesses listed as H-001-1 through H-001-21 in the table below slowly.]

I will read out the names of a series of illnesses. Have you ever been diagnosed with or advised to seek medical care for any of those illnesses?

0. No
1. Yes

If the answer to H-001 is 0, go to H-001-22; if 1, go to H-001-1 through H-001-21.

| [To the interviewer: Read out the names of the illnesses listed as H-001-1 through H-001-21 below. For each, ask the respondent whether he/she has ever been diagnosed or advised to seek medical advice, and select the number (1 or 0) corresponding to the respondent's answer.] | Neither diagnosed nor advised to seek medical care | Diagnosed or advised to seek medical care |
|---|--|---|
| H-001-1: Heart disease (angina, heart failure, cardiac infarction, heart valve disease, etc.)   | 1  | 0   |
| H-001-2: High blood pressure  | 1  | 0   |
| H-001-3: Hyperlipidemia   | 1  | 0   |
| H-001-4: Cerebral stroke, cerebrovascular accident  | 1  | 0   |
| H-001-5: Diabetes   | 1  | 0   |
| H-001-6: Chronic lung disease (chronic bronchitis, emphysema, etc.)   | 1  | 0   |
| H-001-7: Asthma   | 1  | 0   |
| H-001-8: Liver disease (hepatitis B or C, hepatic cirrhosis, etc.; excluding liver cancer)  | 1  | 0   |
| H-001-9: Ulcer or other gastrointestinal disorder   | 1  | 0   |

|  |   |   |
|--|---|---|
| H-001-10: Joint disorder (arthritis, rheumatism)   | 1 | 0 |
| H-001-11: Femoral neck fracture  | 1 | 0 |
| H-001-12: Osteoporosis   | 1 | 0 |
| H-001-13: Eye disease (cataracts, glaucoma, etc.)  | 1 | 0 |
| H-001-14: Ear disorder (hearing loss, etc.)  | 1 | 0 |
| H-001-15: Bladder disorder (incontinence, difficulty in urinating, enlarged prostate)                  | 1 | 0 |
| H-001-16: Parkinson's disease  | 1 | 0 |
| H-001-17: Depression, emotional disorder   | 1 | 0 |
| H-001-18: Dementia   | 1 | 0 |
| H-001-19: Skin disorder  | 1 | 0 |
| H-001-20: Cancer or other malignant tumor (including leukemia, lymphoma; excluding benign skin cancer) | 1 | 0 |
| H-001-21: Other (Specify the most serious one: _____)  | 1 | 0 |

If the answer to H-001-@ (@ represents any of 1 through 20) is 0, go to H-001-(@+1) (next item in the list of illnesses); if 1, go to H-001-@-1.

If the answer to H-001-21 is 0, go to H-001-22; if 1, enter the name of the disease and go to H-001-22.

H-001-@-1:

At what age were you first diagnosed with the illness?

Age: \_\_\_\_

Regardless of the answer, go to H-001-@-2.

H-001-@-2:

Which of the following most accurately describes the status of treatment of the illness?

1. Have not received any particular treatment
2. Began treatment, but stopped in the middle
3. Have received treatment and recovered
4. Currently under treatment, or have completed treatment but continuing to make regular hospital visits

If @=5 and H-001-@-2=4, go to H-001-5-3; if @=2 or 3 and H-001-@-2=4, go to H-001-2-3 / H-001-3-3; if @=1, 10, or 13, and H-001-@-2=3 or H-001-@-2=4, go to H-001-1-3 / H-001-10-3 / H-001-13-3; if @=20, regardless of the answer, go to H-001-20-3; otherwise, go to H-001-(@+1) (next item in the list of illnesses).



H-001-5-3:

Which of the following most accurately describes the treatment you are currently receiving?

1. Diet and exercise therapy only, no medications
2. Taking only oral medication
3. Taking insulin injections (regardless of whether or not taking oral medication)

Regardless of the answer, go to H-001-(@+1) (next item in the list of illnesses).

H-001-2-3 / H-001-3-3:

Are you regularly taking any medicine prescribed by your doctor?

1. Yes
2. No

Regardless of the answer, go to H-001-(@+1) (next item in the list of illnesses).

H-001-1-3 / H-001-10-3 / H-001-13-3:

Have you had surgery for the treatment of the illness?

1. Yes
2. No

If the answer to H-001-1-3 / H-001-10-3 / H-001-13-3 is 1, go to H-001-1-4 / H-001-10-4 / H-001-13-4; if 2, go to H-001-(@+1) (next item in the list of illnesses).

H-001-1-4 / H-001-10-4 / H-001-13-4:

At what age did you have the surgery?

Age: \_\_\_\_

Regardless of the answer, go to H-001-(@+1) (next item in the list of illnesses).

H-001-20-3:

[To the interviewer: Show Card H-001-20-3 in asking the following question.]

Where is/are your cancer(s) or malignant tumor(s) located? Please select 1 or 0 for each

respective organ or the part of the body listed below to indicate the presence or absence of any malignant tumor.

|                            | Present | Absent |
|----------------------------|---------|--------|
| 1. Brain/spinal cord       | 1       | 0      |
| 2. Mouth/tongue            | 1       | 0      |
| 3. Throat                  | 1       | 0      |
| 4. Thyroid                 | 1       | 0      |
| 5. Lung                    | 1       | 0      |
| 6. Breast                  | 1       | 0      |
| 7. Esophagus               | 1       | 0      |
| 8. Stomach                 | 1       | 0      |
| 9. Liver                   | 1       | 0      |
| 10. Pancreas               | 1       | 0      |
| 11. Kidney                 | 1       | 0      |
| 12. Colon                  | 1       | 0      |
| 13. Bladder                | 1       | 0      |
| 14. Skin                   | 1       | 0      |
| 15. Lymphoid organ         | 1       | 0      |
| 16. Leukemia               | 1       | 0      |
| 17. Prostate               | 1       | 0      |
| 18. Ovary                  | 1       | 0      |
| 19. Uterine cervix         | 1       | 0      |
| 20. Uterine corpus         | 1       | 0      |
| 21. Other (Specify: _____) | 1       | 0      |

If the answer to H-001-20-2 is other than 1 (no special treatment), go to H-001-20-4; otherwise, go to H-001-(@+1) (next item in the list of illnesses).

H-001-20-4:

[To the interviewer: Show Card H-001-20-4 in asking the following question.]

What kind of treatment are you receiving or have received for the illness?

1. Surgery (including endoscopic surgery)

2. Radiation treatment
3. Chemotherapy
4. Any combination of the above

Regardless of the answer, go to H-001-20-5.

H-001-20-5:

At what age did you receive that treatment?

Age: \_\_\_\_

Regardless of the answer, go to H-001-21 (next item in the list of illnesses).

H-001-22:

(Conditional branch)

If the respondent is female, go to H-002; if male, go to H-003.

H-002:

In the past two years, did you have a mammogram?

1. Yes
2. No

Regardless of the answer, go to H-003.

H-003:

In the past two years, did you have your stool tested for the presence of blood as a way to screen for colon cancer?

1. Yes
2. No

Regardless of the answer, go to H-004.

H-004:

In the past 12-month period, did you have any physical examinations, excluding those performed as part of treatment at a hospital?

1. Yes
2. No

If the answer to H-004 is 1, go to H-004-1; otherwise, go to H-004-3.

H-004-1:

[To the interviewer: Show Card H-004-1 in asking the following question.]

Which of the following examinations did you take? Please select all that apply.

1. Employer-sponsored regular health checkup
2. Municipality-sponsored health checkup for people in specific age groups (40 years old and over, senior citizens, etc.)
3. Health checkup under public compensation programs for labor injuries, pollution damage, etc.
4. Self-paid personal doctor visit or check-up
5. Other (Specify: \_\_\_\_\_)

Regardless of the answer, go to H-004-2.

H-004-2:

[To the interviewer: Enter the amount. If the response is “Don’t know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate. If the respondent says he/she paid nothing, select 1 as the answer and enter “0” as the yen amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much did you pay for your health examinations? If there was no payment, please say so.

1. Approximately \_\_\_\_\_ yen
2. Don’t know
3. Refused to answer

Regardless of the answer, go to H-005.

H-004-3:

[To the interviewer: Show Card H-004-3 in asking the following question.]

Why did you not have any physical examinations? Please select all that apply.

1. Too busy and had no time
2. Found it unnecessary, having no particular symptoms and feeling healthy
3. Worried about the cost involved
4. Afraid of getting bad news
5. Found it unnecessary, having been making regular visits to the hospital
6. Other (Specify: \_\_\_\_\_)

Regardless of the answer, go to H-005.

H-005:

Do you have a primary care physician?

1. Yes
2. No

Regardless of the answer, go to H-006.

H-006:

In the past 12-month period, did you visit a doctor, acupuncturist, or bonesetter? Please exclude any hospital or clinic visits for non-treatment purposes (i.e., regular physical checkups, health consultations, immunizations, etc.), visits to a dentist, and cases of hospitalization.

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to H-006 is 1, go to H-007; otherwise, go to H-010.

H-007:

Are you making regular monthly visits to any hospital, medical or acupuncture clinic, or bonesetting studio? Again, please exclude dentist visits and cases of hospitalization. If you have more than one such facility to visit regularly, please state the number.

1. One facility
2. Two or more facilities (Specify how many: \_\_)
3. None
4. Don't know
5. Refused to answer

If the answer to H-007 is 1, go to H-007-1-1; if 2, go to H-007-2-1; otherwise, go to H-008.

H-007-1-1:

How often do you go there? Please answer in terms of the number of times per week, month, etc.

If you go there almost every day, please answer 7 times per week.

1. Approximately \_\_ time(s) per week
2. Approximately \_\_ time(s) per month
3. Other (Specify: \_\_\_\_\_)
4. Don't know
5. Refused to answer

Regardless of the answer, go to H-007-1-2.

H-007-1-2:

<The list of the illnesses for which the respondent answered in H-001 as having been diagnosed or advised to seek medical care is shown on the PC screen>

[To the interviewer: Read out the illnesses on the list one by one and select the appropriate one (s) based on the respondent's answer.]

For which of the illnesses are you receiving treatment? Please choose the five most serious ones if there are more than five.

Regardless of the answer, go to H-007-1-3.

H-007-1-3:

[To the interviewer: It is not necessary to ask what means of transportation the respondent uses to travel to and from the facility.]

How long does it take from your home to the facility? Please provide your total door-to-door time.

1. Approximately \_\_\_\_ hour(s) \_\_\_\_ minute(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to H-007-1-4.

H-007-1-4:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate. If it costs nothing, select 1 as the answer and enter "0" as the yen amount. In the case that the respondent goes there by car, the cost of gasoline used should be entered if he/she pays for it. If not, enter "0" as the yen amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much does it cost you to travel to and from the facility? If there is no travel cost, please say so.

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to H-007-1-5.

H-007-1-5:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate. If the respondent pays nothing, select 1 as the answer and enter "0" as the yen amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much did you pay for medical expenses and/or treatment on average per visit, including

any amount paid for prescription drugs? If there was no payment, please say so.

1. Approximately \_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to H-008.

H-007-2-1:

In this and the subsequent four questions, please answer about the facility which you visit most frequently. How often do you go there? Please answer in terms of the number of times per week, month, etc. If you go there almost every day, please answer 7 times per week.

1. Approximately \_\_\_\_ time(s) per week
2. Approximately \_\_\_\_ time(s) per month
3. Other (Specify: \_\_\_\_\_)
4. Don't know
5. Refused to answer

Regardless of the answer, go to H-007-2-2.

H-007-2-2:

<The list of the illnesses for which the respondent answered in H-001 as having been diagnosed or advised to seek medical care is shown on the PC screen>

[To the interviewer: Read out the illnesses on the list one by one and select the appropriate one(s) based on the respondent's answer.]

For which of the illnesses are you receiving treatment? Please choose the five most serious ones if there are more than five.

Regardless of the answer, go to H-007-2-3.

H-007-2-3:

[To the interviewer: It is not necessary to ask what means of transportation the respondent uses to travel to and from the facility.]



How long does it take from your home to the facility? Please provide the total door-to-door time.

1. Approximately \_\_\_\_ hour(s) \_\_\_\_ minute(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to H-007-2-4.

H-007-2-4:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate. If it costs nothing, select 1 as the answer and enter "0" as the yen amount. In the case that the respondent goes there by car, the cost of gasoline used should be entered if he/she pays for it. If not, enter "0" as the yen amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much does it cost you to travel to and from the facility? If it costs nothing, please say so.

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to H-007-2-5.

H-007-2-5:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate. If the respondent pays nothing, select 1 as the answer and enter "0" as the yen amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much did you pay for medical expenses and/or treatment on average per visit, including any amount paid for prescription drugs? If there was no payment, please say so.

1. Approximately \_\_\_\_\_ yen
2. Don't know

3. Refused to answer

Regardless of the answer, go to H-007-2-6.

H-007-2-6:

[To the interviewer: Enter the amount. If the response is “Don’t know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate. If the respondent pays nothing, select 1 as the answer and enter “0” as the yen amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

I have asked only about the facility which you visit most frequently. Now I would like to ask about all of the facilities which you visit regularly. How much did you pay on average per month for medical expenses and/or treatment at all of these facilities including any amount paid for prescription drugs? If there was no payment, please say so.

1. Approximately \_\_\_\_\_ yen
2. Don’t know
3. Refused to answer

Regardless of the answer, go to H-008.

H-008:

[To the interviewer: Show Card H-008 in asking the following question.]

Was the outpatient treatment covered by your insurance or was it outside of the coverage?

Please select the most appropriate answer from the following choices.

1. Entirely covered by insurance
2. Mostly covered by insurance
3. Roughly half is covered by insurance
4. Mostly outside of the insurance coverage
5. Entirely outside of the insurance coverage
6. Don’t know
7. Refused to answer

Regardless of the answer, go to H-009.

H-009:

[To the interviewer: Show Card H-009 in asking the following question.]

Who paid for the outpatient treatment you received during the past 12-month period? Please select all that apply.

1. Self
2. Spouse
3. Son(s)/daughter(s)
4. Son(s)-in-law/daughter(s)-in-law
5. Other relative
6. Public aid (patients of specified intractable diseases, sufferers of work-related illness or injuries who are subject to workers' compensation, kidney disease patients with respect to the cost of dialysis, disabled persons with respect to the cost of treatment for self-help support, and recipients of livelihood protection benefits)
7. Private insurance policies (with riders to cover hospitalization, specific treatment, etc.)
8. Other (Specify: \_\_\_\_\_)
9. Don't know
10. Refused to answer

Regardless of the answer, go to H-010.

H-010:

In the past 12-month period, did you go to a dentist or a dental hygienist? Include visits for periodic assessment and maintenance of dentures or the treatment of oral focal infection (pyorrhea, etc.).

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to H-010 is 1, go to H-011; otherwise, go to H-015.

H-011:

In the past 12 month-period, how many times in total did you see a dentist or dental hygienist?

1. Approximately \_\_\_\_ time(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to H-012.

H-012:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate. If the respondent says he/she paid nothing, select 1 as the answer and enter "0" as the yen amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much did you pay in total for the treatment during the past 12-month period, including any amount paid for prescription drugs. If there was no payment, please say so.

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to H-013.

H-013:

[To the interviewer: Show Card H-013 in asking the following question.]

Was the dental treatment you received during the past 12-month period covered by your insurance or was it outside of the coverage? Please select the most appropriate answer from the following choices.

1. Entirely covered by insurance
2. Mostly covered by insurance
3. Roughly half covered by insurance
4. Mostly outside of the insurance coverage
5. Entirely outside of the insurance coverage
6. Don't know

7. Refused to answer

Regardless of the answer, go to H-014.

H-014:

[To the interviewer: Show Card H-014 in asking the following question.]

Who paid for your dental treatment? Please select all that apply.

1. Self
2. Spouse
3. Son(s)/daughter(s)
4. Son(s)-in-law/daughter(s)-in-law
5. Other relative
6. Public aid (patients of specified intractable diseases, sufferers of work-related illness or injuries who are subject to workers' compensation, disabled persons with respect to the cost of treatment for self-help support, and recipients of livelihood protection benefits)
7. Private insurance policies (with riders to cover hospitalization coverage, specific treatment, etc.)
8. Other (Specify: \_\_\_\_\_)
9. Don't know
10. Refused to answer

Regardless of the answer, go to H-015.

H-015:

[To the interviewer: Show Card H-015 in asking the following question.]

In the past 12-month period, did you have any of the following surgeries or examinations as an outpatient? Please select all that apply.

1. Cardiac catheter examination
2. Examination of the stomach and/or intestines or the removal of polyps involving the use of an endoscope
3. CT or MRI scan of the brain involving the injection of contrast media
4. Arthroscopic examination
5. Cataract surgery

6. Surgery on varicose leg veins
7. Other outpatient surgery (Specify: \_\_\_\_\_)
8. Don't know
9. Refused to answer
10. Had no outpatient surgery or examination

Regardless of the answer, go to H-016.

H-016:

Have you been hospitalized overnight or longer during the past 12-month period?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to H-016 is 1, go to H-017; otherwise, go to H-023.

H-017:

[To the interviewer: If the respondent has been hospitalized 10 times or more, enter "10" as the number of times hospitalized.]

How many times have you been hospitalized overnight or longer during the past 12-month period? The number of times hospitalized should be counted as the number of times you were admitted to the hospital. If you were temporarily out of the hospital to return home between admission and discharge, please count this as a single episode of hospitalization.

1. Approximately \_\_\_\_ time(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to H-018.

H-018:

[To the interviewer: Enter the appropriate number.]

How many night(s) did you spend in the hospital in total during the past 12-month period?

Could you please provide an approximate number to the best of your recollection? If you had been released temporarily between admission and discharge, please do not include the number of days you spent out of the hospital.

1. Approximately \_\_\_\_ night(s)
2. Don't know
3. Refused to answer

Regardless of the answer, go to H-019.

H-019:

<The list of the illnesses for which the respondent answered in H-001 as having been diagnosed or advised to seek medical care is shown on the PC screen>

[To the interviewer: Read out the illnesses on the list one by one and select the appropriate one(s) based on the respondent's answer.]

For which of the illnesses have you been hospitalized? Please choose the five most serious ones if there are more than five.

Regardless of the answer, go to H-019-1.

H-019-1:

Did you have any surgery during the hospitalization?

1. Yes
2. No

If the answer to H-019-1 is 1, go to H-019-2; otherwise, go to H-020.

H-019-2:

Was it emergency surgery or had it been planned in advance?

1. Emergency surgery
2. Scheduled surgery
3. Don't know

Regardless of the answer, go to H-020.

H-020:

[To the interviewer: Enter the amount. If the response is “Don’t know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate. If the respondent says he/she paid nothing, select 1 as the answer and enter “0” as the yen amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much did you pay for hospitalization during the past 12-month period? If there was no payment, please say so.

1. Approximately \_\_\_\_\_ yen
2. Don’t know
3. Refused to answer

Regardless of the answer, go to H-021.

H-021:

[To the interviewer: Show Card H-021 in asking the following question.]

Was the cost of the hospitalization covered by your insurance or was it outside of the coverage?

Please select the most appropriate answer from the following choices.

1. Entirely covered by insurance
2. Mostly covered by insurance
3. Roughly half covered by insurance
4. Mostly outside of the insurance coverage
5. Entirely outside of the insurance coverage
6. Don’t know
7. Refused to answer

Regardless of the answer, go to H-022.

H-022:

[To the interviewer: Show Card H-022 in asking the following question.]

Who paid for the cost of your hospitalization? Please select all that apply.



1. Self
2. Spouse
3. Son(s)/daughter(s)
4. Son(s)-in-law/daughter(s)-in-law
5. Other relative
6. Public aid (patients of specified intractable diseases, suffers of work-related illness or injuries subject to workers' compensation, kidney disease patients with respect to the cost of dialysis, disabled person with respect to the cost of treatment for self-help support, and recipients of livelihood protection benefits)
7. Private insurance policies (with riders to cover hospitalization, specific treatment, etc.)
8. Other (Specify: \_\_\_\_\_)
9. Don't know
10. Refused to answer

Regardless of the answer, go to H-023.

H-023:

I would now like to ask about your situation with respect to medical and long-term care insurance. May I continue?

1. Yes
2. Refused to answer

If the answer to H-023 is 1, go to H-024; if 2, go to H-036.

H-024:

[To the interviewer: Show Card H-024 in asking the following question.]

Which of the following types of public health insurance do you have? If you are not sure, please check your insurance card.

1. Health insurance program for employees run by the Japan Health Insurance Association (primarily for employees of small- and medium-sized enterprises)
2. Health insurance program for employees run by company-, group-, or industry-wide health insurance associations (primarily for employees of large corporations)

3. Health insurance program run by government employees' or public school teachers' mutual aid associations
4. National health insurance for general citizens (primarily for the self-employed)
5. National health insurance for retirees from companies, etc.
6. Mariners' insurance
7. Medical insurance program for the elderly age 75 and over
8. Subject to medical assistance under the Public Assistance Act (livelihood protection for low-income households)
9. Other (Specify: \_\_\_\_\_)
10. Refused to answer

Regardless of the answer, go to H-025.

H-025:

Are you the primary insured or a dependent?

1. Primary insured
2. Dependent
3. Don't know
4. Refused to answer

Regardless of the answer, go to H-026.

H-026:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate. If the respondent pays nothing, select 1 as the answer and enter "0" as the yen amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much do you pay in insurance premiums each year? If there is no payment, please say so.

If you are a dependent, please provide the amount paid by the primary insured person.

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to H-027.

H-027:

Do you have any private insurance policy in your name?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to H-027 is 1, go to H-028; otherwise, go to H-031.

H-028:

[To the interviewer: Enter the amount. If the response is "Don't know," please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.

How much do you pay in insurance premiums for the policy(ies) per month?

1. Approximately \_\_\_\_\_ yen
2. Don't know
3. Refused to answer

Regardless of the answer, go to H-029.

H-029:

[To the interviewer: If the respondent offers to check the insurance contract, please dissuade by reading out the statement below.]

[Interviewer read-out: Please don't bother as I want to know what you remember.]

What is the maximum number of days of hospitalization covered by the private insurance policy/policies?

1. \_\_\_\_ day(s)
2. Don't know
3. Hospitalization is outside of the insurance coverage
4. Refused to answer

Regardless of the answer, go to H-030.

H-030:

[To the interviewer: Enter the amount. If the response is “Don’t know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much are you entitled to receive per day of hospitalization?

1. Approximately \_\_\_\_\_ yen
2. Don’t know
3. Hospitalization is outside of the insurance coverage
4. Refused to answer

Regardless of the answer, go to H-031.

H-031:

I would now like to ask about your situation with respect to the public Long-term Care Insurance Program. Have you ever been certified as requiring assistance or care under the program?

1. Yes
2. No
3. Currently applying for certification
4. Don’t know
5. Refused to answer

If the answer to H-031 is 1, go to H-032; otherwise, go to H-036.

H-032:

When were you first certified as requiring assistance or care?

1. Month/year in the Japanese calendar: \_\_\_\_\_ / \_\_\_\_st/nd/rd/th year of Heisei
2. Don’t know
3. Refused to answer

Regardless of the answer, go to H-033.

H-033:

[To the interviewer: Show Card H-033 in asking the following question.]

For which level of assistance or care were you certified at the time?

1. Level 1 assistance
2. Level 2 assistance
3. Level 1 care
4. Level 2 care
5. Level 3 care
6. Level 4 care
7. Level 5 care
8. Not certified as requiring any assistance or care but found to be at risk of health deterioration (Eligible to preventive care programs designed to help maintain independence)
9. Considered as being self-reliant
10. Don't know
11. Refused to answer

Regardless of the answer, go to H-034.

H-034:

[To the interviewer: Show Card H-034 in asking the following question.]

What directly triggered the situation in which you required such assistance or care? Please select all that apply.

1. Cerebrovascular disease (cerebral stroke, etc.)
2. Heart disease
3. Cancer
4. Respiratory ailment
5. Arthritic disorder (rheumatism, etc.)
6. Dementia
7. Diabetes
8. Vision or hearing loss
9. Fracture or fall

10. Spinal cord injury
11. Senile deterioration
12. Other (Specify: \_\_\_\_\_)
13. Don't know
14. Refused to answer

Regardless of the answer, go to H-035.

H-035:

[To the interviewer: Show Card H-035 in asking the following question.]

For which level of assistance or care are you currently certified?

1. Level 1 assistance
2. Level 2 assistance
3. Level 1 care
4. Level 2 care
5. Level 3 care
6. Level 4 care
7. Level 5 care
8. Not certified as requiring any assistance or care but found to be at risk of health deterioration (Eligible to preventive care programs designed to help maintain independence)
9. Considered as being self-reliant
10. Don't know
11. Refused to answer

If the answer to H-035 is 8, go to H-035-1; otherwise, go to H-036.

H-035-1:

Municipalities offer preventive care programs designed to help elderly people at relatively high risk of health deterioration to maintain their independence. Though not eligible for benefits under the Long-term Care Insurance Program, various preventive care programs, including physical exercise and functional rehabilitation, are available. Are you participating in any such program? Please select all that apply.

1. Muscle exercise using training machines

2. Group exercise
3. Counseling
4. Oral care (mouth and teeth)
5. Other (Specify: \_\_\_\_\_)
6. Don't know
7. None
8. Refused to answer

Regardless of the answer, go to H-036.

H-036:

(Conditional branch)

If the respondent is below age 65 and the answer to H-031 is 1, or if age 65 or above, go to H-037-1; if the respondent is below age 65 and the answer to H-031 is not 1 and the answer to H-024 is 4 or 5, go to H-037-2; if the respondent is below age 65 and the answer to H-031 is not 1 and the answer to H-024 is not 4 or 5, go to H-046.

H-037-1:

[To the interviewer: If the respondent grants permission, ask him or her to fill in the date and sign the designated approval form.]

Thank you. I have asked you about the medical and care services you have received. However, since such services have technical aspects which might be difficult to understand or remember, if you do not mind, we would like to see the records of the medical and care services you have received, which are maintained by your municipal government. We have been told that we would be given access to the records if we obtain your permission. Such information would help us analyze how the medical and care services you are currently receiving are beneficial and examine their cost aspects. Could you grant us permission to access your records?

1. Permission granted
2. Not granted

If the answer to H-037-1 is 1, go to H-037-1a/H-037-1b; otherwise, go to H-038.

H-037-1a/H-037-1b:

[To the interviewer: Enter the respondent's health and long-term care insurance card numbers in the space provided below. Make sure to ask for both numbers as they are different. Some municipalities do not require such numbers, in which case, skip this step.]

Thank you. Could I ask you to provide us with your health and long-term care insurance card numbers? We need these numbers when we request the municipal government to provide such information.

Health insurance card number (H-037-1a): \_\_\_\_\_

Long-term care insurance card number (H-037-1b): \_\_\_\_\_

Regardless of the answer, go to H-038.

H-037-2:

Thank you. I have asked you about the medical and care services you have received. However, since such services have technical aspects which might be difficult to understand or remember, if you do not mind, we would like to see the records of your medical and care services you have received, which are maintained by your municipal government. We have been told that we would be given access to the records if obtain your permission. Such information would help us analyze how the medical and care services you are currently receiving are beneficial and examine their cost aspects. Could you grant us permission to access your records?

1.       Permission granted
2.       Not granted

If the answer to H-037-2 is 1, go to H-037-2a; if 2, go to H-038.

H-037-2a:

[To the interviewer: Enter the respondent's health insurance card number in the space provided below.]

Thank you. Could I ask you to provide us with your health insurance card number? We need it when we request the municipal government to provide such information.

[Interviewer: Write respondent's insurance number below.]

Health insurance card number (H-037-2a): \_\_\_\_\_

Regardless of the answer, go to H-038.



H-038:

[To the interviewer: Enter the amount. If the response is “Don’t know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate. If the respondent pays nothing, select 1 as the answer and enter “0” as the yen amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

How much did you pay in premiums for your long-term care insurance per month? Depending on your arrangement, such premiums might have been deducted from your pension benefits. If there was no payment, whether in cash or deductions, please say so.

1. Approximately \_\_\_\_\_ yen
2. Don’t know
3. Refused to answer

Regardless of the answer, go to H-039.

H-039:

(Conditional branch)

If the answer to H-031 is 1 and the answer to H-036-0 is 2, go to H-040; otherwise, go to H-046.

H-040:

[To the interviewer: Enter the amount. If the response is “Don’t know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate. If the respondent says he/she paid nothing, select 1 as the answer and enter “0” as the yen amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

For assistance and care services under the Long-term Care Insurance Program, how much did you pay out of pocket per month over the past 12-month period? If there was none, please say so.

1. Approximately \_\_\_\_\_ yen
2. Don’t know

3. Refused to answer

Regardless of the answer, go to H-041.

H-041:

[To the interviewer: Enter the amount. If the response is “Don’t know,” please prompt by reading out the statement below, and if you obtain an answer, enter the amount as appropriate. If the respondent says he/she paid nothing, select 1 as the answer and enter “0” as the yen amount.]

[Interviewer read-out: The amount does not have to be exact. Could you provide a rough estimate?]

In the past 12-month period, how much did you spend per month on the purchase of care services and goods, other than those covered by your long-term care insurance? If there was none, please say so.

1. Approximately \_\_\_\_\_ yen
2. Don’t know
3. Refused to answer

Regardless of the answer, go to H-042.

H-042:

[To the interviewer: For each type of service listed as H-042-1 through H-42-8, select 1 (Yes) or 0 (No) depending on the respondent’s answer and if 1, enter the number of times such service is used per month or the number of days as appropriate. For H-042-9, H-42-10, and H-042-11, select 1 (Yes) if the statement is true, or 0 (No) if not.]

In the past 12-month period, did you receive any assistance or care services at home or as a visitor at facilities? I will now read a series of different types of services. Please tell me whether or not you received each of those services and, if you did, how often or for how many days.

| Type of services                 | No | Yes | Number of time(s)<br>per month or<br>number of day(s) |
|----------------------------------|----|-----|---|
| H-042-1: Physical care           | 0  | 1   | ___ time(s)   |
| H-042-2: Housekeeping assistance | 0  | 1   | ___ time(s)   |

|  |   |   |                |
|--|---|---|----------------|
| H-042-3: Home visit for bathing assistance               | 0 | 1 | ___ time(s)    |
| H-042-4: Nurse visit                                     | 0 | 1 | ___ time(s)    |
| H-042-5: Home rehabilitation                             | 0 | 1 | ___ time(s)    |
| H-042-6: Care service at facilities (Day stay service)   | 0 | 1 | ___ time(s)    |
| H-042-7: Rehabilitation at facilities (Day care service) | 0 | 1 | ___ time(s)    |
| H-042-8: Short-term stay at care facilities              | 0 | 1 | For ___ day(s) |
| H-042-9: Did not use any of the above services           | 0 | 1 |                |
| H-042-10: Don't know                                     | 0 | 1 |                |
| H-042-11: Refused to answer                              | 0 | 1 |                |

Regardless of the answers, go to H-043.

H-043:

Were you or have you been institutionalized in any care facility for any length of time during the past 12-month period?

1. Yes
2. No
3. Currently I have temporary care at home, but intend to move to a facility permanently
4. Don't know
5. Refused to answer

If the answer to H-043 is 1 or 3, go to H-044; otherwise go to H-046.

H-044:

[To the interviewer: Show Card H-044 in asking the following question.]

In which of the following types of facilities were you or have you been institutionalized? If you don't know what type, could you tell me the name of the facility?

1. *Tokuyo* (special nursing) home for the elderly requiring long-term care
2. *Roken* (elderly health) facility primarily for those requiring rehabilitation
3. *Ryoyo-byosho* (sanatorium) for the elderly requiring convalescent care
4. Other (Specify the name of the facility: \_\_\_\_\_)
5. Don't know

6. Refused to answer

Regardless of the answer, go to H-045.

H-045:

How long did you stay there in all? Please answer in terms of days, weeks, or months as appropriate to the best of your recollection. If you had been out of the facility temporarily, please exclude that period.

1. Approximately \_\_\_\_ days
2. Approximately \_\_\_\_ week(s)
3. Approximately \_\_\_\_ month(s)
4. Don't know
5. Refused to answer

Regardless of the answer, go to H-046.

H-046:

During the past 12-month period, did you provide personal care to your family members, relatives, friends, or neighbors or help any of such persons with non-personal tasks such as housekeeping and filling out documents or by listening to their worries and concerns?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to H-046 is 1, go to H-047; otherwise, go to H-052.

H-047:

Let me ask more specifically. Did you provide personal care involving physical contact, such as helping change clothes, bathing, eating, and going to the bathroom?

1. Yes
2. No
3. Don't know

4. Refused to answer

If the answer to H-047 is 1, go to H-047-1; otherwise, go to H-0 48.

H-047-1:

[To the interviewer: Show Card H-047-1 in asking the following question.]

To whom did you provide such personal care? Please select all that apply.

1. Family member(s) living with you (Specify: \_\_\_\_\_)
2. Family member(s) and relative(s) not living with you (Specify: \_\_\_\_\_)
3. Friend(s) or neighbor(s)
4. Other (Specify: \_\_\_\_\_)

Regardless of the answer, go to H-047-2.

H-047-2:

Over the past 12-month period, how often did you provide such care? Please select the one that best describes your answer.

1. Every day
2. Every week
3. Every month
4. Several times in total
5. Don't know
6. Refused to answer

Regardless of the answer, go to H-048.

H-048:

Now I would like to ask about non-personal help. During the past 12-month period, did you help anyone with household tasks, such as cooking, doing laundry, changing light bulbs, moving furniture, shopping, and tending the garden?

1. Yes
2. No
3. Don't know

4. Refused to answer

If the answer to H-048 is 1, go to H-048-1; otherwise, go to H-049.

H-048-1:

[To the interviewer: Show Card H-048-1 in asking the following question.]

Who did you help with such household tasks? Please select all that apply.

1. Family member(s) living with you (Specify: \_\_\_\_\_)
2. Family member(s) or relative(s) not living with you (Specify: \_\_\_\_\_)
3. Friend(s) or neighbor(s)
4. Other (Specify: \_\_\_\_\_)

Regardless of the answer, go to H-048-2.

H-048-2:

Over the past 12-month period, how often did you provide such help? Please select the one that best describes your answer.

1. Every day
2. Every week
3. Every month
4. Several times in total
5. Don't know
6. Refused to answer

Regardless of the answer, go to H-049.

H-049

During the past 12-month period, did you help anyone fill out tax returns, pension-related forms, or other documents for financial or legal matters?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to H-049 is 1, go to H-049-1; otherwise, go to H-050.

H-049-1:

[To the interviewer: Show Card H-049-1 in asking the following question.]

Who did you help with such documents? Please select all that apply.

1. Family member(s) living with you (Specify: \_\_\_\_\_)
2. Family member(s) or relative(s) not living with you (Specify: \_\_\_\_\_)
3. Friend(s) or neighbor(s)
4. Other (Specify: \_\_\_\_\_)

Regardless of the answer, go to H-049-2.

H-049-2:

Over the past 12-month period, how often did you provide such help? Please select the one that best describes your answer.

1. Every day
2. Every week
3. Every month
4. Several times in total
5. Don't know
6. Refused to answer

Regardless of the answer, go to H-050.

H-050:

During the past 12-month period, did you help anyone with worries or concerns, for instance, by listening to and offering advice?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to H-051.

H-051:

During the past 12-month period, did you help anyone in trouble by offering advice?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to H-052.

H-052:

Next, I would like to ask about the care or help you might have received from others. During the past 12-month period, did you receive personal care from your family members, relatives, friends, or neighbors or was you helped by any of such persons with housekeeping, filling out documents, or worries and concerns?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to H-052 is 1, go to H-053; otherwise, go to H-056.

H-053:

Let me ask more specifically. Did you receive personal care involving physical contact, such as help with changing clothes, bathing, eating, and going to the bathroom?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to H-053 is 1, go to H-053-1; otherwise, go to H-054.



H-053-1:

[To the interviewer: Show Card H-053-1 in asking the following question.]

From whom did you receive such personal care? Please select all that apply.

1. Family member(s) living with you (Specify: \_\_\_\_\_)
2. Family member(s) or relative(s) not living with you (specify)
3. Friend(s) or neighbor(s)
4. Other (Specify: \_\_\_\_\_)

Regardless of the answer, go to H-053-2.

H-053-2:

Over the past 12-month period, how often did you receive such personal care? Please select the one that best describes your answer.

1. Every day
2. Every week
3. Every month
4. Several times in total
5. Don't know
6. Refused to answer

Regardless of the answer, go to H-054.

H-054:

Now I would like to ask about non-personal care. During the past 12-month period, did you receive help with household tasks, such as cooking, doing laundry, changing light bulbs, moving furniture, shopping, and tending the garden?

1. Yes
2. No
3. Don't know
4. Refused to answer

If the answer to H-054 is 1, go to H-054-1; otherwise, go to H-055.

H-054-1:

[To the interviewer: Show Card H-054-1 in asking the following question.]

Who helped you with such household tasks? Please select all that apply.

1. Family member(s) living with you (Specify: \_\_\_\_\_)
2. Family member(s) or relative(s) not living with you (Specify: \_\_\_\_\_)
3. Friend(s) or neighbor(s)
4. Other (Specify: \_\_\_\_\_)

Regardless of the answer, go to H-054-2.

H-054-2:

Over the past 12-month period, how often did you receive such help? Please select the one that best describes your answer.

1. Every day
2. Every week
3. Every month
4. Several times in total
5. Don't know
6. Refused to answer

Regardless of the answer, go to H-055.

H-055:

During the past 12-month period, did you receive help from anyone with filling out tax returns, pension-related forms, or other documents for financial or legal matters?

1. Yes
2. No
3. Don't know
4. Refused to answer

If answer to H-055 is 1, go to H-055-1; otherwise, go to H-056.

H-055-1:

[To the interviewer: Show Card H-055-1 in asking the following question.]

Who helped you with such documents? Please select all that apply.

1. Family member(s) living with you (Specify: \_\_\_\_\_)
2. Family member(s) or relative(s) not living with you (Specify: \_\_\_\_\_)
3. Friend(s) or neighbor(s)
4. Other (Specify: \_\_\_\_\_)

Regardless of the answer, go to H-055-2.

H-055-2:

Over the past 12-month period, how often did you receive such help? Please select the one that best describes your answer.

1. Every day
2. Every week
3. Every month
4. Several times in total
5. Don't know
6. Refused to answer

Regardless of the answer, go to H-056.

H-056:

[To the interviewer: Read out the following statement and select the appropriate option below to indicate who answered the questions in this section. "Proxy" here refers to the respondent's son/daughter or caregiver.]

[Interviewer read-out: This concludes this section. Thank you for your cooperation.]

1. Respondent only
2. Respondent and his/her spouse
3. Respondent's spouse only
4. Respondent and his/her proxy (not including spouse)
5. Respondent's spouse and proxy
6. Respondent's proxy (not including spouse)

Regardless of the choice, go to I-000.

## **I. Wrap-up Question / J. Interviewer's Observation**

I-000:

Thank you very much for your cooperation. Your responses will be statistically processed and compiled into a dataset in a manner that will ensure the confidentiality of your name and other personally identifiable information. It will be used as the base data for planning and making social security policy to support our aging society. We will proceed with our analysis based on the information we received from you today, and if possible, we would like to return in two years for a follow-up survey to ask about any changes in your life and health. For the next time around, it will not take as much time as it did today. Can we expect your cooperation at that time?

1. Yes
2. No
3. Don't know
4. Refused to answer

Regardless of the answer, go to I-001.

I-001:

[To the interviewer: Select 1 if the self-completion questionnaire has been collected from the respondent, or select 2 if not.]

1. Yes
2. No

If the answer to I-001 is 1, go to I-002; if 2, read out the statement below before proceeding to I-002.

[Interviewer read-out: Please complete the self-completed questionnaire later and send it to us by postal mail. In addition to what you have told us in the interview today, your responses to this questionnaire survey will provide us with extremely important information.]

I-002:

[To the interviewer: Select 1 (Yes) if the Diet Questionnaire has been collected from the respondent, or select 2 (No) if not.]

1. Yes
2. No

If the answer to I-002 is 1, go to I-003; if 2, read out the statement below before proceeding to I-003.

[Interviewer read-out: Please complete the Diet Questionnaire later and send it to us by postal mail. We will analyze your responses and send you an analysis of the balance of your diet.]

I-003:

[To the interviewer: Read out the following statement and select the appropriate option below to indicate who answered the first question of this section. “Proxy” here refers to the respondent’s son/daughter or caregiver.]

[Interviewer read-out: This concludes this section. Thank you for your cooperation.]

1. Respondent only
2. Respondent and his/her spouse
3. Respondent’s spouse only
4. Respondent and his/her proxy (not including spouse)
5. Respondent’s spouse and proxy
6. Respondent’s proxy (not including spouse)

If the choice in I-003 is 1, go to J-002; otherwise, go to J-001.

[To the interviewer: The following questions in Section J are addressed to you. Proceed and answer them after completing the interview with the respondent.]

J-001:

Did anyone answer all or part of the questions in the interview on behalf of the respondent? If so, who answered? If more than one person answered on behalf of the respondent, select the one who answered the most number of questions.

1. Respondent's spouse or common-law spouse
2. Respondent's son, daughter, son-in-law, or daughter-in-law
3. Respondent's parent or parent-in-law
4. Respondent's sibling
5. Respondent's grandchild
6. Other relative
7. Friend or acquaintance
8. Home care aide or other non-relative caregiver
9. Other (Specify: \_\_\_\_\_)
10. Respondent answered all of the questions (Proxy did not answer any question even if he/she was present)

Regardless of the answer, go to J-002.

J-002:

During the interview, did anyone (other than the respondent and his/her proxy) influence any of the respondent's answers? Select all that apply.

1. No
2. Spouse or common-law spouse
3. Parent(s) or spouse's parent(s)
4. Son(s) and/or daughter(s)
5. Other relative(s)
6. Others

Regardless of the answer, go to J-003.

J-003:

Which of the following best describes the respondent's attitude during the interview?

1. Very cooperative
2. Cooperative
3. Fair
4. Not cooperative
5. Not cooperative at first but became cooperative through the course of the interview
6. Cooperative at first but became non-cooperative through the course of the interview

If the answer to J-003 is 6, go to J-004; otherwise, go to J-006.

J-004:

Why did the respondent become non-cooperative through the course of the interview? Select all that apply.

1. Respondent lost interest
2. Respondent became tired and unable to concentrate
3. Other

If the answer to J-004 is 3, go to J-005; otherwise, go to J-006.

J-005:

What made the respondent unwilling to cooperate? Describe specifically.

|  |
|--|
|  |
|--|

Regardless of the answer, go to J-006.

J-006:

Did the respondent ask you to repeat the questions?



1. Not at all
2. Hardly
3. Sometimes
4. Often
5. Very often
6. Always

Regardless of the answer, go to J-007.

J-007:

Overall, how was the respondent's understanding of the questions?

1. Understood none of the questions
2. Understood hardly any of the questions
3. Understood some of the questions
4. Understood many of the questions
5. Understood most of the questions
6. Understood all of the questions

Regardless of the answer, go to J-008.

J-008:

What type of home does the respondent live in? Please select the most appropriate answer from the following choices.

1. Single-family home
2. Townhouse (including terrace house)
3. Dwelling unit in a multiple-family building having no more than two floors
4. Dwelling unit in a multiple-family building having three to five floors
5. Dwelling unit in a multiple-family building having six to 10 floors
6. Dwelling unit in a multiple-family building having 11 or more floors

Regardless of the answer, go to J-009.

J-009:

Judging from its appearance, using a 10-year-old public apartment as the basis for average, how does the respondent's home compare?

1. Quite good
2. Good
3. Average
4. Bad
5. Quite bad

Regardless of the answer, go to J-010.

J-010:

Based on your observation, how would you describe the respondent's standard of living?

1. Very affluent
2. Somewhat affluent
3. Average
4. Somewhat disadvantaged
5. Very disadvantaged

Regardless of the answer, go to J-011.

J-011:

Do you think the respondent's neighborhood is clean and free of litter?

1. Definitely yes
2. Probably yes
3. Not sure
4. Probably no
5. Definitely no

Regardless of the answer, go to J-012.

J-012:

Based on your observation, is the respondent's neighborhood safe?

1. Definitely yes

2. Probably yes
3. Not sure
4. Probably no
5. Definitely no

Regardless of the answer, go to J-013.

J-013:

Is the respondent's neighborhood free of noise, odor, or other environmental problems?

1. Definitely yes
2. Probably yes
3. Not sure
4. Probably no
5. Definitely no

Regardless of the answer, go to J-014.

J-014:

Are there many parks and green areas in the respondent's neighborhood?

1. Definitely yes
2. Probably yes
3. Not sure
4. Probably no
5. Definitely no

Regardless of the answer, go to the final screen.

<Final Screen>

Thank you very much for your cooperation.

Please submit the data from this interview along with the self-completion question and the Diet Questionnaire (OCR form) collected from the respondent to RJC Research. Please be careful not to fold or damage the Diet Questionnaire form. Also, please write down your impressions or provide suggestions for improvement. Your opinions and comments will be used as reference in

planning future rounds of the survey.

Overall impressions:

|  |
|--|
|  |
|--|

Suggestions for improvements:

|   |
|---|
| <ul style="list-style-type: none"><li>• Language ambiguity or problems in the flow of questions</li></ul> |
|---|

|  |
|--|
| <ul style="list-style-type: none"><li>• Survey materials (interview form, self-completion questionnaire form, cards, etc.)</li></ul> |
|--|

|  |
|--|
| <ul style="list-style-type: none"><li>• Others</li></ul> |
|--|