JSTAR

1st wave
Respondent Self-Completed Questionnaire

Research Institute of Economy, Trade and Industry
and
Hitotsubashi University

Ver. August 1, 2016
Survey of Lifestyle and Health
“In support of better health care and pension policy”

Respondent Self-Completed Questionnaire

Introduction:
In this questionnaire, we ask about topics that we could not cover in the interview, or that are more effectively answered on paper than in an interview. These questions are equally important to the survey research as those asked in the interview. Please answer them to the best of your ability. When you have completed filling out this form, please seal it in the envelope provided and give it to the interviewer who comes to your home, or mail it to us within ten days (postage is paid).

We have also asked you to fill out a separate questionnaire about your diet. After analyzing your responses to the diet questionnaire, we will send you an analysis of the balance of your diet.

We will strictly respect the confidentiality of your answers. They will not be used for any purpose other than research (including tax inquiries, commercial purposes, etc.). Even for research purposes, no individual identification will be possible.

2007

Organizations conducting this survey:
Hitotsubashi University (National university)
Research Institute of Economy, Trade and Industry (Incorporated administrative agency)
Key Points for Filling Out This Form
1. In general, respondent should fill out the form on his or her own. If it is difficult for the respondent to fill out the form, a family member or caregiver may fill out the form based on the respondent’s answers. In that case, please make every effort to enter the opinions of the respondent.

2. Most of the questions in the questionnaire beginning on the next page can be answered by circling the number of the best choice to answer the question, or by entering a number. Please mark clearly, using a pencil or ball-point pen.

3. Please answer the questions in order. Unless you are instructed to skip a question, please try to answer every question. Thank you for your cooperation.

Please begin with Question 1 on the next page.
First, we would like to ask you about the condition of your health, your health consciousness, and your lifestyle habits.

1. Please select the item that most accurately describes your overall current health. (Circle only one.)
   1. Very good
   2. Good
   3. Fairly good
   4. Bad
   5. Very bad
   6. Don't know

2. Do you have any difficulty performing the following everyday activities? Please answer “yes” or “no” for each. If you don't perform an activity regularly, please imagine whether it would be difficult for you if you tried to perform it. (Circle only one answer for each item.)

<table>
<thead>
<tr>
<th>Activity</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Can you go out by yourself, using buses or trains?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>2. Can you shop for daily needs?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>3. Can you draw your own bath at night?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>4. Can you pay your bills?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>5. Can you make deposits and withdrawals from your bank or postal account?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>6. Can you fill out documentation for your pension, etc.?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>7. Do you read a newspaper?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>8. Do you read books or magazines?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>9. Are you interested in articles or programs about health?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>10. Do you visit the homes of friends?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>11. Do you give advice to family or friends?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>12. Can you visit sick people?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>13. Do you ever talk to young people?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>14. Do you use the telephone by yourself?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>15. Do you take medicine by yourself?</td>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>

3. We would now like to ask about how much you walk in the course of your daily activities. Please answer not only about taking walks, but how much time you spend walking, including shopping, going to work or going out. (Circle only one answer.)
   1. Hardly walk at all
   2. Less than 30 minutes
   3. 30~60 minutes
   4. 60~90 minutes
   5. More than 90 minutes
   6. Cannot walk

4. Do you regularly use tobacco, or did you use it in the past? (Circle only one answer.)
   1. Yes, I smoke now (Go to question 4-1)
   2. I smoked in the past, but I have quit (Go to question 4-1)
   3. No, I have never smoked regularly (Go to question 5)

4-1. At about what age did you begin smoking regularly?
   About age ___

4-2. About how many cigarettes do you smoke per day (or did you used to smoke per day)?
   (Answer in number of cigarettes or number of packs.)
   1. ___ cigarettes per day
   2. ___ packs per day

4-3. At about what age did you quit smoking?
About age ___

5. We would now like to ask about your alcohol consumption. In the past six months, about how frequently did you drink alcohol (including beer, mixed drinks, whiskey, shochu, sake, or wine)?
   1. Daily
   2. 5~6 days per week
   3. 3~4 days per week
   4. 1~2 days per week
   5. Several times per month
   6. Hardly ever or never drink

5-1. (For respondents who selected answer 1~4 on question 5)
On days when you drank, what and how much did you drink? If you drank more than one kind of drink, please count the total you drank per day.
   1. Beer: ___ cans of beer (350ml)
   2. Shochu: ___ drinks (25% alcohol)
   3. Sake: ___ drinks
   4. Whiskey: ___ doubles
   5. Wine: ___ glasses
   6. Cocktails: ___ml
   7. Other: (Describe: ) ___ml

6. Are you currently concerned about your health?
   1. Yes
   2. No
   3. Not sure

7. Are you confident that you will be healthy three years from now?
   1. Yes
   2. No
   3. Not sure

8. We would now like to ask about your physical and emotional condition in the last week. Please indicate whether any of the following has occurred in the last week. If something occurred, but did not continue for at least one day, answer “Not at all.” If it continued for one day or more, please indicate the number of days. (Circle only one answer.)

<table>
<thead>
<tr>
<th></th>
<th>Not at all</th>
<th>1~2 days</th>
<th>3~4 days</th>
<th>5 days or more</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Felt unusual in some way</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>2. Had no appetite</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>3. Felt depressed and could not be consoled by family or friends</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>4. Felt I could do anything a normal person could do</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>5. Could not concentrate on what I was doing</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>6. Felt depressed</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>7. Something that is normally effortless was difficult to do</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>8. Felt the future was bright</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>9. Felt that my life so far has been a failure</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>10. Felt frightened</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>11. Could not sleep well</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>12. Felt happy</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>13. Felt more taciturn than usual</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>14. Felt lonely</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>15. People around me seemed cold to me</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Question</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>-------------------------------------------------------------------------</td>
<td>-----</td>
<td>-----</td>
<td>-----</td>
<td>-----</td>
</tr>
<tr>
<td>16. Felt happy</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>17. Cried or felt like crying</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18. Felt sad</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>19. Felt that people around me disliked me</td>
<td></td>
<td></td>
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<td></td>
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<tr>
<td>20. Didn’t feel like doing anything</td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

9. Are you satisfied or unsatisfied with your current life? (Circle only one answer.)
1. Satisfied
2. Fairly satisfied
3. Somewhat unsatisfied
4. Unsatisfied

We would now like to ask about your relationships with family and the people around you.

10. Do you feel that the following people would be concerned if you had a problem or were worried about something? (Circle only one answer for each person.)

<table>
<thead>
<tr>
<th>Person</th>
<th>Very much</th>
<th>Somewhat</th>
<th>Not so much</th>
<th>Not at all</th>
<th>Nobody in that category</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Spouse (or common-law spouse)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Relatives living in your house other than spouse</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Children or other close relatives not living with you</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Friends, acquaintances, neighbors, etc.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

11. If you were bedridden with an illness, do you think the following people would take care of you or do things for you? (Circle only one answer for each person.)

<table>
<thead>
<tr>
<th>Person</th>
<th>Very much</th>
<th>Somewhat</th>
<th>Not so much</th>
<th>Not at all</th>
<th>Nobody in that category</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Spouse (or common-law spouse)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
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<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Children or other close relatives not living with you</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Friends, acquaintances, neighbors, etc.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

12. Would you be concerned if the following people had a problem or were worried about something? (Circle only one answer for each person.)

<table>
<thead>
<tr>
<th>Person</th>
<th>Very much</th>
<th>Somewhat</th>
<th>Not so much</th>
<th>Not at all</th>
<th>Nobody in that category</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Spouse (or common-law spouse)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Relatives living in your house other than spouse</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Children or other close relatives not living with you</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Friends, acquaintances, neighbors, etc.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

13. If the following people were bedridden with an illness, would you care for them or do things for them? (Circle only one answer for each person.)

<table>
<thead>
<tr>
<th>Person</th>
<th>Very much</th>
<th>Somewhat</th>
<th>Not so much</th>
<th>Not at all</th>
<th>Nobody in that category</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Spouse (or common-law spouse)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Relatives living in your house other than spouse</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
14. Who is or was primarily responsible for the following tasks? Select the most appropriate answer for each item. If the item is not applicable to you, select “Not applicable.”

<table>
<thead>
<tr>
<th>Task</th>
<th>Self only</th>
<th>Primarily self</th>
<th>Equally with spouse</th>
<th>Primarily spouse</th>
<th>Spouse only</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Care of children</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>2. Make income</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>3. Prepare meals, clean house, do laundry</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>4. Care of older relatives</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>5. Keep household accounts</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>6. Decide on major purchases</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
</tbody>
</table>

15. This question is for respondents who are married or have a common-law spouse. How satisfied are you overall with your relationship with your spouse? Select only one answer.
1. Very satisfied
2. Generally satisfied
3. Somewhat dissatisfied
4. Quite dissatisfied
5. Don’t know

16. Do you agree or disagree with the following opinions about typical gender roles? (Circle only one answer for each item.)

<table>
<thead>
<tr>
<th>Opinion</th>
<th>Agree</th>
<th>Generally agree</th>
<th>Generally disagree</th>
<th>Disagree</th>
<th>Don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Men should work outside the home and women inside the home</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>2. Boys and girls should be raised differently</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>3. Women are more suited than men for housework and childcare</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

17. Some people feel that individuals and families should take responsibility for the social needs and medical care of the elderly, while others feel it should be the national or local government’s responsibility. Which opinion do you agree with?

<table>
<thead>
<tr>
<th>Opinion</th>
<th>Individual/family</th>
<th>Probably individual/family</th>
<th>Probably national/local government</th>
<th>National/local government</th>
<th>Don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Responsibility for social needs of elderly</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>2. Responsibility for medical care of elderly</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

18. Please describe your local area in regard to the following points.

<table>
<thead>
<tr>
<th>Feature</th>
<th>Yes</th>
<th>No</th>
<th>Don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Pharmacy and medical care facilities nearby</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>
2. Shops selling groceries and daily needs nearby
3. Park where you can walk and exercise safely nearby
4. Train station or bus stop nearby
5. There are pollution or noise problems
6. There are concerns about public order such as vandalism or crime
7. There is a location nearby to meet with friends

19. We would now like to ask about the people who live near you.

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
<th>Don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Do you think you can trust most of them?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Do you think that others would take advantage of you given the opportunity?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Do you think most of them try to help others?</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

20. When you thought of the area “near you” in the previous question, which of the following came to your mind? (Circle only one answer.)
1. Neighboring homes
2. Same ward/school district/ health district, etc.
3. Same city or town
4. Same prefecture
5. Other (Describe: )
6. Nothing special came to mind

21. We would now like to ask about how you spend your time. Please think about the past month. About how much time per day did you spend on the following activities? Please think separately about weekdays (working days) and weekend days, and answer in ten-minute units. If you do not work, answer for non-working days only. If your primary occupation is keeping house, please answer in terms of weekdays and weekend days for a member of your family who works. If you do more than one thing at a time, please answer concerning the primary activity.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Time spend on weekdays (work days)</th>
<th>Time spent on weekend days (non-work days)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Commuting</td>
<td>hours minutes</td>
<td>--</td>
</tr>
<tr>
<td>Work</td>
<td>hours minutes</td>
<td>--</td>
</tr>
<tr>
<td>Housework, shopping for daily needs, caring for children or grandchildren</td>
<td>hours minutes</td>
<td>hours minutes</td>
</tr>
<tr>
<td>Caring for parent, spouse, or family member</td>
<td>hours minutes</td>
<td>hours minutes</td>
</tr>
<tr>
<td>Exercise, sports, walking</td>
<td>hours minutes</td>
<td>hours minutes</td>
</tr>
<tr>
<td>Studying/learning</td>
<td>hours minutes</td>
<td>hours minutes</td>
</tr>
<tr>
<td>Community meetings, religious activities, political activities</td>
<td>hours minutes</td>
<td>hours minutes</td>
</tr>
<tr>
<td>Hobbies, amusements, socializing</td>
<td>hours minutes</td>
<td>hours minutes</td>
</tr>
<tr>
<td>Resting, relaxing</td>
<td>hours minutes</td>
<td>hours minutes</td>
</tr>
</tbody>
</table>

22. We would now like to ask about your friendships. Please state how many friends you have from each context described below. “Friends” means friends you meet individually. Please do not include people that you do an activity with (such as community meetings, regional activities, or hobbies) but do not meet with, talk to, or socialize with on a personal basis. If you know them in more than one context, please answer for the primary context.

<table>
<thead>
<tr>
<th>Male friends</th>
<th>Context in which you met</th>
<th>How many friends in all?</th>
<th>Number of those with whom you would share concerns, etc.</th>
<th>Number of those you could ask for help if you were sick, injured or had some other problem</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Know from childhood or school days</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Know from work</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Know from hobby or</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Volunteer activity</td>
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<td>--------------------</td>
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<td></td>
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<tr>
<td>Know through spouse or children</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Met through friend after graduating from school</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Live nearby</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other (Describe:  )</td>
<td></td>
<td></td>
<td></td>
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<td>Context in which you met</td>
<td>How many friends in all?</td>
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<td>Know from childhood or school days</td>
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<td>Know from hobby or volunteer activity</td>
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<td>Know through spouse or children</td>
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<td>Met through friend after graduating from school</td>
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<td>Live nearby</td>
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<td>Other (Describe:  )</td>
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23. Overall, are you satisfied with your current friendships? (Circle only one answer.)
1. Very satisfied
2. Fairly satisfied
3. Somewhat dissatisfied
4. Very dissatisfied
5. Not applicable (no friends)

24. In the past month, have you done non-work activities with anyone other than family or friends? (Circle only one answer.)
1. Yes (Go to supplementary questions 24-1~24-3)
2. No (Go to question 25)
3. Don’t know (Go to question 25)

24-1. What kind of activity was it? Please select all applicable answers.
1. Local activity (including seniors’ clubs and festivals)
2. Helped a neighbor (in a personal capacity)
3. Volunteer/charitable activity
4. Religious activity
5. Political activity
6. Hobby/travel/leisure activity
7. Study/learning
8. Exercise/sports activity (including gateball [like croquet], jogging, etc.)
9. Other (Describe:  )

24-2. Enter the number of the activity above you engaged in most frequently: ___

24-3. About how often did you engage in the activity you named in question 24-2? (Circle only one answer.)
1. Almost every day
2. Almost every week
3. Several times a month
4. Don’t know
5. Refused to answer

25. We would now like to ask about your contributions to and support of charitable enterprises. In the past year, have you contributed to a charity? If so, about how much did you donate? A rough estimate is fine.
   1. I donated
   2. I did not donate
   3. Don’t know
   4. Refused to answer

   Amount of donation:
   1. About ___ yen
   2. Don’t know
   3. Refused to answer

The following questions are related to income and assets.
We understand that these questions are intrusive, but the relationship between your household’s economic situation and your health is necessary information for statistical analysis. The interviewer will not see the information you enter here, and the information will be statistically processed without any individual identification.
We will strictly preserve the confidentiality of your answers, and they will not be used for any purpose other than research (such as for tax or commercial purposes). We appreciate your cooperation. Also, if you have your tax withholding certificate or tax return available, please consult as you answer these questions to ensure more accurate information. Thank you.

26. Do you manage your household finances together with your spouse (or common-law spouse), or separately?
   1. Together
   2. Separately
   3. No spouse
   4. Don’t know
   5. Refused to answer

First, we would like to ask about your own individual income.

27. About how much income did you have in the last year after taxes and social insurance deductions? Please include not only wages, but any income from pensions or financial assets (fixed-term savings, government bonds, etc.) or real estate in your name. If you received any money for living expenses from anyone other than your spouse (child, parent, etc.), please include that amount also. If you received meals or other non-cash income, please include a rough estimate of that amount also. If you had no individual income, please enter 0.
   1. About ___ yen
   2. Don’t know

28. We would now like to ask about any taxes or social insurance premiums paid in your own name. In the past year, did you pay any income tax, resident tax, business tax, fixed-asset tax, automobile tax, inheritance tax, or social insurance premiums (public insurance fees such as pensions, national health insurance, or nursing care insurance)?
   1. Yes
   2. No
   3. Don’t know

28-1. Only for respondents who answered “Yes” to question 28.
In the past year, about how much did you pay all together? If you can, circle any items you paid and state the amount. If you can distinguish between taxes and social insurance deductions, please do so.
   1. I paid something, but don’t know how much
2. I know the total amount, but not the breakdown; total amount ___ yen
3. Breakdown:
   Taxes (income, resident, business, fixed-asset, automobile, inheritance): ___ yen
   Social insurance (medical, nursing, pension, or other public insurance): ___ yen

The next questions are only for respondents who said in question 26 that they manage their household finances together with their spouse. If this does not apply to you, please proceed to question 31.

29. We would now like to ask about your spouse’s income. About how much income did your spouse have in the last year after taxes and social insurance deductions? Please include not only wages, but any income from pensions or financial assets (fixed-term savings, government bonds, etc.) or real estate in your spouse’s name. If your spouse had no individual income, please enter 0.
   1. About ___ yen
   2. Don’t know

30. We would now like to ask about any taxes or social insurance premiums paid in your spouse’s name. In the past year, did your spouse pay any income tax, resident tax, business tax, fixed-asset tax, automobile tax, inheritance tax, or social insurance premiums (public insurance fees such as pensions, national health insurance, or nursing care insurance)?
   1. Yes
   2. No
   3. Don’t know

30-1. Only for respondents who answered “Yes” to question 30.
   In the past year, about how much did your spouse pay all together? If you can, circle any items your spouse paid and state the amount. If you can distinguish between taxes and social insurance deductions, please do so.
   1. Spouse paid something, but don’t know how much
   2. I know the total amount, but not the breakdown; total amount ___ yen
   3. Breakdown:
      Taxes (income, resident, business, fixed-asset, automobile, inheritance): ___ yen
      Social insurance (medical, nursing, pension, or other public insurance): ___ yen

Next, we would like to ask about your assets.

31. Do you manage your assets together with your spouse (or common-law spouse) or separately?
   1. Together
   2. Separately
   3. No spouse
   4. Don’t know
   5. Refused to answer

First, we would like to ask about your individual assets.

32. Do you have savings in your own name? Please include regular bank or postal savings accounts, and fixed-term and fixed-amount accounts (including credit unions, credit societies, agricultural cooperatives, credit banks, etc.).
   1. Yes
   2. No
   3. Don’t know

32-1. This question is only for respondents who answered “Yes” to question 32. About how much do you have in those accounts?
   1. About ___ yen
   2. Don’t know
33. Do you own securities in your own name in an investment trust (MMF, medium-term government bond fund, foreign investment trust, etc.), discount bank debentures, wide funds, government bonds, corporate securities, etc.?
   1. Yes
   2. No
   3. Don’t know

33-1. This question is only for respondents who answered “Yes” to question 33. About how much do you have in those accounts?
   1. About ___ yen
   2. Don’t know

34. Do you own in your own name securities that can be traded through an investment company?
   1. Yes
   2. No
   3. Don’t know

34-1. This question is only for respondents who answered “Yes” to question 34. If you sold all those securities today, about how much could you get for them?
   1. About ___ yen
   2. Don’t know

The next questions are only for respondents who said in question 31 that they manage their assets together with their spouse. If this does not apply to you, please proceed to question 38.

35. Does your spouse have savings in his or her own name? Please include regular bank or postal savings accounts, and fixed-term and fixed-amount accounts (including credit unions, credit societies, agricultural cooperatives, credit banks, etc.).
   1. Yes
   2. No
   3. Don’t know

35-1. This question is only for respondents who answered “Yes” to question 35. About how much does your spouse have in those accounts?
   1. About ___ yen
   2. Don’t know

36. Does your spouse own securities in his or her own name in an investment trust (MMF, medium-term government bond fund, foreign investment trust, etc.), discount bank debentures, wide funds, government bonds, corporate securities, etc.?
   1. Yes
   2. No
   3. Don’t know

36-1. This question is only for respondents who answered “Yes” to question 36. About how much does your spouse have in those accounts?
   1. About ___ yen
   2. Don’t know

37. Does your spouse own in his or her own name securities that can be traded through an investment company?
   1. Yes
   2. No
   3. Don’t know
37-1. This question is only for respondents who answered “Yes” to question 37. If your spouse sold all those securities today, about how much could he or she get for them?
1. About ___ yen
2. Don’t know

38. This concludes the questionnaire. Did you answer this questionnaire on your own, or with the assistance of a family member or caregiver? (Circle only one answer.)
1. Answered by myself
2. Had help from a family member or caregiver
   From whom did you have help?
   1. Spouse
   2. Child
   3. Other relative
   4. Other (Describe: )

Thank you very much for your cooperation with this study. Please seal this form in the envelope you received from the interviewer and give it to the interviewer when he or she comes to your home, or send it, together with the “Diet Questionnaire” to us within ten days.
Thanks also for your cooperation with the Diet Questionnaire. (Please take care not to fold or bend that form.)
JSTAR

1st wave
Questionnaire

Research Institute of Economy, Trade and Industry
and
Hitotsubashi University
A. Individual and Family Information
First, I would like to ask some questions about you.

A-000. In what month and year were you born?
1. Japanese date: ____________________
2. Western date: ____________________
3. Don’t know
4. Refused to answer

If answer is 1 or 2, go to A-002; if answer is 3 or 4, go to A-001-1

A-001-1. This question is required to confirm your identity. Can you please answer?
1. Japanese date: ____________________
2. Western date: ____________________
3. Don’t know
4. Refused to answer

Regardless of answer, go to A-002.

A-002. [Interviewer: Ask question after showing card A-002.]
What was the last level of school you attended, and did you graduate?

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<td>9. Don’t know</td>
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<td>10. Refused to answer</td>
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Regardless of answer, go to A-003.

A-003. Are you married, or do you have a common-law spouse?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to A-003 is 1, go to A-004; otherwise, go to A-007.

A-004. When did you get married? Or when did you begin living together with your common-law spouse?
1. Japanese date: ____________________
2. Western date: ____________________
3. Don’t know
4. Refused to answer

Regardless of answer, go to A-005.

A-005. When was your spouse or common-law spouse born?
1. Japanese date: ____________________
2. Western date: ____________________
3. Don’t know
4. Refused to answer

Regardless of answer, go to A-006.

A-006. [Interviewer: Ask question after showing card A-006.]
What was the last level of school your spouse attended, and did he/she graduate?

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<td>9. Don’t know</td>
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<td>10. Refused to answer</td>
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Regardless of answer, go to A-010.

A-007. [Interviewer: Ask question after showing card A-007.]
Please select the most accurate statement from the following list. If you had multiple spouses, please answer for the most recent one.
1. I have never been married.
2. My spouse is dead.
3. I am divorced
4. Don’t know
5. Refused to answer

If answer to A-007 is 2, go to A-008; if 3, go to A-009; otherwise, go to A-010.

A-008. When did your spouse die? If more than one spouse has died, please answer for the most recent spouse.
1. Japanese date: ____________________
2. Western date: ____________________
3. Don’t know
4. Refused to answer

Regardless of answer, go to A-010.

A-009. When was your divorce granted? If more than one divorce, when was the most recent one?
1. Japanese date: ____________________
2. Western date: ____________________
3. Don’t know
4. Refused to answer

Regardless of answer, go to A-010.

A-010. Do you have children?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to A-010 is 1, go to A-011; otherwise, go to A-013.

A-011. How many children do you have?
1. ___
2. Don’t know
3. Refused to answer

If answer to A-011 is 1 (has children), go to A-012; otherwise, go to A-013.

A-012-@-1. This question is about your @th child. Is the child male or female?
1. Male
2. Female
3. Don’t know
4. Refused to answer

Regardless of answer, go to A-012-@-2.

A-012-@-2. How old is he/she, or when was he/she born?
1. Age:
2. Japanese date of birth:
3. Western date of birth:
4. Don’t know
5. Refused to answer

Regardless of answer, go to A-012-@-3.

A-012-@-3. Is he/she married?
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to A-012-@-4.

A-012-@-4. [Interviewer: Ask question after showing card A-12-@-4.]
Where does he/she live? Please answer in relation to your own home.
1. Same house
2. Same building
3. Same town/village
4. Same prefecture
5. Different prefecture
6. Abroad
7. Don’t know
8. Refused to answer

Regardless of answer, go to A-012-@-5.

A-012-@-5. [Interviewer: Ask question after showing card A-012-@-5.]
Is the child financially independent? (If child’s primary occupation is housekeeping, answer for him or her and spouse as a unit.)
1. Pays for own food
2. Pays for own food and housing
3. Does not pay for own food or housing
4. Don’t know
5. Refused to answer

Regardless of answer, go to A-012-@-6.

A-012-@-6. [Interviewer: Ask question after showing card A-012-@-6.]
Which of the following most accurately describes your child’s current situation?
1. In school (including studying for university entrance examinations)
2. Commutes to work
3. Part-time, contract or other irregular work
4. On leave from work (because of illness, child care, caring for family member, etc.)
5. Unemployed
6. Caring for home is primary occupation
7. Retired
8. Other (Describe: )
9. Don’t know
10. Refused to answer

Regardless of answer, go to A-012-@-7.

A-012-@-7. [Interviewer: Ask question after showing card A-012-@-7.]
During the past year, how often have you communicated with this child? Include communication by telephone, letter, e-mail, text message, etc.
1. We live together
2. Daily
3. Several times a week
4. About once a week
5. About once every two weeks
6. About once a month
7. Less than once a month
8. Not in contact
9. Don’t know
10. Refused to answer

Regardless of answer, go to A-012-@-8.

A-012-@-8. [Interviewer: Ask question after showing card A-012-@-8.]
What was the last level of school this child attended, and did he/she graduate? (If child not yet in school (including daycare, preschool), select item 8 (Other).)

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After repeating up to @ [number of children], go to A-012-@@-9.

A-012-@@-9. Based on what you have told me, you have @ children. Is this correct?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to A-012-@@-9 is 1, 3 or 4, go to A-013; if 2, return to A-011.

A-013. Next, I would like to ask about your parents. Are your parents living?
1. Yes, both
2. Only father living
3. Only mother living
4. Both parents dead
5. Don’t know
6. Refused to answer

If answer to A-013 is 1 or 2, go to A-014-1; if 3, go to A-015-1. For other answers, if answer to A-003 is 1, go to A-018-1; if any other answer to A-003, go to A-022.

A-014-1. How old is your father?
1. ___
2. Don’t know
3. Refused to answer

Regardless of answer, go to A-014-2.

A-014-2. [Interviewer: Ask question after showing card A-014-2.]
During the past year, how often have you communicated with your father? Include communication by telephone, letter, e-mail, text message, etc. (If answer is “several times a year,” respondent should select 7, “Less than once a month.” If father is institutionalized, answer for how often respondent has contact with father. (If answer is “visit daily,” select “Daily.”)
1. We live together
2. Daily
3. Several times a week
4. About once a week
5. About once every two weeks
6. About once a month
7. Less than once a month
8. Not in contact
9. Don’t know
10. Refused to answer

Regardless of answer, go to A-014-3.

A-014-3. Does your father require nursing care? If so, about how many hours of care does he require daily? Include both in-home care and use of outside facilities. If your father is institutionalized, please say so. Do not include time spent traveling to care location.
1. Requires care at home (approx. ____ hours per day)
2. Institutionalized
3. Does not require care
4. Don’t know
5. Refused to answer
If answer to A-014-3 is 1 or 2, go to A-014-4. Otherwise, if answer to A-013 is 1, go to A-015-1; if answer to A-013 is anything else, go to A-016-1.

A-014-4. Is your father certified to receive care? If so, at what level of care? Please answer to the best of your ability.
1. Not certified
2. Certified for support level 1
3. Certified for support level 2
4. Certified for care level 1
5. Certified for care level 2
6. Certified for care level 3
7. Certified for care level 4
8. Certified for care level 5
9. Don’t know
10. Refused to answer

Regardless of answer to A-014-4, if answer to A-013 is 1, go to A-015-1; otherwise, go to A-016-1.

A-015-1. I would now like to ask about your mother. How old is your mother?
1. ___
2. Don’t know
3. Refused to answer

Regardless of answer, go to A-015-2.

A-015-2. [Interviewer: Ask question after showing card A-015-2.]
During the past year, how often have you communicated with your mother? Include communication by telephone, letter, e-mail, text message, etc. (If answer is “several times a year,” respondent should select 7, “Less than once a month.” If mother is institutionalized, answer for how often respondent has contact with mother. (If answer is “visit daily,” select “Daily.”)
1. We live together
2. Daily
3. Several times a week
4. About once a week
5. About once every two weeks
6. About once a month
7. Less than once a month
8. Not in contact
9. Don’t know
10. Refused to answer

Regardless of answer, go to A-015-3.

A-015-3. Does your mother require nursing care? If so, about how many hours of care does she require daily? Include both in-home care and use of outside facilities. If your mother is institutionalized, please say so. Do not include time spent traveling to care location.
1. Requires care at home (approx. ____ hours per day)
2. Institutionalized
3. Does not require care
4. Don’t know
5. Refused to answer

If answer to A-015-3 is 1 or 2, go to A-015-4. Otherwise, go to A-016-1.

A-015-4. Is your mother certified to receive care? If so, at what level of care? Please answer to the best of your ability.
1. Not certified
2. Certified for support level 1
3. Certified for support level 2
4. Certified for care level 1
5. Certified for care level 2
6. Certified for care level 3
7. Certified for care level 4
8. Certified for care level 5
9. Don’t know
10. Refused to answer

Regardless of answer, go to A-016-1.

A-016-1. Are you currently involved in the care of your mother or father, or do you expect to be in the future? (Including regularly visiting an institutionalized parent.)
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to A-016-2.

A-016-2. Is your spouse currently involved in the care of your father or mother, or does he or she expect to be in the future. (Including regularly visiting an institutionalized parent.)
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to A-016-3.

A-016-3. [Interviewer: Ask question after showing card A-016-3.] Other than you or your spouse, please name up to three people from the following list who are involved in the care of your father or mother, or will likely be involved. Please describe their relationship from the point of view of the parent. Please do not include household aides, medical institution staff, or agencies providing money for care.
1. Son
2. Daughter
3. Son-in-law
4. Daughter-in-law
5. Parent’s spouse
6. Other (Describe:            )
7. No one other than respondent or spouse

1. _____  2. _______ 3. __________

Regardless of answer, go to A-017.

A-017 branch: If answer to A-003 was 1, go to A-018; otherwise, go to A-022.

A-018. I would now like to ask about your spouse’s parents. Are they living?
1. Both living
2. Father only living
3. Mother only living
4. Both deceased
5. Don’t know
6. Refused to answer

If answer to A-018 was 1 or 2, go to A-019-1; if answer was 3, go to A-020-1; if any other answer, go to A-022.

A-019-1. How old is your spouse’s father?
1. Age: ____
2. Don’t know
3. Refused to answer

Regardless of answer, go to A-019-2.

A-019-2. [Interviewer: Ask question after showing card A-019-2.]
During the past year, how often has your spouse communicated with his/her father? Include communication by telephone, letter, e-mail, text message, etc. (If answer is “several times a year,” respondent should select 7. “Less than once a month.” If father is institutionalized, answer for how often respondent has contact with father. (If answer is “visit daily,” select “Daily.”)
1. We live together
2. Daily
3. Several times a week
4. About once a week
5. About once every two weeks
6. About once a month
7. Less than once a month
8. Not in contact
9. Don’t know
10. Refused to answer

Regardless of answer, go to A-019-3.

A-019-3. Does your spouse’s father require nursing care? If so, about how many hours of care does he require daily? Include both in-home care and use of outside facilities. If your spouse’s father is institutionalized, please say so. Do not include time spent traveling to care location.
1. Requires care at home (approx. ____ hours per day)
2. Institutionalized
3. Does not require care
4. Don’t know
5. Refused to answer

If answer to A-019-3 is 1 or 2, go to A-019-4. Otherwise, if answer to A-018 is 1, go to A-020-1; if any other answer to A-018, go to A-021-1.

1. Not certified
2. Certified for support level 1
3. Certified for support level 2
4. Certified for care level 1
5. Certified for care level 2
6. Certified for care level 3
7. Certified for care level 4
8. Certified for care level 5
9. Don’t know
10. Refused to answer

Regardless of answer, if answer to A-018 is 1, go to A-020-1; otherwise, go to A-021-1.
A-020-1. I would now like to ask about your spouse’s mother. How old is she?
1. Age:
2. Don’t know
3. Refused to answer

Regardless of answer, go to A-020-2.

A-020-2. [Interviewer: Ask question after showing card A-020-2.] During the past year, how often has your spouse communicated with his or her mother? Include communication by telephone, letter, e-mail, text message, etc. (If answer is “several times a year,” respondent should select 7, “Less than once a month.”) If mother is institutionalized, answer for how often respondent has contact with mother. (If answer is “visit daily,” select “Daily.”)
1. We live together
2. Daily
3. Several times a week
4. About once a week
5. About once every two weeks
6. About once a month
7. Less than once a month
8. Not in contact
9. Don’t know
10. Refused to answer

Regardless of answer, go to A-020-3.

A-020-3. Does your spouse’s mother require nursing care? If so, about how many hours of care does she require daily? Include both in-home care and use of outside facilities. If your spouse’s mother is institutionalized, please say so. Do not include time spent traveling to care location.
1. Requires care at home (approx. ____ hours per day)
2. Institutionalized
3. Does not require care
4. Don’t know
5. Refused to answer

If answer to A-020-3 is 1 or 2, go to A-020-4. Otherwise, go to A-021-1.

A-020-4. Is your spouse’s mother certified to receive care? If so, at what level of care? Please answer to the best of your ability.
1. Not certified
2. Certified for support level 1
3. Certified for support level 2
4. Certified for care level 1
5. Certified for care level 2
6. Certified for care level 3
7. Certified for care level 4
8. Certified for care level 5
9. Don’t know
10. Refused to answer

Regardless of answer, go to A-021-1.

A-021-1. Are you currently involved in the care of your spouse’s mother or father, or likely to become involved in future? (Including regularly visiting an institutionalized parent.)
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to A-021-2.

A-021-2. Is your spouse currently involved in the care of his or her mother or father, or likely to become involved in future? (Including regularly visiting an institutionalized parent.)
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to A-021-3.

A-021-3. [Interviewer: Ask question after showing card A-021-3.]
Other than you or your spouse, please name up to three people from the following list who are involved in the care of your spouse’s father or mother, or will likely be involved. Please describe their relationship from the point of view of the parent. Please do not include household aides, medical institution staff, or agencies providing money for care.
1. Son
2. Daughter
3. Son-in-law
4. Daughter-in-law
5. Parent’s spouse
6. Other (Describe:                        )
7. No one other than respondent or spouse

1. _____  2. _______ 3. __________

Regardless of answer, go to A-022.

A-022. [Interviewer: Read the following, and then indicate who answered the questions in this section.]
This concludes this section. Thank you for your cooperation.
[Proxy means child or caregiver]
1. Respondent only
2. Respondent and spouse
3. Spouse only
4. Respondent and proxy (not including spouse)
5. Spouse and proxy
6. Proxy (not including spouse)

Regardless of answer, go to B-000.
B. Memory, Cognitive Ability and Hypothetical Questions

B-000. [Interviewer: Please judge whether respondent may be incapable of taking this test due to vision, hearing, speaking, or similar problems. Do you think respondent is capable of taking test?]
1. Yes
2. No

If answer to B-000 is 1, go to B-001; if answer is 2, go to C-000 (Employment).

B-002. [Interviewer: Before starting Section B, if anyone other than respondent is present, ask them to leave the immediate area, or to refrain from speaking, as in the example below. Indicate below whether anyone besides respondent was present during the test.]
I will now be asking questions related to memory and cognitive ability. May I speak to the respondent alone during this section of the test? If not, please refrain from helping respondent with the answers. Thank you for your cooperation.
1. Other person present
2. No one other than respondent present

Regardless of answer, go to B-003-1.

B-003-1. First, I would like to ask about today’s date. What year is it? Either the Japanese or Western year is acceptable.
1. Answered correctly
2. Incorrect/did not know
3. Refused to answer

Regardless of answer, go to B-003-2.

B-003-2. What month is it?
1. Answered correctly
2. Incorrect/did not know
3. Refused to answer

Regardless of answer, go to B-003-3.

B-003-3. What is the date today?
1. Answered correctly
2. Incorrect/did not know
3. Refused to answer

Regardless of answer, go to B-003-4.

B-003-4. What day of the week is it today?
1. Answered correctly
2. Incorrect/did not know
3. Refused to answer

Regardless of answer, go to B-003-5.

B-003-5. What prefecture are we in?
1. Answered correctly
2. Incorrect/did not know
3. Refused to answer

Regardless of answer, go to B-003-6.

B-003-6. What town or city are we in?
1. Answered correctly
2. Incorrect/did not know
3. Refused to answer

Regardless of answer, go to B-004.

B-004. I will now test your memory for words. I will read a list of several items slowly, one time each. There are many words on the list, so most people cannot memorize all of them the first time they hear them. I will let you know when I have finished reading. Then you will try to repeat as many words as you can remember. You do not have to remember them in the order I read them. Just listen carefully and try to remember. Do you understand these instructions?
1. Yes
2. Refused to answer
3. Did not understand instructions

If answer to B-004 is 1, go to B-005. If answer was 2, go to B-007. If answer was 3, read the instructions again.

B-005. [Interviewer: Read the following words slowly and clearly, pausing after each word. As a rule, try to read the words only once, but if the respondent did not hear, you may repeat a word once. Wait up to a minute for respondent to answer. The order of the response is not important. Indicate below whether respondent was able to answer. If respondent takes more than one minute to answer, say “Thank you,” and continue to the next question.]

[If respondent stops in the middle of his or her answer, place a check next to the words respondent was able to remember and also next to “Could not answer after trying for one minute or more.”]

I will now read each word once:
Dog – Knife – Train – Baseball – Cat – Pot – Airplane – Horse – Swimming – Bicycle

Did you hear the words? Please repeat all the words you can remember.

<table>
<thead>
<tr>
<th>Dog</th>
<th>Knife</th>
<th>Train</th>
<th>Baseball</th>
<th>Cat</th>
<th>Refused to answer after starting</th>
<th>Could not answer after trying for one minute or more</th>
</tr>
</thead>
<tbody>
<tr>
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<td>Horse</td>
<td>Swimming</td>
<td>Bicycle</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Regardless of answer, go to B-006.

B-006. [Interviewer: Indicate whether any of the following apply during test.]
1. Respondent had difficulty hearing the words
2. Interrupted by telephone, etc., while reading words
3. Other problem occurred (Describe:                          )
4. No problem

Regardless of answer, go to B-007.

B-007. Thank you. Next, I will ask you to perform some simple calculations. May I continue?
1. Yes
2. Refused to answer

If answer to B-007 was 1, go to B-008-1. If answer was 2, go to B-009.

B-008-1. Please subtract 7 from 100.

[Interviewer: Do not give examples or hints. Even if respondent gives an incorrect answer, continue without correcting or stopping respondent. Try not to indicate by your facial expression, etc., that answer was right or wrong. After respondent gives five answers, regardless of whether they were right or wrong, say, “Thank you,” and conclude the test. If respondent refuses to answer during the test, end at that point. Enter respondent’s answer below.]

1. Answer:
2. Don’t know
3. Refused to answer

If answer to B-008-1 is 1, go to B-008-2; otherwise, go to B-009.

B-008-2. Please subtract 7 from that number.
1. Answer:
2. Don’t know
3. Refused to answer

If answer to B-008-2 is 1, go to B-008-3; otherwise, go to B-009.

B-008-3. Please subtract 7 from that number.
1. Answer:
2. Don’t know
3. Refused to answer

If answer to B-008-3 is 1, go to B-008-4; otherwise, go to B-009.

B-008-4. Please subtract 7 from that number.
1. Answer:
2. Don’t know
3. Refused to answer

If answer to B-008-4 is 1, go to B-008-5; otherwise, go to B-009.

B-008-5. Please subtract 7 from that number.
1. Answer:
2. Don’t know
3. Refused to answer

Regardless of answer, go to B-009.

B-009. Thank you. Next, I will ask you to calculate some percentages. May I begin?
1. Yes
2. Refused to answer

If answer to B-009 is 1, go to B-010-1; if answer is 2, go to B-011.

B-010-1. I will ask you to calculate these in your head, so please listen carefully. Suppose that ten percent of people catch a certain illness. If there are 1000 people, how many will catch the illness?
[Interviewer: Do not read the answers. Select respondent’s answer from the following choices.]
1. 100
2. 10
3. 90
4. 900
5. Other answer
6. Don’t know
7. Refused to answer

If answer to B-010-1 was 1, go to B-010-3; if answer was 2, 3, 4, 5 or 6, go to B-010-2; if answer was 7, go to B-011.

B-010-2. Here is the next question. A store is selling everything at half-price. A product cost 300 yen before the sale. How much will it cost during the half-price sale?
[Interviewer: Do not read the answers. Select respondent’s answer from the following choices.]
1. 150 yen
2. 600 yen
3. Other answer
4. Don’t know
5. Refused to answer

If answer to B-010-2 was 1, go to B-010-3; otherwise, go to B-011.

B-010-3. Here is the next question. A store sells a used dictionary for 6000 yen. The store says this price is 2/3 of the price of a new book. How much would a new dictionary cost?

[Interviewer: Do not read the answers. Select respondent’s answer from the following choices.]
1. 9000 yen
2. 4000 yen
3. 8000 yen
4. 12000 yen
5. 18000 yen
6. Other answer
7. Don’t know
8. Refused to answer

If answer to B-010-3 was 1, go to B-010-4. Otherwise, go to B-011.

B-010-4. This is the last calculation problem. Suppose you have 2000 yen in a savings account. If the account earns 10% interest per year, how much would you have after two years?

[Interviewer: Do not read the answers. Select respondent’s answer from the following choices. If respondent asks questions such as “What is interest?” or “Is there interest in the first year?” you may give explanations such as “Interest is…” or “Interest does accrue in the first year.”]
1. 2420 yen
2. 2020 yen
3. 2100 yen
4. 2200 yen
5. 2400 yen
6. Other answer
7. Don’t know
8. Refused to answer

Regardless of answer, go to B-011.

B-011. Thank you. Please try to remember the words I read to you earlier, and repeat any of them you can remember.

[Interviewer: Even if respondent cannot remember, please wait about one minute for him or her to try to remember the words. The order of the words is not important. Indicate below which words respondent could remember. If respondent takes more than one minute to answer, say “Thank you,” and continue to the next question.]

[If respondent stops in the middle of his or her answer, place a check next to the words respondent was able to remember and also next to “Could not answer after trying for one minute or more.”]

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</tr>
</tbody>
</table>

Regardless of answer, go to B-012.
B-012. [Interviewer: Did any problems occur during this section that prevented the respondent from answering?]
1. Yes
2. No

Regardless of answer, go to B-013.

B-013. Thank you very much. Next, I would like to play four brain games. May I continue?
1. Yes
2. Refused to answer

If answer to B-013 is 1, go to B-014-1; if answer is 2, go to B-018.

B-014-1. [Interviewer: Ask question after showing cards B-014.] The first game is about receiving pay. If the method by which you are paid at work were to change next month only, which of the following options would you prefer? Please assume that the amount your pay increases is not related to your ability or effort, and that this change will be in effect for next month only. [Interviewer: If respondent says “I don’t work, so I can’t answer this question,” or “My company would not offer these choices,” please urge them to answer by using statements like the ones shown below. Also, show the choices one by one, beginning from the top, rather than revealing the whole card to the respondent at one time. [If respondent refuses to answer at any point, enter choice 2 for that question and move on to the next question.] This question is not related to whether you are actually working, or whether this would actually happen at the company you work at. This is just a hypothetical question, like a quiz, so could you please try to answer in that spirit?
1. There is a 100% probability that your pay will increase by 50%
2. There is a 100% probability that your pay will increase by 10%

If answer to B-014-1 is 1, go to B-014-2; if 2, go to B-015-1.

B-014-2. [Interviewer: Ask question after showing card B-014.] Which of these would you prefer?
1. There is a 90% probability that your pay would increase by 50%, and a 10% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 10%

If answer to B-014-2 is 1, go to B-014-3; if 2, go to B-015-1.

B-014-3. [Interviewer: Ask question after showing card B-014-3.] Which of these would you prefer?
1. There is a 80% probability that your pay would increase by 50%, and a 20% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 10%

If answer to B-014-3 is 1, go to B-014-4; if 2, go to B-015-1.

B-014-4. [Interviewer: Ask question after showing card B-014-4.] Which of these would you prefer?
1. There is a 70% probability that your pay would increase by 50%, and a 30% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 10%

If answer to B-014-4 is 1, go to B-014-5; if 2, go to B-015-1.

B-014-5. [Interviewer: Ask question after showing card B-014-5.]
Which of these would you prefer?
1. There is a 60% probability that your pay would increase by 50%, and a 40% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 10%

If answer to B-014-5 is 1, go to B-014-6; if 2, go to B-015-1.

B-014-6. [Interviewer: Ask question after showing card B-014-6.]
Which of these would you prefer?
1. There is a 50% probability that your pay would increase by 50%, and a 50% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 10%

If answer to B-014-6 is 1, go to B-014-7; if 2, go to B-015-1.

B-014-7. [Interviewer: Ask question after showing card B-014-7.]
Which of these would you prefer?
1. There is a 40% probability that your pay would increase by 50%, and a 60% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 10%

If answer to B-014-7 is 1, go to B-014-8; if 2, go to B-015-1.

B-014-8. [Interviewer: Ask question after showing card B-014-8.]
Which of these would you prefer?
1. There is a 30% probability that your pay would increase by 50%, and a 70% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 10%

If answer to B-014-8 is 1, go to B-014-9; if 2, go to B-015-1.

B-014-9. [Interviewer: Ask question after showing card B-014-9.]
Which of these would you prefer?
1. There is a 20% probability that your pay would increase by 50%, and a 80% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 10%

If answer to B-014-9 is 1, go to B-014-10; if 2, go to B-015-1.

B-014-10. [Interviewer: Ask question after showing card B-014-10.]
Which of these would you prefer?
1. There is a 10% probability that your pay would increase by 50%, and a 90% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 10%

If answer to B-014-10 is 1, go to B-014-11; if 2, go to B-015-1.

B-014-11. [Interviewer: Ask question after showing card B-014-11.]
Which of these would you prefer?
1. There is a 100% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 10%

Regardless of answer, go to B-015-1.

B-015-1. [Interviewer: Ask question after showing card B-015-1.]
Next, we will play a similar game with slightly different figures. If the method by which you are paid at work were to change next month only, which of the following options would you prefer? Please assume that the amount your pay increases is not related to your ability or effort, and that this change will be in effect for next month only.

[Interviewer: Show the choices one by one, beginning from the top, rather than revealing the whole card to the respondent at one time.]

[If respondent refuses to answer at any point, enter choice 2 for that question and move on to the next question.]

1. There is a 100% probability that your pay would increase by 50%
2. There is a 100% probability that your pay would increase by 20%

If answer to B-015-1 is 1, go to B-015-2; if 2, go to B-016-1.

B-015-2. [Interviewer: Ask question after showing card B-015-2.]
Which of these would you prefer?
1. There is a 90% probability that your pay would increase by 50%, and a 10% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 20%

If answer to B-015-2 is 1, go to B-015-3; if 2, go to B-016-1.

B-015-3. [Interviewer: Ask question after showing card B-015-3.]
Which of these would you prefer?
1. There is a 80% probability that your pay would increase by 50%, and a 20% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 20%

If answer to B-015-3 is 1, go to B-015-4; if 2, go to B-016-1.

B-015-4. [Interviewer: Ask question after showing card B-015-4.]
Which of these would you prefer?
1. There is a 70% probability that your pay would increase by 50%, and a 30% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 20%

If answer to B-015-4 is 1, go to B-015-5; if 2, go to B-016-1.

B-015-5. [Interviewer: Ask question after showing card B-015-5.]
Which of these would you prefer?
1. There is a 60% probability that your pay would increase by 50%, and a 40% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 20%

If answer to B-015-5 is 1, go to B-015-6; if 2, go to B-016-1.

B-015-6. [Interviewer: Ask question after showing card B-015-6.]
Which of these would you prefer?
1. There is a 50% probability that your pay would increase by 50%, and a 50% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 20%

If answer to B-015-6 is 1, go to B-015-7; if 2, go to B-016-1.

B-015-7. [Interviewer: Ask question after showing card B-015-7.]
Which of these would you prefer?
1. There is a 40% probability that your pay would increase by 50%, and a 60% probability that your pay would increase by 5% 
2. There is a 100% probability that your pay would increase by 20% 

If answer to B-015-7 is 1, go to B-015-8; if 2, go to B-016-1. 

B-015-8. [Interviewer: Ask question after showing card B-015-8.]
Which of these would you prefer?
1. There is a 30% probability that your pay would increase by 50%, and a 70% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 20% 

If answer to B-015-8 is 1, go to B-015-9; if 2, go to B-016-1. 

B-015-9. [Interviewer: Ask question after showing card B-015-9.]
Which of these would you prefer?
1. There is a 20% probability that your pay would increase by 50%, and a 80% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 20% 

If answer to B-015-9 is 1, go to B-015-10; if 2, go to B-016-1. 

B-015-10. [Interviewer: Ask question after showing card B-015-10.]
Which of these would you prefer?
1. There is a 10% probability that your pay would increase by 50%, and a 90% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 20% 

If answer to B-015-10 is 1, go to B-015-11; if 2, go to B-016-1. 

B-015-11. [Interviewer: Ask question after showing card B-015-11.]
Which of these would you prefer?
1. There is a 100% probability that your pay would increase by 5%
2. There is a 100% probability that your pay would increase by 20% 

Regardless of answer, go to B-016-1. 

B-016-1. [Interviewer: As question after showing card B-016-1.]
Thank you. I will now go on to the next question.
I will ask you to choose between two options: receiving one million yen one month from today, or receiving a different sum thirteen months from today. There is no chance that you would not receive either sum.
[Interviewer: Show the choices one by one, beginning from the top, rather than revealing the whole card to the respondent at one time.]
[If respondent refuses to answer at any point, enter choice 2 for that question and move on to the next question.]
1. Receive 1 million yen one month from today 
2. Receive 950,000 yen 13 months from today (Interest rate difference: -5%) 

B-016-2. [Interviewer: Ask question after showing card B-016-2.]
Which of these would you prefer?
1. Receive 1 million yen one month from today 
2. Receive 1 million yen 13 months from today (Interest rate difference: 0%) 

If answer to B-016-2 is 1, go to B-016-3; if 2, go to B-017-1.
B-016-3. [Interviewer: Ask question after showing card B-016-3.]
Which of these would you prefer?
1. Receive 1 million yen one month from today
2. Receive 1,001,000 yen 13 months from today (Interest rate difference: 0.1%) 

If answer to B-016-3 is 1, go to B-016-4; if 2, go to B-017-1.

B-016-4. [Interviewer: Ask question after showing card B-016-4.]
Which of these would you prefer?
1. Receive 1 million yen one month from today
2. Receive 1,005,000 yen 13 months from today (Interest rate difference: 0.5%) 

If answer to B-016-4 is 1, go to B-016-5; if 2, go to B-017-1.

B-016-5. [Interviewer: Ask question after showing card B-016-5.]
Which of these would you prefer?
1. Receive 1 million yen one month from today
2. Receive 1,010,000 yen 13 months from today (Interest rate difference: 1%) 

If answer to B-016-5 is 1, go to B-016-6; if 2, go to B-017-1.

B-016-6. [Interviewer: Ask question after showing card B-016-6.]
Which of these would you prefer?
1. Receive 1 million yen one month from today
2. Receive 1,020,000 yen 13 months from today (Interest rate difference: 1%) 

If answer to B-016-6 is 1, go to B-016-7; if 2, go to B-017-1.

B-016-7. [Interviewer: Ask question after showing card B-016-7.]
Which of these would you prefer?
1. Receive 1 million yen one month from today
2. Receive 1,060,000 yen 13 months from today (Interest rate difference: 6%) 

If answer to B-016-7 is 1, go to B-016-8; if 2, go to B-017-1.

B-016-8. [Interviewer: Ask question after showing card B-016-8.]
Which of these would you prefer?
1. Receive 1 million yen one month from today
2. Receive 1,100,000 yen 13 months from today (Interest rate difference: 10%) 

If answer to B-016-8 is 1, go to B-016-9; if 2, go to B-017-1.

B-016-9. [Interviewer: Ask question after showing card B-016-9.]
Which of these would you prefer?
1. Receive 1 million yen one month from today
2. Receive 1,200,000 yen 13 months from today (Interest rate difference: 20%) 

If answer to B-016-9 is 1, go to B-016-10; if 2, go to B-017-1.

B-016-10. [Interviewer: Ask question after showing card B-016-10.]
Which of these would you prefer?
1. Receive 1 million yen one month from today
2. Receive 1,300,000 yen 13 months from today (Interest rate difference: 30%) 

If answer to B-016-10 is 1, go to B-016-11; if 2, go to B-017-1.
Which of these would you prefer?
1. Receive 1 million yen one month from today
2. Receive 1,400,000 yen 13 months from today (Interest rate difference: 40%)

Regardless of answer, go to B-017-1.

Imagine you have won first prize in a lottery. You must choose one of two options for your prize. The first option will be one million yen worth of gift certificates, which must be used within the next six months. Once the expiration date is past, the gift certificates are worthless. The gift certificates may be used for any purchase at any store in Japan, but they may not be exchanged for cash.

The second option is a given amount of gift certificates, which you will receive every year from now on. These gift certificates have no expiration date, and may be used for any purchase at any store in Japan, but may not be exchanged for cash. There is no chance that you will lose this benefit in the future.

Please choose from the following combinations.

1. 100,000 yen worth of gift certificates good for six months, starting today
2. 50,000 yen worth of gift certificates every year from now on

If answer to B-017-1 is 1, go to B-017-2; if 2, go to B-018.

Which of these would you prefer?
1. 100,000 yen worth of gift certificates good for six months, starting today
2. 30,000 yen worth of gift certificates every year from now on

If answer to B-017-2 is 1, go to B-017-3; if 2, go to B-018.

Which of these would you prefer?
1. 100,000 yen worth of gift certificates good for six months, starting today
2. 10,000 yen worth of gift certificates every year from now on

If answer to B-017-3 is 1, go to B-017-4; if 2, go to B-018.

Which of these would you prefer?
1. 100,000 yen worth of gift certificates good for six months, starting today
2. 5,000 yen worth of gift certificates every year from now on

Regardless of answer, go to B-018.

This concludes the memory and mental game section. Thank you for your cooperation.

[Proxy means child or caregiver]
1. Respondent only
2. Respondent and spouse
3. Spouse only
4. Respondent and proxy (not including spouse)
5. Spouse and proxy
6. Proxy (not including spouse)

Regardless of answer, go to C-000.
C. Employment

C-000. I would now like to ask about your employment. May I continue?
1. Yes
2. Refused to answer

If answer to C-000 is 1, go to C-001; if 2, go to D-000 (Health of Respondent and Spouse).

C-001. Are you currently working? Please say yes even if you only work a little. If you are temporarily not working due to illness, etc., please say so, and answer the following questions as you would have before you stopped working.
1. Yes
2. Temporarily not working
3. No
4. Don’t know
5. Refused to answer

If answer to C-001 is 1 or 2, go to C-002; otherwise, go to C-031.

C-002. [Interviewer: Ask question after showing card C-002.]
I would now like to ask about your work. If you have more than one job, please answer about your primary job, meaning the job from which you received the most income in the past year. Are you an employee, or are you self-employed? Please select the most appropriate response from the following choices.
[If respondent makes his or her living as a writer, etc., select “Self-employed.”]
1. Employee (including public employees)
2. Executive of company or organization
3. Owner of independent business
4. Helps in independent business
5. Side job at home
6. Don’t know
7. Refused to answer

If answer to C-002 is 1 or 2, go to C-003; otherwise, go to C-004.

C-003. [Interviewer: Ask question after showing card C-003.]
What type of job is it? Please select the most appropriate response from the following choices.
1. Full-time employee
2. Part-time employee
3. Temporary worker
4. Contract worker
5. Other (Describe: )
6. Don’t know
7. Refused to answer

Regardless of answer, go to C-004.

C-004. At what age did you begin working at your current place of employment? If you are self-employed, when did you begin that work?
1. Age:
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-005.

C-005. [Interviewer: Ask question after showing card C-005.]
How are your working hours determined? Please select the most appropriate response from the following choices.
1. Generally same hours every week, year-round
2. Hours vary each week, but I work year-round
3. I work during some seasons and not others
4. Don’t know
5. Refused to answer

If answer to C-005 is 1, go to C-006; if 2, go to C-007; if 3, go to C-009; otherwise, go to C-011.

C-006. About how many hours per week do you work at this job? Please include both paid and unpaid overtime.
1. ____ hours
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-008.

C-007. Over the year, about how many hours do you work per week on average? Please include both paid and unpaid overtime.
1. ____ hours
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-008.

C-008. About how many days off do you get per year from this job, not including weekends and national holidays? Please include sick days, paid holidays, etc. (Enter actual number of days off.)
1. _____ days
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-011.

C-009. When you are working, about how many hours do you work per week on average at this job? Please include both paid and unpaid overtime.
1. ____ hours
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-010.

C-010. About how many weeks per year do you work at this job?
1. ____ weeks
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-011.

C-011. Please describe the kind of work you do at this job. For example, accounting, sales, assembly, etc.
1. _______________
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-012.
C-012. What kind of business is it? For example, automobile manufacturing, restaurant, etc.
1. _______________
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-013.

C-013. About how many people work at your place of employment or business (if self-employed, at the whole business)? Please include part-time and home workers, as well as other branches or plants.
1. About __________ people
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-014.

[Instructions for interviewer to read:] I would now like to ask about your feelings about your current work. There are many ways people might feel about their work. Please think carefully about your own job, and tell me how you feel about the following topics.

C-014. “Overall, I am satisfied with my current job.” Do you agree?
1. Strongly agree
2. Somewhat agree
3. Don’t really agree
4. Strongly disagree
5. Don’t know
6. Refused to answer

Regardless of answer, go to C-015.

“My current job involves physical labor.” Do you agree?
1. Strongly agree
2. Somewhat agree
3. Don’t really agree
4. Strongly disagree
5. Don’t know
6. Refused to answer

Regardless of answer, go to C-016.

C-016. “I have a lot of work and always feel time pressure.” Do you agree?
1. Strongly agree
2. Somewhat agree
3. Don’t really agree
4. Strongly disagree
5. Don’t know
6. Refused to answer

Regardless of answer, go to C-017.

C-017. “I don’t have very much discretion about how I do my job. In other words, I can’t decide about anything on my own.” Do you agree?
1. Strongly agree
2. Somewhat agree
3. Don’t really agree
4. Strongly disagree
5. Don’t know
6. Refused to answer

Regardless of answer, go to C-018.

C-018. “When I have problems doing my work, colleagues give me advice and help me.” Do you agree?
1. Strongly agree
2. Somewhat agree
3. Don’t really agree
4. Strongly disagree
5. Don’t know
6. Refused to answer

Regardless of answer, go to C-019.

C-019. “I receive appropriate evaluation on my work from co-workers.” Do you agree?
1. Strongly agree
2. Somewhat agree
3. Don’t really agree
4. Strongly disagree
5. Don’t know
6. Refused to answer

Regardless of answer, go to C-020.

C-020. “Considering the effort I put in and the results I produce, I am satisfied with my current pay.” Do you agree?
1. Strongly agree
2. Somewhat agree
3. Don’t really agree
4. Strongly disagree
5. Don’t know
6. Refused to answer

Regardless of answer, go to C-021.

C-021. Do you think it is likely that you could lose your current job for a reason other than retirement?
1. Very likely
2. Somewhat likely
3. Not very likely
4. Highly unlikely
5. Don’t know
6. Refused to answer

Regardless of answer, go to C-022.

C-022. Is there a retirement age in your job? If so, what is it?
1. Yes (Age:   )
2. No set retirement age for current job
3. Self-employed, so no retirement age
4. Don’t know
5. Refused to answer

Regardless of answer, go to C-023.
C-023. Until what age do you intend to work? Please indicate whether there is a minimum retirement age, or a maximum age at which you must retire. An age range is also an acceptable answer. If there is no set retirement age, please say so. Please answer in general, not necessarily for your current job.

1. Can work until age _____
2. Must work until age _____
3. Must retire by age _____
4. Will retire between age ___ and ___
5. Retirement age not set
6. Don’t know
7. Refused to answer

Regardless of answer, go to C-024.

C-024. How is your salary calculated?

[Interviewer: Before beginning the questions related to salary/wages, give the following explanation to put the respondent at ease in order to obtain accurate responses.]

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[Interviewer: Before beginning the questions related to salary/wages, give the following explanation to put the respondent at ease in order to obtain accurate responses.] I would now like to ask about the income you receive from your job. I understand that this is a personal matter. These questions are necessary in order to assess your economic situation. The answers are used only for statistical analysis of the relation between economic health and physical health. Please answer truthfully.

1. Hourly
2. Daily
3. Monthly
4. Self-employed, so don’t receive “pay”
5. Other (Describe:                           )
6. Don’t know
7. Refused to answer

If answer to C-024 is 1, go to C-025; if 2, go to C-026; if 3, go to C-028; if 4, go to C-030; otherwise, go to C-041.

C-025. What is your hourly wage? Please state the total amount before taxes, social insurance, savings deductions, etc.

[Interviewer: Before beginning the questions related to salary/wages, give the following explanation to put the respondent at ease in order to obtain accurate responses.]

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[Interviewer: Before beginning the questions related to salary/wages, give the following explanation to put the respondent at ease in order to obtain accurate responses.] A rough estimate is fine. Can you answer?

1. _____________ yen
2. Approximately ____ yen
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-029.

C-026. What is your daily wage? Please state the total amount before taxes, social insurance, savings deductions, etc.

[Interviewer: Before beginning the questions related to salary/wages, give the following explanation to put the respondent at ease in order to obtain accurate responses.]

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[Interviewer: Before beginning the questions related to salary/wages, give the following explanation to put the respondent at ease in order to obtain accurate responses.] A rough estimate is fine. Can you answer?

1. _____________ yen
2. Approximately ____ yen
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-027.

C-027. How many hours do you have to work to receive that daily wage?
1. ___ hours
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-029.

C-028. What is your monthly wage? Please state the total amount before taxes, social insurance, savings deductions, etc.
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. _____________ yen
2. Approximately ___ yen
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-029.

C-029. About how much did you receive in the last year in bonus pay? Please state the total amount before taxes, social insurance, savings deductions, etc.
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[If respondent did not receive any bonus pay, enter “0” in answer 1.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. _____________ yen
2. Approximately ___ yen
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-030.

C-030. About how much income did your business have in the last year? Please state the business income after deducting expenses for employee pay, materials, tools, etc., but before deducting taxes and social insurance costs. If business had no income, answer “0.”
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. _____________ yen
2. Approximately ___ yen
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-031.

C-031. Are you looking for work, or do you intend to look for work in the future?
1. Looking for work, or intend to
2. Not looking for work, and don’t intend to
3. Don’t know
4. Refused to answer

If answer to C-031 is 1, go to C-032; otherwise, go to C-034.

C-032. About how long have you been looking for work? If you intend to look in the future, please say so.
1. ___ months
2. Intend to look in future
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-033.

C-033. [Interviewer: Ask question after showing card C-033.]
Why are you or will you be looking for work? Please select the most appropriate answer from the following.
1. Retired after reaching retirement age in previous job
2. Workplace or company shut down
3. Quit previous job
4. Laid off from previous job
5. Contract period of previous job ended
6. Temporary job ended
7. Could not continue previous job for health reasons
8. Have not worked before, but would like to start working
9. Other reason (Describe:                        )
10. Don’t know
11. Refused to answer

Regardless of answer, go to C-041.

C-034. Which of the following most accurately describes your situation?
1. Retired
2. Keep house
3. Receiving medical care
4. Other
5. Don’t know
6. Refused to answer

If answer to C-034 is 1, go to C-035; if 2, go to C-037; if 3, go to C-039; otherwise, go to C-041.

C-035. At what age did you retire?
1. Age: ___
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-036.

C-036. [Interviewer: Ask question after showing card C-036.]
Why did you retire? Please select the most appropriate answer from the following.
1. I could receive a pension
2. I was offered early retirement
3. Physical health was bad
4. To spend more time with my family
5. To enjoy life
6. I looked for work, but couldn’t find any
7. Could not continue the work I was doing for physical or emotional reasons
8. Other (Describe:                        )
9. Don’t know
10. Refused to answer

Regardless of answer, go to C-041.

C-037. At what age did keeping house become your primary activity?
1. Age:
2. Don’t know
3. Refused to answer
Regardless of answer, go to C-038.

C-038. [Interviewer: Ask question after showing card C-038.] Why did you decide to make keeping house your primary activity? Please choose the most appropriate answer from the following.
1. I prefer to focus on my home
2. I need to take care of my children or grandchildren
3. I need to take care of someone in my home
4. I had health problems
5. I looked for work, but could not find any
6. Other (Describe: __________)
7. Don’t know
8. Refused to answer

Regardless of answer, go to C-041.

C-039. At what age did you need to focus on your recuperation?
1. ___
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-040.

C-040. Was your illness or disability caused by your last job? [This means caused by work, regardless of whether respondent is officially certified to have a work-related disability.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-041.

C-041. So far I have been asking your about your current work situation, but now I would like to ask about your past work experience. Since age 20, have you ever worked as a company employee or public employee? If so, in total about how many years did you work in those jobs? If you have worked both as a company employee and as a public employee, please give the total number of years for both jobs.
1. Yes, for _____ years
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-042.

C-042. Since age 20, have you ever been self-employed? If so, for about how many years in total?
1. Yes, for _____ years
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-043.

C-043. Since age 20, have you ever been unemployed? If so, for about how many years in total? (Do not include time when you were registered as a student.)
1. Yes, for _____ years
2. No
3. Don’t know
4. Refused to answer

If answer to C-043 is 1, go to C-044; otherwise, go to C-050.

C-044. During the period when you were unemployed, did you have a spouse who was working? If so, for about how many of those years was your spouse working?
1. Yes, for ______ years
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-050.

C-050. [Sic] Conditional branch: If age > 55, go to C-051; otherwise, go to C-0100.

C-051. I would now like to ask you about the job you held at age 54. Did you have a job at age 54?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to C-051 is 1, go to C-052; otherwise, go to C-100.

C-052. Are you still working at the place of employment where you worked at age 54? If you were self-employed at age 54, are you still continuing in that work?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to C-052 is 1, go to C-053; otherwise, go to C-064.

C-053. Conditional branch: If answer to C-002 was 1 or 2, go to C-054; otherwise, go to C-100.

C-054. [Interviewer: Ask question after showing card C-054.]
What type of job were you doing at age 54? Please select the most appropriate response from the following choices.
1. Full-time employee
2. Part-time employee
3. Temporary worker
4. Contract worker
5. Other (Describe: _______ )
6. Don’t know
7. Refused to answer

If answer to C-054 is 1, go to C-055; otherwise, go to C-100.

C-055. Please describe the nature of the job you were doing at age 54. For example, accounting, sales, assembly, etc. If you are still doing that job now, please say so.
1. _______
2. Still doing it now
3. Don’t know
4. Refused to answer
Regardless of answer, go to C-056.

C-056. What kind of business is it? For example, automobile manufacturing, restaurant, etc.
1. _______________
2. Same as current job
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-057.

C-057. About how many people worked at the place you were working at age 54 (if self-employed, at the whole business)? Please include part-time and home workers. If you are still working at the same place, please say so.
1. About _________ people
2. Still working at same place
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-058.

C-058. At age 54, about how much money did you make per year, including bonus pay? A rough estimate is fine. Please state the total amount before taxes, social insurance, savings deductions, etc.
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the question below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. ____ yen
2. About ____ yen
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-059.

C-059. Conditional branch: If answer to C-002 was 1 or 2, go to C-060; if answer to C-002 was 3~7, go to C-100.

C-060. Did you retire between age 54 and today?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to C-060 was 1, go to C-061; otherwise, go to C-100.

C-061. At what age did you retire?
1. Age ______
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-062.

C-062. After retiring, were you rehired to do the same job?
1. Yes
2. No
3. Don’t know
4. Refused to answer
If answer to C-062 was 1, go to C-063; otherwise, go to C-100.

C-063. By about what percentage did your pay decline after being rehired? If pay did not decline, please say so. [If respondent says that pay did not decline, enter 0.]
1. ____ %
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-100.

C-064. [Interviewer: Ask question after showing card C-064.]
In that job, were you an employee, or self-employed? Select the item below that most accurately describes your situation.
1. Employed (including public employees)
2. Company employee
3. Self-employed
4. Assists a self-employed person
5. Works at home
6. Don’t know
7. Refused to answer

If answer to C-064 was 1, go to C-065; if answer was 2, go to C-066; otherwise, go to C-100.

C-065. [Interviewer: Ask question after showing card C-065.]
What type of job is it? Please select the most appropriate response from the following choices.
1. Full-time employee
2. Part-time employee
3. Temporary worker
4. Contract worker
5. Other (Describe:                       )
6. Don’t know
7. Refused to answer

If answer to C-065 was 1, go to C-066; otherwise, go to C-100.

C-066. Please describe the kind of work you did at this job. For example, accounting, sales, assembly, etc.
1. _________________
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-067.

C-067. What kind of business was it? For example, automobile manufacturing, restaurant, etc.
1. _______________
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-068.

C-068. About how many people worked at this business (if self-employed, at the whole business)? Please include part-time and home workers.
1. About _______ people
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-069.
C-069. At what age did you begin working at the place of employment you were working at age 54? If you were self-employed, from what age did you begin doing that work?
1. Age: _____
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-070.

C-070. At age 54, about how much money did you make per year, including bonus pay? A rough estimate is fine. Please state the total amount before taxes, social insurance, savings deductions, etc.
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. _____ yen
2. Approximately _____ yen
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-071.

C-071. Did you take early retirement from that job?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to C-071 was 1, go to C-100; otherwise, go to C-072.

C-072. Did you retire at retirement age from that job?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to C-072 was 1, go to C-073; otherwise, go to C-100.

C-073. At what age did you retire?
1. Age: _____
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-074.

C-074. After retirement, were you offered the opportunity to be rehired at the same workplace?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to C-074 was 1, go to C-075; otherwise, go to C-076.

C-075. By about what percentage did your pay decline after being rehired? If pay did not decline, please say so. [If respondent says that pay did not decline, enter 0.]
1. _____%
2. Did not decline
3. Increased  
4. Don’t know  
5. Refused to answer

Regardless of answer, go to C-076.

C-076. After retiring, were you offered the chance to be rehired at a different workplace introduced to you by your old workplace?  
1. Yes  
2. No  
3. Don’t know  
4. Refused to answer

If answer to C-076 was 1, go to C-077; otherwise, go to C-100.

C-077. By about what percentage did your pay decline after being rehired? If pay did not decline, please say so. [If respondent says that pay did not decline, enter 0.]  
1. ____ %  
2. Did not decline  
3. Increased  
4. Don’t know  
5. Refused to answer

Regardless of answer, go to C-100.

C-100. [Sic] Conditional branch: Check response to A-003. If answer was 1 (has spouse), go to C-101; otherwise, go to C-130.

C-101. I would now like to ask about your spouse’s employment. Is your spouse currently working? Please answer yes even if your spouse only works a little. If your spouse is temporarily not working due to illness, etc., please say so, and answer the following questions as you would have before your spouse stopped working.  
1. Yes  
2. Temporarily not working  
3. No  
4. Don’t know  
5. Refused to answer

If answer to C-101 is 1 or 2, go to C-102; otherwise, go to C-115.

C-102. [Interviewer: Ask question after showing card C-102.]  
I would now like to ask about your spouse’s work. If your spouse has more than one job, please answer about his or her primary job, meaning the job from which he or she received the most income in the past year. Is your spouse an employee, or is he or she self-employed? Please select the most appropriate response from the following choices.  
1. Employee (including public employees)  
2. Executive of company or organization  
3. Owner of independent business  
4. Helps in independent business  
5. Side job at home  
6. Don’t know  
7. Refused to answer

If answer to C-102 is 1 or 2, go to C-103; otherwise, go to C-104.

C-103. [Interviewer: Ask question after showing card C-103.]
What type of job is it? Please select the most appropriate response from the following choices.
1. Full-time employee
2. Part-time employee
3. Temporary worker
4. Contract worker
5. Other (Describe:                     )
6. Don’t know
7. Refused to answer

Regardless of answer, go to C-104.

C-104. At what age did your spouse begin working at his or her current place of employment? If he or she
is self-employed, when did he or she begin that work?
1. Age:
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-105.

C-105. [Interviewer: Ask question after showing card C-105.]
How are your spouse’s working hours determined? Please select the most appropriate response from the
following choices.
1. Generally same hours every week, year-round
2. Hours vary each week, but he/she work year-round
3. He/She works during some seasons and not others
4. Don’t know
5. Refused to answer

If answer to C-105 is 1, go to C-106; if 2, go to C-107; if 3, go to C-109; otherwise, go to C-111.

C-106. About how many hours per week does your spouse work at this job? Please include both paid and
unpaid overtime.
1. ____ hours
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-108.

C-107. Over the year, about how many hours does your spouse work per week on average? Please include
both paid and unpaid overtime.
1. ____ hours
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-108.

C-108. About how many days off does your spouse get per year from this job, not including weekends and
national holidays? Please include sick days, paid holidays, etc. (Enter actual number of days off.)
1. ____ days
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-111.

C-109. When your spouse is working, about how many hours does he or she work per week on average at
this job? Please include both paid and unpaid overtime.
1. ____ hours
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-110.

C-110. About how many weeks per year does your spouse work at this job?
1. ____ weeks
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-111.

C-111. Please describe the kind of work your spouse does at this job. For example, accounting, sales, assembly, etc.
1. _______________
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-112.

C-112. What kind of business is it? For example, automobile manufacturing, restaurant, etc.
1. ______________
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-113.

C-113. About how many people work at your spouse’s place of employment or business (if self-employed, at the whole business)? Please include part-time and home workers, as well as other branches or plants.
1. About _________ people
2. Don’t know
3. Refused to answer

Regardless of answer, go to C-114.

C-114. What is the retirement age for your spouse’s work? If there is no set retirement age, please say so. If there is no set retirement age because your spouse is self-employed, please say so.
1. Retirement age is ___
2. No set retirement age in current job
3. Self-employed, so no retirement age
4. Don’t know
5. Refused to answer

Regardless of answer, go to C-130.

C-115. Is your spouse looking for work, or does he or she intend to look for work in the future?
1. Looking for work, or intends to
2. Not looking for work, and doesn’t intend to
3. Don’t know
4. Refused to answer

If answer to C-115 is 1, go to C-130; otherwise, go to C-116.

C-116. Which of the following most accurately describes your spouse’s situation?
1. Retired
2. Takes care of the home  
3. Recuperating from an illness  
4. Other  
5. Don’t know  
6. Refused to answer

If answer to C-116 is 1, go to C-117; if 2, go to C-119; if 3, go to C-121; otherwise, go to C-130.

C-117. At what age did your spouse retire?  
1. Age ___  
2. Don’t know  
3. Refused to answer

Regardless of answer, go to C-118.

C-118. [Interviewer: Ask question after showing card C-118.]  
Why did your spouse retire? Please select the most accurate answer from the following choices.  
1. Could receive a pension  
2. Was offered early retirement  
3. Physical health was bad  
4. To spend more time with family  
5. To enjoy life  
6. Looked for work, but couldn’t find any  
7. Could not continue the work he or she was doing for physical or emotional reasons  
8. Other (Describe: __________)  
9. Don’t know  
10. Refused to answer

Regardless of answer, go to C-130.

C-119. The following question applies only to respondents whose spouse’s primary occupation is housework. From what age was your spouse’s primary occupation housework?  
1. Age: ____  
2. Don’t know  
3. Refused to answer

Regardless of answer, go to C-120.

C-120. [Interviewer: Ask question after showing card C-120.]  
Why did your spouse choose to make housework his or her primary occupation? Please select the most appropriate answer from the following choices.  
1. Preferred to focus on my home  
2. Needed to take care of children or grandchildren  
3. Needed to take care of someone in my home  
4. Had health problems  
5. Looked for work, but could not find any  
6. Other (Describe: __________)  
7. Don’t know  
8. Refused to answer

Regardless of answer, go to C-130.

C-121. At what age did your spouse need to focus on his or her recuperation?  
1. ___  
2. Don’t know  
3. Refused to answer
Regardless of answer, go to C-122.

C-122. Was your spouse’s illness or disability caused by his or her last job?
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to C-130.

C-130. [Interviewer: Read the following, and then indicate who answered the questions in this section.]
This concludes the section on your spouse’s employment. Thank you for your cooperation.
[Proxy means child or caregiver]
1. Respondent only
2. Respondent and spouse
3. Spouse only
4. Respondent and proxy (not including spouse)
5. Spouse and proxy
6. Proxy (not including spouse)

Regardless of answer, go to D-000.
D. Health of Respondent and Spouse
D-000. Conditional branch: If respondent answered 1 (has spouse) to question A-003, go to D-001-1; otherwise, go to D-001-2.

D-001-1. I would now like to ask you about the current health of you and your spouse. May I continue?
1. Yes
2. Refused to answer

If answer to D-001-1 is 1, go to D-002; if answer is 2, go to E-000-1 (Income and consumption).

D-001-2. I would now like to ask you about your own current health. May I continue?
1. Yes
2. Refused to answer

If answer to D-001-2 is 1, go to D-002; if answer is 2, go to E-000-1 (Income and consumption).

D-002. Over all, how is your current health? Please select one of the following answers.
[interviewer: Read the choices slowly.]
1. Good
2. Fairly good
3. Average
4. Not very good
5. Not good
6. Don’t know

Regardless of answer, go to D-003.

D-003. How is your current health compared to one year ago? Please select one of the following answers.
[interviewer: Read the choices slowly.]
1. Much better
2. Better
3. About the same
4. Worse
5. Much worse
6. Don’t know

Regardless of answer, go to D-004.

D-004. In the past year, has your physical or mental condition interfered with your daily life? Please select the most appropriate answer from the following choices.
[interviewer: Read the choices slowly.]
1. Has significantly interfered
2. Has interfered somewhat
3. Has not interfered significantly
4. Has not interfered at all
5. Don’t know

Regardless of answer, go to D-005.

D-005. About how much do you weigh?
[interviewer: If answer to D-005 is 3, read the following sentence and urge the respondent to answer. If respondent refuses, do not press further.]
[Instructions for interviewer to read to respondent: In a subsequent question, I will be asking about your diet, and we will be providing you with an analysis of your answers. In order to make this analysis more accurate, we need to ask your weight.]
1. ___ kg
2. Don’t know
3. Refused to answer

Regardless of answer, go to D-006.

D-006. About how tall are you?
[Interviewer: If answer to D-006 is 3, read the following sentence and urge the respondent to answer. If respondent refuses, do not press further.]

[Instructions for interviewer to read to respondent: In a subsequent question, I will be asking about your diet, and we will be providing you with an analysis of your answers. In order to make this analysis more accurate, we need to ask your height.]
1. _____ cm
2. Don’t know
3. Refused to answer

Regardless of answer, go to D-007.

D-007. Do you normally use glasses, contact lenses, or other corrective lenses?
1. Yes
2. No

Regardless of answer, go to D-008-1.

D-008-1. With the glasses, contact lenses, or other corrective lenses you normally use, how well do you see? Please select the most appropriate answer from the following choices.
1. Can see very well
2. Can see well
3. Can see at an average level
4. See only so-so
5. Don’t see well
6. Don’t see at all, or am visually impaired

If answer to D-008 is 6, go to D-009; otherwise, go to D-008-2.

D-008-2. With the glasses, contact lenses, or other corrective lenses you normally use, can you easily make out and distinguish distant objects, such as the faces of people across the street?
1. Can see very well
2. Can see well
3. Can see at an average level
4. See only so-so
5. Don’t see well

Regardless of answer, go to D-008-3.

D-008-3. With the glasses, contact lenses, or other corrective lenses you normally use, how well can you see things up close, such as when reading a newspaper?
1. Can see very well
2. Can see well
3. Can see at an average level
4. See only so-so
5. Don’t see well

Regardless of answer, go to D-009.

D-009. Do you normally use a hearing aid?
1. Yes
2. No

Regardless of answer, go to D-010-1.

D-010-1. How well do you normally hear, with a hearing aid if you use one and without a hearing aid if you don’t normally use one? Please select from the following choices.
1. Can hear very well
2. Can hear well
3. Can hear at an average level
4. Hear only so-so
5. Don’t hear well
6. Cannot hear at all, or am hearing-impaired.

If answer to D-010-1 is 6, go to D-011; otherwise, go to D-010-2.

D-010-2. How well can you normally hear conversations over other sound sources such as the television or radio, with a hearing aid if you use one and without a hearing aid if you don’t normally use one?
1. Can hear very well
2. Can hear well
3. Can hear at an average level
4. Hear only so-so
5. Don’t hear well

Regardless of answer, go to D-010-3.

D-010-3. How well can you normally hear conversations among several people, with a hearing aid if you use one and without a hearing aid if you don’t normally use one?
1. Can hear very well
2. Can hear well
3. Can hear at an average level
4. Hear only so-so
5. Don’t hear well

Regardless of answer, go to D-010-4.

D-010-4. How well can you normally hear one-to-one conversations, with a hearing aid if you use one and without a hearing aid if you don’t normally use one?
1. Can hear very well
2. Can hear well
3. Can hear at an average level
4. Hear only so-so
5. Don’t hear well

Regardless of answer, go to D-011.

D-011. Do you normally wear dentures, including partial dentures or implants?
1. Yes
2. No

Regardless of answer, go to D-012.

D-012. Can you normally eat hard foods (with your dentures in if you use them)?
1. I can chew and eat anything I want to
2. Some things are difficult to chew, but I can eat almost anything
3. I can’t chew very well, so the foods I can eat are limited
4. I can hardly chew at all
5. I can’t chew at all, and eat blended foods only

Regardless of answer, go to D-013.

D-013. I would like to ask whether you have any difficulty performing various everyday activities. If you have even a little difficulty performing a task, please answer “Yes,” whether the difficulty is due to physical, mental, or emotional causes or any other disability. If you are temporarily unable to perform an activity due to an illness or injury that is not expected to continue for more than three months, please answer “No.”

<table>
<thead>
<tr>
<th>[Interviewer reads activity]</th>
<th>Yes (Has difficulty)</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>D-013-1. Putting on or removing socks and shoes</td>
<td>1 0</td>
<td></td>
</tr>
<tr>
<td>D-013-2. Moving around the room</td>
<td>1 0</td>
<td></td>
</tr>
<tr>
<td>D-013-3. Bathing on own</td>
<td>1 0</td>
<td></td>
</tr>
<tr>
<td>D-013-4. Eating by self</td>
<td>1 0</td>
<td></td>
</tr>
<tr>
<td>D-013-5. Getting into or out of bed</td>
<td>1 0</td>
<td></td>
</tr>
<tr>
<td>D-013-6. Using western-style toilet. (If you normally use only a Japanese-style toilet, please imagine whether you could use a western-style toilet.)</td>
<td>1 0</td>
<td></td>
</tr>
</tbody>
</table>

If answer to D-013-6 is 0, go to D-014; if 1, complete the following and then go to D-014.

D-013-X-Y. (X indicates item 1~6 of D-013-1~D-013-6; Y is most appropriate answer from the six choices given below.)

You indicated that you had difficulty performing action XXX (XXX indicates item from questions D-013-1 to D-013-6 to which respondent answered “Yes”). Who normally helps you perform this action? Please say whether the following people help you perform this action.

1. Immediate family member who lives with you  1. Yes  0. No
2. Immediate family member who does not live with you  1. Yes  0. No
3. Other relative  1. Yes  0. No
4. Friend/acquaintance  1. Yes  0. No
5. Unpaid volunteer  1. Yes  0. No
6. Caregiver service, household employee, etc.  1. Yes  0. No

Regardless of answers to above, proceed in order. After completing D-013-X-6, continue to D-013-(X+1).

D-014. I would now like to ask you about other daily activities. If you have even a little difficulty performing a task, please answer “Yes,” whether the difficulty is due to physical, mental, or emotional causes or any other disability. If you are temporarily unable to perform an activity due to an illness or injury that is not expected to continue for more than three months, please answer “No.”

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<tr>
<td>D-014-1. Walk 100 meters</td>
<td>1 0</td>
<td></td>
</tr>
<tr>
<td>D-014-2. Sit in a chair for two hours continuously</td>
<td>1 0</td>
<td></td>
</tr>
<tr>
<td>D-014-3. Get up from a chair after sitting continuously for a long time</td>
<td>1 0</td>
<td></td>
</tr>
<tr>
<td>D-014-4. Climb up several flights of stairs without using the handrail</td>
<td>1 0</td>
<td></td>
</tr>
<tr>
<td>D-014-5. Climb up one flight of stairs without using the handrail</td>
<td>1 0</td>
<td></td>
</tr>
<tr>
<td>D-014-6. Squat or kneel</td>
<td>1 0</td>
<td></td>
</tr>
<tr>
<td>D-014-7. Raise your hands above your shoulders</td>
<td>1 0</td>
<td></td>
</tr>
<tr>
<td>D-014-8. Push or pull a large object such as a living-room chair or sofa</td>
<td>1 0</td>
<td></td>
</tr>
<tr>
<td>D-014-9. Lift and carry an object weighing 5kg or more, such as a bag of rice</td>
<td>1 0</td>
<td></td>
</tr>
<tr>
<td>D-014-10. Pick up a small object such as a one-yen coin from a desktop with your fingers</td>
<td>1 0</td>
<td></td>
</tr>
</tbody>
</table>

Regardless of answer, go to D-015.
D-015. Conditional branch: If respondent answered 1 (Has spouse) to question A-003, go to D-016; otherwise, go to D-018.

D-016. Previously I asked you about your health. I would now like to ask about the health of your spouse. Please select the most appropriate description from the following. [If spouse is present, ask him or her directly.]
1. Good
2. Fairly good
3. Average
4. Not very good
5. Not good
6. Don’t know

Regardless of answer, go to D-017.

D-017. Does your spouse have any difficulty performing various everyday activities? If he or she has even a little difficulty performing a task, please answer “Yes,” whether the difficulty is due to physical, mental, or emotional causes or any other disability. If he or she is temporarily unable to perform an activity due to an illness or injury that is not expected to continue for more than three months, please answer “No.” [If spouse is present, ask him or her directly.]

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<td>1</td>
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<td>1</td>
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<td>D-017-6. Using western-style toilet. (If you normally use only a Japanese-style toilet, please imagine whether you could use a western-style toilet.)</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>D-017-7. Walk 100 meters</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>D-017-8. Sit in a chair for two hours continuously</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>D-017-9. Get up from a chair after sitting continuously for a long time</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>D-017-10. Climb up several flights of stairs without using the handrail</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>D-017-11. Climb up one flight of stairs without using the handrail</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
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<td>1</td>
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<td>3</td>
</tr>
<tr>
<td>D-017-16. Pick up a small object such as a one-yen coin from a desktop with your fingers</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

Regardless of answer, go to D-018.

D-018. [Interviewer: Read the following, and then indicate who answered the questions in this section.] This concludes this section. Thank you for your cooperation. [Proxy means child or caregiver]
1. Respondent only
2. Respondent and spouse
3. Spouse only
4. Respondent and proxy (not including spouse)
5. Spouse and proxy
6. Proxy (not including spouse)
Regardless of answer, go to E-000.
E. Income and Consumption

E-000-1. [Interviewer: Before beginning Section E, read the following explanation in order to ensure that the respondent is reassured enough to give accurate answers.]
[Instructions for interviewer to read: I would now like to ask about your financial situation and any financial support you receive. First I will ask about any financial support you receive, and then about what type of pension you receive. I asked about your work income and business income in the previous section, so I would now like to know about any other income or social insurance payments you receive. In order to understand what kind of effect changes in the tax system would have and to contribute to useful policy evaluation, we need to accurately understand your total income. We apologize for this intrusion, and ask for your cooperation. May I continue?
1. Yes
2. Refused to answer

If answer to E-000-1 was 1, go to E-000-2; if 2, go to F-000 (Grip strength).

E-001. Do you manage household finances separately, or together?
1. Together
2. Separately
3. Don’t know
4. Refused to answer

[Interviewer: If answer to E-001 was 1, read the following after completing this question.]
[Instructions for interviewer to read: For the following questions, if you manage your household finances together, please answer about your own and your spouse’s portions together.]

Regardless of answer, go to E-002.

E-002. In the last year, were you able to cover your living expenses with your (and your spouse’s) income only, or did you receive money for food or living expenses from someone else?
1. Lived on own (and spouse’s) income only
2. Received money from someone else
3. Don’t know
4. Refused to answer

If answer to E-002 was 2, go to E-003; otherwise, go to E-007.

E-003. [Display family list from responses to section A on screen.] Who was the person you received money from?
1. Spouse
2. Parent (Name: __________)
3. In-law (Name: __________)
4. Sibling (Name: __________)
5. Child/child’s spouse/grandchild (Name: __________)
6. Other relative (Name: __________)
7. Friend
8. Neighbor
9. Other (Describe:                      )
10. Don’t know
11. Refused to answer

If answer to E-003 was 1~9, go to E-004; otherwise, go to E-007.

E-004. Over the last year, did you receive a more or less regular amount of money per month from the person or people you named in the previous answer?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to E-004 is 1, go to E-005, otherwise go to E-006.

E-005. [Display response list from E-003 on screen.]
About how much did you receive per month?
[Interviewer: Write down the amount of money received for each person named in answer E-003. If respondent says he or she does not know the amount of money received, try to encourage him or her to answer by asking the following question.]
[Instructions for interviewer to read: A rough amount is fine. Can you please answer?]
1. About ____ yen
2. Don’t know
3. Refused to answer

If answer to E-005 is 1, go to E-007; otherwise, go to E-006.

E-006. [Refer to answer list from E-003 on screen.] Even if you did not receive money every month, about how much did you receive per year in all? (For example, if you received money only once in the year)
[Interviewer: Write down the amount of money received from each person named in answer E-003. If respondent says he or she does not know the amount of money received, try to encourage him or her to answer by asking the following question.]
[Instructions for interviewer to read: A rough amount is fine. Can you please answer?]
1. About ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to E-007.

E-007. In the past year, did you or your spouse give money for food or living expenses to anyone else? (This does not include treating someone to a meal socially. For children, do not include if they are still dependents. Include children only if not dependents.)
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to E-007 is 1, go to E-008; otherwise go to E-012.

E-008. [Display family list from responses to section A on screen.] Who was the person you gave money to?
1. Spouse
2. Parent (Name: __________)
3. In-law (Name: __________)
4. Sibling (Name: __________)
5. Child/child’s spouse/grandchild (Name: __________)
6. Other relative (Name: __________)
7. Friend
8. Neighbor
9. Other (Describe: __________)
10. Don’t know
11. Refused to answer

If answer to E-008 was 1–9, go to E-009; otherwise, go to E-012.
E-009. Over the last year, did you give a more or less regular amount of money per month to the person or people you named in the previous answer?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to E-009 is 1, go to E-010, otherwise go to E-012.

E-010. [Display response list from E-008 on screen.]
About how much did you give per month?
[Interviewer: Write down the amount of money given to each person named in answer E-003. If respondent says he or she does not know the amount of money given, try to encourage him or her to answer by asking the following question.]
[Instructions for interviewer to read: A rough amount is fine. Can you please answer?]  
1. About ____ yen 
2. Don’t know 
3. Refused to answer

If answer to E-010 is 1, go to E-012; otherwise, go to E-011.

E-011. [Refer to answer list from E-008 on screen.] Even if you did not give money every month, about how much did you give per year in all? (For example, if you gave money only once in the year)
[Interviewer: Write down the amount of money given to each person named in answer E-008. If respondent says he or she does not know the amount of money given, try to encourage him or her to answer by asking the following question.]
[Instructions for interviewer to read: A rough amount is fine. Can you please answer?]  
1. About ____ yen 
2. Don’t know 
3. Refused to answer

Regardless of answer, go to E-012.

E-012. In the survey we left with you to fill out on your own, we asked you to consult your tax withholding form, your final tax return, and similar documents and tell us your after-tax income and the amount you paid for taxes and social insurance. Did you answer those questions?
[Interviewer: Unless the respondent asks you to, do not look at these answers in the leave-behind form. Try to have the respondent confirm the information him or herself.]
[If leave-behind form was not filled out, select answer 2 (No).]
1. Yes
2. No

If answer to E-012 is 1, go to E-017; if 2, go to E-013.

E-013. I would now like to ask about your own income. After taxes (including income tax, resident tax, business tax, fixed property tax, automobile tax, and inheritance tax) and social insurance, about how much income did you have in the last year? Please include not only income from work, but also pensions or other income. I will list a few sample figures; will you state whether your total income was above or below those figures? [Interviewer selects figure and greater or less.]
1. Yes
2. No

If answer to E-013 is 1, go to E-013-1; otherwise, go to E-017.

E-013-1. Was your income in the past year greater/less than ____ yen?
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-013-2. Was your income greater/less than ___ yen?
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-013-3. Was your income greater/less than ___ yen?
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to E-013-4.

E-013-4. Did that amount include a one-time retirement bonus?
1. Yes
2. No

Regardless of answer, go to E-014-0.

E-014-0. Conditional branch: If answer to E-001 was 1, go to E-014; otherwise, go to E-015.

E-014. Next I would like to ask about your spouse’s income. After taxes (including income tax, resident tax, business tax, fixed property tax, automobile tax, and inheritance tax) and social insurance, about how much income did your spouse have in the last year? Please include not only income from work, but also pensions or other income. I will list a few figures; will you state whether your spouse’s total income was above or below those figures? [Interviewer selects figure and greater or less.]
1. Yes
2. No

If answer to E-014 is 1, go to E-014-1; otherwise, go to E-015.

E-014-1. Was your spouse’s income in the past year greater/less than ___ yen?
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-014-2. Was your spouse’s income greater/less than ___ yen?
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-014-3. Was your spouse’s income greater/less than ___ yen?
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to E-015.
E-015. In the last year, about how much did you pay in taxes (including income tax, resident tax, business tax, fixed property tax, automobile tax, and inheritance tax) and social insurance? I will list a few figures; will you state whether you paid more or less than the figure? [Interviewer selects figure and greater or less.]
1. Yes
2. No

If answer to E-015 is 1, go to E-015-1; otherwise, go to E-016.

E-015-1. In the last year, did you pay more/less than ___ yen in taxes (including income tax, resident tax, business tax, fixed property tax, automobile tax, and inheritance tax) and social insurance?
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-015-2. In the last year, did you pay more/less than ___ yen in taxes (including income tax, resident tax, business tax, fixed property tax, automobile tax, and inheritance tax) and social insurance?
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-015-3. In the last year, did you pay more/less than ___ yen in taxes (including income tax, resident tax, business tax, fixed property tax, automobile tax, and inheritance tax) and social insurance?
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to E-016-0.

E-016-0. Conditional branch: If answer to E-001 was 1, go to E-016; otherwise, go to E-017.

E-016. In the last year, about how much did your spouse pay in taxes (including income tax, resident tax, business tax, fixed property tax, automobile tax, and inheritance tax) and social insurance? I will list a few figures; will you state whether your spouse paid more or less than the figure? [Interviewer selects figure and greater or less.]
1. Yes
2. No

If answer to E-015 is 1, go to E-016-1; otherwise, go to E-017.

E-016-1. In the last year, did your spouse pay more/less than ___ yen in taxes (including income tax, resident tax, business tax, fixed property tax, automobile tax, and inheritance tax) and social insurance?
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-016-2. In the last year, did your spouse pay more/less than ___ yen in taxes (including income tax, resident tax, business tax, fixed property tax, automobile tax, and inheritance tax) and social insurance?
1. Yes
2. No
3. Don’t know
4. Refused to answer
E-016-3. In the last year, did your spouse pay more/less than ___ yen in taxes (including income tax, resident tax, business tax, fixed property tax, automobile tax, and inheritance tax) and social insurance?
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to E-017.

E-017. [Show family list from response to Section A.]
Are you the head of the household? If not, who is the head of the household?
1. I am
2. Spouse
3. Parent (Name:                    )
4. In-law (Name:                   )
5. Sibling (Name:                   )
6. Child/Child’s spouse/Grandchild (Name:                      )
7. Other relative (Name:                    )
8. Other (Name:                   )
9. Don’t know
10. Refused to answer

Regardless of answer, go to E-018-1.

E-018-1. [Show family list from response to Section A.]
Who are the dependents of the head of the household? Please state their relationship to the head of the household.
[Interviewer: Enter the ID or letter from the family list prepared in Section A for each person named. If respondent is a dependent, enter “respondent” in parentheses.]
1. No dependents
2. 1st dependent (Name:                      )
3. 2nd dependent (Name:                     )
4. 3rd dependent (Name:                     )
5. 4th dependent (Name:                     )
6. 5th dependent (Name:                      )
N. N-1 dependent (Name:                   )
N+1. Don’t know
N+2. Refused to answer

Regardless of answer, go to E-018-2.

E-018-2. [Show family list from response to Section A.]
Other than yourself and your spouse, does anyone in this household receive any income, including pensions? Please state their relationship to the head of the household.
[Interviewer: Enter the ID or letter from the family list prepared in Section A for each person named. If respondent is a dependent, enter “respondent” in parentheses.]
1. No dependents
2. 1st dependent (Name:                      )
3. 2nd dependent (Name:                     )
4. 3rd dependent (Name:                     )
5. 4th dependent (Name:                     )
6. 5th dependent (Name:                      )
N. N-1 dependent (Name:                   )
N+1. Don’t know
N+2. Refused to answer

pg. 51
Regardless of answer, go to E-019.

[Interviewer: Before asking the questions about pensions, read the following sentences.] [Statement for interviewer to read: I would now like to ask you about pensions. The pension system has changed in the past and probably will change again. I would first like to ask you about any pensions you are currently receiving. If you are qualified to receive a pension in the future, I will ask you about it later, so please answer about that pension separately.]

E-019. Do you currently receive any government pension?  
1. Yes  
2. No  
3. Don’t know  
4. Refused to answer

If answer to E-019 is 1, go to E-020; otherwise, go to E-023-1.

E-020. [Interviewer: Ask question after showing card E-020.] Which of the following pensions do you receive?  
1. National Pension Plan (basic old-age pension)  
2. Old age welfare annuity or retirement mutual pension (including basic pension)  
3. Survivor’s pension  
4. Disability pension  
5. Don’t know  
6. Refused to answer

Regardless of answer, go to E-021.

E-021. About how much did you receive from all public pensions in the last year before taxes? If you don’t mind, please tell me the total amount that is deposited to your bank or postal account. Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below. [Instructions for interviewer to read:] A rough estimate is fine. Can you answer?  
1. Approximately ____ yen  
2. Don’t know  
3. Refused to answer

Regardless of answer, go to E-022.

E-022. About what percent of your last working salary does that amount to? If you did not work before, please say so.  
1. ____ %  
2. Did not work  
3. Don’t know  
4. Refused to answer

Regardless of answer, go to E-023.

E-023. At what age did you begin receiving that pension?  
1. Age:  
2. Don’t know  
3. Refused to answer

E-023-1. Logic check  
E-023-1b If (age that was input)>age, or (age that was input) < 60, ask, “I would like to ask again: Did you begin to receive that pension at age ____?”

pg. 52
Regardless of answer, go to E-024-1.

E-024-1. The basic public pension includes an early-withdrawal option to begin receiving the pension at a younger age than originally specified, but the amount the recipient receives annually is reduced. Are you familiar with this system?
1. Yes
2. No
3. Refused to answer

Regardless of answer, go to E-024-2.

E-024-2. Conditional branch: If age < 60, go to E-024-3; if age = 60 and < 65, go to E-024-4; if age > 65, go to E-024-5.

E-024-3. For the basic public pension, if you begin receiving it at age 60 and were born on or before April 1, 1941, you would receive 58% of the amount you would receive if you waited until age 65 to begin receiving the pension. If you were born on or after April 2, 1941, you would receive 70% of the amount you would receive if you waited until age 65 to begin receiving the pension. Once you make the choice, you cannot change your decision. Do you intend to take this early withdrawal option?
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-024-4. For the basic public pension, if you begin receiving it at age 60 and were born on or before April 1, 1941, you would receive 58% of the amount you would receive if you waited until age 65 to begin receiving the pension. If you were born on or after April 2, 1941, you would receive 70% of the amount you would receive if you waited until age 65 to begin receiving the pension. Once you make the choice, you cannot change your decision. Did you choose or do you intend to choose this early withdrawal option?
1. I chose it
2. I intend to choose it
3. I don’t intend to choose it
4. Don’t know
5. Refused to answer

Regardless of answer, go to E-025-1.

E-024-5. For the basic public pension, if you begin receiving it at age 60 and were born on or before April 1, 1941, you would receive 58% of the amount you would receive if you waited until age 65 to begin receiving the pension. If you were born on or after April 2, 1941, you would receive 70% of the amount you would receive if you waited until age 65 to begin receiving the pension. Once you make the choice, you cannot change your decision. Did you choose this early withdrawal option?
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to E-025-1.

E-025-1. The basic public pension includes a late-withdrawal option to begin receiving the pension at an older age than originally specified, with the amount the recipient receives annually increased. Are you familiar with this system?
1. Yes
2. No
3. Refused to answer
Regardless of answer, go to E-025-2.

E-025-2. Conditional branch: If age < 60, go to E-025-3; if age = 60 and < 65, go to E-025-4; if age > 65, go to E-025-5.

E-025-3. For the basic public pension, if you begin receiving it at age 70 and were born on or before April 1, 1941, you would receive 1.88 times the amount you would receive if you began receiving it at age 65. If you were born on or after April 2, 1941, you would receive 1.42 times the amount you would receive if you began receiving it at age 65. Once you make the choice, you cannot change your decision. Do you intend to take this late withdrawal option?
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to E-026-1.

E-025-4. For the basic public pension, if you begin receiving it at age 70 and were born on or before April 1, 1941, you would receive 1.88 times the amount you would receive if you began receiving it at age 65. If you were born on or after April 2, 1941, you would receive 1.42 times the amount you would receive if you began receiving it at age 65. Once you make the choice, you cannot change your decision. Did you choose or do you intend to choose this late withdrawal option?
1. I chose it
2. I intend to choose it
3. I don’t intend to choose it
4. Don’t know
5. Refused to answer

Regardless of answer, go to E-026-1.

E-025-5. For the basic public pension, if you begin receiving it at age 70 and were born on or before April 1, 1941, you would receive 1.88 times the amount you would receive if you began receiving it at age 65. If you were born on or after April 2, 1941, you would receive 1.42 times the amount you would receive if you began receiving it at age 65. Once you make the choice, you cannot change your decision. Did you choose or do you intend to choose this late withdrawal option?
1. I chose it
2. I intend to choose it
3. I don’t intend to choose it
4. Don’t know
5. Refused to answer

Regardless of answer, go to E-026-1.

E-026-1. Conditional branch: If answer to E-020 was 2, go to E-026-2; otherwise, go to E-028.

E-026-2. Conditional branch: If answer to C-001 was 1 (currently working), go to E-027-1; otherwise, go to E-028.

E-027-1. This answer is for respondents who receive a welfare pension. The amount received for the welfare pension is adjusted if you have any employment income. Is this adjustment applicable to the pension you currently receive?
1. Yes
2. No
3. Don’t know
4. Refused to answer
If answer to E-027-1 is 1, go to E-027-2; otherwise, go to E-028.

E-027-2. If you answered yes, by about what percent is your pension reduced, if you know? 
1. ___ %
2. Don’t know
3. Refused to answer

Regardless of answer, go to E-028.

E-028. In the future do you expect to receive any further public pension? 
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to E-028 was 1, go to E-030; otherwise, go to E-029-1.

E-029-1. Conditional branch: If answer to A-003 was 1, go to E-029-2; otherwise, go to E-043.
E-029-2. Conditional branch: If answer to E-001 was 1, go to E-036; otherwise, go to E-039.

E-030. [Interviewer: Ask question after showing card E-030.] 
What type of pension is it? Please select the most appropriate choice from the following. 
1. National Pension Plan (basic old-age pension)
2. Old age welfare annuity or retirement mutual pension (including basic pension)
3. Survivor’s pension
4. Disability pension
5. Don’t know
6. Refused to answer

Regardless of answer, go to E-031.

E-031. At what age do you expect to begin receiving that pension? 
1. Age:
2. Don’t know
3. Refused to answer

Regardless of answer, go to E-032.

E-032. About how much do you expect to receive per year before taxes? If you don’t mind, please tell me the total amount that will be deposited to your bank or postal account. 
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.] 
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer? 
1. Approximately _____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to E-033.

E-033. About what percent of your last working salary does that amount to? If you did not work before, please say so. 
1. ___%
2. Did not work
3. Don’t know
4. Refused to answer
Regardless of answer, go to E-034.

E-034. Do you think it is likely that the amount you expect to receive could be reduced by 10% or more in the future? If you don’t think this is possible, please say so.
1. ____ %
2. No possibility
3. Don’t know
4. Refused to answer

Regardless of answer, go to E-035-1.

E-035-1. Conditional branch: If answer to A-003 was 1, go to E-035-2; otherwise, go to E-043.
E-035-2. Conditional branch: If answer to E-001 was 1, go to E-036; otherwise, go to E-039.

E-036. Does your spouse currently receive any public pension?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to E-036 was 1, go to E-037; otherwise, go to E-039.

E-037. [Interviewer: Ask question after showing card E-037.]
Which of the following pensions does your spouse receive?
1. National Pension Plan (basic old-age pension)
2. Old age welfare annuity or retirement mutual pension (including basic pension)
3. Survivor’s pension
4. Disability pension
5. Don’t know
6. Refused to answer

Regardless of answer, go to E-038.

E-038. About how much does your spouse receive per year before taxes? If you don’t mind, please tell me the total amount that is deposited to your bank or postal account.
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to E-039.

E-039. Does your spouse expect to receive any other pension in the future?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to E-039 was 1, go to E-040; otherwise, go to E-043.

E-040. [Interviewer: Ask question after showing card E-040.]
Which of the following pensions does your spouse expect to receive?
1. National Pension Plan (basic old-age pension)
2. Old age welfare annuity or retirement mutual pension (including basic pension)
3. Survivor’s pension
4. Disability pension
5. Don’t know
6. Refused to answer

Regardless of answer, go to E-041.

E-041. At what age does your spouse expect to receive this pension?
1. Age:
2. Don’t know
3. Refused to answer

Regardless of answer, go to E-042.

E-042. About how much does your spouse expect to receive per year before taxes? If you don’t mind, please tell me the total amount that is deposited to your bank or postal account.
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to E-043.

E-043. Do you currently receive any individual pension from a private insurance company or the postal insurance system? If you have a spouse, also include any pensions that your spouse receives.
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to E-043 is 1, go to E-045; otherwise, go to E-044.

E-044. In future do you expect to receive any individual pension from a private insurance company or the postal insurance system?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to E-044 is 1, go to E-045; otherwise, go to E-046.

E-045. About how much do you receive or expect to receive in future per year before taxes? Please include any amount your spouse receives or expects to receive.
If you don’t mind, please tell me the total amount that is deposited to your bank or postal account.
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to E-046-1.
[Interviewer: Before beginning the following questions about consumption, give the following explanation to put the respondent at ease in order to obtain accurate responses.]
[Instructions for interviewer to read:] Finally, I would now like to ask you about your everyday household finances. These questions are quite detailed, and are intended to assess your expenditures as accurately as possible. They are also intended to help analyze the possible effects of tax changes such as increasing taxes on non-food items while keeping the tax rate on food the same, etc. Thank you for your cooperation.

E-046-1. Who is primarily responsible for managing your living expenses?
1. Self
2. Spouse
3. Self and spouse
4. Other (Name:                        )

Regardless of answer, go to E-046-2.

E-046-2. Who is the primary decision-maker about household expenditures?
1. Self
2. Spouse
3. Self and spouse
4. Other (Name:                        )

Regardless of answer, go to E-046-3.

E-046-3. Who is the primary decision-maker about spending on food (not including eating out)?
1. Self
2. Spouse
3. Self and spouse
4. Other (Name:                        )

Regardless of answer, go to E-046-4.

E-046-4. Who is the primary decision-maker about spending on eating out?
1. Self
2. Spouse
3. Self and spouse
4. Other (Name:                        )

Regardless of answer, go to E-046-5.

E-046-5. Who is the primary decision-maker about purchases of durable consumer goods (television, video/DVD player, computer, refrigerator, microwave oven, washing machine, dishwasher, etc.)?
1. Self
2. Spouse
3. Self and spouse
4. Other (Name:                        )

Regardless of answer, go to E-047.

E-047. Please think about the last year. In a typical month, about how much did you spend on food (not including eating out)?
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer
If answer to E-047 is 1, go to E-048; otherwise, go to E-047-1.

E-047-1. In a typical month, did you spend more/less than ___ yen (not including eating out)?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-047-2. In a typical month, did you spend more/less than ___ yen (not including eating out)?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-047-3. In a typical month, did you spend more/less than ___ yen (not including eating out)?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to E-048.

E-048. Please think about the last year. In a typical month, did you go out to eat? If so, about how much did you spend per month?
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Did not eat out
3. Don’t know
4. Refused to answer

If answer to E-048 was 1 or 2, go to E-049; otherwise go to E-048-1.

E-048-1. In a typical month, did you spend more/less than ____ yen eating out?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-048-2. In a typical month, did you spend more/less than ____ yen eating out?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-048-3. In a typical month, did you spend more/less than ____ yen eating out?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to E-049.

E-049. In a typical month, about how much money did you spend overall? Do not include rent, housing loan payments or other housing costs, or the purchase of durable goods (television, refrigerator, etc.).
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.] [Include electricity/heating, private life insurance, non-life insurance premiums, etc.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

If answer to E-049 is 1, go to E-050; otherwise, go to E-049-1.

E-049-1. In a typical month, did you spend more/less than ____ yen? Do not include rent, housing loan payments or other housing costs, or the purchase of durable goods (television, refrigerator, etc.).
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-049-2. In a typical month, did you spend more/less than ____ yen? Do not include rent, housing loan payments or other housing costs, or the purchase of durable goods (television, refrigerator, etc.).
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-049-3. In a typical month, did you spend more/less than ____ yen? Do not include rent, housing loan payments or other housing costs, or the purchase of durable goods (television, refrigerator, etc.).
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to E-050.

E-050. In the past year, about how much did your household spend on electrical items or other durable goods (television, video/DVD player, computer, refrigerator, microwave oven, washing machine, dishwasher, etc.)? (Do not include the purchase of automobiles.) [Do not include farm implements or other work-related items.]
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.] [Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

If answer to E-050 is 1, go to E-051-1; otherwise, go to E-050-1.
E-050-1. In the past year, did your household spend more/less than ___ yen on electrical items or other
durable goods (television, video/DVD player, computer, refrigerator, microwave oven, washing machine,
dishwasher, etc.)?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-050-2. In the past year, did your household spend more/less than ___ yen on electrical items or other
durable goods (television, video/DVD player, computer, refrigerator, microwave oven, washing machine,
dishwasher, etc.)?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

E-050-3. In the past year, did your household spend more/less than ___ yen on electrical items or other
durable goods (television, video/DVD player, computer, refrigerator, microwave oven, washing machine,
dishwasher, etc.)?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to E-051-1.

E-051-1. Do you own an automobile? If so, how many?
1. Yes (Number owned: ___)
2. No
3. Don’t know
4. Refused to answer

If answer to E-051-1 is 1, go to E-051-2; otherwise, go to E-052-1.

E-051-2. About how often do you purchase a new automobile?
1. Every ___ years
2. Don’t know
3. Refused to answer

Regardless of answer, go to E-051-3.

E-051-3. About how much do you typically pay for an automobile? If you buy a new vehicle, state how
much you pay for it new; if you buy it used, state how much you pay for a used vehicle.
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to
courage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to E-052-1.

E-052-1. [Interviewer: Ask question after showing card E-052-1.]
About how much has your income changed in the past year compared to previous years? Please consider your take-home pay (after income tax, resident tax, business tax, fixed property tax, automobile tax, and inheritance tax and social insurance deductions) including not only work income but pensions or any other income.

1. Increased by 30% or more
2. Increased 20–30%
3. Increased 10–20%
4. Increased by less than 10%
5. Didn’t change significantly
6. Decreased by less than 10%
7. Decreased by 10–20%
8. Decreased by 20–30%
9. Decreased by more than 30%

Regardless of answer, go to E-052-2.

E-052-2. [Interviewer: Ask question after showing card E-052-2.]
About how much do you expect your income to change in the next year compared to previous years?

1. Increase by 30% or more
2. Increase 20–30%
3. Increase 10–20%
4. Increase by less than 10%
5. Won’t change significantly
6. Decrease by less than 10%
7. Decrease by 10–20%
8. Decrease by 20–30%
9. Decrease by more than 30%

If answer to A-003 is 1, go to E-052-3; otherwise, go to E-052-5. [Not reflected on actual CAPI.]

E-052-3. [Interviewer: Ask question after showing card E-052-3.]
[Question A-003 (marital status) is not reflected, so respondent is asked about spouse income changes even if he or she is unmarried or divorced. The CAPI does not currently solve this problem, so explain to respondent as follows: “If you responded to question A-003 anything other than married or have a common-law spouse (unmarried, divorced, etc.), this question does not apply, but it comes up in the system automatically, so please select item 5 ‘No change.’”]

About how much has your spouse’s income changed in the past year compared to previous years? Please consider your spouse’s take-home pay (after income tax, resident tax, business tax, fixed property tax, automobile tax, and inheritance tax and social insurance deductions) including not only work income but pensions or any other income.

1. Increased by 30% or more
2. Increased 20–30%
3. Increased 10–20%
4. Increased by less than 10%
5. Didn’t change significantly
6. Decrease by less than 10%
7. Decrease by 10–20%
8. Decrease by 20–30%
9. Decrease by more than 30%

Regardless of answer, go to E-052-4.

E-052-4. [Interviewer: Ask question after showing card E-052-4.]
[Question A-003 (marital status) is not reflected, so respondent is asked about spouse income changes even if he or she is unmarried or divorced. The CAPI does not currently solve this problem, so explain to respondent as follows: “If you responded to question A-003 anything other than married or have a
common-law spouse (unmarried, divorced, etc.), this question does not apply, but it comes up in the system automatically, so please select item 5 'No change.'

About how much do you expect your spouse’s income to change in the next year compared to previous years?
1. Increase by 30% or more
2. Increase 20–30%
3. Increase 10–20%
4. Increase by less than 10%
5. Won’t change significantly
6. Decrease by less than 10%
7. Decrease by 10–20%
8. Decrease by 20–30%
9. Decrease by more than 30%

Regardless of answer, go to E-052-5.

E-052-5. [Interviewer: Ask question after showing card E-052-5.]
In the past year, about how much did the amount your household spends on living expenses change compared to previous years? Do not include rent, housing loan payments or other housing costs, or the purchase of durable goods (television, refrigerator, etc.).
1. Increased by 30% or more
2. Increased 20–30%
3. Increased 10–20%
4. Increased by less than 10%
5. Didn’t change significantly
6. Decreased by less than 10%
7. Decreased by 10–20%
8. Decreased by 20–30%
9. Decreased by more than 30%

Regardless of answer, go to E-052-6.

E-052-6. [Interviewer: Ask question after showing card E-052-6.]
In the past year, about how much did the amount your household spends on food change compared to previous years?
1. Increased by 30% or more
2. Increased 20–30%
3. Increased 10–20%
4. Increased by less than 10%
5. Didn’t change significantly
6. Decreased by less than 10%
7. Decreased by 10–20%
8. Decreased by 20–30%
9. Decreased by more than 30%

Regardless of answer, go to E-052-7.

E-052-7. [Interviewer: Ask question after showing card E-052-7.]
In the past year, about how much did the amount your household spends on eating out change compared to previous years?
1. Increased by 30% or more
2. Increased 20–30%
3. Increased 10–20%
4. Increased by less than 10%
5. Didn’t change significantly
6. Decreased by less than 10%
7. Decreased by 10~20%
8. Decreased by 20~30%
9. Decreased by more than 30%

Regardless of answer, go to E-052-8.

E-052-8. [Interviewer: Ask question after showing card E-052-8.]
In the past year, about how much did the amount your household spends on electrical items or other durable goods (television, video/DVD player, computer, refrigerator, microwave oven, washing machine, dishwasher, etc.) change compared to previous years?
[Do not include farm implements or other work-related items.]
1. Increased by 30% or more
2. Increased 20~30%
3. Increased 10~20%
4. Increased by less than 10%
5. Didn’t change significantly
6. Decreased by less than 10%
7. Decreased by 10~20%
8. Decreased by 20~30%
9. Decreased by more than 30%

Regardless of answer, go to E-053.

E-053. [Interviewer: Read the following, and then indicate who answered the questions in this section.]
This concludes this section. Thank you for your cooperation.
[Proxy means child or caregiver]
1. Respondent only
2. Respondent and spouse
3. Spouse only
4. Respondent and proxy (not including spouse)
5. Spouse and proxy
6. Proxy (not including spouse)

Regardless of answer, go to F-000.
F. Grip Strength

F-000. [Interviewer: Read the following sentence to encourage respondent to cooperate with the grip strength test. If respondent refuses, do not argue.]
[Instructions for interviewer to read:] Now, to evaluate your health, I would like to measure your grip strength. Grip strength is considered to be an effective index for predicting your health a year from now. We appreciate your cooperation. May I continue?
1. Yes
2. No

If answer to F-000 is 1, go to F-001; otherwise, go to G-000 (Housing and Assets).

F-001. [Interviewer: Show respondent grip strength measuring tool and ask for his or her cooperation.]
[Instructions for interviewer to read:] In this test, I will ask you to grasp this handle as strongly as possible for 2~3 seconds with your dominant hand, or if your dominant hand is disabled, with your other hand, and release. I will perform this test only once. May I perform the test?
1. Yes
2. No
3. Not capable of being measured
4. Don’t know
5. Refused to answer

If answer to F-001 was 1, go to F-002; otherwise, go to G-000.

F-002. [Interviewer: Assess the condition of the respondent. Do not read the following choices out loud.]
1. Respondent can use both hands
2. Respondent cannot use right hand
3. Respondent cannot use left hand
4. Respondent cannot use either hand
5. Don’t know

If answer to F-002 is 1~3 or 5, go to F-003; otherwise, go to F-006.

F-003. Which is your dominant hand?
1. Right
2. Left
3. Don’t know
4. Refused to answer

Regardless of answer, go to F-004.

F-004-1. [For interviewer: Following the instructions below, have respondent grip instrument and measure grip strength.]
[INSTRUCTIONS ON USE OF GRIP METER OMITTED]

F-004-2. [Interviewer: Indicate which hand was measured.]
1. Right
2. Left

Regardless of answer, go to F-004-3.

F-004-3. [Interviewer: Enter score, rounding off to closest kg.]
1. ___ kg
2. Not possible to measure, or measurement failed
If answer to F-004-3 was 1, go to F-006; otherwise, go to F-005.

F-005-1. [Interviewer: If measurement could not be taken, perform test one more time. Ensure that respondent understands how to take test. If respondent does not understand test, guide respondent according to the following procedure.]
[INSTRUCTIONS ON USE OF GRIP METER OMITTED]

F-005-2. [Interviewer: Indicate which hand was measured.]
1. Right
2. Left

Regardless of answer, go to F-005-3.

F-005-3. [Interviewer: Enter score, rounding off to closest kg.]
1. ___ kg
2. Not possible to measure, or measurement failed

Regardless of answer, go to F-006.

F-006. [Interviewer: Read the following, and then indicate who answered the questions in this section.] This concludes this section. Thank you for your cooperation.
[Proxy means child or caregiver]
1. Respondent only
2. Respondent and spouse
3. Spouse only
4. Respondent and proxy (not including spouse)
5. Spouse and proxy
6. Proxy (not including spouse)

Regardless of answer, go to G-000.
G. Housing and Assets

G-000. [Interviewer: Before beginning Section G, give the following explanation to put the respondent at ease in order to obtain accurate responses.]
[Instructions for interviewer to read:] How much financial resources people have can greatly affect their post-retirement years. In particular, housing is a major expense for many people. For many people who own their home, it is their major asset. In addition to asking you about your home, I would also like to ask you about other financial assets you have. I know these questions are intrusive, and I ask for your cooperation. May I continue?
1. Yes
2. Refused to answer

If answer to G-000 is 1, go to G-001; if 2, go to H-000.

G-001. How many years have passed since your current home was built?
1. Year:
2. Don’t know
3. Refused to answer

Regardless of answer, go to G-002.

G-002. [Interviewer: Ask question after showing card G-002.]
Do you own or rent your home? (Owning includes coops, etc.)
1. Own (also own land)
2. Own (rented land)
3. Rent
4. Don’t know
5. Refused to answer

If answer to G-002 is 1 or 2, go to G-003; if 3, go to G-008; if 4 or 5, go to G-009.

G-003. [Interviewer: Ask question after showing card G-003.]
In whose name is the property?
1. Self
2. Spouse
3. Jointly owned with spouse (or relative or child)
4. Relative other than self
5. Don’t know
6. Refused to answer

If answer to G-003 is 1~3, go to G-004; otherwise, go to G-009.

G-004. What is the size of the property (in the case of a shared building, the square footage)?
1. ___ tsubo (Japanese land measure)
2. ___ square meters
3. Don’t know
4. Refused to answer

Regardless of answer, go to G-005.

G-005. If you were to sell this property today (including land), about how much could you get for it?
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ___ yen
2. Don’t know
3. Refused to answer

If answer to G-005 is 1, go to G-006; otherwise, go to G-005-1.

G-005-1. If you were to sell this property today (including land), could you get more/less than ___ yen?
[Interviewer selects figure and greater or less.]
1. Yes
2. No

G-005-2. If you were to sell this property today (including land), could you get more/less than ___ yen?
[Interviewer selects figure and greater or less.]
1. Yes
2. No

G-005-3. If you were to sell this property today (including land), could you get more/less than ___ yen?
[Interviewer selects figure and greater or less.]
1. Yes
2. No

Regardless of answer, go to G-006.

G-006. Do you have any outstanding loans on this property? If so, how many years remain on the loan? If you own multiple properties, please answer for your most valuable property.
1. Yes, I have an outstanding loan
2. No
3. Don’t know
4. Refused to answer

If answer to G-006 is 1, go to G-007; otherwise, go to G-009.

G-007. About how much more money do you owe on this loan?
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

If answer to G-007 is 1, go to G-009; otherwise, go to G-007-1.

G-007-1. Do you owe more/less than ___ yen on this loan?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-007-2. Do you owe more/less than ___ yen on this loan?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-007-3. Do you owe more/less than ___ yen on this loan?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to G-009.

G-008. What was the most recent monthly rent?
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to G-009.

G-009. Other than the home you live in, do you own a vacation house, property, or other real estate? Please answer only for property you own in your own name or together with your spouse, or for a coop or similar multiple residence of which you are one of the owners.
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to G-009 is 1, go to G-010; otherwise, go to G-011.

G-010. If you were to sell that property today, about how much could you get for it?
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

If answer to G-010 is 1, go to G-011; otherwise, go to G-010-1.

G-010-1. If you were to sell that property today, could you get more/less than ___ yen for it?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-010-2. If you were to sell that property today, could you get more/less than ___ yen for it?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-010-3. If you were to sell that property today, could you get more/less than ___ yen for it?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to G-011.

G-011. Other than housing loans, about how much debt do you currently have in all? Please include loans for the purchase of a vehicle or durable good and money borrowed from relatives or friends.
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

If answer to G-011 is 1, go to G-012; otherwise, go to G-011-1.

G-011-1. Other than housing loans, do you currently owe more/less than ___ yen in all?
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-011-2. Other than housing loans, do you currently owe more/less than ___ yen in all?
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-011-3. Other than housing loans, do you currently owe more/less than ___ yen in all?
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to G-012.

G-012. In the past year, have you tried to take out a loan?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to G-012 is 1, go to G-013; if 2, go to G-015; otherwise, go to G-016.

G-013. [Interviewer: Ask question after showing card G-013.]
Where did you try to borrow the money? Please select the most appropriate answer from the following choices.
1. City bank/regional bank/credit union or other bank/credit union
2. Life insurance or other insurance company
3. Credit card/consumer finance loan
4. Government financial institution (Government Housing Loan Corporation, National Life Finance Corporation, Shoko Chukin Bank, Japan Finance Corporation for Small Business, Agriculture, Forestry and Fisheries Finance Corporation, etc.)
5. Workplace
6. Family/relative/friend
7. Other (Describe: )
8. Don’t know
9. Refused to answer

Regardless of answer, go to G-014.

G-014. [Interviewer: Ask question after showing card G-014.]
Were you able to borrow as much as you needed? Please select the most appropriate answer from the following choices.
1. I was able to borrow as much as I needed
2. I was able to borrow money, but I had to reduce the amount I requested
3. I was not able to borrow
4. Don’t know
5. Refused to answer

Regardless of answer, go to G-016.

G-015. [Interviewer: Ask question after showing card G-015.]
Why did you not try to borrow money? Please select the most appropriate answer from the following choices.
1. I didn’t need to borrow money
2. I didn’t think I would be able to borrow
3. Even if I could borrow, I didn’t think I would be able to pay it back
4. I didn’t understand the procedure for borrowing money
5. Other (Describe:                          )
6. Don’t know
7. Refused to answer

Regardless of answer, go to G-016.

[G-016. Conditional branch: If answer to A-003 was 1 (has spouse), go to G-017; otherwise, go to G-018.]

[I would now like to ask you about your and your spouse’s savings and investments. Please do not include savings or investments of any relatives (children, etc.) who live with you. These questions allow us to understand how each household prepares for emergencies and old age and what kind of assets they use to make this preparation. I apologize for this intrusion and thank you for your cooperation.

G-017. Do you and your spouse manage your savings and investments separately, or together? If you manage them together, please answer the following questions for your and your spouse’s funds all together. If you manage your savings and investments separately, please answer for your own funds.
1. Manage all or most of savings and investments together
2. Manage them separately
3. Don’t know
4. Refused to answer

Regardless of answer, go to G-018.

G-018. Compared to one year ago, have your financial assets such as bank deposits, bonds, stocks, etc. increased or decreased?
1. Increased
2. Decreased
3. Haven’t changed
4. Don’t know
5. Refused to answer]
For what purpose are you saving? Please select the most appropriate answer from the following choices:

1. In preparation for illness or unforeseen misfortune
2. For children’s education
3. For children’s wedding
4. To buy or improve a home (including land)
5. For old age living expenses
6. To purchase durable goods (automobile, furniture, electronics, etc.)
7. For travel or leisure
8. For tax payments
9. Would like to leave inheritance to children/grandchildren
10. No special purpose, but feel more comfortable with savings
11. Other (Describe:                        )
12. Don’t know
13. Refused to answer

Regardless of answer, go to G-020.

G-020-1. What is the target of savings balance do you hope to have for this purpose a year from now?

[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?

1. Approximately _____ yen
2. No special target
3. Don’t know
4. Refused to answer

Regardless of answer, go to G-020-2.

G-020-2. What is the target of savings balance do you hope to have for this purpose five years from now?

[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?

1. Approximately _____ yen
2. No special target
3. Don’t know
4. Refused to answer

Regardless of answer, go to G-020-3.

G-020-3. What is the ultimate target of savings balance you would like to have for this purpose?

[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?

1. Approximately _____ yen
2. No special target
3. Don’t know
4. Refused to answer

If answer to G-020-3 is 1 or 2, go to G-021; otherwise, go to G-020-3-1.

G-020-3-1. Ultimately, would you like to save more/less than ___ yen?

1. Yes
2. No
3. Don’t know
4. Refused to answer

G-020-3-2. [Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-020-3-3. [Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to G-021.

G-021. In the leave-behind survey we asked you to fill out, we requested that you describe your savings and stock and bond holdings. Did you answer those questions?
[Interviewer: Unless the respondent asks you to, do not look at these answers in the leave-behind form. Try to have the respondent confirm the information him or herself.]
1. Yes
2. No

If answer to G-021 is 1, go to G-025-1; otherwise, go to G-022-1.

G-022-1. Do you have any savings? Please include regular bank or postal savings, fixed-term or fixed-amount savings, including at credit unions, agricultural cooperatives, and credit banks.
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to G-022-1 is 1, go to G-022-2; otherwise, go to G-023-1.

G-022-2. About how much savings do you have?
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

If answer to G-022-2 is 1, go to G-023-1; otherwise, go to G-022-2-1.

G-022-2-1. Do you have more/less than ___ yen in savings?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-022-2-2. Do you have more/less than ___ yen in savings?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-022-2-3. Do you have more/less than ___ yen in savings?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to G-023-1.

G-023-1. Do you have money in an investment trust (MMF, medium-term government bond fund, international investment trust, etc.), discount bank debentures, “wide” funds, or government, corporate or other bonds?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to G-023-1 is 1, go to G-023-2; otherwise, go to G-024-1.

G-023-2. About how much money do you have in these investments?
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

If answer to G-023-2 is 1, go to G-024-1; otherwise, go to G-023-2-1.

G-023-2-1. Do you have more/less than ___ yen in negotiable securities?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-023-2-2. Do you have more/less than ___ yen in negotiable securities?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-023-2-3. Do you have more/less than ___ yen in negotiable securities?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to G-024-1.
G-024-1. Do you own any stock that can be sold by a securities firm?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to G-024-1 is 1, go to G-024-2; otherwise, go to G-025-1.

G-024-2. If you were to sell all those securities now, about how much do you think you could get for them?
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to
courage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately _____ yen
2. Don’t know
3. Refused to answer

If answer to G-024-2 is 1, go to G-025-1; otherwise, go to G-024-2-1.

G-024-2-1. If you sold all of those securities now, could you get more/less than ___ yen for them?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-024-2-2. If you sold all of those securities now, could you get more/less than ___ yen for them?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-024-2-3. If you sold all of those securities now, could you get more/less than ___ yen for them?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to G-025-1.

G-025-1. Do you run a company or business?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to G-025-1 is 1, go to G-025-2; otherwise, go to G-026-1.

G-025-2. Conditional branch: If answer to A-003 was 1 (has spouse), go to G-025-3; otherwise, go to G-025-4.

G-025-3. Do you run the company or business together with your spouse?
[Interviewer: If answer to G-025-3 was 1, read the following sentence after completing this question.
[Question for interviewer to read aloud:] Please answer the questions concerning the company or business
including your spouse’s share as well.
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to G-025-4.

G-025-4. If you were to sell that company or business, about how much money would you have after repaying any outstanding debts? If you would have nothing, please answer “0.”
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately _____ yen
2. Don’t know
3. Refused to answer

If answer to G-025-4 is 1, go to G-025-5; otherwise, go to G-025-4-1.

G-025-4-1. If you were to sell the company or business, after repaying any debts, would you have more/less than ___ yen?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-025-4-2. If you were to sell the company or business, after repaying any debts, would you have more/less than ___ yen?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

G-025-4-3. If you were to sell the company or business, after repaying any debts, would you have more/less than ___ yen?
[Interviewer selects figure and greater or less.]
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to G-025-5.

G-025-5. What percent of the company or business do you own?
1. ___ %
2. Don’t know
3. Refused to answer

Regardless of answer, go to G-026-1.

G-026-1. Finally, I would like to ask about lifetime giving and inheritances. The saving behavior of people who have received or have not received inheritances may be the same even though their assets may be quite different. We would like to use this information in order to try to understand this phenomenon. Have you received gifts from someone during their lifetime, or inheritances? If you have received multiple gifts or inheritances, please answer for the largest of these.
[Interviewer: If respondent has spouse or common-law spouse, add the following sentence to the question above.] If you manage your savings and assets together with your spouse, please also answer whether your spouse has received gifts or inheritances.
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to G-026-1 is 1, go to G-026-2; otherwise, go to G-27-1.

G-026-2. About how much have you received altogether in gifts and inheritances?
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to G-026-3.

G-026-3. [Show family list given in section A.] From whom did you receive the gift or inheritance?
[If a gift, enter the number of the individual from the list. If an inheritance, enter text.]
1. Spouse
2. Parent (Name:               )
3. In-law (Name:                 )
4. Sibling (Name:                )
5. Child/Child’s spouse/grandchild (Name:                          )
6. Other relative (Name:                     )
7. Other (Name:                       )
8. Don’t know
9. Refused to answer

Regardless of answer, go to G-027-1.

G-027-1. Do you expect to receive a gift or inheritance in the future? If you expect to receive multiple gifts or inheritances, please answer for the largest of these.
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to G-027-1 is 1, go to G-027-2; otherwise, go to G-028-1.

G-027-2. About how much do you expect to receive altogether?
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to G-027-3.

G-027-3. [Show family list given in section A.] From whom do you expect to receive the gift or inheritance from?
1. Spouse
2. Parent (Name:               )
3. In-law (Name:                )
4. Sibling (Name:                 )
5. Child/Child’s spouse/grandchild (Name:                     )
6. Other relative (Name:                     )
7. Other (Name:                       )
8. Don’t know
9. Refused to answer

Regardless of answer, go to G-028-1.

G-028-1. Do you expect to give someone else a gift or inheritance?
[Interviewer: If respondent has spouse or common-law spouse, add the following sentence to the question
above.] If you manage your savings and assets together with your spouse, please also answer whether your
spouse expects to give gifts or inheritances.
1. Yes
2. No
3. Have no one to leave money to
4. Don’t know
5. Refused to answer

If answer to G-028-1 is 1, go to G-028-2; otherwise, go to G-029.

G-028-2. About how much do you expect to give or leave to someone else?
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to
encourage him or her to answer by asking the questions below.] [Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to G-028-3.

G-028-3. [Show family list given in section A.] Who do you expect to give the gift or inheritance to?
1. No one to leave money to
2. Spouse
3. Parent (Name:               )
4. In-law (Name:                )
5. Sibling (Name:                 )
6. Child/Child’s spouse/grandchild (Name:                     )
7. Other relative (Name:                     )
8. Other (Name:                       )
9. Don’t know
10. Refused to answer

If answer to G-028-3 is 2–8, go to G-028-4; otherwise, go to G-029.

G-028-4. [Show response list from answer to G-028-3.] About what percent of your estate do you intend to leave to each person? A rough estimate is fine.

G-028-3 response list (inheritors)
1. Approximately ___ %
2. Don’t know
3. Refused to answer

Regardless of answer, go to G-029.
G-029. [Interviewer: Ask question after showing card G-029.]
This chart shows the average life expectancies from now for Japanese men and women at age 70. For example, of 100 men, 85 will live to age 75, while 93 women will. Please tell me the likelihood you will live to the following ages.

[Interviewer: If respondent is 75 or over, enter “100%” for likelihood he or she will live to 75. Confirm that the likelihood of reaching an age declines as the age decreases; for example, the likelihood of living to age 90 should be less than the likelihood of reaching age 75.
[0 is entered by default; algorithm confirms that input value declines gradually.]

Likelihood of living to age 75: ___%
Likelihood of living to age 80: ___%
Likelihood of living to age 85: ___%
Likelihood of living to age 90: ___%
Likelihood of living to age 95: ___%
Likelihood of living to age 100: ___%
Likelihood of living to age 105: ___%
Likelihood of living to age 110: ___%
Likelihood of living to age 115: ___%
Likelihood of living to age 120: ___%

Regardless of answer, go to G-030.

G-030. [Interviewer: Read the following, and then indicate who answered the questions in this section.]
This concludes this section. Thank you for your cooperation.
[Proxy means child or caregiver]
1. Respondent only
2. Respondent and spouse
3. Spouse only
4. Respondent and proxy (not including spouse)
5. Spouse and proxy
6. Proxy (not including spouse)

Regardless of answer, go to H-000.
H. Use of and Expenditure on Medicare Care and Nursing Care Services

H-000. I would now like to ask about how much medical care and nursing care you use. In addition to the questions I already asked about your health condition, this allows us to study what kind of medical care and nursing services are needed. May I continue?
1. Yes
2. Refused to answer

If answer to H-000 is 1, go to H-001; if answer is 2, go to I-000.

H-001. I will name several illnesses. Please tell me if you have been diagnosed by a doctor with or been advised to seek care in connection with any of them.

[Interviewer: Read the following items from H-001-1–H-001-21 slowly.]
0: Have not been diagnosed or advised to seek care
1: Have been diagnosed or advised to seek care

If answer to H-001 is 0, go to H-001-22; if answer to H-001 is 1, go to H-001-1.

<table>
<thead>
<tr>
<th>[Item for interviewer to read]</th>
<th>Have been diagnosed or advised to seek care</th>
<th>Have not been diagnosed or advised to seek care</th>
</tr>
</thead>
<tbody>
<tr>
<td>H-001-1. Heart disease (angina, heart failure, cardiac infarction, valve disease, etc.)</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-2. High blood pressure</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-3. Hyperlipimia</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-4. Cerebral accident, cerebrovascular accident</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-5. Diabetes</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-6. Chronic lung disease (chronic bronchitis, emphysema, etc.)</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-7. Asthma</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-8. Liver disease (hepatitis B or C, hepatic cirrhosis, etc. Not including liver cancer)</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-9. Ulcer or other stomach disorder</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-10. Joint disorder (Arthritis, rheumatism)</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-11. Broken hip</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-12. Osteoporosis</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-13. Eye disease (Cataracts, glaucoma, etc.)</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-14. Ear disorder (hard of hearing, etc.)</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-15. Bladder disorder (incontinence/leakage, difficulty in urinating, enlarged prostate)</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-16. Parkinson’s Disease</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-17. Depression, emotional disorder</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-18. Dementia</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-19. Skin disorder</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-20. Cancer (including leukemia, lymphoma; not including benign skin cancer)</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>H-001-21. Other (Describe most severe: )</td>
<td>1</td>
<td>0</td>
</tr>
</tbody>
</table>

Following apply to H-001-@ (@=1–21):
If H-001-@ is 0, proceed to H-001-(@+1) (next item); if H-001-@ is 1, go to H-001-@-1.
If H-001-21 is 0, go to H-001-22; if 1, describe illness and go to H-001-22.

H-001-@-1. At what age were you diagnosed?
Age: ___

Regardless of answer, go to H-001-@-2.

H-001-@-2. Which of the following most accurately describes that illness?
1. Did not receive any particular treatment
2. Began treatment, but stopped in the middle
3. Received treatment and got better
4. Currently undergoing treatment, or completed treatment and am still being seen

If \( @=5 \) and H-001-@-2=4, go to H-001-5-3.

If \( @=2 \) or 3 and H-001-@-2=4, go to H-001-2-3/H-001-3-3.

If \( @=1, 10 \) or 13 and H-001-@-2=3 or H-001-@-2=4, go to H-001-1-3/H-001-10-3/H-001-13-3.

If \( @=20 \), regardless of answer, go to H-001-20-3.

Otherwise, go to H-001-(@+1) (next item).

H-001-5.3. Which of the following most accurately describes the treatment you are currently receiving.
   1. Diet and exercise therapy only, no medications
   2. Taking medications orally
   3. Inject insulin (whether or not you are taking oral medications)

Regardless of answer, go to H-001-(@+1) (next item).

H-001-2-3/H-001-3-3. Do you regularly take a medicine that was prescribed for you by a doctor?
   1. Yes
   2. No

Regardless of answer, go to H-001-(@+1) (next item).

H-001-1-3/H-001-10-3/H-001-13-3. Have you ever had surgery?
   1. Yes
   2. No


H-001-1-4/H-001-10-4/H-001-13-4. At what age did you have surgery?
   Age: ___

Regardless of answer, go to H-001-(@+1) (next item).

H-001-20-3. [Interviewer: Ask question after showing card H-001-20-3.]
Where was the cancer? Please select the most appropriate answer from the following choices. Answer for all appropriate choices.

<table>
<thead>
<tr>
<th></th>
<th>Applicable</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Brain/spinal cord</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>Mouth/tongue</td>
<td>1</td>
</tr>
<tr>
<td>3</td>
<td>Throat</td>
<td>1</td>
</tr>
<tr>
<td>4</td>
<td>Thyroid</td>
<td>1</td>
</tr>
<tr>
<td>5</td>
<td>Lung</td>
<td>1</td>
</tr>
<tr>
<td>6</td>
<td>Breast</td>
<td>1</td>
</tr>
<tr>
<td>7</td>
<td>Esophagus</td>
<td>1</td>
</tr>
<tr>
<td>8</td>
<td>Intestine</td>
<td>1</td>
</tr>
<tr>
<td>9</td>
<td>Liver</td>
<td>1</td>
</tr>
<tr>
<td>10</td>
<td>Pancreas</td>
<td>1</td>
</tr>
<tr>
<td>11</td>
<td>Kidney</td>
<td>1</td>
</tr>
<tr>
<td>12</td>
<td>Colon</td>
<td>1</td>
</tr>
<tr>
<td>13</td>
<td>Bladder</td>
<td>1</td>
</tr>
<tr>
<td>14</td>
<td>Skin</td>
<td>1</td>
</tr>
<tr>
<td>15</td>
<td>Lymphoma</td>
<td>1</td>
</tr>
<tr>
<td>16</td>
<td>Leukemia</td>
<td>1</td>
</tr>
</tbody>
</table>
17. Prostate 1 0
18. Ovary 1 0
19. Cervix 1 0
20. Uterus 1 0
21. Other (Describe: ) 1 0

If answer to H-001-20-2 was other than 1 (no special treatment), go to H-001-20-4; otherwise, go to H-001-(@+1) (next item).

H-001-20-4. [Interviewer: Ask question after showing card H-001-20-4.]
What kind of treatment did you have?
1. Surgery (including endoscopic surgery)
2. Radiation treatment
3. Chemotherapy
4. Any combination of the above
Regardless of answer, go to H-001-20-5.

H-001-20-5. At what age did you receive that treatment?
Age: ___
Regardless of answer, go to H-001-(@+1) (next item).

H-001-22. Conditional branch: If respondent is female, go to H-002; if male, go to H-003.

H-002. In the past two years, have you had a mammogram?
1. Yes
2. No
Regardless of answer, go to H-003.

H-003. In the past two years, have you had a stool test to check for blood in your stool, which could indicate colon cancer?
1. Yes
2. No
Regardless of answer, go to H-004.

H-004. In the past year, have you had a physical examination? Do not include an examination that occurred while receiving treatment at a hospital.
1. Yes
2. No
If answer to H-004 is 1, go to H-004-1; otherwise, go to H-004-3.

H-004-1. [Interviewer: Ask question after showing card H-004-1.]
Which of the following describes that examination. Select all that are applicable.
1. Regular checkup at workplace
2. Checkup for people over 40 or seniors performed by local government
3. Examination according to public system for worker’s compensation, pollution compensation, etc.
4. Personal doctor visit/check-up you paid for yourself
5. Other (Describe: )
Regardless of answer, go to H-004-2.
H-004-2. About how much did you pay yourself for your health examination or doctor visit? A rough estimate is fine. If you did not pay anything, please enter 0.

[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]

[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. ______________ yen
2. Approximately ____ yen
3. Don’t know
4. Refused to answer

Regardless of answer, go to H-005.

H-004-3. [Interviewer: Ask question after reading card H-004-3.]

Why didn’t you have an examination? Please select any of the following answers that are applicable.
1. Too busy – didn’t have time
2. No symptoms, felt healthy
3. Because it costs money
4. Worried that I would get bad news
5. Go to a medical institution regularly
6. Other (Describe:                          )

Regardless of answer, go to H-005.

H-005. Do you have a regular doctor?
1. Yes
2. No

Regardless of answer, go to H-006.

H-006. In the past year, have you been an outpatient at a hospital or clinic or received acupuncture, moxibustion or bonesetting treatment at a clinic? Please do not include checkups, health consultations, or immunizations, visits to a dentist, or hospitalizations.
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to H-006 is 1, go to H-007; if answer is 2~4, go to H-010.

H-007. Currently do you visit a hospital, clinic, or center for acupuncture, moxibustion, or bonesetting treatments more than once a month? Please do not include visits to dentists or hospitalizations. If you visit more than one such facility regularly, please state how many you go to.
1. 1 facility
2. 2 or more facilities (Number:        )
3. Don’t visit any facility regularly
4. Don’t know
5. Refused to answer

If answer to H-007 is 1, go to H-007-1-1; if answer is 2, go to H-007-2-1; otherwise, go to H-008.

H-007-1-1. About how often do you go there? Please answer in number of times per week or month, etc. If you go almost every day, please answer 7 times per week.
1. About ___ times per week
2. About ___ times per month
3. Other (Describe:                          )
4. Don’t know
5. Refused to answer

Regardless of answer, go to H-007-1-2.

H-007-1-2. [Show list of illnesses for which diagnoses or medical advice was received from H-001.] Which of the illnesses you discussed earlier do you go to get treatment for? Please choose up to five primary illnesses.
[Interviewer: Read the list of illnesses on the screen one at a time and select the appropriate answers.]

Regardless of answer, go to H-007-1-3.

[Show list of illnesses for which diagnoses or medical advice was received from H-001.]

H-007-1-3. How long does it take to get to this facility? Please give the total time from when you leave your house to the time you arrive. [It is not necessary to ask how the respondent travels to the facility.]
1. About ___ hours ___ minutes
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-007-1-4.

H-007-1-4. About how much does it cost in fares to get there? A rough estimate is fine. If you don’t pay any fares, please answer 0.
[Interviewer: If respondent says he or she does not know the amount of money paid, try to encourage him or her to answer by asking the following question.] [If respondent drives, they may estimate the cost of gasoline used, but if no special payment is made enter 0.]
[Instructions for interviewer to read: A rough amount is fine. Can you please answer?]
1. About ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-007-1-5.

H-007-1-5. About how much did you pay each time you visited the outpatient clinic or acupuncture, moxibustion, or bonesetting facility? A rough estimate is fine. Also include how much you paid for prescription drugs. If you paid nothing, please enter 0.
[Interviewer: If respondent says he or she does not know the amount of money paid, try to encourage him or her to answer by asking the following question.] [Instructions for interviewer to read: A rough amount is fine. Can you please answer?]
1. About ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-008.

H-007-2-1. I would now like to ask about the facility you visit most frequently. About how often do you go there? Please answer in number of times per week or month, etc. If you go almost every day, please answer 7 times per week.
1. About ___ times per week
2. About ___ times per month
3. Other (Describe:                    )
4. Don’t know
5. Refused to answer

Regardless of answer, go to H-007-2-2.
H-007-2-2. [Show list of illnesses for which diagnoses or medical advice was received from H-001.] Which of the illnesses you discussed earlier do you go to get treatment for? Please choose up to five primary illnesses.
[Interviewer: Read the list of illnesses on the screen one at a time and select the appropriate answers.]

Regardless of answer, go to H-007-2-3.

H-007-2-3. How long does it take to get to this facility? Please give the total time from when you leave your house to the time you arrive. [It is not necessary to ask how the respondent travels to the facility.]
1. About ___ hours ___ minutes
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-007-2-4.

H-007-2-4. About how much does it cost in fares to get there? A rough estimate is fine. If you don’t pay any fares, please answer 0.
[Interviewer: If respondent says he or she does not know the amount of money paid, try to encourage him or her to answer by asking the following question.] [If respondent drives, they may estimate the cost of gasoline used, but if no special payment is made enter 0.]
[Instructions for interviewer to read: A rough amount is fine. Can you please answer?]
1. About ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-007-2-5.

H-007-2-5. About how much did you pay at the counter each time you visited this facility? A rough estimate is fine. Please include any amount you paid for prescription drugs. If you paid nothing, please enter 0.
[Interviewer: If respondent says he or she does not know the amount of money paid, try to encourage him or her to answer by asking the following question.]
[Instructions for interviewer to read: A rough amount is fine. Can you please answer?]
1. About ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-007-2-6.

H-007-2-6. Previously I was asking only about the facility you visited most frequently. Now I would like to ask about all facilities you visit regularly. In one month, about how much do you pay for outpatient clinic visits, acupuncture, moxibustion, and bonesetting treatments? A rough estimate is fine. Please include the amount you spend on prescription drugs. If you pay nothing, please answer 0.
[Interviewer: If respondent says he or she does not know the amount of money paid, try to encourage him or her to answer by asking the following question.] [If respondent drives, they may estimate the cost of gasoline used, but if no special payment is made enter 0.]
[Instructions for interviewer to read: A rough amount is fine. Can you please answer?]
1. About ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-008.

H-008. [Interviewer: Ask question after showing card H-008.]
In the past year, did insurance cover all treatment you received at outpatient clinics or acupuncture, moxibustion, or bonesetting facilities, or did you have to pay for treatment yourself? Please select the most appropriate answer from the following choices.
1. All covered by insurance
2. Mostly covered by insurance
3. About half and half
4. Mostly not covered by insurance
5. None covered by insurance
6. Don’t know
7. Refused to answer

Regardless of answer, go to H-009.

H-009. [Interviewer: Ask question after showing card H-009.]
In the past year, who paid for the care you received at these facilities? Please select any applicable answers.
1. Self
2. Spouse
3. Child
4. Child’s spouse
5. Other relative
6. Publicly funded medical treatment (specified diseases, worker’s compensation, dialysis or other disability exempt from individual responsibility)
7. Private insurance (insurance with hospitalization coverage, special medical contract, etc.)
8. Other (Describe:                              )
9. Don’t know
10. Refused to answer

Regardless of answer, go to H-010.

H-010. In the past year, have you been seen by a dentist or a dental hygienist? Include visits for regular adjustment of dentures or treatment for oral focal infections (pyorrhea, etc.).
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to H-010 is 1, go to H-011; otherwise, go to H-015.

H-011. In the past year, about how many times in all did you see a dentist or dental hygienist?
1. About ___ times
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-012.

H-012. About how much did you pay for treatment by a dentist or dental hygienist in the last year? A rough answer is fine. Please include amount paid for prescription medicines. If you paid nothing, please answer 0. [Interviewer: If respondent says he or she does not know the amount of money paid, try to encourage him or her to answer by asking the following question.]
[Instructions for interviewer to read: A rough amount is fine. Can you please answer?]  
1. About ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-013.
H-013. [Interviewer: Ask question after showing card H-013.]
Did insurance cover your dental treatment, or did you have to pay for it yourself? Please select the most appropriate answer from the following choices.
1. All covered by insurance
2. Mostly covered by insurance
3. About half and half
4. Mostly not covered by insurance
5. None covered by insurance
6. Don't know
7. Refused to answer

Regardless of answer, go to H-014.

H-014. [Interviewer: Ask question after showing card H-014.]
Who paid for your dental care? Please select any appropriate answers.
1. Self
2. Spouse
3. Child
4. Child's spouse
5. Other relative
6. Publicly funded medical treatment (specified diseases, worker's compensation, dialysis or other disability exempt from individual responsibility)
7. Private insurance (insurance with hospitalization coverage, special medical contract, etc.)
8. Other (Describe: )
9. Don't know
10. Refused to answer

Regardless of answer, go to H-015.

H-015. [Interviewer: Ask question after showing card H-015.]
In the past year, have you had any of the following surgeries or examinations as an outpatient. Please select any applicable answers.
1. Examination using cardiac catheter
2. Examination of stomach or intestines or removal of polyps using endoscope
3. Brain CT scan or MRI scan using contrast media
4. Arthroscopic examination
5. Cataract surgery
6. Surgery on varicose veins in the leg
7. Other outpatient surgery (Describe: )
8. Don't know
9. Refused to answer
10. Have not had any outpatient surgery or examination

Regardless of answer, go to H-016.

H-016. In the past year, have you spent one or more nights in the hospital?
1. Yes
2. No
3. Not sure
4. Refused to answer

If answer to H-016 is 1, go to H-017; otherwise, go to H-023.

H-017. In the past year, about how many times were you hospitalized overnight? If you were released temporarily during a hospitalization and then returned, please count that as one incidence of hospitalization. [Interviewer: If hospitalized ten or more times, record as 10.]
1. About ___ times
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-018.

H-018. In the past year, about how many nights did you spend in the hospital in all? A rough answer is fine – please answer to the best of your recollection. If you were released temporarily during a hospitalization and then returned, please do not include the nights you spent out of the hospital.
[Interviewer: Record a number of days from 1–365.]
1. About ___ days
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-019.

H-019. [Show list of illnesses for which diagnoses or medical advice was received from H-001.]
Which of the illnesses you described earlier were you hospitalized for? Please choose up to five primary illnesses.
[Interviewer: Read the list of illnesses on the screen one at a time and select the appropriate answers.]

Regardless of answer, go to H-019-1.

H-019-1. Did you have surgery during that hospitalization?
1. Yes
2. No

If answer to H-019-1 is 1, go to H-019-2; otherwise, go to H-020.

H-019-2. Was it emergency surgery or was it planned in advance?
1. Emergency surgery
2. Scheduled surgery
3. Don’t know

Regardless of answer, go to H-020.

H-020. About how much did you pay in all during the past year for hospitalization? A rough estimate is fine. If you paid nothing, please answer 0.
[Interviewer: If respondent says he or she does not know the amount of money paid, try to encourage him or her to answer by asking the following question.]
[Instructions for interviewer to read: A rough amount is fine. Can you please answer?]
1. About ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-021.

H-021. [Interviewer: Ask question after showing card H-021.]
Did insurance cover your hospitalization costs during the past year, or did you have to pay it yourself? Please select the most appropriate answer from the following choices.
1. All covered by insurance
2. Mostly covered by insurance
3. About half and half
4. Mostly not covered by insurance
5. None covered by insurance
6. Don’t know
7. Refused to answer

Regardless of answer, go to H-022.

H-022. [Interviewer: Ask question after showing card H-022.]
In the past year, who paid for your hospitalization? Please select any applicable answers.
1. Self
2. Spouse
3. Child
4. Child’s spouse
5. Other relative
6. Publicly funded medical treatment (specified diseases, worker’s compensation, dialysis or other disability exempt from individual responsibility)
7. Private insurance (insurance with hospitalization coverage, special medical contract, etc.)
8. Other (Describe: )
9. Don’t know
10. Refused to answer

Regardless of answer, go to H-023.

H-023. I would now like to ask about your medical and nursing care insurance. May I continue?
1. Yes
2. Refused to answer

If answer to H-023 is 1, go to H-024; otherwise, go to H-036-0.

H-024. [Interviewer: Ask question after showing card H-024.]
What type of public health insurance do you have? Please select one of the following choices. If you don’t know, please check your insurance documentation, if possible.
1. Health insurance – government-managed (primarily for people employed by medium and small businesses)
2. Health insurance – union managed (primarily for people working in large businesses)
3. Benefit society insurance (for public employees, teachers, etc.)
4. National health insurance (typical) (for self-employed people, etc.)
5. National health insurance (for retired persons)
6. Sailors’ union insurance
7. Senior citizen insurance (holds card enabling care under the Law of Health and Medical Services for the Aged)
8. Other (Describe: )
9. Refused to answer

Regardless of answer, go to H-025.

H-025. Are you the primary insured, or a dependent?
1. Primary insured
2. Dependent
3. Don’t know
4. Refused to answer

Regardless of answer, go to H-026.

H-026. About how much do you pay each year for this insurance? If you don’t pay anything, please answer 0. For dependents, please say how much the primary insured person pays per year.
[Interviewer: If respondent says he or she does not know the amount of money paid, try to encourage him or her to answer by asking the following question.]
[Instructions for interviewer to read: A rough amount is fine. Can you please answer?]
1. About ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-027.

H-027. Are you registered for private insurance under your own name?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to H-027 is 1, go to H-028; otherwise, go to H-031.

H-028. About how much do you pay per month for this private insurance?
[Interviewer: If respondent says he or she does not know the amount of money paid, try to encourage him or her to answer by asking the following question.]
[Instructions for interviewer to read: A rough amount is fine. Can you please answer?]
1. About ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-029.

H-029. How many days of hospitalization does this private insurance cover?
[Interviewer: If the respondent offers to check the insurance documentation, read the following sentence.]
[Instructions for interviewer to read:] I want to know what you actually remember, so please don’t bother to check it.
1. ___ days
2. Don’t know
3. Type of insurance not applicable
4. Refused to answer

Regardless of answer, go to H-030.

H-030. About how much does that private insurance allow for the cost of one day of hospitalization?
[Interviewer: If respondent says he or she does not know the amount of money paid, try to encourage him or her to answer by asking the following question.]
[Instructions for interviewer to read: A rough amount is fine. Can you please answer?]
1. About ____ yen
2. Don’t know
3. Type of insurance not applicable
4. Refused to answer

Regardless of answer, go to H-031.

H-031. I would now like to ask about your insurance for nursing care. Have you been certified as eligible to receive nursing care?
1. Yes
2. No
3. Currently applying
4. Don’t know
5. Refused to answer

If answer to H-031 is 1, go to H-032; otherwise, go to H-036.
H-032. When were you first certified as eligible to receive nursing care?
1. Month and year:
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-033.

H-033. [Interviewer: Ask question after showing card H-033.]
When you were first certified to receive nursing care, what degree of care were you eligible for?
1. Require assistance
2. Require level of care 1
3. Require level of care 2
4. Require level of care 3
5. Require level of care 4
6. Require level of care 5
7. Certified as independent
8. Don’t know
9. Refused to answer

Regardless of answer, go to H-034.

H-034. [Interviewer: Ask question after showing card H-034.]
What was the direct cause of your needing assistance or nursing care? Please select any of the following choices that are appropriate.
1. Cerebrovascular disease (cerebral stroke, etc.)
2. Heart disease
3. Cancer
4. Respiratory ailment
5. Arthritic disorder (rheumatism, etc.)
6. Dementia
7. Diabetes
8. Vision/hearing loss
9. Broken bone/tendency to fall
10. Spinal cord injury
11. Deblilitation due to old age
12. Other (Describe:___)
13. Don’t know
14. Refused to answer

Regardless of answer, go to H-035.

H-035. [Interviewer: Ask question after showing card H-035.]
What level of care do you currently require?
1. Require assistance level 1
2. Require assistance level 2
3. Require level of care 1
4. Require level of care 2
5. Require level of care 3
6. Require level of care 4
7. Require level of care 5
8. Certified as independent
9. Don’t know
10. Refused to answer

Regardless of answer, go to H-036.
  • If age is under 65 and answer to H-031 is 1, go to H-037-1.
  • If age is 65 or more, go to H-037-1.
  • If age is under 65 and answer to H-031 is not 1 and answer to H-024 is 4, 5 or 7, go to H-037-2.
  • If age is under 65 and answer to H-031 is not 1 and answer to H-024 is not 4, 5 or 7, go to H-046.

H-037-1. Thank you. I have asked you about the medical care and nursing you have received. However, some aspects of care may be specialized, or difficult to understand or remember. We would like to ask your permission to consult the records on your medical care that are maintained by your local municipal government. This is very important information for understanding the care and nursing services you are currently receiving, how they are helpful, and other issues related to cost. May we have your permission to consult these records?
[Interviewer: If respondent gives approval, have him or her sign and date the permission form. Personal ink-stamp is not required.]
1. Permission granted
2. Not granted

If answer to H-037-1 is 1, go to H-037-1a/H-037-1b; otherwise, go to H-038.

H-037-1a/H-037-1b. Thank you. In order for us to examine this information, we need the number from your insurance card. Do you have it available?
[Interviewer: Write respondent’s insurance number below. Also enter medical insurance card number and nursing care insurance number if available.]
[This question may be omitted if local municipal government does not require insurance number to obtain information.]
H-037-1a. Medical insurance number:
H-037-1b. Nursing care insurance number:

Regardless of answer, go to H-039.

H-037-2. Thank you. I have asked you about the medical care and nursing you have received. However, some aspects of care may be specialized, or difficult to understand or remember. We would like to ask your permission to consult the records on your medical care that are maintained by your local municipal government. This is very important information for understanding the care and nursing services you are currently receiving, how they are helpful, and other issues related to cost. May we have your permission to consult these records?
1. Permission granted
2. Not granted

If answer to H-037-2 is 1, go to H-037-2a; otherwise, go to H-038.

H-037-2a. Thank you. In order for us to examine this information, we need the number from your insurance card. Do you have it available?
[Interviewer: Write respondent’s insurance number below.]
[This question may be omitted if local municipal government does not require insurance number to obtain information.]
H-037-2a. Medical insurance number:

Regardless of answer, go to H-039.

H-038. Sorry to have troubled you. [several more apologies] I would now like to return to the subject of your nursing care insurance. In the past year, about how much have you paid per month for nursing care insurance (including if it was deducted from a pension, etc.). A rough estimate is fine. If you paid nothing, please answer 0.
[Interviewer: If respondent says he or she does not know the amount of money paid, try to encourage him or her to answer by asking the following question.]
[Instructions for interviewer to read: A rough amount is fine. Can you please answer?]
1. About ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-039.

H-039. Conditional branch: If answer to H-031 was 1 and answer to H-037-1 was 2, go to H-040; otherwise, go to H-046.

H-040. About how much was your share of the cost of nursing care insurance (10% of service cost) per month over the past year? A rough estimate is fine. If you paid nothing, please answer 0.
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-041.

H-041. In the past year, about how much did you spend per month on services and nursing care items, other than in-home nursing care service? A rough estimate is fine. If you paid nothing, please answer 0.
[Interviewer: Please enter the amount. If respondent says he or she does not know the amount, try to encourage him or her to answer by asking the questions below.]
[Instructions for interviewer to read:] A rough estimate is fine. Can you answer?
1. Approximately ____ yen
2. Don’t know
3. Refused to answer

Regardless of answer, go to H-042.

H-042. In the past year, have you received any nursing care services in your home? I will now read a list of different types of nursing care services. Please tell me if you have received any of them.

<table>
<thead>
<tr>
<th>Service Used</th>
<th>Yes</th>
<th>No</th>
<th>Avg No. of Times/Mo.</th>
</tr>
</thead>
<tbody>
<tr>
<td>H-042-1. Physical care</td>
<td>0</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>H-042-2. Housework assistance</td>
<td>0</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>H-042-3. Bathing</td>
<td>0</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>H-042-4. Nurse visit</td>
<td>0</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>H-042-5. Home rehabilitation</td>
<td>0</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>H-042-6. Rehabilitation at facility (day service)</td>
<td>0</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>H-042-7. Rehabilitation at facility (day care)</td>
<td>0</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>H-042-8. Short stay care</td>
<td>0</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>H-042-9. Did not use</td>
<td>0</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>H-042-10. Don’t know</td>
<td>0</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>H-042-11. Refused to answer</td>
<td>0</td>
<td>1</td>
<td></td>
</tr>
</tbody>
</table>

Regardless of answers to questions H-042-1~H-042-11, proceed in order, and when finished with H-042-11, regardless of answer go to H-043.

H-043. In the past year, have you received nursing care at a facility?
1. Yes
2. No, not at all
3. Currently I have temporary care at home, but intend to move to a facility permanently
4. Don’t know
5. Refused to answer

If answer to H-043 is 1 or 3, go to H-044; otherwise go to H-046.

H-044. [Interviewer: Ask question after showing card H-044.]
Did you receive care at one of the following facilities? If you don’t know what type of facility you used, please give the name.
1. Senior citizen welfare facility (special nursing home for the aged)
2. Senior citizen health care facility
3. Convalescent care facility
4. Other (Give name of facility: )
5. Don’t know
6. Refused to answer

Regardless of answer, go to H-045.

H-045. About how long did you stay there in all? Please answer to the best of your recollection. If you left temporarily, please do not include the number of days you were at home. Please answer in number of days, weeks or months.
1. About ___ days
2. About ___ weeks
3. About ___ months
4. Don’t know
5. Refused to answer

Regardless of answer, go to H-046.

H-046. In the past year, you given any of the following kinds of help to family members, relatives, friends, neighbors, etc.: personal physical care, help with housework, filling out documents, or listening to concerns and offering advice?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to H-046 is 1, go to H-047; otherwise, go to H-052.

H-047. More specifically, in the past year, have you helped another person change clothes, bathe, eat, go to the bathroom, or other personal task involving physical contact?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to H-047 is 1, go to H-047-1; otherwise, go to H-048.

H-047-1. [Interviewer: Ask question after showing card H-047-1.]
Whom did you help with these personal tasks? Please select all appropriate answers from the following choices.
1. Family member who lives with you (Name: )
2. Family member who does not live with you (Name: )
3. Friend or neighbor
4. Other (Name: )

Regardless of answer, go to H-047-2.
H-047-2. In the past year, about how frequently have you helped another person with personal tasks? Please select one of the following.
1. Every day
2. Every week
3. Every month
4. Several times a year
5. Don’t know
6. Refused to answer

Regardless of answer, go to H-048.

H-048. Now I would like to ask not about personal tasks, but about household tasks, such as cooking, doing laundry, changing light bulbs, moving furniture, shopping, or tending the garden. In the past year have you helped someone in this way?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to H-048 is 1, go to H-048-1; otherwise, go to H-049.

H-048-1. [Interviewer: Ask question after showing card H-048-1.] Whom did you help with these household tasks? Please select all appropriate answers from the following choices.
1. Family member who lives with you (Name: )
2. Family member who does not live with you (Name: )
3. Friend or neighbor
4. Other (Name: )

Regardless of answer, go to H-048-2.

H-048-2. In the past year, about how often did you do these tasks for someone? Please select one of the following.
1. Every day
2. Every week
3. Every month
4. Several times a year
5. Don’t know
6. Refused to answer

Regardless of answer, go to H-049.

H-049. In the past year, did you help anyone with filling out documents for pensions, taxes, or other financial or legal documents?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to H-049 is 1, go to H-049-1; otherwise, go to H-050.

H-049-1. [Interviewer: Ask question after showing card H-049-1.] Whom did you help with these documents? Please select all appropriate answers from the following choices.
1. Family member who lives with you (Name: )
2. Family member who does not live with you (Name: )
3. Friend or neighbor
4. Other (Name:                           )

Regardless of answer, go to H-049-2.

H-049-2. In the past year, about how often did you help someone with documents, on average? Please select one of the following.
1. Every day
2. Every week
3. Every month
4. Several times a year
5. Don’t know
6. Refused to answer

Regardless of answer, go to H-050.

H-050. In the past year, have you listened to another person’s worries or offered advice about concerns?
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to H-051.

H-051. In the past year, have you offered advice to someone in a difficult time?
1. Yes
2. No
3. Don’t know
4. Refused to answer

Regardless of answer, go to H-052.

H-052. Next, I would like to ask about the help you received from others. In the past year, have you received any of the following kinds of help from family members, relatives, friends, neighbors, etc.: personal physical care, help with housework, filling out documents, or listening to concerns and offering advice?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to H-052 is 1, go to H-053; otherwise, go to H-056.

H-053. More specifically, in the past year have you received help with personal physical tasks such as changing clothes, bathing, eating, going to the bathroom, or other personal tasks involving physical contact?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to H-053 is 1, go to H-053-1; otherwise, go to H-054.

H-053-1. [Interviewer: Ask question after showing card H-053-1.]
From whom did you receive help with these everyday personal tasks? Please select all appropriate answers from the following choices.
1. Family member who lives with you (Name:                  )
2. Family member who does not live with you (Name:                         )
3. Friend or neighbor
4. Other (Name:                           )

Regardless of answer, go to H-053-2.

H-053-2. In the past year, about how often did you receive help with personal tasks, on average? Please select one of the following.
1. Every day
2. Every week
3. Every month
4. Several times a year
5. Don’t know
6. Refused to answer

Regardless of answer, go to H-054.

H-054. In the past year, have you received help with household tasks, such as cooking, doing laundry, changing light bulbs, moving furniture, shopping, or tending the garden?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to H-054 is 1, go to H-054-1; otherwise, go to H-055.

H-054-1. [Interviewer: Ask question after showing card H-054-1.]
From whom did you receive help with these household tasks? Please select all appropriate answers from the following choices.
1. Family member who lives with you (Name:                  )
2. Family member who does not live with you (Name:                         )
3. Friend or neighbor
4. Other (Name:                           )

Regardless of answer, go to H-054-2.

H-054-2. In the past year, about how often have you received help with household tasks, on average? Please select one of the following.
1. Every day
2. Every week
3. Every month
4. Several times a year
5. Don’t know
6. Refused to answer

Regardless of answer, go to H-055.

H-055. In the past year, did you receive help from anyone with filling out documents for pensions, taxes, or other financial or legal documents?
1. Yes
2. No
3. Don’t know
4. Refused to answer

If answer to H-055 is 1, go to H-055-1; otherwise, go to H-056.
H-055-1. [Interviewer: Ask question after showing card H-055-1.]
From whom did you receive help with these documents? Please select all appropriate answers from the following choices.
1. Family member who lives with you (Name: )
2. Family member who does not live with you (Name: )
3. Friend or neighbor
4. Other (Name: )

Regardless of answer, go to H-055-2.

H-055-2. In the past year, about how often did you receive help with documents, on average? Please select one of the following.
1. Every day
2. Every week
3. Every month
4. Several times a year
5. Don’t know
6. Refused to answer

Regardless of answer, go to H-056.

H-056. [Interviewer: Read the following, and then indicate who answered the questions in this section.]
This concludes this section. Thank you for your cooperation.
[Proxy means child or caregiver]
1. Respondent only
2. Respondent and spouse
3. Spouse only
4. Respondent and proxy (not including spouse)
5. Spouse and proxy
6. Proxy (not including spouse)

Regardless of answer, go to I-000.
I and J. Wrap-Up Questions and Questions for Interviewer

I-000. Thank you very much for your cooperation. Your answers will be processed without any connection to your name. The information will be used as basic information in forming policy for social insurance to support our aging society. We will analyze the information we received from you today, and if possible, we would like to return in two years to find out how you have spent that time. We thank you for the trouble we have put you through today, and if we can return in two years, all we will ask is what has changed during that time. It will not take the amount of time it has taken today. Can we expect your cooperation at that time?
   1. Yes
   2. No
   3. Don’t know
   4. Refused to answer

Regardless of answer, go to I-001.

I-001. [Interviewer: Was leave-behind survey collected?]
   1. Yes
   2. No

If answer to I-001 is 1, go to I-002; otherwise, read the following sentence and then proceed to I-002.
   [Instructions for interviewer to read:] In that case, please return the leave-behind survey by mail. In addition to the questions I have asked you today, the information obtained from the survey is extremely important.

I-002. [Interviewer: Was the nutrition survey collected?]
   1. Yes
   2. No

If answer to I-002 is 1, go to I-003; otherwise, read the following sentence and then proceed to I-003.
   [Instructions for interviewer to read:] In that case, please return the nutrition survey by mail. When we receive your responses to the survey, we will send you back an analysis of what elements may be missing from your daily eating.

I-003. [Interviewer: Read the following, and then indicate who answered the questions in this section.]
   This concludes this section. Thank you for your cooperation.
   [Proxy means child or caregiver]
     1. Respondent only
     2. Respondent and spouse
     3. Spouse only
     4. Respondent and proxy (not including spouse)
     5. Spouse and proxy
     6. Proxy (not including spouse)

If answer to I-003 is 1, go to J-002; otherwise go to J-001.

   [Interviewer: The following questions are for the interviewer. Answer them after completing questions to respondent.]

J-001. If a proxy answered some or all of the questions, what is the relationship between the respondent and the proxy? Answer from the point of view of the respondent.
   1. Spouse/common law spouse
   2. Child/Child-in-law
   3. Parent/Parent-in-law
   4. Sibling
   5. Grandchild
6. Other relative
7. Friend/acquaintance
8. Home aide or other non-relative
9. Other (Describe:  )
10. All answers from respondent (no responses from proxy)

Regardless of answer, go to J-002.

J-002. During the interview, did any third party (other than respondent or proxy) affect the content of respondent’s answers? Select all applicable answers.
1. No
2. Spouse/partner
3. Parent
4. Child
5. Other relative
6. Other person

Regardless of answer, go to J-003.

J-003. What was the attitude of the respondent during the interview?
1. Very good
2. Good
3. So-so
4. Not good
5. Bad at first, but got better through the interview
6. Good at first, but got worse through the interview

If answer to J-003 is 6, go to J-004; otherwise, go to J-006.

J-004. Why did the respondent’s attitude worsen through the course of the interview? Select all applicable answers.
1. Respondent lost interest
2. Respondent’s concentration declined/got tired
3. Other

If answer to J-004 is 3, go to J-005; otherwise, go to J-006.

J-005. What was the reason for this? Describe specifically.

Regardless of answer, go to J-006.

J-006. Did the respondent need the questions repeated?
1. Did not ask for questions to be repeated
2. Usually did not ask for questions to be repeated
3. Sometimes asked for questions to be repeated
4. Often asked for questions to be repeated
5. Very often asked for questions to be repeated
6. Always asked for questions to be repeated

Regardless of answer, go to J-007.

J-007. Overall, did the respondent understand the questions?
1. Did not understand
2. Usually did not understand
3. Sometimes understood
4. Frequently understood
5. Almost always understood
6. Always understood

Regardless of answer, go to J-008.

J-008. What type of home does respondent live in? Please select the most appropriate answer from the following choices.
1. Single-family home
2. Row-house (including terrace house)
3. Multiple-family dwelling (1–2 floors)
4. Multiple-family dwelling (3–5 floors)
5. Multiple-family dwelling (6–10 floors)
6. Multiple-family dwelling (11 or more floors)

Regardless of answer, go to J-009.

J-009. Taking a 10-year-old public apartment as average, how would you describe the level of the respondent’s home from the outside?
1. Quite good
2. Good
3. Average
4. Bad
5. Quite bad

Regardless of answer, go to J-010.

J-010. Based on outward appearances, how would you describe the respondent’s standard of living?
1. Quite wealthy
2. Wealthy
3. Average
4. Poor
5. Quite poor

Regardless of answer, go to J-011.

J-011. Were the surroundings of the respondent’s home clean and free of garbage, etc.?
1. Definitely
2. Yes
3. So-so
4. Not really
5. Not at all

Regardless of answer, go to J-012.

J-012. Did respondent’s home appear to be in a safe neighborhood?
1. Definitely
2. Yes
3. So-so
4. Not really
5. Not at all

Regardless of answer, go to J-013.
J-013. Was respondent’s neighborhood free of noise, odor, or other problems?
1. Definitely
2. Yes
3. So-so
4. Not really
5. Not at all

Regardless of answer, go to J-014.

J-014. Are there many parks and green areas in respondent’s neighborhood?
1. Definitely
2. Yes
3. So-so
4. Not really
5. Not at all

Regardless of answer, go to final screen.

Final Screen:
Thank you very much for your cooperation.
Please submit the “Interview Data,” “Leave-Behind Survey,” and “Food Lifestyle Survey” (OCR form) to RJC Research. Please be very careful not to fold or damage the “Food Lifestyle Survey.”
Thank you very much for your participation in the study. Please write down your impressions or suggestions for improving the survey. This will be useful for future versions of the survey.

Overall impressions:

Suggestions for improvement:
• Word choice or flow of questions on survey, points that were difficult to convey to respondents

• Comments on the survey elements (interview form, leave-behind form, cards, etc.)

• Other: